

Steering Committee Meeting

October 3, 2011

Downtown Community Center, Anaheim

Facilitator: Sharon Browning

1. Welcomed Steve Pittman, who will be the official representative from NAMI.
2. There is a retreat for Steering Committee members prior to the next meeting, November 7, from 10 a.m. – 1 p.m.

Item 1: Local/State updates – Mary Hale

1. State Updates
 - a. Reminder that some MHSA dollars are being used in this year's state budget as a one-time funding source. In future budgets, EPSDT and managed care will be under county mental health, but AB 3632 will go to education.
 - b. No decision yet on the state department split of alcohol/drug and mental health functions. There is a slim chance that there will be a state department to cover both. CMHDA and CAADPAC are watching this closely.
 - c. The criminal justice realignment (AB 109) will impact counties. Counties are preparing to deal with individuals returning to the county from prison, Probation is taking the lead on supervision. Approximately, 70% of released inmates have substance abuse issues and 30% have mental health issues. Serving these new clients will be a collaborative project with HCA, probation, sheriff's department and the courts.
2. Local issues:
 - a. OCEA and the board worked diligently toward getting back the \$48 million funds that were taken back in the last state budget.
 - b. In the area of long term care, BHS is proposing to cut beds. We are able to do this because CAT, MHSA, FSPs, and Innovation funding is available.
 - c. The BOS has asked for a white paper on Laura's Law (AB 1421).
 - d. HCA Director Dave Riley has announced that he will be retiring in January.

Item 2: JPA Update – Ann Collentine

1. CALMHSA was formed in 2009 with a goal of making PEI projects run smoothly. It represents 40 counties, with the goal of having all 58 counties in the state becoming members.
2. Statewide Projects
 - a. Initially CALMHSA was allocated \$130 million and funding is now \$140 million.
 - b. The three PEI statewide projects are one-time funded. Funds revert on June 30, 2014.
 - c. The three statewide projects are: suicide prevention, stigma reduction and student health initiative.
 - d. CALMHSA will have a liaison to every county.
 - i. CALMHSA will be participating in online forums, and work groups, to see what is needed in Orange County and which activities are Orange County specific.
3. Suicide Prevention will provide:
 - a. Didi Hirsch will have a train the trainers program soon for the Southern California Region.
 - b. Will expand bilingual services for Korean and Vietnamese language crisis line during peak hours.
 - c. Will certify 192 individuals in applied suicide intervention skills and 100 in Safe Talk Training.
4. Stigma and Discrimination Reduction

- a. Design and implement a consortium of law enforcement and those with lived experiences; act as a hub for research and data campaigns; and maintain a resource library for interested members.
 - b. Social Marketing for this program will include:
 - i. Three levels of change: inoculating children 11-13 against stigma; empowering their maturation into informed TAY 14-24; and utilizing a lifespan approach inclusive of racially, ethnically and culturally diverse populations.
 - ii. Addressing People with Power Over people with mental illness: extend the efforts of statewide network focused on MH issues.
 - iii. Orange County Specific Programs
 - 1. Anti-Stigma Artworks Network and Asian Outreach Campaign
 - iv. Intended Outcomes:
 - 1. Increased availability of age, gender, region and culture/language specific anti-stigma programs to create widespread understanding of mental health challenges and suicide risk and prevention
 - 2. Measurable reduction in public stigma toward people with mental health challenges by employers, landlords, law enforcement, mental health and health care staff, and school/college personnel.
 - 3. Measurable increase in understanding of mental health challenges and suicide risk and prevention strategies on the part of trained personnel, community gatekeepers, and peer- to-peer providers.
5. Student Mental Health Initiative – Five Programs
- i. California State University – Development of social marketing campaign focused on mental health, wellness, suicide prevention and stigma reduction. The program will be targeting higher need students such as returning veterans, disabled students, and first generation students, while using existing groups on campuses to get the word out on this project.
 - ii. California Community Colleges – Provide 12 California community colleges with mini-grants to develop services that reflect local campus needs and priorities. Provide statewide online suicide prevention gatekeeper training for faculty and staff using evidence-based programs designed for colleges and universities.
 - iii. University of California – Implement a program recognizing and responding to students in distress for faculty and staff. Provide training programs for student safety, suicide prevention, and stigma reduction. Support peer-to-peer programs on campus and improve protocols for mental health distress.
 - iv. Statewide K-12- Develop a student mental health resource directory and generate policy recommendations. Will create an Educators Guide to Recognizing Mental Health Disorders.
 - v. Regional K-12- Improve collaboration and develop county plans/protocols for PEI student mental health services. Create an online clearinghouse of age appropriate and culturally relevant evidence-based resources/information for student mental health issues.
 - vi. All of these programs are expected to improve relationships between school systems and county mental health departments; increase access to services; increased identification of early signs of mental illness; increase school attendance/performance; and reduce incidents of suicides/suicide attempts and a reduction in stigma and discrimination.
- b. Questions:
 - i. Ann answered questions from the steering committee on veterans programs for suicide prevention, counties who don't provided funding and their access to JPA programs and how money is dispersed by the state.

Item 3: MHSA Update – Bonnie Birnbaum

1. Sheryl Curl has been hired by the Center of Excellence (COE). She will be setting up a spirituality conference and program. On December 13, a 2nd spirituality training focusing on LGBT will be held. Call the COE for details.
2. Innovation project updates:
 - a. The integrated care program starts today. Mental health staff is providing services at KCS and VNCOC, while medical staff is stationed at Westminster, Santa Ana and Anaheim Mental Health clinics.
 - b. Community Cares has recruited 30 practitioners to provide pro bono services.
 - c. Project Life Coach, Children's Mental Health, and the Family-focused Crisis Management are in development
 - d. OC ACCEPT has provided 40 presentations to the community. The program has enrolled 10 consumers.
 - e. Outcome measures are being developed by UCLA, BHS managers and data staff, as well as Resources Development Associates.

Item 4: Connect the Tots – Azahar Lopez

1. Connect the Tots is a PEI Program for school readiness designed to reduce risk factors for emotional disturbance in young children and families who are homeless or at risk of being homeless.
2. Service Delivery
 - a. Workshops were open to the public at Family Resource Centers (FRC), churches, preschools, community centers, and schools.
3. Individual participation
 - a. This is when eligible families self-enroll. The programs work with the families one-on-one. This is a home based program, although home is relative to where the families can meet.
4. The teams are made up of nurses, behavioral services staff and mental health professionals.
5. The program outcomes are measured using Pre and Post testing on the ASQ-SE; ECBI, and Parenting Scales (parenting styles).
6. In FY 10/11 93 families (125 children and 105 adults) were accepted into the program; 277 people attended 21 workshops and 938 field visits were made to enrolled families.

Item 5: REI 2010/2011 Report: Nicole Demedenko

1. Services.
 - a. Despite a three month delay, 190 of 250 students were registered.
 - b. 74 student advisements were provided.
 - c. REI held 233 workshops; held 73 prevocational classes; and 9 extended education classes.
2. College Credit
 - a. REI has been working with Alliant University to gain accreditation for the classes offered.
 - b. 33 participants have completed all sessions in a workshop or class.

Item 6: Steering Committee Questions/Comments

1. In the last week, 10 units of housing were leased in the Doria Apartments located in Irvine. Residents are members of the Choices FSP.
2. Orange County will be celebrating veterans in the community at the Old County Courthouse on November 3. There will be a flyer to the Steering Committee members, but put a hold on your calendars.