

**Orange County Health Care Agency  
Behavioral Health Services**



**Mental Health Services Act (MHSA)**

**Stakeholder Meeting Report**

**Category/Title: Latino Older Adult Focus Group**

<b>Date: 8/3/05</b>  <b>Time: 10am</b>		<b>Coordinator: Mark Odom</b> <b>Contact No.: 714 972-3700</b>  <b>Facilitator: Francisco Tellez</b>  <b>Recorder: Mark Odom</b>	
<b>Meeting Location:</b> Santa Ana Senior Center 2 <sup>nd</sup> & Ross Streets Santa Ana, CA		<b>Total number of Attendees per meeting:</b>  <b>18</b>	
<b>Breakdown by Gender:</b>  ___ 7 Male ___ 11 Female ___ Other ___ Decline to State	<b>Breakdown by role in the MH System:</b>  ___ 16 Client/Consumer ___ Family Member ___ 2 Service Provider ___ Other	<b>Breakdown by Primary Language:</b>  ___ 1 English ___ 17 Spanish ___ Vietnamese ___ Other _____	<b>Breakdown by Ethnicity</b>  ___ African American ___ Asian/Pacific Islander ___ 17 Latino ___ American Indian ___ 1 Caucasian ___ Other
<b>Breakdown by:</b> ___ Total # of Ralph's Vouchers Distributed ___ Total # of OCTA Bus Passes Distributed ___ Total # of consumers transported ___ Total # of family members transported ___ Total # of childcare recipients ___ Other _____  none		<b>Breakdown by:</b> ___ 16 Total # of people requesting a Spanish Translator  ___ Total # of people requesting a Vietnamese Translator  Session provided in Spanish	

**Stakeholder Group Questions:**

- What are the problems you face?
- What do you need to make better?
- What are the outcomes you want?
- What kinds of services need to be in place to achieve them?

## **General Meeting Comments (type):**

### **What are the problems you face?**

Lack of information about mental health services

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Loneliness in older adult population

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Anguish felt by older adults

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Depression, frequent crying

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Some seniors are very sensitive—easily hurt emotionally

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Lack of social programs for older adults

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Emotional changes that occur when seniors become dependent after being independent

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### **What do you need to make better?**

Education in Spanish by Latinos to Latinos about mental health

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More social activities for seniors

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In-home treatment by professionals in Spanish-- doctors and other health providers

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Transportation for medical/mental health appointments

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### **What are the outcomes you want?**

Seniors developing a better outlook on life & feeling better about themselves

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Increased happiness and decreased depression

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Activities—more social participation

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Better health

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Better relations with family

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### **What kinds of services need to be in place to achieve them?**

Culturally sensitive outreach and educational services to older adults about mental health

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Spanish speaking, in-home mental health services including psychiatrists and counselors

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Transportation services

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