



Training & Continuing Education Bulletin

Orange County Health Care Agency Behavioral Health Services

March 2009

Upcoming Trainings

April

Iranian Training

Immersion Training

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SAVE THE DATE: MAY 8, 2009

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MHSA Training Website

BHS Training Website:
<http://www.ochealthinfo.com/Behavioral/TrainingActivities>

To register for all trainings please email to mtrainingprogram@ochca.com

If you have any questions or concerns, please call (714) 667-5600.

To register for trainings, please e-mail to mtrainingprogram@ochca.com

Include the following information in your registration:

Training Name

Training Date

Your Name

License Type & License Number
(Example: PSY1234, LCS1234, RN1234)

Division & Program Name

(Example: ADAS – West Drug Court)

Supervisor's Name

We do not accept phone registration unless we indicate on our advertisement.

Please be sure you have received confirmation before attending training

**Recent Advances in Our Understanding of Human Resiliency
3rd Annual Collaborative Conference**

Friday, May 8, 2009

7:30 a.m – 4:00 p.m

Orange County Department of Education

200 Kalmus Drive, Bldg. D

Costa Mesa, CA 92626

714-966-4000

UC Irvine Child Development Center School

Orange County Department of Education

&

Orange County Health Care Agency

Registration Fee: \$100 (includes Continental Breakfast & Lunch)

Deadline: April 24, 2009

Scholarships Available for BHS Staff!

Conference Schedule

Mark Katz

"Playing a Poor Hand Well"

Recent Advances in Our Understanding of Human Resilience

Panel Discussion: Adults with ADHD

Teri Book

Families and

Professionals Fostering

Resiliency in Individuals with

Autism

Panel discussion: Adults with Autism

Round Table Forum

Sign up through MHSA Training (mtrainingprogram@ochca.com)

**6 Continuing Education Credits are available for Psychologists, LCSWs, and MFTs.
(Nursing credits through OCDE)**

Co-Occurring Disorders Training

Date and Time: March 9, 2009
Registration: 8:30 a.m. to 9:00 a.m.
Program: 9:00 a.m. to 4:30 p.m.
Location: Delhi Center, 505 E. Central Ave.
Santa Ana, CA 92707



Open to all OCHCA Behavioral Health Services Providers
(Trainings for enhanced interaction & skill building)

Motivational Interviewing with COD Clients

UCLA Integrated Substance Abuse Programs (UCLA-ISAP) and Orange County Health Care Agency (OCHCA) are providing full-day trainings on Motivational Interviewing (MI) to providers who treat individuals with co-occurring mental health and substance use disorders (COD). Motivational Interviewing treatment approaches have been shown to elicit change in behavior and attitudes by helping clients to explore and resolve ambivalence. This course will provide training participants with a fundamental understanding of Motivational Interviewing spirit and specific techniques for promoting behavior change in patients with COD.

At the conclusion of the training, participants will be able to: (1) identify and utilize a stages of change model; (2) identify and explain the key concepts of MI; (3) understand and implement general MI skills with COD patients.

6 Continuing Education Credits are available for Psychologists, LCSWs, MFTs, RNs, AOD and CAADAC Counselors.

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 6 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content. In addition, these Continuing Education Hours comply with section §13055 of Chapter 8, Division 4, Title 9 of the California Code of Regulations concerning renewal of an Alcohol or Other Drug (AOD) Counselor Certification and for CAADAC (Provider #1N-06-834-0508).

Co-sponsored by:
Orange County Health Care Agency – Mental Health Services Act – Training Program
UCLA Integrated Substance Abuse Programs

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Specialist

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Office Technician

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Office Supervisor A

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Main Line: (714) 667-5600
Fax: (714) 667-5612
mtrainingprogram@ochca.com

Establishing Culturally Sensitive Professional and Supportive Relationships with Iranian Clients (Repeat)

Presenter: Faye Hezar, Psy.D.

Date and Time: March 12, 2009 from 9:00 a.m. to 12:00 p.m.

Location: 600 W. Santa Ana Blvd., Rm 525, Santa Ana, CA 92701

Parking Fee: \$2 every 30 minutes, \$18/day maximum

Description: Cultural competence is a set of academic and interpersonal skills that allow an individual to increase their understanding and appreciation of cultural differences and similarities within, among and between groups. This 3 hour training has been designed to assist clinicians incorporate the cultural perspective into the course of treatment in order to facilitate mindful treatment that is both effective and culturally appropriate for Iranian American Clients.

Participants in the training can expect to:

- Become familiar with and have an understanding of Iranian culture and traditions.
- Learn basic fundamental skills on engaging, building trust, and establishing relationships with Iranian clients.
- Apply treatment strategies that are relevant while culturally appropriate for this population.

About the presenter: Faye (Fariba) Hezar was born in Iran and graduated from high school in Iran prior to moving to the United States in 1978. She holds a doctorate in clinical psychology from American Behavioral Institute. Ms. Hezar completed her internship at the OMID Institute (a private practice facility in Irvine), IMCES Institute for multicultural counseling and educational services in Los Angeles and in various domestic violence shelters in Orange County. In addition, she is a certified instructor for parent-training classes for foster and adoptive parents. Dr. Hezar has been extremely active in both the Iranian and the American community. She is a founding board member of the Iranian Recovery Center, a non-profit organization, and has held positions as president, secretary and treasurer. Dr. Hezar is a member of the Iranian-American Psychological Association and the Orange County Psychological Association. She has organized and presented educational workshops on the topics of drug and alcohol addiction and prevention in the Iranian community. In addition, Dr. Hezar has translated various informational materials from English to Farsi in order to educate and assist the Farsi speaking population in the United States.

3 continuing education credits have been approved for Psychologists, LCSWs, MFTs, and RNs.

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 3 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.

An Introduction to Play Therapy

Presenter: Elizabeth Sorenson, LCSW, Registered Play Therapist

Date and Time: Friday, March 27, 9:00 a.m.- 12:00 p.m

Location: Placentia Yorba Linda Unified School District
Educational Services Center
499 Casa Loma, Yorba Linda, CA 92886

This interactive workshop introduces the models and techniques of play therapy. It is designed for mental health professionals at all levels of practice.

Participants will:

- Develop an understanding of why play therapy is used
- Be able to describe the levels of play in children
- Review suggested toys and their uses
- Review the models of play therapy
- Obtain toolbox of play therapy interventions
- Develop a beginning conceptualization for treatment planning



3 continuing education credits have been approved for Psychologists, LCSWs, and MFTs.

The County of Orange Health Care Agency is an approved provider of continuing education credit for the California Board of Behavioral Sciences (provider no. PCE389), and is approved by the American Psychological Association to sponsor continuing education for psychologists. The County of Orange Health Care Agency maintains responsibility for this program and its content.

QRTIPS

This section provides monthly critical reminders in relation to Children and Youth Services (CYS) documentation standards.



Dear Happy to Help,

I am never sure if I can bill for the time it takes to fill out referral forms and other information regarding a client. Can you help me understand how to differentiate what is billable to Medi-Cal from what isn't?

**Sincerely,
Super Conscientious**

Dear Super Conscientious,

You raise an excellent question! We are certainly determined to bill whenever warranted! The issue at hand is whether or not the document concerned requires your professional/clinical angle. Forms such as those requested for a client applying for SSI, TBS applications and parts of Wraparound applications clearly require a clinical perspective in their completion. So billing for your time on such forms is warranted. It is also important to keep a copy of said forms in the chart so that they can be located by auditors. On the other hand, it has been determined that the written form of the CAR report form is considered “*administrative*” and thus non-billable. This “*administrative*” perspective may further apply to some forms such as mentor applications, some WRAP forms, and within clinic referral forms, i.e. to request a psychiatrist for a case on forms not requiring clinical information.

**Sincerely,
Happy to Help**

Dear Happy to Help,

My MRT has been requesting that I rewrite notes because he says the intervention is only vaguely related to the CSP goals even when I am stating what happened in the session! Can you help me avoid future re-writes?

**Sincerely,
Outta Time**

Dear Outta Time,

I realize it is annoying to have to rewrite a note....needless to say we are seriously not allowing billable services to go unbilled to avoid the rewrite AND we want all of our billable notes to survive the review of the auditors. I would encourage you to explore ways of keeping on the track of working closely to the CSP goals such that the interventions always directly address one or more CSP goals. It is a given that the work you do is goal-oriented, thus, every note (with very unique exceptions i.e., if a crisis arises during a session, then this issue must be addressed even if it is not part of the CSP) needs to reflect the connection between what you do in session and the goals developed for the client. What “actually happens in the session” has to be documented in terms of the addressing of the CSP goal(s). I suggest referring to your CSP when you write your notes in order to make sure that your documentation reflects a tight connection between the intervention and the goal. Finding a chart is sometimes challenging as is not all have their assessments in the shared folder, so you may have to be creative in order to have the cues you need at your fingertips. I also suggest talking to your colleagues to get efficient ideas on how to tighten up in this area.

**Thanks for your understanding,
Happy to Help**