



Office of Suicide Prevention

Behavioral Health Services



Creation of the Office of Suicide Prevention

- On March 12, 2019, the Board directed the HCA to allocate \$600,000 to create a countywide suicide prevention initiative with the goal of increasing awareness and accessibility to available resources.
- On October 6, 2020, the Board directed the County Executive Officer and HCA Director to create an Office of Suicide Prevention to further support these countywide efforts.

Office of Suicide Prevention (OSP)

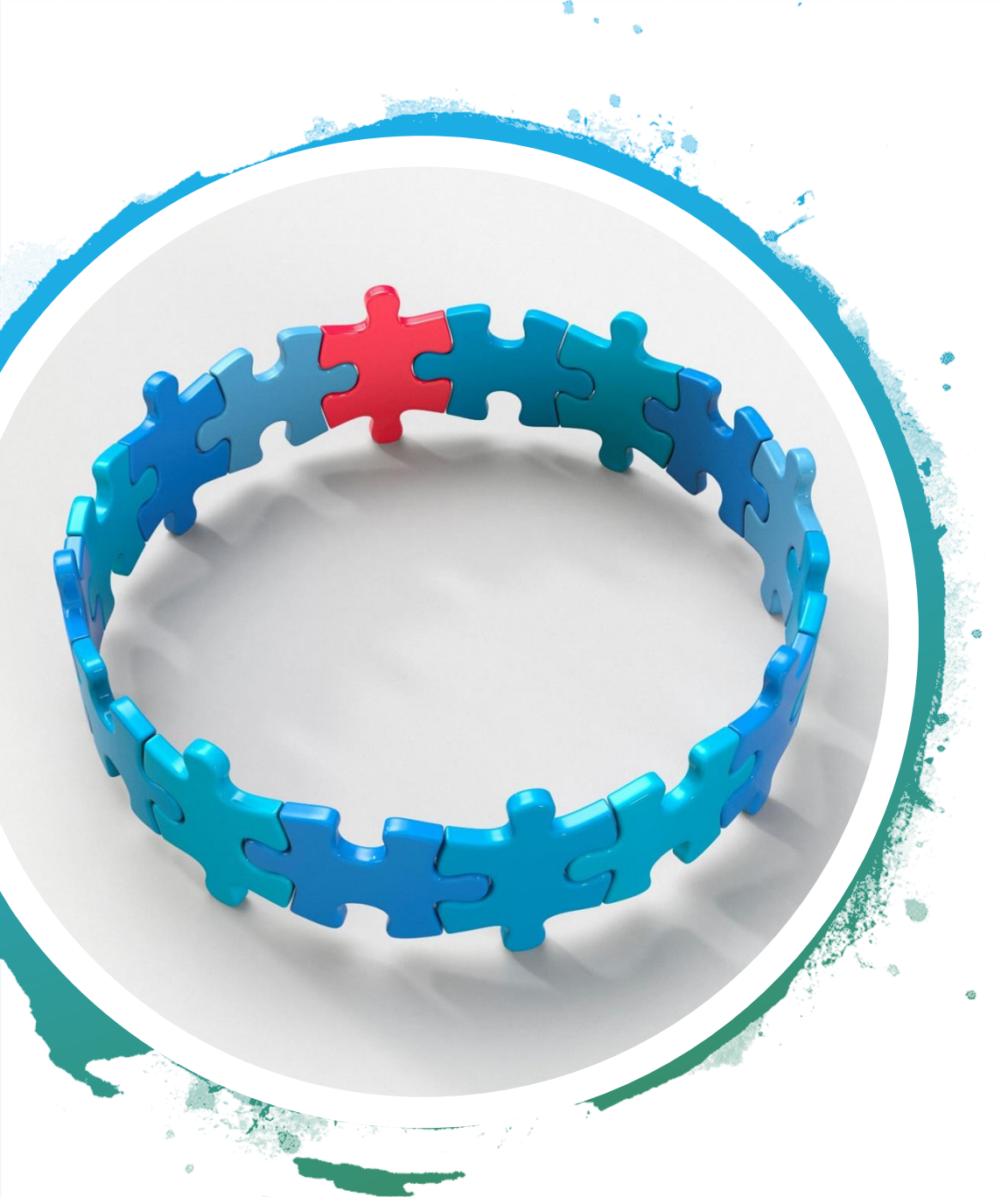
- The Office of Suicide Prevention will coordinate suicide prevention efforts at the HCA and interface with local and statewide initiatives to identify and facilitate the implementation of evidence-based and promising suicide prevention activities in OC.



Comprehensive Approach to Suicide Prevention

- The OC Health Care Agency has a comprehensive array of suicide prevention services that are designed to support individuals of all ages who are experiencing, or at risk of experiencing, a behavioral health condition, including a crisis.
- Services at the OSP will focus on the upstream programs to :
 - Educate and raise awareness
 - Increase connectedness
 - Build life skills
 - Provide emotional support
 - Increase resilience and help seeking
 - Postvention support





OSP Activities

- **Implement State funding for programs:**
 - Mental health community education and awareness
 - Stigma reduction programs
 - Outreach/networking
 - Local Suicide Prevention hotline and postvention services
 - Liaison with Prevention and Intervention Division's programming
- **Collaborate with Stakeholders:**
 - County
 - Community
 - CalMHSA/Each Mind Matters for Mental Health and Suicide Prevention awareness month campaign activities
- **Community Suicide Prevention Initiative**
 - Align with State's Zero Suicide Plan
 - Implement projects for identified higher risk groups
- **Data Dashboard**

Staff at the OSP

- Bhuvana Rao, Division Manager
- Administrative Manager Vacant
- Olga Gore, Health Program Specialist
- Rebeka Sanchez, Health Program Specialist



Thank You



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