



# Mental Health Services Act Steering Committee Meeting

August 1, 2011  
Health Care Agency  
Behavioral Health Services



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# Welcome

Sharon Browning,  
Facilitator

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# LOCAL/STATE UPDATES

Mary Hale,  
Chief, Behavioral Health  
Operations

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# MHSA UPDATE

Bonnie Birnbaum, MPH  
MHSA Coordinator

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# OC COMMUNITY CARES Project PRESENTATION

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# OC Community Cares Project (OC CCP)

OCHCA Behavioral Health Services  
Center of Excellence  
Innovation Programs

By  
Nhung Phan  
Gerry Aguirre

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## Who We Are

The OC Community Cares Project (OC CCP) is a team of clinicians and trained consumer/family member peer mentors that provide linkage to private mental health providers in Orange County for individuals who are unable to afford private mental health services.

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## What We Do

- The OC CCP organizes private providers into a system that offers pro-bono services to consumers.
- Provide outreach and engagement, assessment, linkage, and follow up services
- Community Collaboration is also included through the utilization of community mental health professionals to provide age, ethnic, and culturally specific services.

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## Our Goals

*To increase access to wellness, recovery, and resilience focused, cultural/ethnic specific mental health services and follow up to individuals who:*

- Have a diagnosable mental illness but are not considered as serious, chronic, and persistent
- Have no insurance or means to cover treatments

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## Our Participants

- Children, Transitional Age Youth (TAY), Adult, and Older Adult
- Underserved, not served and uninsured groups
- Underserved cultural, ethnic, or linguistic groups



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## Included Services

- Establish a network of private providers in the community to deliver pro-bono mental health services
- Match potential participants to providers that will facilitate Short-term individual and/or family therapy
- Trained consumers and family members to assist with outreach and follow up services

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## Family Driven

*OC CCP works alongside our participants in identifying their mental health needs and to connect them with the community providers that will assist them to best meet those needs.*

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## Roles of Staff

### Project Lead:

- Provide presentations and staff booths at Conferences and community events to promote project (e.g. Meeting of the Minds, Bullying Conference, TAY Health Fair, Immersion Training, Depression Coalition, etc.)
- Contact private practitioners to recruit them into the program
- Recruitment occurs through presentations to local practitioner professional groups and individual contacts
- Establish contacts with referral sources, continue to recruit, and develop and implement a system for intake, screening, and referral
- Match each referred participant's needs with volunteered practitioner's specialty
- Monitor progress of each referral

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## Roles of Staff

### Outreach Staff:

- Consumer/family members working with referral sources to meet with individuals and families who lack resources
- Engage participants to discuss their mental health needs
- Clinical supervisor and consumer/family members would recruit mental health professionals from the community
- Develop a network of community providers who would treat one participant each for free

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## Measurements

- # of private practitioners (PP) who will agree to see at least one referred participant on a pro-bono basis
- # of PP able to serve participants whose primary language is not English (Threshold- Spanish, Vietnamese, and Farsi)
- # of PP able to serve each age group (children, TAY, adults, and older adults)
- # of PP able to serve each cultural group (Vets, Deaf & Hard of Hearing, etc)
- Case finding- total number of participants found

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## Measurements-Continued

- # of participants representing underserved ethnic or linguistic groups
- # and % of underserved groups who are able to be matched with PP able to serve them
- % of all participants identified who are able to be matched with PP willing to see them
- % of participants who are referred to PP who are assessed by those practitioners

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## Measurements-Continued

- % of participants referred to PP who are taken into treatment
- # of weeks participants referred to PP continue to stay in treatment
- Impact of treatment on the mental health status of participants, as assessed by a positive change in the participant's rating of the severity of his/her presenting problem using a Likert-type self report rating scale
- Satisfaction survey administered to both participants and providers. This will allow for changes to the model that will improve the success of this project

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## Assessment Tools

- Written Survey
- Questionnaire
- Likert-type scales
- Interview by private practitioner and project staff
- Assessed by analysis of previous questions
- Analysis of data collection to evaluate project




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# OC Community Cares Project (OC CCP)

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**Phone:** 714-517-6100  
**Fax:** 714-517-6139  
[nphan@ochca.com](mailto:nphan@ochca.com)

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## Committee Members Comments

Sharon Browning,  
Facilitator

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## PROGRAM UPDATES

Clayton Chau, Jim Harte,  
Annette Mugrditchian,  
Jenny Qian, Kevin Smith

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## CENTER OF EXCELLENCE

### • Innovation

- Integrated community services – contract started July 1<sup>st</sup>; staff are being hired and trained
- Volunteer to Work – contract negotiation
- Consumer/Family Members Paraprofessional Work Force Development Program – contract negotiation
- Education, Research & Training Institute – contract negotiation
- Training Mental Health worker in the Deaf & Hard of Hearing Community – ready for contract negotiation

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## WORKFORCE, EDUCATION and TRAINING

- Institute for Peer Services – Aug 25<sup>th</sup>
- 2<sup>nd</sup> Annual Disparity & Disproportionality in Health and Human Services – Oct 31<sup>st</sup>-Nov 1<sup>st</sup>
- Southern California Cultural Competency Summit – Nov 2<sup>nd</sup>-3<sup>rd</sup>

## FACILITIES

- 401 S Tustin campus ribbon cutting ceremony – Nov 16<sup>th</sup>

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## Children and Youth Services

- BOS approved all MHSA contracts for FY 11-12
- Successful TAY Resource Fair
- CYS Website is finally up and running. It can be found at <http://www.ochealthinfo.com/mhsa/fsp>
- Progress <http://www.ochealthinfo.com/mhsa/fsp/children/focus/stories>

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## ADULT MENTAL HEALTH SERVICES - CAT and Crisis Residential

### CAT

- **2,294** Evaluations:
- 4<sup>th</sup> Quarter Balanced Scorecard:
  - **56%** Diverted
  - **89%** responded within 30 minutes

### Crisis Residential

- **121** Admissions
- **92%** Discharged to a lower level of care
- **84%** Linked with mental health provider

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## TECHNOLOGY

- We've received the technology funds. We will be posting the EHR project for public comment soon (hopefully we will have posted it by next Monday :) and will apply the funds we received to our EHR project after BOS approval.
- We have incorporated the kiosks into the overall EHR project plan but hope to implement them before the 1st components of the EHR goes live. We have added the Anaheim Innovations site as one of our kiosk sites.

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## Prevention and Intervention

### Statewide Projects:

- Negotiations are ongoing between CalMHSA staff and the selected providers for Suicide Prevention, Stigma and Discrimination Reduction and Student Mental Health programs. Execute contracts by August 15<sup>th</sup> for about 90% of the programs.
- Community Forum: Four community forums are planned for calendar year 2011 as part of Capacity Building. The community forums serve as venues for community engagement and information exchange on wellness and prevention, as well as providing linkage to services and resources on prevention and early intervention. The first forum was held on February 19, 2011 in San Juan Capistrano, and the second took place on May 13, 2011 in Santa Ana. The third forum will occur in Anaheim in September 2011, and facility is being secured for the one in November.

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## CONTRACTED PROGRAMS/RFP UPDATES

- **Positive Behavioral Interventions and Violence Prevention** – This program is operated by Orange County Department of Education. Starting July 1, 2011, an additional 20 school teams will begin receiving PBIS training for a total of 81 schools implementing PBIS programs. All Violence Prevention (VPE) programs have provided training events in schools and the community. This contract has been renewed for 2 more years. (FY11-12 and 12-13)
- **Positive Behavioral Interventions** -- This program is with the Child Development Center at the University of California, Irvine. The two year contract was renewed in March with increased numbers of students to 16.
- **Community Outreach/Promotora Program:** The Board approved the agreement with Latino Health Access on June 21, 2011. The program started on July 1 for implementation.

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## CONTRACTED PROGRAMS/RFP UPDATES

- **Isolated Adult and Older Adult Socialization Program:** The ASR and Agreement is currently on the Board Agenda for August 9, 2011 with a proposed August 9 program start date.
- **Outreach, Engagement, and Intervention Program:** The ASR and Agreement is currently on the Board Agenda for August 9, 2011 with a proposed August 9 program start date.
- **School Readiness Program:** Proposals have been evaluated. HCA staff is evaluating panel's recommendation.
- **Stigma Reduction Art Events:** supports artistic events that can help educate the public about mental illness/stigma reduction. The first, successful event was held on June 23 at the Bowers Museum in Santa Ana with approximately 500 attendees, followed by smaller, ethnic-specific events lasting through June 30 at each of the MECCA partner agencies.

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## CONTRACTED PROGRAMS/RFP UPDATES

- **Community Training Projects:** HCA is finalizing negotiations with recommended providers. The proposals received and recommended were for:
  - Stress Management for Caregivers
  - Child Development Training.
  - 1<sup>st</sup> Onset Psychosis
  - Postpartum Depression
- **Parent Training Program:** provides support to parents/families through Parent Empowerment Program (PEP) and Community Parent Education Training (COPE) models. Proposals had been evaluated. The evaluation panel recommended provider(s). HCA is reviewing the panel's recommendation.

### COUNTY OPERATED PROGRAMS:

- **"Transitions"** is a classroom-based educational series consisting of 12 highly interactive sessions, follow-up workshops, and a parenting component. This program is designed to prevent school failure, behavioral problems, violence, and high risk behaviors among at-risk students. The pilot program targets teenagers entering high school and will begin in the four high schools of the Placentia/ Yorba Linda Unified School District this fall.

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Committee  
Comments/Questions

Sharon Browning,  
Facilitator

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Public Comments/Questions

Sharon Browning,  
Facilitator

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ADJOURN

Next Meeting:

**Monday, September 12, 2011**

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