

ORANGE COUNTY EMERGENCY MEDICAL SERVICES ADVANCED LIFE SUPPORT STANDING ORDERS/TREATMENT CRITERIA SPECIAL DEPLOYMENT (FIRELINE / TACTICAL MEDICAL /ALS AIR RESCUE) ALS STANDING ORDERS

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Org. Date: 11/01/2016
Revised: 11/17/2021

GENERAL ALS PROCEDURES

Orange County Accredited ALS personnel who are deployed on fireline, tactical, or air rescue duty *may use any applicable Orange County*<u>Standing Order</u>: this document is for ease of reference during special deployment: <u>Use field judgment for any of the following:</u>

- 1. Use any BLS Standing Order.
- 2. Cardiac Monitor and interpret rhythms and 12-lead ECGs.
- 3. Establish IV or saline lock vascular access.
- 4. Provide 250 mL IV fluid challenges to maintain circulation.
- 5. BVM assisted ventilation.
- 6. Advanced Airway (endotracheal intubation, Combitube, King Airway) with confirmation of proper placement and ventilation.
- 7. Pulse oximetry; if oxygen saturation less than 95%, give:
 - ► High-flow oxygen by mask or nasal cannula as tolerated.
- 8. Obtain blood glucose determination and if less than 60 (or 61-80 and suspected hypoglycemia based on history and symptoms), administer:

Adult/Adolescent:

- ► Oral glucose preparation, if airway reflexes are intact; OR
- ► 10% Dextrose 250 mL IV; OR
- ► Glucagon I mg IM if unable to establish IV.

Pediatric - Blood glucose less than or equal to 60:

- ► Oral glucose preparation, if airway reflexes are intact; OR
- ▶ 10% Dextrose 5 mL/kg IV (maximum 250 mL); OR
- ► Glucagon 0.5 mg IM if unable to establish IV.

Note: IO access may be used for dextrose administration when patient is unconscious with blood glucose < 60, unable to establish IV and there is no response to IM glucagon.

- 9. Intraosseous placement in cardiac or traumatic full arrest.
- 10. For respiratory depression or suspected narcotic overdose:

Adult/Adolescent:

► Naloxone 2 mg IN/IM or 0.8 mg IV titrate to effect; OR Naloxone 4 mg/0.1 mL nasal spray preload IN; Repeat IN, IM, or IV every 3 minutes as needed to maintain breathing Pediatric:

► Naloxone 0.1 mg/kg IN/IM/IV; OR

Naloxone 4 mg/0.1 mL nasal preloaded inhaler IN;

Repeat IN, IM, or IV every 3 minutes as needed to maintain breathing

RESPIRATORY DISTRESS AND FAILURE

Respiratory Failure (unconscious with apnea or hypoventilation)

- Assist ventilations with BVM and
- ▶ If older than 14 years of age (40 kg or more), establish advanced airway

Smoke Inhalation/Wheezing/Suspected Asthma

- ► High flow oxygen regardless of pulse oximetry reading.
- ► Albuterol 5 mg continuous nebulization; OR
 Albuterol metered dose inhaler, 2 puffs every 2 hours
 Adult Pulmonary Rales/Suspected CHF
- ► High flow oxygen when O₂ Sat less than 95%.
- ► CPAP when available to maximum 10 cmH₂O.
- Nitroglycerin:

SBP > 100 systolic give 0.4 mg (1 puff or 1 tablet). SBP > 150 systolic give 0.8 mg (2 puffs or 2 tablets).

SUSPECTED CARDIAC CHEST PAIN (ADULT)

- ► Aspirin 324 (or 325 mg) chewed, if not contraindicated.
- ► Nitroglycerine 0.4 mg SL, may repeat twice if BP > 90 systolic.
- ▶ 12-lead ECG.
- ► Morphine sulfate 5 mg IV (or Fentanyl 50 mcg IV); may repeat for continued pain after 3 minutes if BP systolic > 90.

SEIZURE/CONVULSION (ONGOING)

Adult/Adolescent:

Midazolam 10 mg IM preferred or IN, or 5 mg IV. May repeat IV dose in 3 minutes for ongoing or recurrent seizure.

Pediatric:

Midazolam 0.2 mg/kg IM preferred or IN (maximum dose 10 mg), or 0.1 mg/kg IV (maximum dose 5 mg). May repeat IV dose in 3 minutes for ongoing or recurrent seizure.

ALTERED LEVEL OF CONSCIOUSNESS

- Obtain blood glucose and if < 80, treat per General ALS Procedure (as described in # 8 in left-hand column).
- 2. If suspected narcotic overdose, treat per General ALS Procedure (as described in # 10 in left-hand column)

HEAT STRESS OR ILLNESS / SIGNS OF POOR PERFUSION

Adult/Adolescent (lungs clear to auscultation):

- ► Normal saline 250 mL IV bolus, may repeat up to 1 liter total to maintain perfusion.
- For overheating conditions, apply cooling measures.

Pediatric (lungs clear to auscultation):

- Normal saline 20 mL/kg (maximum 250 ml) IV/IO bolus and make BHC; may repeat twice for total of three boluses to maintain perfusion.
- ► For overheating conditions, apply cooling measures.

ALLERGIC REACTION/ANAPHYLAXIS

Pulses Present and Airway Clear

Adult/Adolescent:

► Epinephrine 0.5 mg IM (1 mg/mL) once.

Pediatric:

► Epinephrine 0.01 mg/kg IM (1 mg/mL) to maximum of 0.5 mg. If Wheezing: (Treat per Respiratory Distress in left-hand column)

Absent Pulse or Impending Airway Obstruction

Adult/Adolescent:

- ► Epinephrine 0.3 mg IV/IO (1 mg/10 mL) or 0.5 mg IM (1mg/mL)
- Normal saline IV bolus 250 mL, continue to 1 liter total if lungs clear to auscultation.
- ► Diphenhydramine (Benadryl) 50 mg IV/IM/IO once.

Pediatric

- ► Epinephrine 0.01 mg/kg IV/IO (1 mg/10 mL) maximum IV dose 0.3 mg OR 0.01 mg/kg IM (1 mg/mL) maximum IM dose of 0.5 mg.
- ► Normal saline 20 mL/kg (maximum 250 ml) IV/IO bolus and make BHC; may repeat twice for total of three boluses to maintain perfusion.
- ► Diphenhydramine 1 mg/kg IV/IM/IO once, maximum dose 50 mg.

TRAUMA / EXTREMITY AND SKELETAL INJURY

Hypotension / Poor Perfusion/Traumatic Arrest

Adult/Adolescent:

Normal saline 250 mL bolus IV/IO, continue infusion to maintain perfusion.

Pediatric

► Normal saline 20 mL/kg (maximum 250 ml) IV/IO bolus and make BHC; may repeat twice for total of three boluses to maintain perfusion.

Extremity Injury/Burn/Crush with Pain and BP > 90 systolic

Adult/Adolescent:

► Morphine 5 mg IV/IO/IM (or Fentanyl 50 mcg IN/IM/IV/IO); may repeat same dose for continued pain after 3 minutes.

Pediatric:

Morphine 0.1 mg/kg IV/IM/IO (maximum dose 5mg) or Fentanyl 2 mcg/kg IN/IM/IV/IO, not to exceed 50 mcg); may repeat after 3 minutes.

Approved: Callelle M.

Review Dates: 06/17, 11/21 Final Date for Implementation: 04/01/2022 OCEMS copyright © 2021