



County of Orange Mental Health Board & Alcohol and Drug Advisory Board

405 W. 5th Street
Santa Ana, CA 92701
TEL: (714) 834-5481
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

**Wednesday, April 28, 2021
9:00 a.m. – 10:45 a.m.**

Meeting Location:
Zoom Teleconference Meeting

MINUTES

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BOARD OF SUPERVISORS

Andrew Do, Chairman
First District

Doug Chaffee, Vice Chairman
Fourth District

Katrina Foley
Second District

Donald P. Wagner
Third District

Lisa Bartlett
Fifth District

BHAB MEMBERS

Matthew Holzmann

Supervisor Katrina Foley
Second District

Lauren Deperine

Karyl Dupee, LMFT

Geoffrey Henderson

Stephen McNally

Kristen Pankratz, MSW

Michael Rose, DrPH, LCSW

Courtney Smith

Jim Taylor

Nita Tewari, PhD

Duan Tran, MSW

Frederick Williams, LMFT

Members Present: Lauren Deperine, Geoffrey Henderson, Matthew Holzmann, Mara James, Stephen McNally, Kristen Pankratz, Michael Rose, Courtney Smith, Jim Taylor, Duan Tran, Frederick Williams

Members Absent: Karyl Dupee, Supervisor Katrina Foley

Call to Order at 9:03 a.m. by Michael Rose

Welcome and Introductions

- Pledge of Allegiance
- Each member introduced themselves and their respective affiliation.

Approval of Minutes – Action Item

- March 24, 2021
 - Matthew Holzmann made a motion to approve the minutes from the March 24, 2021 meeting and Lauren Deperine seconded the motion with no corrections. The minutes were approved for the record. Yes 11/0 No.

MHB / ADAB Member Update – Kristen Pankratz

Kristen Pankratz shared information about her business as a training and grant writing organization on mental health. She provides trainings on working effectively with clients with mental health conditions to attorneys and legal aid staff, as well as a training for employers and human resources in working effectively with employees with mental health conditions. Kristen is also an outreach volunteer with DBSA for many years.

Behavioral Health Services (BHS) Director's Report – Jeff Nagel

Dr. Nagel took questions in reference to the Behavioral Health Services (BHS) update memo that was sent out to the board via email. He highlighted a few additional items, including the Board of Supervisors (BOS) appointed Jim Taylor to the BHAB on April 27, 2021. Mental Health Awareness month is during the month of May, Bhuvana Rao will provide a presentation highlighting events of the mental health awareness month. Dr. Nagel congratulated the members of BHAB on their first meeting of the Substance Use Disorder System of Care (SUDSOC) and the Mental Health System of Care (MHSOC) meetings.



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HEALTH CARE AGENCY

Jeff Nagel, Ph.D.,
Deputy Agency Director
Behavioral Health Services

Annette Mugrditchian, LCSW
Director of Operations
Behavioral Health Services

Karla Perez
Staff Specialist
Behavioral Health Services

Behavioral Health Services (BHS) Director's Report – Continued

Dr. Nagel has continued to be involved at the State Level, and would like to provide a future presentation on Cal Aims and how things are evolving at the state level. Moreover, The Silver Treehouse will begin to start taking referrals for clients 50 years of age and up. In addition, BHS County and County contracted programs are helping their clients with setting up vaccination appointments for their clients. Finally, during the month of April, BHS has been busy with taking new contracts and contract renewals to the BOS for their approval. Dr. Nagel expressed his appreciation to all members for their work and support along with sharing during the BHAB member updates.

Old Business: Action Item

- <http://www.ocalthinfo.com/bhs/about/pi/mhsa/updates>

- **Suicide Data: Karin Kalk**

Karin provided a comprehensive overview on Orange County Suicide Data from 2016 – 2021. Information included trends by year, gender, age group, and gender. In addition, Karin provided a geographic to include a view by zip code and provide a greater analysis of data. Some members were also interested in overdose death rates, Dr. Nagel informed the board that BHS is working on this project.

New Business:

- **PADs Letter of Support:**

Dr. Rose provided the board members with an email that included information on the Psychiatric Advanced Directives (PAD). Dr. Rose brought up the idea of creating a letter of support for PADs, an Innovation project. The board members engaged in a discussion on their take on PADs. Some members asked for more time to be prepared on this subject and voting on supporting a letter of support. Dr. Rose asked to continue this discussion for a later meeting.

Committee Reports:

- The Committee Reports will be sent out via email.

Presentation

Mental Health Month

By: Bhuvana Rao, Ph.D.

Children Youth Prevention Behavioral Health, BHS

Dr. Rao provided a comprehensive overview of Mental Health Awareness Month. She provided information on social media messaging and the community events calendar for May 2021. Furthermore, she provided information on Stigma Free OC which includes all of the mental health awareness events in their website.



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Public Comment

- No Public Comments were received.

Announcements:

- Mara James shared on a Zoom event, Expanding Treatment Options for the Growing Mental Health Pandemic, taking place on May 20, 2021, 12:00 pm -1:30 pm.

Adjournment

- 10:52 a.m.

Officially submitted by: Karla Perez

***Note: Copies of all writings pertaining to items in these MHB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5th Street, Santa Ana, CA 92701, 714.834.5481 or Email: OCMentalHealthBoard@ochca.com ***