






# How to Get Food Help in Orange County – 4/2022

Organization	Ask About These Programs	Contact Info
	<ul style="list-style-type: none"> <li>• SNAP</li> <li>• CalFresh Expedited Services</li> <li>• Restaurant Meals Program</li> <li>• CalFresh &amp; Farmers Markets</li> <li>• Market Match Program</li> </ul>	<p>For interactive assistance: (714) 541-4895            For live assistance: (800) 281-9799  <a href="http://www.MyBenefitsCalwin.org">www.MyBenefitsCalwin.org</a>  <a href="http://www.getcalfresh.org">www.getcalfresh.org</a>  <b>Restaurant Meals Program Locations:</b>  <a href="http://ssa.ocgov.com/calfresh/calfresh/rmp_locations">http://ssa.ocgov.com/calfresh/calfresh/rmp_locations</a></p>
	<ul style="list-style-type: none"> <li>• Pre-Screening for CalFresh Program</li> <li>• CalFresh &amp; Farmers Markets</li> <li>• Senior Meals Programs (Congregate or Home Delivered Meals)</li> <li>• Additional Food Assistance Programs</li> </ul>	<p>Call 2-1-1 or (888) 600-4357 (toll free) 24-hrs  <a href="http://www.211oc.org">www.211oc.org</a>  <b>Farmers Markets &amp; CalFresh:</b>  <a href="https://ocfoodhelp.org/farmers-markets/">https://ocfoodhelp.org/farmers-markets/</a></p>
	<ul style="list-style-type: none"> <li>• Pre-Screening for CalFresh Program</li> <li>• The Emergency Food Assistance Program (TEFAP or EFAP)</li> <li>• Commodity Supplemental Food Program (CSFP)</li> </ul>	<p>(714) 897-6670  <a href="http://www.ocfoodbank.org">www.ocfoodbank.org</a></p>
	<ul style="list-style-type: none"> <li>• Kids Cafe and Summer Meals</li> <li>• Child and Adult Care Food Program (CACFP)</li> <li>• School Pantry and College Pantry</li> <li>• The Emergency Food Assistance Program (TEFAP or EFAP)</li> <li>• Mobile Pantry</li> <li>• Senior Grocery Program</li> <li>• Park-it-Market</li> </ul>	<p>Call 2-1-1 or text your zip code to 898-211  <a href="http://www.OCFoodHelp.org">www.OCFoodHelp.org</a></p>
	<ul style="list-style-type: none"> <li>• Nutrition education &amp; supplemental foods</li> <li>• Breastfeeding support</li> <li>• Farmers' Market vouchers</li> </ul>	<p>888-WIC-Works (888-942-9675)  <a href="https://myfamily.wic.ca.gov/">https://myfamily.wic.ca.gov/</a></p>

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Organization	Ask About These Programs	Contact Info
	<ul style="list-style-type: none"> <li>• Free and Reduced-Price Lunch</li> <li>• Free and Reduced-Price Breakfast</li> </ul>	<p><b>Contact your local school district.</b></p>
	<ul style="list-style-type: none"> <li>• Child and Adult Care Food Program (CACFP)</li> <li>• Senior Meals Programs (Congregate or Home Delivered Meals)</li> <li>• Senior Farmers Market Nutrition Program (SFMNP)</li> </ul>	<p><b>(800) 510-2020</b></p> <p><a href="http://officeonaging.ocgov.com">http://officeonaging.ocgov.com</a></p>
	<ul style="list-style-type: none"> <li>• Nutrition education &amp; physical activity supports</li> <li>• Policy Systems &amp; Environmental Changes</li> </ul>	<p><b>Catholic Charities of OC: (714) 347-9611</b>  <b>OC Health Care Agency: (833) 464-4562</b></p>
	<ul style="list-style-type: none"> <li>• Nutrition education supports</li> <li>• Master Food Preserver Program</li> </ul>	<p><b>Nutrition Education: <a href="https://ucanr.edu/sites/EFNEP_OC/">https://ucanr.edu/sites/EFNEP_OC/</a></b></p> <p><b>Master Food Preserver: <a href="https://ucanr.edu/sites/MFPOC">https://ucanr.edu/sites/MFPOC</a></b></p>
	<ul style="list-style-type: none"> <li>• Supports for food security and reduction of food waste</li> </ul>	<p><a href="http://www.aboundfoodcare.org/">http://www.aboundfoodcare.org/</a></p>