MHSA Plan Update Review FY 2022-23

Behavioral Health Advisory Board Meeting
April 27, 2022



MHSA Plan Update Review Agenda

- Navigating the plan update
- Brief overview of MHSA proposed budget for FY 2022-23
 - Process to submit MHSA plan to the state by June 30,2022
- Outcome Data
 - ▶ OCCREW
 - School-Based Behavioral Health Intervention and Support
 - Warmline
 - Early Intervention for Older Adults
 - ► FSP's
 - OC4VETS
- Questions and Comments

Navigating the MHSA Plan Update

- ► The draft plan can be accessed via this link: https://ochealthinfo.com/about-hca/behavioral-health-services/mental-health-information/prevention-intervention/mental-2
- Within the link you will find an additional link to access the comment card.
- Comment cards can be electronically submitted or mailed or emailed to the MHSA office.
- Public Comment will be open until 11:59 p.m. Sunday, May 15, 2022.
- ▶ The Public Hearing will take place via Zoom on May 25, 2022, from 5:30pm- 7:30 p.m.

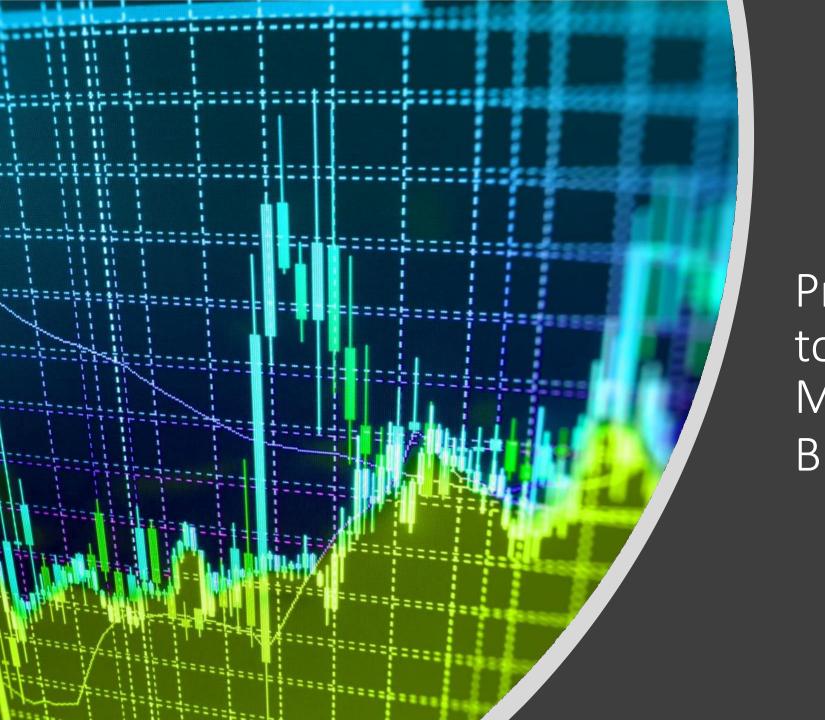
https://zoom.us/j/99364554212

Meeting ID: 993 6455 4212

Dial by your location +1 301 715 8592 US +1 253 215 8782 US

Navigating the Plan Update

- Message from the Chief of Mental Health and Recovery Services
- ► Table of Contents (Each section of the plan is color coded)
- Executive Summary (progress updates on strategic priorities, proposed recommendations)
- Community Planning Process
- Program Descriptions and Outcomes
- Mental Health Awareness and Prevention
 - Access and Linkage to Treatment Services
 - Crisis Prevention and Support
 - Outpatient Treatment
 - Supportive Services
 - Workforce Education and Training (WET)
 - Capital Facilities and Technological Needs
 - Special Projects (Includes Innovations)
- Exhibits/Appendices (starts on page 310)



Proposed Updates to FY 2022-23 MHSA Component Budgets

Fiscal Planning Recap

Local MHSA budget planning conducted by HCA and CEO and reviewed with the Behavioral Health Advisory Board

State Fiscal Consultant Mike Geiss provided updated State MHSA projections in February 2022

There was a significant shift in the anticipated fiscal landscape with the updated February 2022 projections.





Anticipated Increase in OC's CSS Allocation

(Revised 4-13-2022)

| OC CSS Projections |
|-----------------------------|
| Projected Revenue as |
| of 1-12-22 |
| Projected Revenue as |
| of 3-23-22 |
| Change from 1-12-22 |
| to 3-23-22 |

| FY 20-21 | FY 2021-22 | FY 2022-23 |
|---------------|---------------|---------------|
| \$170,674,445 | \$177,857,637 | \$133,086,103 |
| \$170,674,445 | \$196,910,000 | \$198,280,000 |
| <u>-</u> | +\$19,052,363 | +\$65,888,210 |

^{*}FY 2020-21 Revenues are actuals

Approved Budgets

FY 2020-21

\$155,088,175

FY 2021-22

\$158,785,110

FY 2022-23*

\$165,320,336

Proposed FY 2022-23

Update**

\$225,440,320

Projected Balance**

\$69,989,649

^{**}Reflects potential changes resulting from proposed FY 2022-23 updates.



COMMUNITY SERVICES & SUPPORTS

^{*} FY 2022-23 Budget as reported in the approved 3YP.

Anticipated Increase in OC's PEI Allocation

(Revised 4-13-2022)

| OC PEI Projections | FY 20-21 | FY 2021-22 | FY 2022-23 |
|-----------------------------------|--------------|--------------|---------------|
| Projected Revenue as of 1-12-22 | \$42,668,611 | \$44,464,409 | \$33,432,705 |
| Projected Revenue as of 3-23-22 | \$42,668,611 | \$49,230,000 | \$49,570,000 |
| Change from 1-12-22 to 3-23-22 | - | +\$4,765,591 | +\$16,137,295 |

^{*}FY 2020-21 Revenues are actuals

^{*}Total Projected PEI revenue increase of \$20,902,886 through FY 22/23 (cumulative)



FY 2020-21

\$47,061,483

FY 2021-22

\$56,144,101

FY 2022-23*

\$40,988,101

Proposed Update**

Projected Balance**

\$76,532,137

\$17,528,746

^{*} FY 2022-23 Budget as reported in the approved 3YP.

^{**}Reflects potential changes resulting from proposed FY 2022-23 updates

Current
Approved INN
Budgets

FY 2020-21

FY 2021-22

FY 2022-23

\$18,346,360

\$10,999,190

\$2,042,071

Proposed FY

Projected Balance

2022-23 Update

\$11,701,218

\$25,932,685

Community planning for potential projects is currently underway or in the queue to begin in the next few months; projected ending available balance subject to change if any ideas are approved (does not include pending Young Adult Court Project)



INNOVATION

Approved in 3YP

FY 2020-21

\$6,216,634

FY 2021-22

\$5,219,984

FY 2022-23

\$5,296,662



WORKFORCE EDUCATION & TRAINING

<u>Approved in</u> <u>3YP</u> FY 2020-21

\$12,519,749

FY 2021-22

\$8,840,752

FY 2022-23

\$8,966,158

Proposed Update FY 2022-23 \$45,253,892

CAPITAL FACILITIES & TECHNOLOGICAL NEEDS





Estimated Total Three-Year Budget

FY 2020-21

FY 2021-22

FY 2022-23

\$239,232,401

\$247,455,769

\$222,613,328

Proposed FY 2022-23 Update

\$365,189,830

Performance Outcome Measures

First Onset of Psychiatric Illness (OC CREW) (PEI)

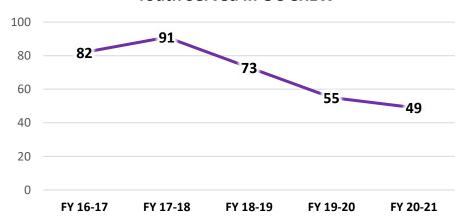
The **First Onset of Psychiatric Illness** program, also known as Orange County Center for Resiliency, Education and Wellness (OC CREW), serves youth ages 12 through 25 who are experiencing a first episode of psychotic illness with symptom onset within the past 24 months. The program also serves the families of eligible youth. To be eligible for services, the youths' symptoms cannot be caused by the effects of substance use, a known medical condition, depression, bipolar disorder or trauma. The program receives self-referrals and referrals from County-operated and County-contracted specialty mental health clinics and community providers.

| Age Range | Primary Location | Target Population | Language Capacity | Program Specializations |
|------------|------------------|-------------------|-------------------|----------------------------|
| Ages 12-25 | Field | At-Risk | Vietnamese | 1st Responders |
| | Clinic | Mild-Moderate | Spanish | Students/Schools |
| | | | | Parents |
| | | | | Families |
| | | | | Trauma-Exposed Individuals |

| Proportion Served by Demographic Characteristic | | | | | | | |
|---|----|--------------------|----|--------------------------------|----|--|--|
| Age | % | Gender | % | Race/Ethnicity | % | | |
| 0-15 | 25 | Female | 37 | African American/Black | 2 | | |
| 16-25 | 75 | Male | 63 | American Indian/Alaskan Native | 0 | | |
| 26-59 | | Transgender | | Asian/Pacific Islander | 22 | | |
| 60+ | | Genderqueer | | Caucasian/White | 17 | | |
| | | Questioning/Unsure | | Latino/Hispanic | 47 | | |
| | | Another | | Middle Eastern/North African | 2 | | |
| | | | | Another | 10 | | |

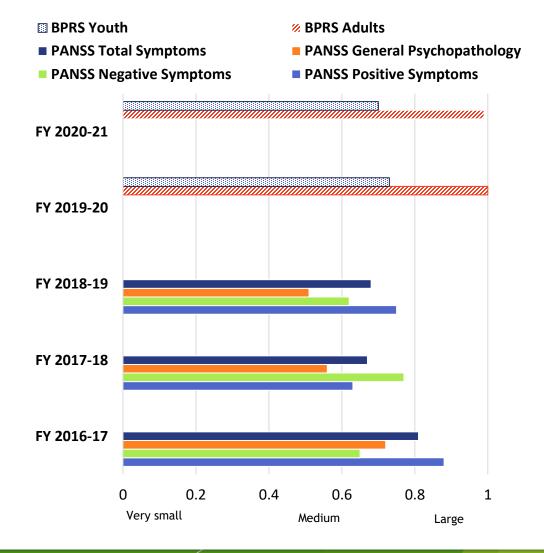
| Budge | Budgets & Projected #'s to be Served from 3YP | | | | | | | |
|--|---|--|----|--|--|--|--|--|
| Fiscal year Program Budget Unduplicated # to be Served | | | | | | | | |
| FY 2020-21 | \$1,500,000 | | 80 | | | | | |
| FY 2021-22 | \$1,500,000 | | 80 | | | | | |
| FY 2022-23 | \$1,450,000 | | 80 | | | | | |

Youth Served in OC CREW



Medium to large reductions in symptoms were consistently observed across all years, suggesting that OC CREW reduces prolonged suffering from an untreated mental health condition and is effective in helping to prevent first episode psychosis from becoming severe, persistent and disabling.

Impact on Improving Participant's Symptoms OC CREW



School-Based Behavioral Health Intervention & Support (PEI)

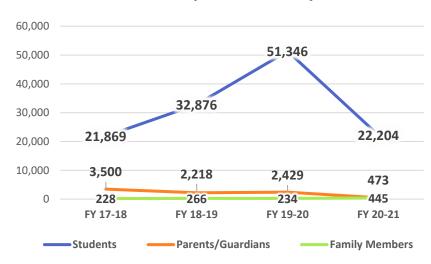
The **School-Based Behavioral Health Interventions and Support** (SBBHIS) program provides a combination of prevention and early intervention services designed to empower families, reduce risk factors, build resilience and strengthen culturally appropriate coping skills in at-risk students and families. Services are provided in elementary, middle and high school classrooms and/or group settings in school districts identified as having the highest rates of behavioral issues based on the California Healthy Kids Survey (CHKS), Academic Performance Index (API) scores and/or suspension and expulsion data as reported by school districts.

| Age Range | Primary Location | Target Population | Language Capacity | Program Specializations |
|-----------|------------------|-------------------|-------------------|-------------------------|
| Ages 5-14 | Schools | At-Risk | Spanish | 1st Responders |
| | | Mild-Moderate | | Students/Schools |
| | | Severe | | Parents |
| | | | | Families |

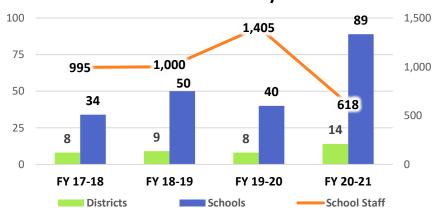
| Proportion Served by Demographic Characteristic | | | | | | |
|---|----|--------------------|----|--------------------------------|----|--|
| Age | % | Gender | % | Race/Ethnicity | % | |
| 0-15 | 90 | Female | 48 | African American/Black | 3 | |
| 16-25 | 10 | Male | 50 | American Indian/Alaskan Native | 6 | |
| 26-59 | | Transgender | 1 | Asian/Pacific Islander | 12 | |
| 60+ | | Genderqueer | | Caucasian/White | 22 | |
| | | Questioning/Unsure | | Latino/Hispanic | 53 | |
| | | Another | 1 | Middle Eastern/North African | 2 | |
| | | | | Another | 4 | |

| Budgets & Projected #'s to be Served from 3YP | | | | | | |
|--|-------------|--|--------|--|--|--|
| Fiscal year Program Budget Unduplicated # to be Served | | | | | | |
| FY 2020-21 | \$3,408,589 | | 40,500 | | | |
| FY 2021-22 | \$1,808,589 | | 26,680 | | | |
| FY 2022-23 | \$1,953,024 | | 26,680 | | | |

Participants Served by FY



Schools Served by FY



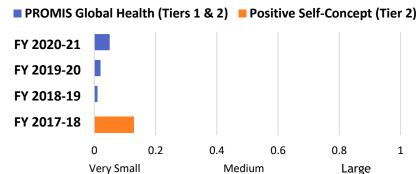
In FY 2017-18, self-reported student ratings showed that students maintained positive self-concept during the weeks they participated in Tier 2 programming.

Since FY 2018-19, self-reported student ratings showed that students maintained positive health while participating in Tier 1/Tier 2.

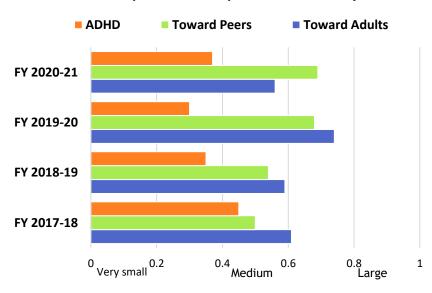
Since FY 2017-18, parents generally reported that their children showed moderate decreases in disruptive behavior toward both adults and peers, as well as small to moderate decreases in impulsive and hyperactive behaviors.

SBBHIS Improvement on Global Health

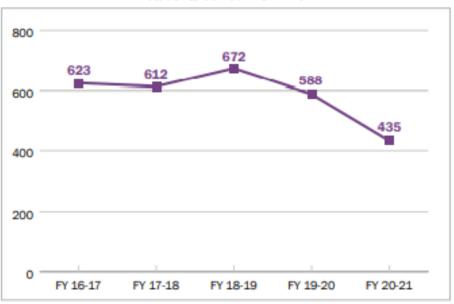
(Positive Self-Concept in prior FYs)



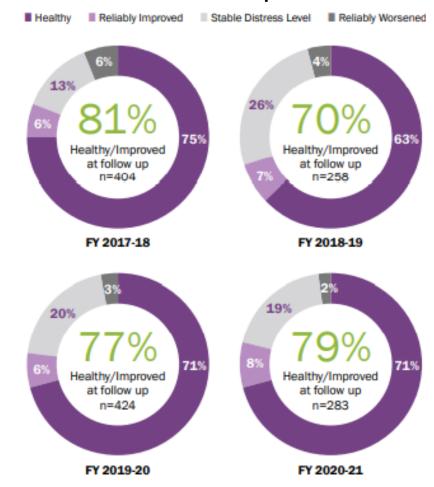
SBBHIS-Impact on Disruptive Behaviors by FY



Students Served in SBMHS



Student Distress Improvement



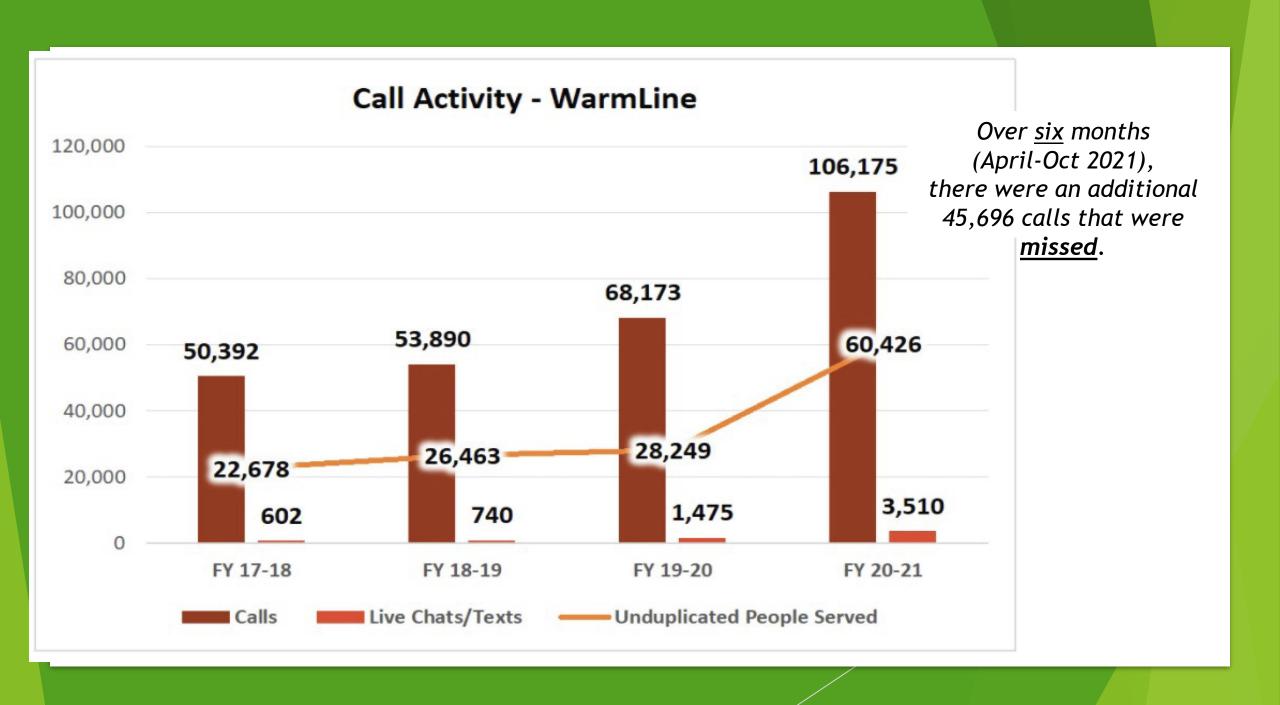
WarmLine (CSS)

The **WarmLine** provides emotional peer support to unserved and underserved Orange County residents who are experiencing mild to moderate symptoms of a mental health disorder or who are at risk of developing a mental health disorder, challenges at school and/or trauma exposure. The program also serves family members. Beginning July 2020, the WarmLine began providing services 24 hours a day, seven days a week, year-round. This program is supported by a new Office of Suicide Prevention, which was established in the HCA's Mental Health and Recovery Services area upon the direction of the Orange County Board of Supervisors in 2021.



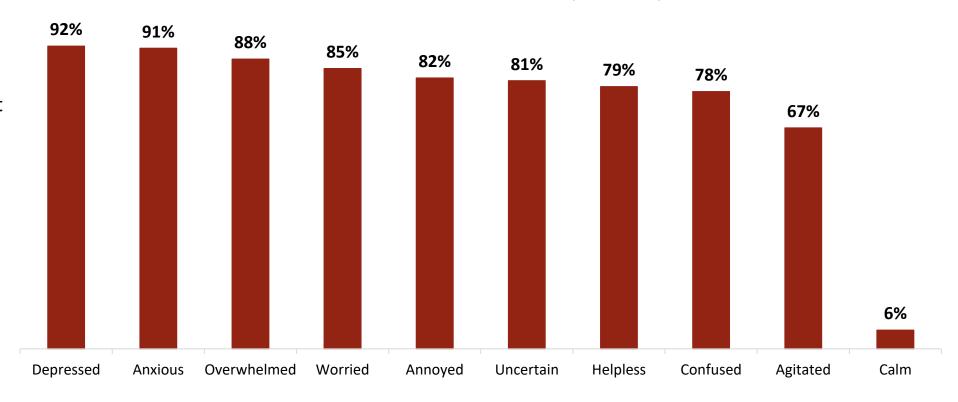
| | Proportion Served by Demographic Characteristic | | | | | | | |
|-------|---|--------------------|----|--------------------------------|--------------------------|--|--|--|
| Age | % | Gender | % | Race/Ethnicity | % | | | |
| 0-15 | 0 | Female | 56 | African American/Black | | | | |
| 16-25 | 6 | Male | 44 | American Indian/Alaskan Native | | | | |
| 26-59 | 67 | Transgender | | Asian/Pacific Islander | Nat Callagtad | | | |
| 60+ | 27 | Genderqueer | | Caucasian/White | Not Collected on Call | | | |
| | | Questioning/Unsure | | Latino/Hispanic | On Can | | | |
| | | Another | | Middle Eastern/North African | | | | |
| | | | | Another | | | | |

| Budgets & Projected #'s to be Served from 3YP | | | | | | |
|---|--------------|--------|--|--|--|--|
| Fiscal year Program Budget Call/Chat Volume | | | | | | |
| FY 2020-21 | \$1,116,667 | 36,000 | | | | |
| FY 2021-22 | \$2,000,000 | 65,000 | | | | |
| FY 2022-23 | \$12,000,000 | 65,000 | | | | |



Declines in Caller Negative Mood States NAMI - Warmline FY 2020-21 (n=36,945)

In FY 2020-21, the majority of callers that shared their mood at the conclusion of the call demonstrated a decline in negative moods across all categories of mood states. Results were similar in FYs 2018-19, and 2019-20.



Early Intervention Services for Older Adults (PEI)

The **Early Intervention Services for Older Adults** (EISOA) program provides behavioral health early intervention services to older adults ages 50 years and older who are experiencing the early onset of a mental health condition and/or who are at greatest risk of developing behavioral health conditions due to isolation or other risk factors, such as substance use disorders, physical health decline, cognitive decline, elder abuse or neglect, loss of independence, premature institutionalization and suicide attempts. Participants are referred from senior centers, Family Resource Centers, community centers, faith-based organizations and the PEI Outreach to Increase Recognition of Early Signs of Mental Illness program.

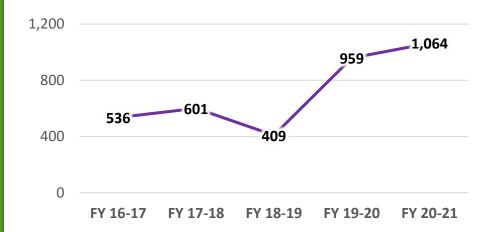
| Age Range | Primary Location | Target Population | Language Capacity | Program Specializations |
|-----------|------------------|-------------------|-------------------|----------------------------|
| Ages 50+ | Field | At-Risk | Arabic | Ethnic Communities |
| | Community | Mild-Moderate | Farsi | Recovery from SUD |
| | | | Khmer | LGBTIQ+ |
| | | | Korean | Trauma-Exposed Individuals |
| | | | Mandarin | |
| | | | Spanish | |
| | | | Vietnamese | |

| | Proportion Served by Demographic Characteristic | | | | |
|-------|---|--------------------|----|--------------------------------|----|
| Age | % | Gender | % | Race/Ethnicity | % |
| 0-15 | 0 | Female | 78 | African American/Black | 0 |
| 16-25 | 0 | Male | 22 | American Indian/Alaskan Native | 0 |
| 26-59 | 1 | Transgender | | Asian/Pacific Islander | 40 |
| 60+ | 99 | Genderqueer | | Caucasian/White | 36 |
| | | Questioning/Unsure | | Latino/Hispanic | 23 |
| | | Another | | Middle Eastern/North African | 1 |
| | | | | Another | 0 |

Budgets & Projected #'s to be Served from 3YP

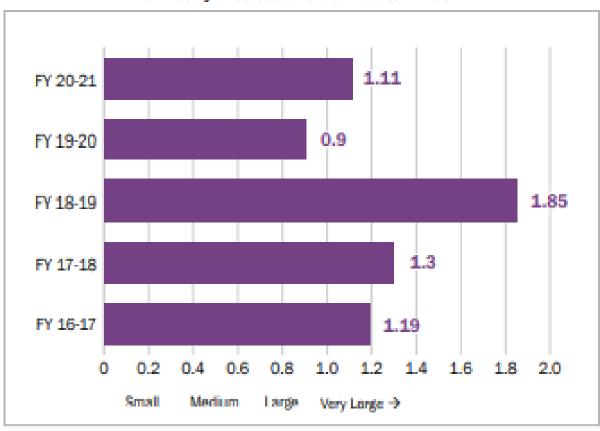
| Fiscal year | Program Budget | Unduplicated # to be Served |
|-------------|----------------|-----------------------------|
| FY 2020-21 | \$2,469,500 | 1,300 |
| FY 2021-22 | \$2,469,500 | 1,300 |
| FY 2022-23 | \$3,000,000 | 1,300 |

Persons Served in EISOA



Clinically distressed older adults have consistently reported substantial decreases in depressive symptoms while enrolled in program services.

Improvement of Depressive Symptoms Among Clinically-Distressed Older Adults - EISOA



Full Service Partnership Programs (CSS)

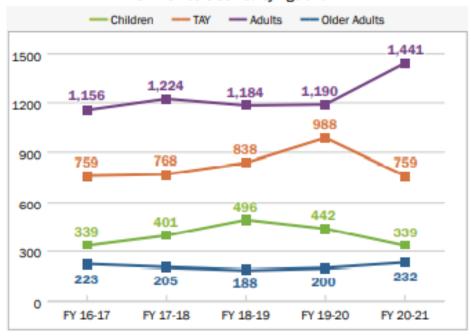
A Full Service Partnership (FSP) is designed to provide intensive, community-based outpatient services to a county's most vulnerable individuals, and the OC Health Care Agency has established eligibility criteria to ensure that the FSPs reach Orange County residents who are experiencing disparities in access to behavioral health care. Thus, the target population includes individuals of all ages who are living with a SED or SMI; unserved or underserved; and are homeless, at risk of homelessness, involved in the criminal justice system, frequent users of inpatient psychiatric treatment, culturally or linguistically isolated, and/or have complex medical needs. Orange County has four distinct FSP programs organized by the MHSA-defined age groups (i.e., Children, TAY, Adult, Older Adult). In addition to tailoring services and supports to the members' age and developmental stage, three (i.e., Children, TAY, Adult) offer additional tracks for individuals with more specialized needs and providers within these specialized tracks often serve individuals across multiple age groups. The most common age groups spanned are Children/TAY and Adult/Older Adult, although there are some exceptions (see tables below). All FSP services – even those affiliated with the Courts and OC Probation – are voluntary.

| Budgets & Projected #'s to be Served from 3YP | | | |
|---|----------------|-----------------------------|--|
| Fiscal year | Program Budget | Unduplicated # to be Served | |
| FY 2020-21 | \$53,766,876 | 3,521 | |
| FY 2021-22 | \$53,766,876 | 3,591 | |
| FY 2022-23 | \$57,466,876 | 3,661 | |

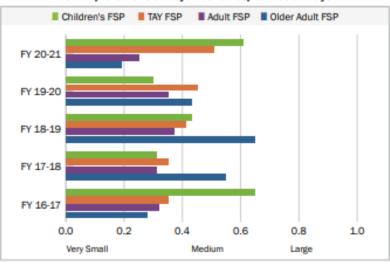
| Proportion Served by Demographic Characteristic | | | | | |
|---|----|--------------------|----|--------------------------------|----|
| Age | % | Gender | % | Race/Ethnicity | % |
| 0-15 | 13 | Female | 41 | African American/Black | 7 |
| 16-25 | 35 | Male | 58 | American Indian/Alaskan Native | 1 |
| 26-59 | 43 | Transgender | 1 | Asian/Pacific Islander | 11 |
| 60+ | 9 | Genderqueer | | Caucasian/White | 38 |
| | | Questioning/Unsure | | Latino/Hispanic | 38 |
| | | Another | | Middle Eastern/North African | 1 |
| | | | | Another | 4 |

| Age Range | Language Capacity | Program Specializations |
|-------------------|-------------------|----------------------------|
| All Ages | Arabic | Students/Schools |
| | Farsi | Parents |
| Primary Location | Khmer | Familes |
| Field | Korean | Medical Co-Morbidities |
| Community | Mandarin | Criminal Justice Involved |
| | Spanish | Ethnic Communities |
| Target Population | Vietnamese | Homeless/At-Risk of |
| Severe | | Recovery from SUD |
| | | Trauma-Exposed Individuals |
| | | |

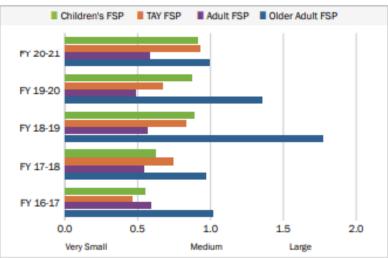
FSP Members Served by Age and FY



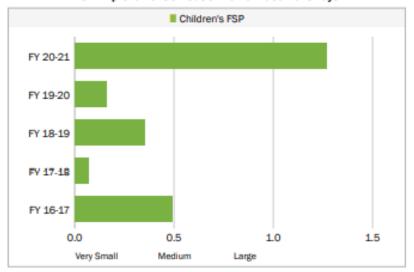
FSP Improvement on Psychiatric Hospitalization Days



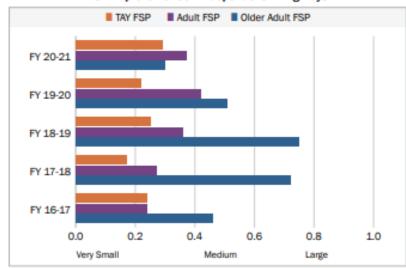
FSP Improvement on MH Emergency Interventions



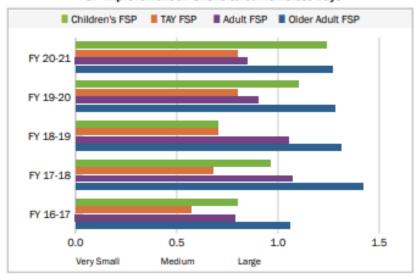
FSP Improvement on Out-of-Home-Placement Days



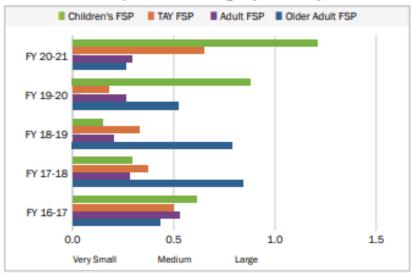
FSP Improvement on Independent Living Days



FSP Improvement on Unsheltered Homeless Days



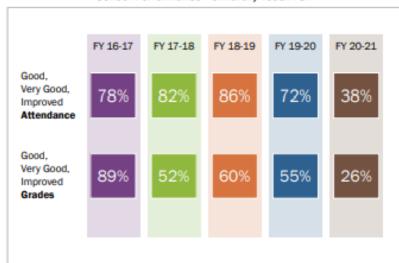
FSP Improvement on Emergency Shelter Days



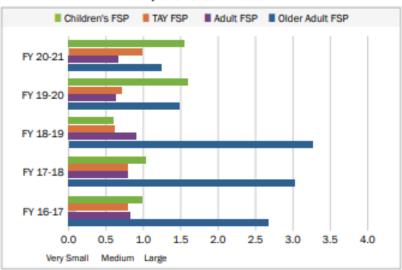
Improvement on Employment Days



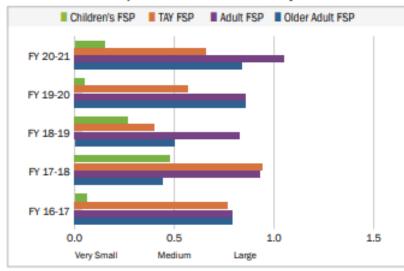
School Performance - Children/Youth FSP



Improvement on Arrests



Improvement on Incarceration Days



OC4Vets (PEI)

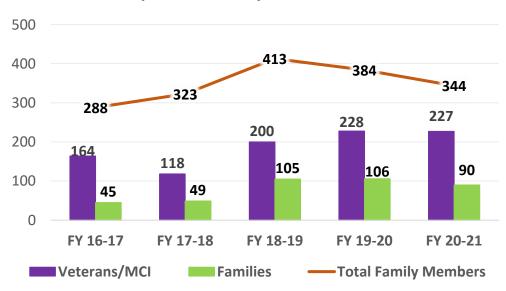
OC4Vets are veteran-focused early intervention programs that support targeted subpopulations within the Orange County veteran community: adult veterans and military connected individuals, veterans engaged with County Courts, veteran college students, and military connected families with children under the age of 18 (the latter of which used to be the standalone Innovation project, Behavioral Health Services for Military Families). The OC4Vets, County- and contract-operated, programs serve Orange County veterans and families who currently or previously served in the United States Armed Forces, regardless of the branch, component, era, location(s) or characterization of discharge from their service. Referrals into the programs come from established collaborative relationships with outside community programs supporting Orange County veterans, veteran groups within the county, the Veterans Affairs Administration, Veterans Resource Centers at local community colleges, the Veterans Service Office (VSO), and directly from the veterans and family members looking for support.

| Budgets & Projected #'s to be Served from 3YP | | | |
|---|----------------|-----------------------------|--|
| Fiscal year | Program Budget | Unduplicated # to be Served | |
| FY 2020-21 | \$1,695,957 | 519 | |
| FY 2021-22 | \$2,400,000 | 530 | |
| FY 2022-23 | \$2,520,000 | 542 | |

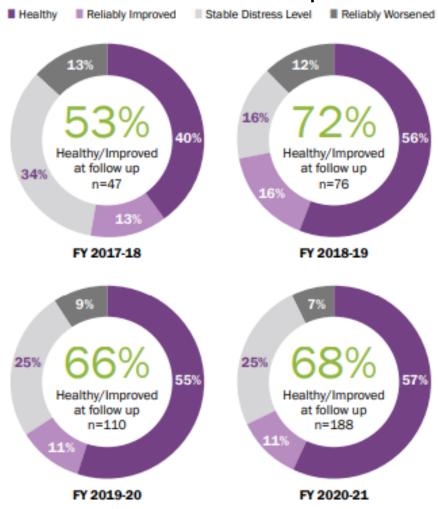
| Proportion Served by Demographic Characteristic | | | | | |
|---|----|--------------------|----|--------------------------------|----|
| Age | % | Gender | % | Race/Ethnicity | % |
| 0-15 | 22 | Female | 40 | African American/Black | 12 |
| 16-25 | 10 | Male | 60 | American Indian/Alaskan Native | <1 |
| 26-59 | 56 | Transgender | | Asian/Pacific Islander | 5 |
| 60+ | 13 | Genderqueer | | Caucasian/White | 45 |
| | | Questioning/Unsure | | Latino/Hispanic | 24 |
| | | Another | | Middle Eastern/North African | 0 |
| | | | | Another | 13 |

| Age Range | Program Specializations |
|-------------------|-----------------------------|
| All Ages | Students/Schools |
| | Parents |
| Primary Location | Families |
| Field | Medical Co-Morbidities |
| Community | Criminal Justice Involved |
| | Homeless/At-Risk of |
| Target Population | Recovery from SUD |
| At-Risk | LGBTIQ+ |
| Mild-Moderate | Trauma-Exposed Individuals |
| | Veterans/Military-Connected |
| Language Capacity | |
| Spanish | |

Participants Served by Veteran's Providers



Veteran Distress Level Improvement



THANK YOU

