



**COUNTY OF ORANGE  
HEALTH CARE AGENCY**

**BEHAVIORAL HEALTH  
ADVISORY BOARD**

MICHAELL ROSE, DrPH, LCSW  
CHAIRWOMAN

FREDERICK WILLIAMS, LMFT  
VICE CHAIR

MAILING ADDRESS:  
405 W. 5<sup>th</sup> Street  
Santa Ana, CA 92701

**Mental Health and Substance Use Disorder  
System of Care Meetings  
NOTES**

**Wednesday, December 8, 2021**

9:00 a.m. – 10:45 a.m.

**Teleconference meeting via Zoom**

**By Computer:** <https://zoom.us/j/99364554212>

**By Phone:** +1 301 715 8592

**Meeting ID:** 993-6455-4212

**Members Present:** Karyl Dupee, Matthew Holzmann, Mara James, Steve McNally, Kristen Pankratz, Michael Rose, Courtney Smith, Nita Tewari, Duan Tran, Frederick Williams

**Members Absent:** Jim Taylor, Supervisor Katrina Foley, Lauren Deperine

**I. Welcome & Introduction: Michael Rose**

- Meeting began at 9:04 a.m. Members of the Behavioral Health Advisory Board (BHAB) introduced themselves via roll call.
- Dr. Nagel thanked Dr. Rose and Fred Williams for their leadership and service on the board for the last year. He also welcomed the new Chair and Co Vice Chairs, Matt Holzmann, Duan Tran and Steve McNally. He acknowledged that Dr. Rose will also be stepping down from the Behavioral Health Advisory Board (BHAB) and thanked her for her many years of service. He noted that his last day with the Health Care Agency will be on January 13 and his replacement Dr. Veronica Kelley will be starting on December 17 and that he will introduce her to the BHAB.

**II. Public Comment**

- Johnice Williams announced a toy drive and resource fair and the link to the flyer for the event was put into the chat box.
- Christine Tolbert from the State Council on Developmental Disabilities announced that the Council is looking for someone to serve and fill spots on the state council or on local advisory committees. She posted a link with more information in the chat box.
- Matt Holzmann asked when in person meetings will resume and Dr. Nagel stated that he would consult with the Public Health Officer for an answer.
- Diana Heineck sent an email that she had a public comment but was having technical difficulties. A

member from the Outreach and Engagement team will follow up with her.

### III. Presentation

- *Enhancing Community Engagement and Partnership Building -Plan to Create an Agency Wide Structure*  
Karin Kalk introduced a preliminary plan for the creation of an approach to enhance community engagement and partnership building that will address disparities in health and wellbeing across the county. The Health Care Agency (HCA) wants to ensure that the decisions and actions taken reflect community perspective and roles. Representation will include individuals from all identified disproportionately impacted populations, as well as providers and HCA staff. There will be a work group formed that will provide recommendations on building this structure with a focus on a comprehensive agency wide approach. They will also provide guidance on how to transition from the current structure to a new structure. A neutral, outside agency will help facilitate this ongoing plan, and noted this as a good practice when asked by Nita Tewari. The presentation included charts of planned and current community convenings and planning activities within the county. She noted that there is some redundancy within this structure and HCA would like to reduce these redundancies as well as include an oversight entity in the planning. Steve McNally had questions about who was involved in the drafting process of this plan and how would it help consumers and families. Matt Holzmann also noted that this planning process seems like a complex response to a simple issue and is too bureaucratic. Karin Kalk noted that this preliminary structure was created internally within the HCA and that what is shown is not the result, but a plan. The actual structure will be created by the workgroup with a neutral facilitator, and this workgroup will have data to make informed decisions. Steve McNally stated that the messaging was confusing regarding the Mental Health Services Act (MHSA) Steering Committee being moved into the HIP structure and it is unclear as to what occurs within the other meetings within the county. He also noted that this plan doesn't appear to have accountability and feels that the idea is to tighten up this plan. He also noted he would like the presentation materials to be sent to him. Karin Kalk clarified that the overall goal is to create a workgroup to provide guidance on what structure will best lead to an integrated, whole person, whole county approach, that will create shared action more effectively. Karin will follow up to provide information regarding the makeup of the workgroup and the MHSA office will follow up with providing Steve McNally a printed version of the presentation materials.

### IV. SUDSOC and MHSOC Breakout Sessions

Substance Use Disorder System of Care (SUDSOC)

Mental Health System of Care (MHSOC)

- **SUDSOC Breakout Discussion: 10-15 minutes**

Matt Holzman noted that he had sent an email to the Board of Supervisors and their assistants about the need for Fentanyl education and community involvement and copied other BHAB members including Dr. Rose and Fred Williams which included about 6 BHAB members. After being told by Dr. Chau that doing this was a violation of the Brown Act, this member felt that the email did not include a quorum of members, so it was not a violation. The members asked about the response to the Fentanyl letter that they had originally sent to the BOS and whether it had been received or not. Annette Mugrditchian stated that it was sent on September 30, but that there was no information on whether the BOS had received the letter or what would happen in response to the letter. There were concerns that the BOS was not listening to BHAB recommendations. They discussed the possibility of asking the BOS about this at a public board meeting and having the BHAB appointees follow up on this with the Supervisors to see how the BHAB could help address the problem. Diana Heineck was able to connect during the breakout session and was concerned about an incident that occurred at her facility. She noted that she has ideas of things to do and would like support. Matt Holzmann offered to connect with her after the meeting for assistance.

- **MHSOC Breakout Discussion: 10-15 Minutes**

Dr. Michael Rose brought up an NPR article about the Surgeon General report that revealed the rising mental health problems with youth in our country. The report stated that issues like depression and bullying are on the rise. It emphasized the point that children are increasingly negative about their own self-worth. The group was encouraged to identify related issues that need addressing. Karyl Dupee noticed an increase of struggling youth in her private practice. Duan Tran recognized that more students have dropped out this semester than ever before. He suggested that COVID might play a role in that upsurge. Lori Maze, who works in the juvenile court, felt her recent experiences were applicable to the discussion. The problems her population suffers through are often forgotten. Dr. Rose also noted the unique challenges that LGBTQ and special needs youth endure. Bhuvana Rao described a program called Connect OC that serves the Transitional Age Youth population. She felt that the surgeon general report would be of great interest to them. Duan Tran promised he will work to address the issue further.

**V. Feedback from Breakout Sessions:**

- The members returned to the main session and shared some of the items and topics that each committee discussed during their breakout sessions.

**VI. System of Care Shared Items:**

- New advocacy issues
  - Steve McNally noted that on December 15 an assembly meeting will be held about changing the state of California LPS conservator process. He will put links in chat and request that the information be sent out to all community members. He also wanted to acknowledge the Be Well facility that hosted Stacy Dagleish from the LA Mental Health Commission. He noted that there was a problem with OC ambulances restricting direct transportation to the Crisis Stabilization Units and he will try and find out more information on this. He also noted that individuals can call OC Links or the Be Well facility to get a referral to the site even though they don't take walk up clients.

**VII. Announcement:**

- BHAB Annual Retreat will be held on January 26, 2022. The date was noted in the chat box.
- Dr. Rose thanked the BHAB members, Fred Williams, the MHSA office staff, Behavioral Health Services and Dr. Nagel for their support during her time on the BHAB.
- Fred Williams also thanked Dr. Rose for her support.

**VIII. Adjournment**

- Meeting ended at 10:47 a.m.
- The next meeting will be the BHAB System of Care Meeting on January 12, 2021.