



# Training & Continuing Education Bulletin

Orange County Health Care Agency Behavioral Health Services

## Upcoming Trainings

### July 2009

Common Psychotropic Medication in a Residential Care Setting Side Effects and Warning Signs

3rd Annual Bridge to Independence for Young Adults (TAY)

June						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

2009

July						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

2009

### MHSA Training Website

BHS Training Website:  
<http://www.ochealthinfo.com/Behavioral/TrainingActivities>

To register for all trainings please e-mail to [mtrainingprogram@ochca.com](mailto:mtrainingprogram@ochca.com)

If you have any questions or concerns, please call (714) 667-5600.

## Inside This Issue

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QRTIPS

Steve Frankel Group, LLC



To register for trainings, please e-mail to [mtrainingprogram@ochca.com](mailto:mtrainingprogram@ochca.com)

Include the following information in your registration:

- Training Name
- Training Date
- Your Name
- License Type & License Number  
(Example: PSY1234, LCS1234, RN1234)
- Division & Program Name  
(Example: ADAS – West Drug Court)
- Supervisor’s Name

**We do not accept phone registration unless indicated in the training description.**

*Please be sure you have received confirmation before attending training.*

**BHS MHSA  
Training Team**

**Casey Dorman, Ph. D.**  
Admin. Manager II  
Training Coordinator

**Joshua Taylor, Psy. D.**  
Assistant Training  
Coordinator

**Zanetta Moloi**  
Program Supervisor

**Richard Krzyzanowski**  
Consumer Employee  
Advocate

**Minh-Ha Pham**  
Research Analyst III

**K. C. Pickering**  
Service Chief I

**Dung Le**  
Mental Health Worker III

**Joaquin Granado**  
Mental Health Specialist

**Shebuah Burke**  
Educational Recruiter

**Guadalupe Montoya**  
Office Assistant

**Hiromi Williams**  
Information Processing  
Specialist

**Minh Nguyen**  
Office Technician

**Raul Loera**  
Office Supervisor A

**Noshin Kohzad**  
Information Processing  
Specialist

Contact MHSA's Training Staff  
Main Line: (714) 667-5600  
Fax: (714) 667-5612  
[mtrainingprogram@ochca.com](mailto:mtrainingprogram@ochca.com)

**\* Save the Date \***

**3<sup>rd</sup> Annual Bridge to Independence for  
Young Adults**

**Orange County's  
Transitional Age Youth Conference**

**Date:** Saturday, July 18, 2009

**Registration:** 8:00 a.m. – 9:00 a.m.

**Conference Start Time:** 9:00 a.m. – 4:30 p.m.

**Location:** California State University, Fullerton, Titan Center  
800 N. State College Blvd. Fullerton, CA 92834

Adolescence and young adulthood is a time of both promise and vulnerability. This conference will address issues of development and mental health and the systems that are available for meeting the needs of transitional age youth who are in need of services and benefits, including gang related issues, domestic violence, substance abuse related issues, healthy relationships, health and mental health services, legal services, among other issues. Workshop sessions will be useful for youth in need of or receiving services and their families, as well as mental health and social services professionals who serve such youth.

**Registration is free!  
Parking is free!**

**\*\*\*Registration information will be sent to you in the coming weeks\*\*\***

**Free CE credits**

**7 Continuing Education credits will be provided at no cost to RNs, MFTs, LCSWs and Psychologists**

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 7 contacts hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.

**Funded by the Orange County Health Care Agency, through the Mental Health Services Act**



## Establishing Culturally Sensitive Professional and Supportive Relationships with Iranian Clients **(Repeat)**

**Presenter:** Faye Hezar, Psy.D.

**Date and Time:** June 11, 2009 from 1:00 p.m. to 4:00 p.m.

**Location:** 405 W. Santa Ana, Blvd. Room 433, Santa Ana, CA 92701

Description: Cultural competence is a set of academic and interpersonal skills that allow an individual to increase their understanding and appreciation of cultural differences and similarities within, among and between groups. This 3-hour training has been designed to assist clinicians with incorporating a cultural perspective into the course of treatment in order to facilitate mindful treatment that is both effective and culturally appropriate for Iranian American Clients.

### **Participants in the training can expect to:**

- Become familiar with and have an understanding of Iranian culture and traditions.
- Learn basic fundamental skills on engaging, building trust, and establishing relationships with Iranian clients.
- Apply treatment strategies that are relevant while culturally appropriate for this population.

About the presenter: Faye (Fariba) Hezar was born in Iran and graduated from high school in Iran prior to moving to the United States in 1978. She holds a doctorate in clinical psychology from the American Behavioral Institute. Ms. Hezar completed her internship at the OMID Institute (a private practice facility in Irvine), IMCES Institute for multicultural counseling and educational services in Los Angeles and in various domestic violence shelters in Orange County. In addition, she is a certified instructor for parent-training classes for foster and adoptive parents. Dr. Hezar has been extremely active in both the Iranian and the American community. She is a founding board member of the Iranian Recovery Center, a non-profit organization, and has held positions as president, secretary and treasurer. Dr. Hezar is a member of the Iranian-American Psychological Association and the Orange County Psychological Association. She has organized and presented educational workshops on the topics of drug and alcohol addiction and prevention in the Iranian community. In addition, Dr. Hezar has translated various informational materials from English to Farsi in order to educate and assist the Farsi speaking population in the United States.

**3 Continuing Education Credits have been approved for Psychologists, LCSWs, MFTs, and RNs.**

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 3 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.



## QRTIPS

This section provides monthly critical reminders in relation to Children and Youth Services (CYS) documentation standards.

**Excluded Diagnosis** – Services other than “Assessment” services (during the assessment period) with an Excluded diagnosis **cannot** be billed to MediCal.

If a case is opened and a “Treatment Plan for non-Assessment Services Provided During the Assessment Period” form is needed then this means that the clinician, while not done with the assessment, has determined that there is sufficient information to make a provisional diagnosis and that the consumer does, based on that provisional diagnosis, meet the criteria for Medical Necessity and must begin some type of treatment (maybe including case mgmt.) prior to the 30/60 day completion of the assessment paperwork. If the clinician completed the “Treatment Plan for non-Assessment Services Provided During the Assessment Period” form this means that whatever services they provide during this Assessment period would only reflect the included diagnosis documented in the “Treatment Plan for non-Assessment Services Provided During the Assessment Period” form.



Reminder: There are 3 requirements that must be documented to establish medical necessity under EPSDT MediCal.

- 1) You must have an Included Primary Diagnosis from DSM 4 TR
- 2) You must document that as a direct result of this included primary diagnosis, there is a significant impairment in an important area of life functioning.
- 3) Your documentation must also convey that your proposed intervention will either significantly diminish the impairment; prevent significant deterioration in an important area of life functioning; or allow the child to progress developmentally as individually appropriate.

**Case Mgmt. Services** – When billing MediCal for Case Mgmt. services the documentation must meet the following criteria. “Targeted Case Management” means services that assist a beneficiary to access needed medical, educational, social, prevocational, vocational, rehabilitative, or other community services. The service activities may include, but are not limited to, communication, coordination, and referral; monitoring service delivery to ensure beneficiary access to service and the service delivery system; monitoring of the beneficiary’s progress; placement services; and plan development. Please note that EPSDT has further requirements that Targeted Case Management has to address the mental health condition in order to bill MediCal.



## Steve Frankle Group, LLC

For those of you who were not able to attend the Law and Ethics Training provided by Steve Frankel to Behavioral Health Services and contract agency staff:

The Steve Frankel Group, LLC. has a website for online Law and Ethics training. The Steve Frankel Group will provide a 15% discount on SFG CE courses purchased.

The discount code should be typed into the Coupon Code box in our Shopping Cart. The code is: ocmhsa09

Also, please know that SFG has agreed to the same discount for all courses taught by Dr. Frankel, as well as the Supervision courses taught by Steve Sultanoff, Ph.D., another periodic CE instructor for our agency.

The website is: [www.sfrankelgroup.com](http://www.sfrankelgroup.com)

Note: Additional free, live trainings on Law and Ethics will be held for county and contract agency staff in the future