



Training & Continuing Education Bulletin

Orange County Health Care Agency Behavioral Health Services

August 2008

Upcoming Trainings

September

Law & Ethics

Inside This Issue

Mentoring and Clinical Supervision (Repeat)

A Family Approach to Treating Eating Disorders

MHSA Training Website

BHS Training Website:

<http://www.ochealthinfo.com/Behavioral/TrainingActivities>

To register for all trainings

please email to

mtrainingprogram@ochca.com

If you have any questions
or concerns, please call
(714) 667-5600.

Welcome to our “New Look” Training Bulletin

With this issue of our Training Bulletin, the Behavioral Health Services (BHS) Training Department is dividing our Bulletin into two publications, which will be issued separately and distributed monthly to staff. One Bulletin will only contain announcements about upcoming trainings, with dates, times, presenter and CE credit information for each training. The various columns, such as *Your Culture and Mine*, *Consumed!*, *QR-Tips*, etc., as well as other general information about training will be contained in a separate publication, to be called *BHS Training Corner Newsletter*. The reason for this change is that we have been informed by several staff that it is difficult to find the training announcements amidst the other columns and notices contained in our Bulletin and we decided that separating the announcements and other information would work best. We will try this for awhile and see how it works. We welcome your comments.

BHS Mental Health Services Act (MHSA) Training Department
(714) 667-5600

Email: mtrainingprogram@ochca.com

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 6 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.

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Mentoring and Clinical Supervision (Repeat)

Presenter: Julie Reeker, Ph.D., Licensed Psychologist, Manager of the Pediatric Psychology Department at Children's Hospital of Orange County

Date and Time: August 21, 2008 9:00 a.m. - 4:00 p.m.

Location: 744 N. Eckhoff (Auditorium), Orange, CA 92868

The supervision seminar will provide education to supervisors in the following areas: models of supervision, setting up the supervisory relationship, developmental stages of supervision, diversity issues related to supervision, dealing effectively with conflict in supervision, providing targeted feedback related to improvement of skills, eliciting constructive feedback in supervision, and ethical issues related to supervision. Course participants will take an in depth look at various models and theories of individual as well as group supervision. The experience of supervision, including an examination of assessment, intervention, and evaluation procedures and processes will also be explored. Supervisor-supervisee diversity and dynamics, particularly as these processes are enacted within the context of professional experience (i.e. gender, age, sexual orientation, disability status, and religious affiliation) will also be investigated.

1. To describe models, styles and developmental stages of supervision
2. To describe how to set up the supervisory relationship
3. To describe how to provide targeted feedback related to improvement of skills
4. To describe how to deal effectively with conflict in supervision
5. To describe how to elicit constructive feedback in supervision
6. To describe diversity issues related to supervision
7. To describe different roles and theoretical orientations in supervision
8. To describe ethical and legal issues related to supervision

Target audience: Licensed psychologists, social workers and marriage and family therapists who supervise students and interns

6 continuing education credits are available for Psychologists, LCSWs, MFTs, and RNs.

A Family Approach to Treating Eating Disorders



Presenter: Buck Runyan, MS, LMFT

Date and Time: August 28, 2008 9:00 a.m. – 4:00 p.m.

Location: 744 N. Eckhoff (Auditorium), Orange, CA 92868

Eating Disorders are often highly intractable and difficult to treat. Early intervention with clients and their families can result in a more positive prognosis & improved recovery efforts. In ***Eating Disorders & Adolescents: Prevention, Early Intervention & Treatment***, participants will have an opportunity to increase their clinical skills in recognizing the signs & symptoms of eating disorders, identifying specific populations at risk, and examine the link between eating behaviors, body image issues and substance abuse. Our guest speaker has extensive experience in treating adolescents in both inpatient & outpatient settings, and will be focusing on the family dynamics of eating disorders. Participants will learn how to structure specific interventions that target the development of a cohesive support system within the family in an effort to decrease eating disorder behaviors and increase personal coping strategies. Workshop participants will also receive a series of tools, interventions, and resources to aid in diagnosis and treatment efforts. Additionally, as part of this presentation a guest speaker will share their personal recovery from an eating disorder.

Learning Objectives:

Following this presentation, participants will be able to identify, utilize and explain accordingly

1. How to educate the patient and family to achieve the highest cooperation.
2. How to prepare the patient to develop and use a support system.
3. How to prepare the support team members to facilitate recovery mindfulness.
4. How and what to teach the support team members for applicable support skills.
5. How to maintain patience and boundaries for professional liabilities.

Buck Runyan is currently the Chief Operations Officer at the Center for Discovery. As COO he oversees Discovery's four residential eating disorder treatment facilities. He has an extensive background treating adolescents and adults with eating disorders and other compulsive behaviors. Previously, he held positions as the founding Program Director of the Remuda Ranch Adolescent Center for Eating Disorders and Program Administrator for San Bernardino Mental Health Court Pegasus Program. He is also the California Chapter President of the International Association of Eating Disorder Professionals California. Buck maintains credentials as a California Marriage and Family Therapist, an Arizona Licensed Professional Counselor and a Certified Eating Disorder Specialist.

6 continuing education credits are available for Psychologists, LCSWs, MFTs, and RNs.