



Mental Health Services Act Steering Committee Meeting

May 2, 2011
Health Care Agency/
Behavior Health Services



Welcome

Sharon Browning,
Facilitator

Local/State Updates

Mary Hale
Chief, Behavioral Health Operations

MHSA Update

Bonnie Birnbaum

MHSA Coordinator

- FY 2011/12 Update was sent to DMH on April 15.
- DMH and OAC will not review plan but will use the receipt of the plan to trigger a claims schedule or payment.
- Note that, for 11/12, MHSA \$\$\$ is not going to be paid prior to August 1, 2011
- Plan approval will occur at the local level, but a mechanism as to how this will work has not yet been developed.
- DMH is replaced with the State (DHCS) to develop regulations for MHSA implementation.
- DMH and OAC retain the right to issue plan guidelines.
- The 50% of CSS local Prudent Reserve requirement was eliminated.
- The Local Prudent reserve cap of 50% is also eliminated. Now counties have flexibility in setting the level of Prudent Reserve at a level the county determines to be appropriate.

Recovery Education Institute

Nicole Demedenko

Education Director

Recovery


The Recovery Education Institute

Presentation By

Nicole Demedenko Lehman, MSW
Education Director

&

Lisa St. George, MSW, CPRP
Regional Vice President




Recovery

Mission Statement


“ To create opportunities and environments that empower people to recover, to succeed in accomplishing their goals, and to reconnect to themselves, to others, and meaning and purpose in life.”

Recovery




Our Vision

“...a transformation in the service delivery system grounded in the belief that people with mental health and substance use challenges do recover and move on with their life. The principle ingredients of this transformation include hope, education, employment, peer support and self-help.”

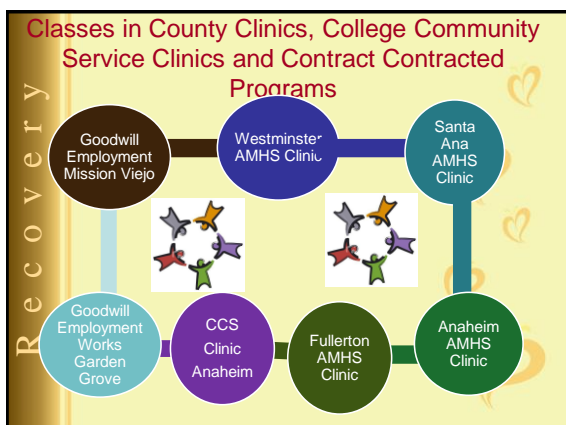


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Criteria for Students



- Orange County Resident
 - Age 18 & Over
- Currently receiving HCA Behavioral Health Systems of Care services and family members
- Referral from current service



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Classes in the community




- Pacific Clinics**
My life in Pictures
Westminster
- Multi-Ethnic Collaborative of Community Agencies**
Advocacy for Positive Outcomes
Santa Ana
- Fullerton College**
WELL
Fullerton

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Student Services

Registration

- Welcome Letter
- Contact Information
- Demographic Survey
- Referral or Release of Information
- Q & A




Student Advisements

- Academic evaluation and counseling
- Information on transferring
- Career exploration
- Goal setting
- Class scheduling

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Current Workshop and Class Overview



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Workshops

WRAP Workshop: Wellness Recovery Action Plan -8 Sessions
**Esta clase también se ofrece en español*

WELL: Wellness and Empowerment in Life and Living-15 Sessions

Self- Managing Wellness- 4 sessions

My Life in Pictures Class- 15 Sessions




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Pre-Vocational Workshops

Basic Computer, E-mail and Internet Navigation Skills Workshop -15 Sessions

Advocacy for Positive Outcomes
1 Day Training 9:00 a.m. – 5:00 p.m.



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Extended Education Workshops

Values for a Successful Education
With material adapted from Introduction to Recovery Pathways (REC 300)

Thinking about the Helping Field? Peer Principles and Support Introduction
With material adapted from Introduction to Ethics (BHS 101)

Working on the Work Environment
Communicating in Recovery Environments (Communication Skills I & II -BHS 152)


Being Yourself while Working in a Group Environment
Group Dynamics in Recovery Environments (Group Dynamics in a Recovery Environment (BHS 115)

How to Communicate with your Supervisor
Working in Recovery Environments (CWE)198 AA Career Work Experience

Being a Professional
With material adapted from Human Relations in the Helping Profession (BHS -105)

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REI Computer Lab




- Our lab is open to currently enrolled students for educational & vocational purposes
- 15 computers are available, along with printing capability
- Internet access provided
- REI Lab hours are the same as REI hours, however, computers must be made available for e-mail and computing classes

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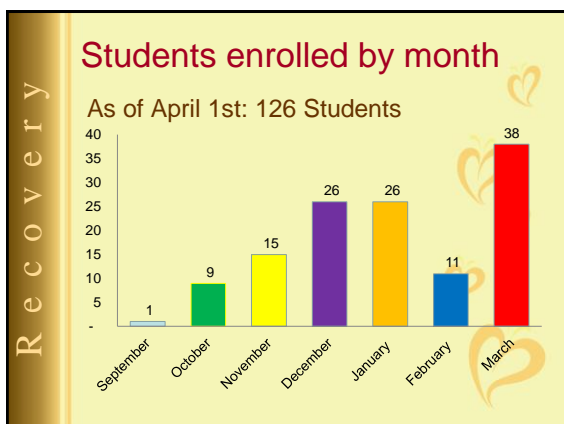

**College Level
Courses
offered through
Alliant International
University**

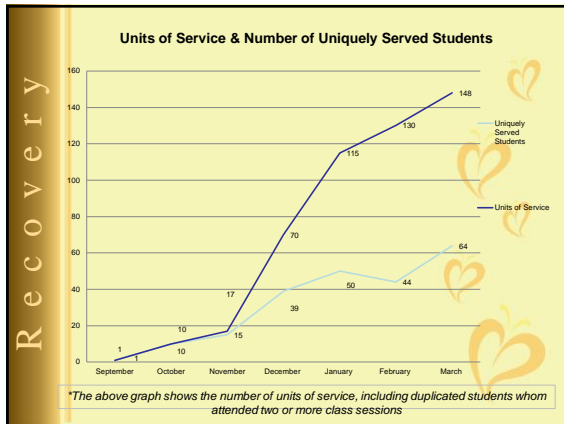



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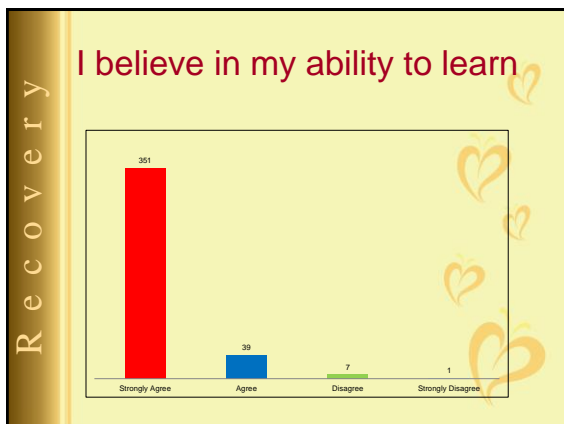
COLLEGE LEVEL COURSES

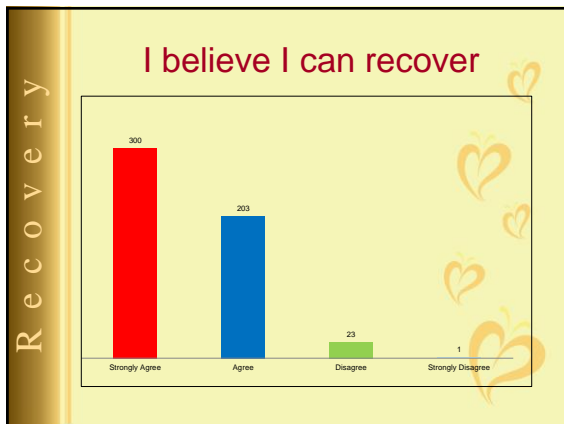
- REI's college level courses are designed to expose students to a learning environment similar to what one might expect in an actual community college or university setting
- Students are expected to:
 - Attend sessions as scheduled, and/or notify instructor when unable to attend
 - Participate in class discussion and activities
 - Complete in-class and homework assignments
 - Earn a grade (i.e. credit/no credit, A, B, C, etc.)

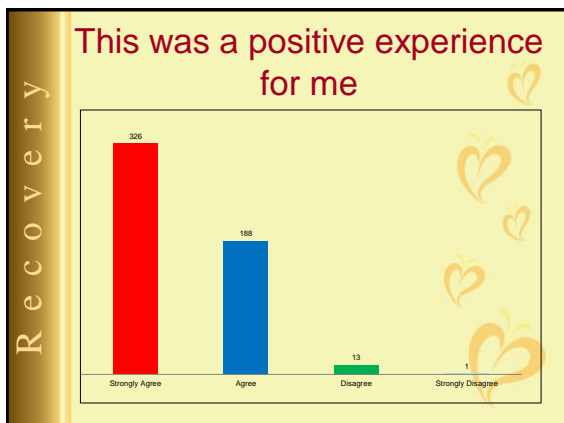


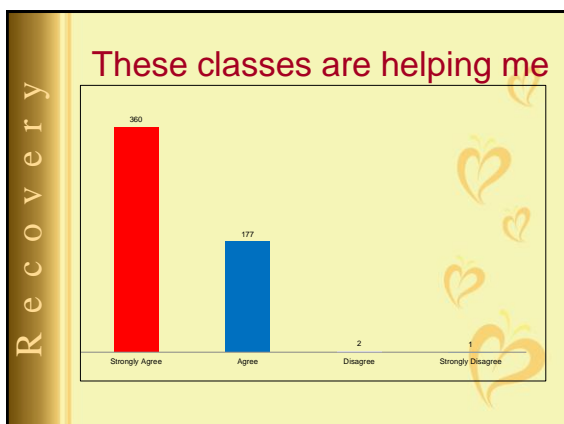












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Future Plans

- Up to 3 College Credit Courses offered
- Curriculum being translated into Spanish, Farsi, Vietnamese and Korean
- Certificates available for WRAP, WELL and Self Managing Wellness
- Increased school setting: clubs, newsletter, graduations, student government

Recovery

Thank you



Recovery

Please enjoy a 10 minute break

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Safe Schools and Support Services
Orange County Department of Education

Jim Perez
Coordinator

Program Updates

Clayton Chau

Annette Mugdrilichian

Kathleen Murray

Jenny Qian

Patty Rogers

Kevin Smith

Clayton Chau
Center of Excellence

- Integrated Community Services is scheduled for BOS approval on June 7.
- Volunteer to Work and Consumer/Family Member Paraprofessional Workforce Development are in the final process.

Annette Mugrditchian
Adult Mental Health Outpatient Services

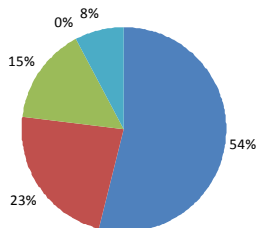
Peer Mentoring

- Peer Mentoring opened on November 17, 2010.
- Currently employed 8 peer mentors and 2 lead mentors
- Peer Mentoring has served 122 individuals to date

Consumer Satisfaction Survey

Peer Mentoring Service Rating

■ Excellent ■ Good ■ Okay ■ Poor ■ Unknown



Adult Mental Health Contracted Outpatient Recovery Services

- Pacific Clinics – Westminster and Orange Recovery Centers will be closing as of 6/30/11.

MHSA Centralized Assessment Team (CAT)

January – March 2011

- **Evaluations:** 508
- **Clinician Follow-ups:** 679
- **Law Enforcement Referrals:** 216(42% of Evaluations)
- **Outcomes:**
 - Voluntary Hospitalized 5%
 - 5150 35%
 - Successful Diversion 55%
 - No Contact 5%

Update On Adult Crisis Residential

July 2010 – February 2011

- Admissions - 75
- **Average Length of Stay** in Days - 8.9
- Admissions **hospitalized** while in program - 1%
- Admissions **readmitted** to program - 0%
- Admissions discharged to **lower level of care** - 90%
- Discharges **hospitalized** within 48 hours after discharge - 2.9%
- Discharges **successfully linked** - 87%

Kathleen Murray Technology

- The MHSA Technological Needs Project Proposal for the remainder of our EHR is being worked on for submission to the State
- A summary of the plan was presented to the MHSA Technology Advisory Committee on 4/21 and was approved
- The Committee is working with HCA IT to make some final decisions on the Kiosk project
- Disaster Recovery is one aspect of the EHR project plan. We were able to realize some cost savings from the Infrastructure project and are using them to purchase some of our Disaster Recovery components.

Jenny Qian

Prevention and Intervention

Statewide Projects

- The Suicide Prevention RFP was released on 1/28/11, and the proposals were due on 3/15/11. Notification of the awards is scheduled for 5/15/11.
- The Stigma reduction RFP was released on 2/14/11, and proposals were due on 3/30/11. The Southern Region of Counties prioritized its preferences of the deliverables of the RFP, and a summary memo was developed by CalMHSA and posted to its website on 3/1/11. Notification of the awards is scheduled for 5/15/11.
- The Student Mental Health Initiative sole source RFAs were released on 2/28/11. The applications were due on 4/14/11. Notification of awards is scheduled for 5/5/11.
- Community Forum: Four community forums are planned to be held during calendar year 2011 as part of Capacity Building. The community forums serve as venues for community engagement and information exchange on wellness and prevention, as well as providing linkage to services and resources on prevention and early intervention. The first forum was held on February 19, 2011 in San Juan Capistrano, and the second will take place on May 13, 2011 from 11 a.m. to 3:00 p.m. in the parking lot of HCA Clinic located at 1725 W. 17th Street, Santa Ana, CA 92706.

Contracted Programs/RFP Updates

- **Isolated Adult and Older Adult Socialization and Mental Health Consultant for Older Adult RFP:** ASR and Agreement will go to the Board in June for a July program start date.
- **Promotora Program:** Negotiation with recommended provider was a success. ASR & agreement are going to the BOS in June for a program start date in July.
- **Outreach, Engagement, and Intervention Program:** ASR and agreement are anticipated to go to the Board in June for a July program start date.
- **School Readiness RFP:** Proposals had been evaluated. The evaluation panel recommended provider(s). HCA is reviewing the panel's recommendation. The program is projected to start in August 2011.

Contracted Programs/RFP Updates

- **Solicitation of Interest for Community Training projects:** Negotiations with recommended providers occurred in March. The ASR and Agreement is anticipated to go to the Board in June for a July program start date.
 - Stress Management for Caregivers
 - Child Development Training
 - 1st Onset Psychosis
 - Postpartum Depression
- **Stigma Reduction Art Events Solicitation of Interest:** supports artistic events that can help educate the public about mental illness/stigma reduction. Proposals' evaluation, recommendation, negotiation, and agreement were completed. The provider began program implementation as of April 29, 2011. The County will re-open this SOI on BidSync upon successful completion of negotiations. Please monitor BidSync for all details.
- **Parent Training RFP:** provides support to parents/families through Parent Empowerment Program (PEP) and Community Parent Education Training (COPE) models. The evaluation panel recommended provider(s). HCA is reviewing the panel's recommendation. The program is projected to start in August 2011.

Contracted Programs/RFP Updates

- **Coming to BidSync in the near future:**
 - Positive Children and Adolescent Programs: Mentoring, Resilience Building and Transitional Services
 - Screening and Assessment
 - School-based and Community Mental Health Consultants
- **RFPs are released through BidSync; please use BidSync for these releases. BidSync is used to review and submit any questions regarding open RFPs.**
- **COUNTY OPERATED PROGRAMS:**
- **First onset of Psychosis Program (OC CREW):** OC CREW began offering direct services to young people experiencing their first episode of psychosis on March 21, and will continue to provide educational opportunities about psychosis to the community at large. There were 14 referrals to the program during the first month of service, of those, 7 are currently receiving services.

Patty Rogers
CYS

- CYS Web page nearing finalization
- Contract Renewals in process
- TAY Resource Meeting June 2, 9-11 a.m.
Garden Grove community Center

Kevin Smith
Adult Mental Health Residential

- Doria Apartments in Irvine are in construction - 10 MHSA units for adults (expected before the end of the year).
- MHSA funds have been committed to 3 other projects:
 - Avenida Villas in Anaheim – 28 units for TAY;
 - San Clemente Seniors – 15 units for older adults;
 - Harper's Pointe in Costa Mesa – 7 units for Seniors.
- Several other projects have MHSA units in underwriting and are in various stages of development.

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Committee Member Comments

Sharon Browning,
Facilitator

Public Comments

Sharon Browning,
Facilitator

Next Meeting

Monday, June 6, 2011
Downtown Community Center, Anaheim
714-765-4500
