



# County of Orange Mental Health Board & Alcohol and Drug Advisory Board

405 W. 5th Street  
Santa Ana, CA 92701  
TEL: (714) 834-5481  
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

**Wednesday, February 24, 2021  
9:00 a.m. – 10:45 a.m.**

Meeting Location:  
Zoom Teleconference Meeting

MINUTES  
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## BOARD OF SUPERVISORS

**Andrew Do, Chairman**  
First District

**Doug Chaffee, Vice Chairman**  
Fourth District

**Vacant**  
Second District

**Donald P. Wagner**  
Third District

**Lisa Bartlett**  
Fifth District

## MHB MEMBERS

**Michael Rose, DrPH, LCSW, Chair**

**Matthew Holzmann, Vice Chair**

Supervisor Andrew Do,  
First District

Clayton Chau, MD, PhD

Christine Costa, DNP, PMHNP-BC

Karyl Dupee, LMFT

Sandra Finestone, Psy.D.

Mark Levy

Stephen McNally

Kristen Pankratz, MSW

Courtney Smith

Jim Taylor

Nita Tewari, PhD

Joy Torres

Duan Tran, MSW

## ADAB MEMBERS

**Frederick Williams, LMFT, Chair**

**Margaret Fleitman, 1<sup>st</sup> Vice Chair**

**Lauren Slivinski, 2<sup>nd</sup> Vice Chair**

Stacey Deeble- Reynolds

Johnnie Harris

Geoffrey Henderson

Debra Kelsey

**Members Present:** Christine Costa, Stacy Deeble-Reynolds, Karyl Dupee, Johnnie Harris, Geoffrey Henderson, Matthew Holzmann, Stephan Lambert, Stephen McNally, Kristen Pankratz, Michael Rose, Lauren Slivinski, Courtney Smith, Duan Tran, Frederick Williams

**Members Absent:** Supervisor Andrew Do, Sandra Finestone, Margaret Fleitman, Debra Kelsey, Lorrain Martinez, Joy Torres

Call to Order at 9:06 a.m. by Michael Rose

## Welcome and Introductions

- Pledge of Allegiance
- Each member and attendee introduced themselves and their respective affiliation.

## Approval of Minutes – Action Item

- November 25, 2020
  - Matthew Holzmann made a motion to approve the minutes from the November 25, 2020, meeting and Nita Tewari seconded the motion with no corrections. The minutes were approved for the record. MHB Vote: Yes 10/0 No, ADAB Vote: Yes 5/0 No
- January 27, 2021
  - Jim Taylor made a motion to approve the minutes from the January 27, 2021 meeting and Matthew Holzmann seconded the motion with no corrections. The minutes were approved for the record. MHB Vote: Yes 10/0 No, ADAB Vote: Yes 5/0 No

## MHB / ADAB Member Update – Lauren Deperine

Lauren Deperine shared Information about herself and about her position at The Phoenix and what they do for recovery. The Phoenix is an organization that helps people in recovery stay sober through staying active and engaged. Through the pandemic, they have been holding online classes such as yoga, to keep members active.



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## ADAB MEMBERS

(Continued)

Stephan Lambert

Lorraine Martinez

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## HEALTH CARE AGENCY

Jeff Nagel, Ph.D.,  
Deputy Agency Director  
Behavioral Health Services

Annette Muhrditchian, LCSW  
Director of Operations  
Behavioral Health Services

Karla Perez  
Staff Specialist  
Behavioral Health Services

### Behavioral Health Services (BHS) Director's Report – Jeff Nagel

Dr. Nagel took questions in reference to the Behavioral Health Services (BHS) update memo that was sent out to the board via email. He highlighted a few additional items, including Telecare has begun providing services at the Be Well Orange Campus. This is the first Sobering station of its kind. Wellness Centers are preparing to return to in person services at a limited capacity. In addition, HCA now has a Narcotic Replacement site in South County. The OC Links line is now open 24/7, and will be able to provide linkages as well as provide crisis identification and dispatch. Moreover, there is a Youth Town Hall scheduled for March 3<sup>rd</sup>, more information will be shared via email. Finally, BHS contracted with Mind OC to do some health equity work. There will be a series of 24 listening sessions in a 2-year contract where we will receive a summary analysis that will address the needs and gaps in communities of color.

### ADEPT Update- Carolyn Secrist

Carolyn provided a brief summary review of the Stigma Free Campaign. The relaunch took place last year in late 2020, where we included a media campaign to help spread the word about stigma around mental health and substance use disorders. The current pledge count is currently at over 1,500, included in that are individual pledges, many organizations and 8 cities. For more information available at [www.Stigmafreeoc.com](http://www.Stigmafreeoc.com). During the relaunch, HCA had a street team that went out to many businesses/organizations to inform the community of the campaign.

### Old Business: Action Item

- <http://www.ochealthinfo.com/bhs/about/pi/mhsa/updates>
- Action items for 2021: Members were provided with Action Items via email and voted on their top 3 or 4 items. During the meeting the members participated in a poll and finalized their action items. The action items are as follows:
  1. Focus on Health and Equity
  2. Community Outreach with suicide prevention, eliminating stigma, participating in more mainstream activities.
  3. Student mental health: focusing on students struggling emotionally and lack of connection due to Covid. Working in collaboration with OC programs /OCDE with regard to the impact on children/youth due to Covid.
  4. Addressing Opioid and Methamphetamine overdoses and the spike in SUD incidences and relapses. Focus on long-term recovery for SUD.
  5. Suicide Prevention for youth/ distance learning.
  6. Increased Marketing and Social media/ reaching out to the community.



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#### New Business:

- Chair and Vice Chair Nominations:  
Nominations took place via roll call. Some nominations included Fred Williams as the Vice Chair and Michael Rose as the Chair. Not all members provided a nomination, however they were advised to submit any nominations via email or during the March meeting.

#### Committee Reports:

- SUD: The Provider Committee will take place on April 16<sup>th</sup> via Webex.
- Children's Task Force: They met on February 11<sup>th</sup>, Kristen shared some of the action items of the BHAB. The group received an update on the "RESET Toolbox", which is an online tool to minimize the effects of COVID.
- Finance & Resource: The committee members would like to see a by line item budget for all programs.

#### Presentation

##### *Be Well Orange County Campus*

By: Jeff Nagel, Ph.D.

Behavioral Health Director

Dr. Nagel provided a comprehensive update of the Be Well Orange Campus. The Recovery Station has served 26 clients to date. Both Crisis Stabilization Unit (CSU) programs are now open, the Adolescent CSU is the first of its kind and currently has served 4 youth and the Adult CSU has served 9 adults. Both are currently taking only voluntary admissions, but soon will be able to take those who are on a hold.

#### Public Comment

- Christine Tolbert:  
Ms. Tolbert expressed a need for involvement of the MHB and ADAB in all Be Well areas #1-4. In addition, she recommended for this to be standing item on the agenda.
- Lauren Barich:  
Ms. Barich shared her excitement to be part of this meeting and to be able to participate now on the side of law enforcement.

#### Adjournment

- 10:50 a.m.

**Officially submitted by: Karla Perez**

*\*\*Note: Copies of all writings pertaining to items in these MHB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5<sup>th</sup> Street, Santa Ana, CA 92701, 714.834.5481 or Email: OCMentalHealthBoard@ochca.com \*\**