



Training & Continuing Education Bulletin

Orange County Health Care Agency Behavioral Health Services

Upcoming Trainings

May 2009

Cultural Considerations in Mental Health Services Delivery to Korean American Clients (Repeat)

Placement & Housing Training (Repeat)

Establishing Culturally Sensitive Professional and Supportive Relationships with Iranian Clients (Repeat)

Co-Occurring Disorders Screening Assessment, Brief Intervention

MHSA Training Website

BHS Training Website:
<http://ochealthinfo.com/Behavioral/TrainingActivities>

To register for all trainings please email to
mtrainingprogram@ochca.com

If you have any questions or concerns, please call (714) 667-5600.

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To register for trainings, please e-mail to
[**mtrainingprogram@ochca.com**](mailto:mtrainingprogram@ochca.com)

Include the following information in your registration:

Training Name
Training Date
Your Name
License Type & License Number
(Example: PSY1234, LCS1234, RN1234)
Division & Program Name
(Example: ADAS – West Drug Court)
Supervisor's Name

We do not accept phone registration unless indicated in the training description.

Please be sure you have received confirmation before attending training.



Cultural Considerations in Mental Health Services Delivery to Korean American Clients (Repeat)

Presenter: Mikyong Kim-Goh, Ph.D., LCSW

Training Location

600 W. Santa Ana Blvd., Rm 525, Santa Ana, CA 92701

April 1, 2009 from 9:00 a.m. to 12:00 p.m.

April 15, 2009 from 9:00 a.m. to 12:00 p.m.

April 20, 2009 from 9:00 a.m. to 12:00 p.m. **OR** 1:00 p.m. to 4:00 p.m.

Parking Fee: \$2 every 30 minutes, \$18/day maximum

Description:

This 3-hour training is designed to assist mental health professionals in incorporating the cultural perspective into the course of treatment in order to facilitate its effectiveness and cultural appropriateness. The workshop will provide an in-depth examination of the historical background, cultural values, and community as well as familiar contexts of Korean Americans. The influence of culture on mental health and the application of cultural knowledge in the treatment processes to enhance cultural competence among clinicians in working with Korean American clients will also be discussed.

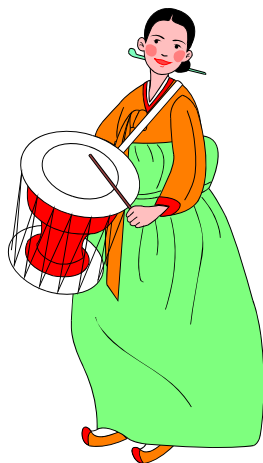
Learning Objective:

Participants in the training can expect to:

1. Obtain a basic knowledge of Korean Americans' socio-cultural contexts, i.e., immigration history, cultural values, and community resources.
2. Develop an understanding of the role of culture in shaping mental health and help-seeking behaviors.
3. Learn culturally relevant treatment strategies that incorporate the basic foundation of knowledge of Korean Americans.

About the Presenter:

Dr. Kim-Goh is Professor in the Social Work Department and former Chair of the Department of Human Services at California State University, Fullerton. She holds a Doctorate and Master's degrees in Social Welfare from University of California at Berkeley, and a Bachelor's degree from Pomona College in Claremont. Her research interests include interpersonal violence, mental health delivery in ethnic communities, and immigrant and refugee issues. Dr. Kim-Goh has published multiple articles in scholarly journals such as the *Community Mental Health Journal*, *Journal of Family Violence*, and *American Journal of Orthopsychiatry*, and received research grants from the Office of Minority Health, Centers for Disease Control and Prevention, and Children and Families Commission of Orange County. In addition, as





a licensed clinical social worker, Dr. Kim-Goh has extensive experience in working with severely mentally ill clients and domestic violence victims in the Korean community and has been actively involved in community education on these topics. She is a former member of the Orange County Mental Health Board and recipient of the 2007 Distinguished Faculty Award from the College of Health and Human Development at California State University, Fullerton. Recently Dr. Kim-Goh has been selected as 2009 Field Research Fellow by the Korea Foundation and will spend three months in Korea conducting research on family violence.

3 continuing education credits have been approved for Psychologists, LCSWs, MFTs, and RNs.

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 3 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.

BHS MHSA Training Team

Casey Dorman, Ph. D.
Admin. Manager II
Training Coordinator

Joshua Taylor, Psy. D.
Assistant Training
Coordinator

Zanetta Moloi
Program Supervisor

Richard Krzyzanowski
Consumer Employee
Advocate

Minh-Ha Pham
Research Analyst III

Dung Le
Mental Health Worker III

Joaquin Granada
Mental Health Specialist

Shebuah Burke
Educational Recruiter

Guadalupe Montoya
Office Assistant

Hiroimi Williams
Information Processing
Specialist

K. C. Pickering
Service Chief I

Noshin Kohzad
Information Processing
Specialist

Minh Nguyen
Office Technician

Raul Loera
Office Supervisor A

Contact MHSA's Training Staff
Main Line: (714) 667-5600
Fax: (714) 667-5612
mtrainingprogram@ochca.com

Establishing Culturally Sensitive Professional and Supportive Relationships with Iranian Clients (Repeat)

Presenter: Faye Hezar, Psy.D.

Date and Time: April 2, 2009 from 1:00 p.m. to 4:00 p.m.

Or

April 30, 2009 from 9:00 a.m. to 12:00 p.m.

Location: 600 W. Santa Ana Blvd., Rm 525, Santa Ana, CA 92701

Parking Fee: \$2 every 30 minutes, \$18/day maximum

Description: Cultural competence is a set of academic and interpersonal skills that allow an individual to increase their understanding and appreciation of cultural differences and similarities within, among and between groups. This 3 hour training has been designed to assist clinicians incorporate the cultural perspective into the course of treatment in order to facilitate mindful treatment that is both effective and culturally appropriate for Iranian American Clients.

Participants in the training can expect to:

- Become familiar with and have an understanding of Iranian culture and traditions.
- Learn basic fundamental skills on engaging, building trust, and establishing relationships with Iranian clients.
- Apply treatment strategies that are relevant while culturally appropriate for this population.

About the presenter: Faye (Fariba) Hezar was born in Iran and graduated from high school in Iran prior to moving to the United States in 1978. She holds a doctorate in clinical psychology from American Behavioral Institute. Ms. Hezar completed her internship at the OMID Institute (a private practice facility in Irvine), IMCES Institute for multicultural counseling and educational services in Los Angeles and in various domestic violence shelters in Orange County. In addition, she is a certified instructor for parent-training classes for foster and adoptive parents. Dr. Hezar has been extremely active in both the Iranian and the American community. She is a founding board member of the Iranian Recovery Center, a non-profit organization, and has held positions as president, secretary and treasurer. Dr. Hezar is a member of the Iranian-American Psychological Association and the Orange County Psychological Association. She has organized and presented educational workshops on the topics of drug and alcohol addiction and prevention in the Iranian community. In addition, Dr. Hezar has translated various informational materials from English to Farsi in order to educate and assist the Farsi speaking population in the United States.

3 continuing education credits have been approved for Psychologists, LCSWs, MFTs, and RNs.

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Clinical Supervision from an Isomorphic Theoretical Perspective

Presenters:

Barbara Filippone, LMFT, AAMFT Approved Supervisor

Steve Brown, Ph.D.

Alliant International University

Marianna Thomas, LMFT

Living Success Center

Friday, April 24, 2009 from 9:00 a.m. – 5:00 p.m.

Saturday, April 25, 2009 from 9:00 a.m. – 4:00 p.m.

Friday, May 15, 2009 from 9:00 a.m. – 5:00 p.m.

Saturday, May 16, 2009 from 9:00 a.m. – 4:00 p.m.

Location: 2500 Michelson, Suite 250, Irvine, CA 92612

Free Parking

This \$400 dollar training is being provided for free to licensed clinicians who are employed by OCHCA or one of its Behavioral Health Service Contractors.

Learning Objective:

At the end of the training session, the participants will have an understanding of:

1. Appropriate Supervisor/Supervisee Relationship & Counter Transference Issues
2. Supervision Models and Techniques
3. Supervisee Selection
4. Evaluation and Outcome Measures of Supervision
5. Ethics, Legal Issues and Risk Management in Supervision

30 continuing education credits have been approved for Psychologists, LCSWs, MFTs, and RNs.

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QRTIPS

This section provides monthly critical reminders in relation to Children and Youth Services (CYS) documentation standards.

Dear Happy to Help,

I have a specific question about billing MediCal for meeting with a mentor from Project Together. Does this constitute a service that is billable to Medi-Cal?

**Sincerely,
Extra Careful**

Dear Extra Careful,

Thank you for raising this question! When you meet with a mentor to discuss your case, determine suitability of the match, and have contact with the mentor in order to monitor service delivery it is a Case Management-Target service and as such it is billable to MediCal. However, as always, **how you document** the service in terms of how your clinical perspective is implemented, as well as how information obtained impacts your clinical work with the client can make or break a note. A related documentation reminder is to check the Project Together box on #14 of the MTP (Coordination with other Services/Within CYS). That is the only place in the assessment paperwork that the notation is required.

**Sincerely,
Happy to Help**

Dear Happy to Help,

My MRT has been requesting that I re-write notes because she says the note does not document MediCal Necessity nor provide clear clinical interventions!

**Sincerely,
Sorta Peeved**

Dear Sorta Peeved,

I understand the feeling of frustration in passing the ever more demanding documentation reviews in place at this point. The emphasis on Medical Necessity being reinforced is the direct relationship with the (S), the impairments as a result of the diagnosis observed that day and the (I) which reflects how the impairments are being treated. Interventions that suffice, hands down, give the sense of being clinically purposeful and meaningful. As a matter of fact, concrete descriptions of interventions typically do not sound clinical. Thus, it is important to interpret your behavior into clinical terms for documentation purposes. I include some examples of how a rewritten intervention suits the documentation requirement:

Example 1 original: "Clinician inquired into reason the teacher thought client was misbehaving"

Example 1 rewritten: Explored client's awareness of his classroom behaviors and the frequency of getting negative attention from the classroom teacher.

Example 2 original: "Inquired into the neighbors' status...."



CONTINUED ON THE NEXT PAGE

Example 2 rewritten: Explored the continued environmental issues that impact on client's ability to complete the age appropriate tasks expected of him. Encouraged parental consideration of possible changes that can be made for the client's benefit. Worked with client and parent to develop strategies for managing current stressors and their negative impact on client's functioning.

Example 3 original: "Empathized with his feelings of being misunderstood and therefore upset"

Example 3 rewritten: Explored with client how feelings of being misunderstood result in incidents of anger outbursts and acting out at school and at home. Affirmed client's increased use of coping strategies to manage his feelings resulting in a decrease in acting out incidents.

I hope these examples help!

**Sincerely,
Happy to Help**