

BHEC Steering Committee Meeting

Meeting Minutes

September 9, 2021

Facilitated by: Deana Helmy, County Co-Chair and Illiana Soto- Welty, Community Co-Chair

In Attendance: Nguyen, Kelvin; McCleese, Belinda; Whetsell, Brittany; Arnot; Michael; Renteria, Teresa, O'Brien, Brett; Nagel, Jeff; Tran, Duan; Murgiditchian, Annette; Thornton, April; Eftekharzadeh, Sohail; Amirshahi, Bijan; Pham, Lu; Josie

I. Welcome and Introductions

- Community Co Chair Illiana Welty opened the meeting.
- Members introduced themselves and their programs.

II. Resignation of County Co Chair: Bijan Amirshahi

- Bijan will resign from county co-chair after 4 years. He will remain the Ethnic Services Manager.
- Bijan spoke about his time as the Co-chair and gave thanks to the committee members and HCA leadership for all their work and support.
- Members Sohail Eftekharzadeh, Jeff Nagel, and Illiana Soto-Welty shared their kind words with Bijan.

III. Announcing of New County Co Chair

- Jeff Nagel announced that the County has nominated Deana Helmy as the next BHEC Co Chair.
- Deana's accomplishments and background were shared with the committee. Deana holds an MBA from UCI, has been an active member of this committee, she has helped produce culture corner, overseen the spirituality committee as well as many trainings for BHTS. She also supports Arabic translation with the MDP program, as well as involved in many community organizations.
- Deana expressed her gratitude and excitement for the work to come.

IV. Minutes / Bylaws

- Minutes motioned to approve by Sohail and Duan.
- Illiana suggested adding to the bylaws that they are subject to change.
- Deana and Teresa both expressed that there were a few corrections to the committee's name.

- Discussion of Consensus for decision making and then to the Rosenburg's rules of order. Illiana would like more time for committee to review that piece.
- Jeff Nagel corrected the part of the Bylaws that the BHEC is within Behavioral health, but the advisory would be to Jeff Nagel as well as the Office of Population and Health Equity.
- Jeff Nagel answered that BHEC will be in direct connection with the Office of Population and Health Equity as well as our members who are also part of these other committees be the bridge to connect with our committees such as the MHSAs Steering Committee and the BH Advisory Board.
- Committee suggests making updates before approving the bylaws and suggests bylaws be approved and co-chairs feel ready before we have the larger BHEC Meeting.

V. Sub Committee Reports

- Michael Arnot presented for the Education and Community Relations workgroup. Activities they are currently working on include: Bringing awareness to the community about who we are, personally inviting others to join and/or rejoin us, Conduct community relations survey of past participants.
- Kelvin Nguyen presented on the Threshold Language population Workgroup. Working on a mission and vision statement. Kelvin asked for thought on breaking the committee into separate threshold languages.
- Lu Pham presented on the LGBTQ workgroup. 15 members from various county and community groups. Goals include partnering with community collaboratives and find ways to bridge and enhance relationships, as well as increasing the utilization of NHS Services and creating a trust in the community.
- Deana Shared the work of the Spirituality subcommittee which includes the creating of the mission statement as well as proposed projects such as Townhall meeting and creating policies to integrate spirituality into county wide assessments.
- We will follow up with April Thornton next meeting for an update on the Black and African American Workgroup.

VI. Open Steering Committee Seats

- Illiana mentioned that there is one county, and two community seats open on the Steering Committee.
- Co-chairs asked members to bring the information back to the workgroups to encourage participation.
- There may also be another potential spot for the county if Dr. Rao may be busy. Brett O'Brien suggested having someone from her office if she is unable to continue attending.
- Illiana mentioned noting to add the process of electing new co-chairs to the bylaws.