

EXAMPLES OF PEI PROJECTS

Outreach and Engagement

- Outreach efforts where consumers congregate (e.g., community centers, churches, Family Resource Centers, homeless shelters, etc.)
- 211 mental health resource line
- “Friendly Visitor” programs for seniors
- Mental health outreach to foster and probation youth
- Homeless shelter programs
- Care coordination/case management services
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Prevention:

- Training on warning signs for suicide and how to intervene
- After school programs
- Nurse-Family partnerships
- Leadership and resiliency programs
- Peer counseling/mentoring
- Support groups for older adults who have lost a spouse
- Programs to reduce substance abuse, gang violence and school failure
- Education for school-aged children and youth on mental illnesses
- Mental health consultation to senior and child care centers
- Mental health resources for youth engaged in substance use/abuse and children of substance-abusing parents
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Early Intervention

- Brief mental health interventions for at-risk individuals, families, mothers and infants, etc.
- Cognitive-Behavioral Intervention for trauma victims
- Home-based intervention programs
- Mental health interventions for at-risk dependent children (SSA)
- Intervention programs for school attendance/adjustment problems
- Mental health consultation with interventions in child care environments
- Socialization programs with a mental health emphasis for home-bound older adults with signs of depression
- Anger management programs
- “First Break” assessment and treatment programs
- Web-based program for transitional age youth
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Crisis and Referral Services

- OC-based suicide hotline
- Crisis warm line
- PTSD/substance abuse programs
- Veteran’s services
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EXAMPLES OF PEI PROJECTS

Screening and Assessment Services

- Preschool/early identification programs
- Adolescent mental health screenings
- Depression, suicide and substance abuse screening for older adults
- Depression screening by primary care physicians
- Screening women for post partum depression and targeting children of parents with depression for intervention
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Training Services

- Mental health training for professionals (e.g., physicians, teachers, probation, etc.)
- Peer mentoring training
- Senior peer counseling training
- Faith-based mental health training
- Community mental health information/media programs
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School Based Services

- Positive Behavioral Interventions
- School based mental health resources
- Curriculum on risk and protective factors
- Parent-School collaboratives
- Programs for high risk children
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Parent Education and Support Services

- Life skills training
- Teen parenting classes/support groups
- Family support services
- Positive parenting programs
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For more examples of programs that are likely to meet PEI outcomes desired for addressing PEI Key Community Needs and for PEI Priority Populations, go to the following websites:

http://www.dmh.ca.gov/DMHDocs/docs/notices07/07_19_Enclosure6.pdf

<http://ochealthinfo.com/mhsa/pei/archive/manual/PEI-Resource-Matierials.pdf>