

Orange County Early Childhood Services

Mental Health Services Act Informational and Planning Meeting

Monday, August 15, 2022

1:00 – 2:30 p.m.

Zoom Meeting

<https://zoom.us/j/95720185359>

Meeting ID: 957 2018 5359

Pass code: 402453

Call in numbers:

(669) 900-6833

(253) 215-8782



WELLNESS · RECOVERY · RESILIENCE



Agenda



01. Welcome

02. EDI and Strong Start Index

Limor Zimskind – First 5 Consultant

03. Prevention and Early Intervention Services

Sandy Avzaradel – Start Well

Claudia Espinoza – School Readiness

Raquel Williams - Health Care Agency

04. Discussions

1. Biggest Behavioral Health needs for Young Children and Families
2. Biggest challenge in accessing services for Young Children and Families

05. Closing

Survey link

Introduction

Thank you all for joining us today!

The MHSA office is continuing the Community Planning Process for the three-year plan for FY 2023/24 – 2025/26. This is the second in a series of monthly community meetings with various MHSA related topics.

The format of the meetings will be informational presentations by subject matter experts followed by questions, discussion, and community input.



Introduction

For the past number of years, the MHSA office has received interest on the discussion of Early Childhood services, particularly those 0-5.

If you are a consumer, family member, or general community member (non-provider), you are eligible for a \$20 gift card for your participation today. A survey link will be provided at the end of the meeting.



Targeting Family Needs with Data

August 15, 2022





Using Data to Support our Work

First 5 Orange County uses population-level data to support its work, including:

- Early Development Index

What is the Strong Start Index?

- First 5 Association of California and Children's Data Network launched the Strong Start Index
- Using existing data, the Index summarizes the conditions into which children are born
 - **Updated regularly**
 - **Based on 12 indicators**

12 Strong Start Indicators

Health

- Legal parentage established at birth
- Born to non-teen parents
- Born to parents with at least a high school diploma

Family

- Healthy birthweight
- Absence of congenital anomalies, abnormalities, or complications at birth
- Absence of transmissible (mother-to-child) infections

Service

- Access to and receipt of timely prenatal care
- Receipt of nutritional services (WIC) if eligible
- Hospital with high percentage of births with timely prenatal care

Financial

- Ability to afford and access healthcare
- Born to a parent with a college degree
- Born to parents with employment history



MAP LAYER

County

RESET

ZOOM IN TO

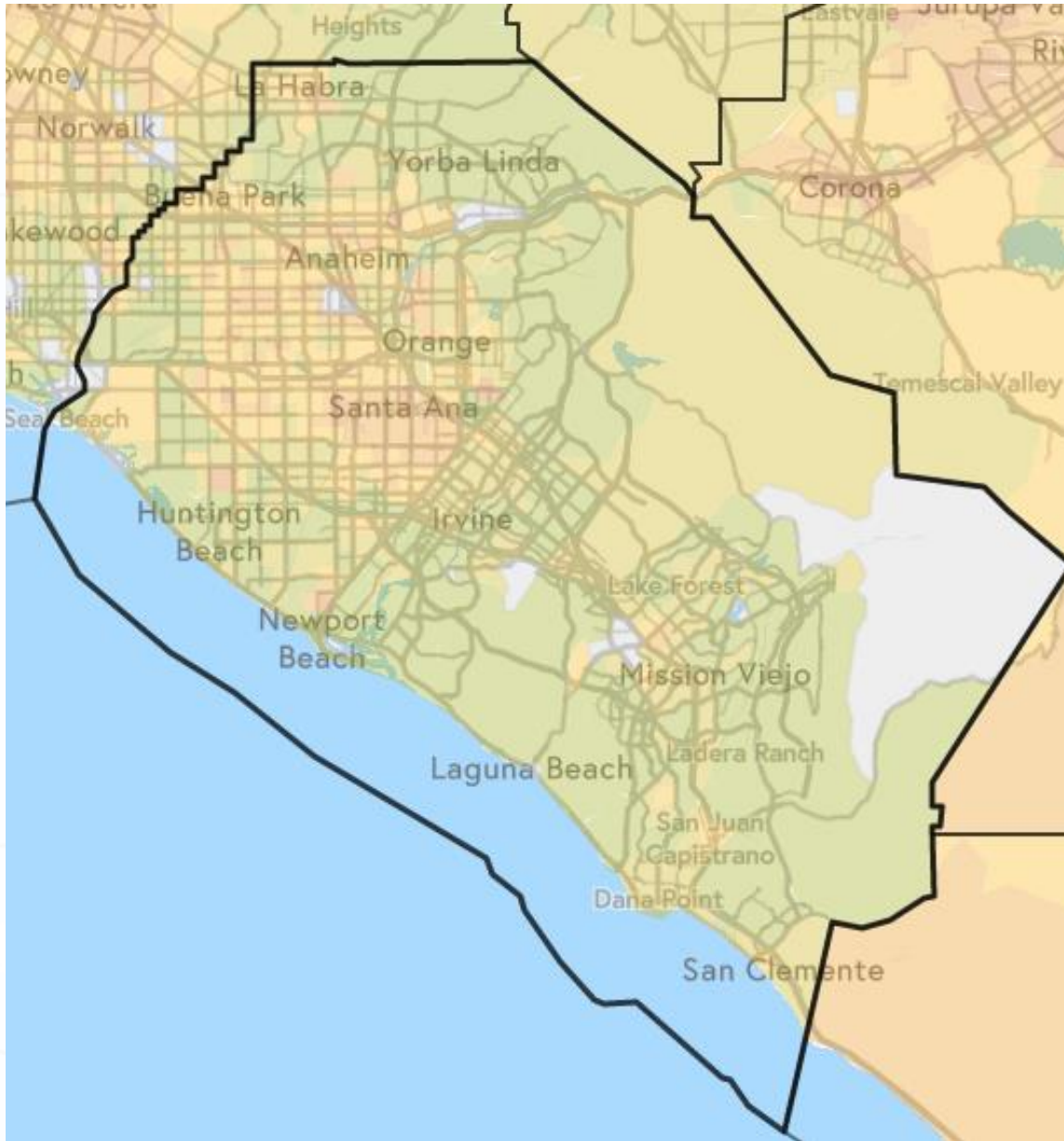
Orange

Type in a ZIP code

FILTER BY QUINTILES

All

- 81-100%
- 61-80%
- 41-60%
- 21-40%
- 0-20%



Strong Start Scores

Birth Cohort Year

2019 +

Orange

34,812 Births
10.2 Average Score

California

444,822 Births
9.4 Average Score

County Births

12	10,429 babies
11	7,914 babies
10	5,751 babies
9	4,738 babies
8	2,744 babies
7	1,506 babies
6	896 babies
5	458 babies
4	213 babies
3	62 babies
2	13 babies
≤1	< 11 babies

What is the Early Development Index (EDI)?

- Population level assessment of children's readiness for kindergarten
- Teacher completed checklist conducted in second half of school year
- Data available at different geographies (cities, neighborhoods, etc)
- EDI has value and potential to support your work!

EDI Domains & Sub-Domains



Physical Health and Well-being

- Physical readiness for school work
- Physical independence
- Gross and fine motor skills

Social Competence

- Overall social competence with peers
- Respect and responsibility
- Approaches to learning
- Readiness to explore new things

Emotional Maturity

- Prosocial and helping behavior
- Anxious and fearful behavior
- Aggressive behavior
- Hyperactive and inattentive behavior

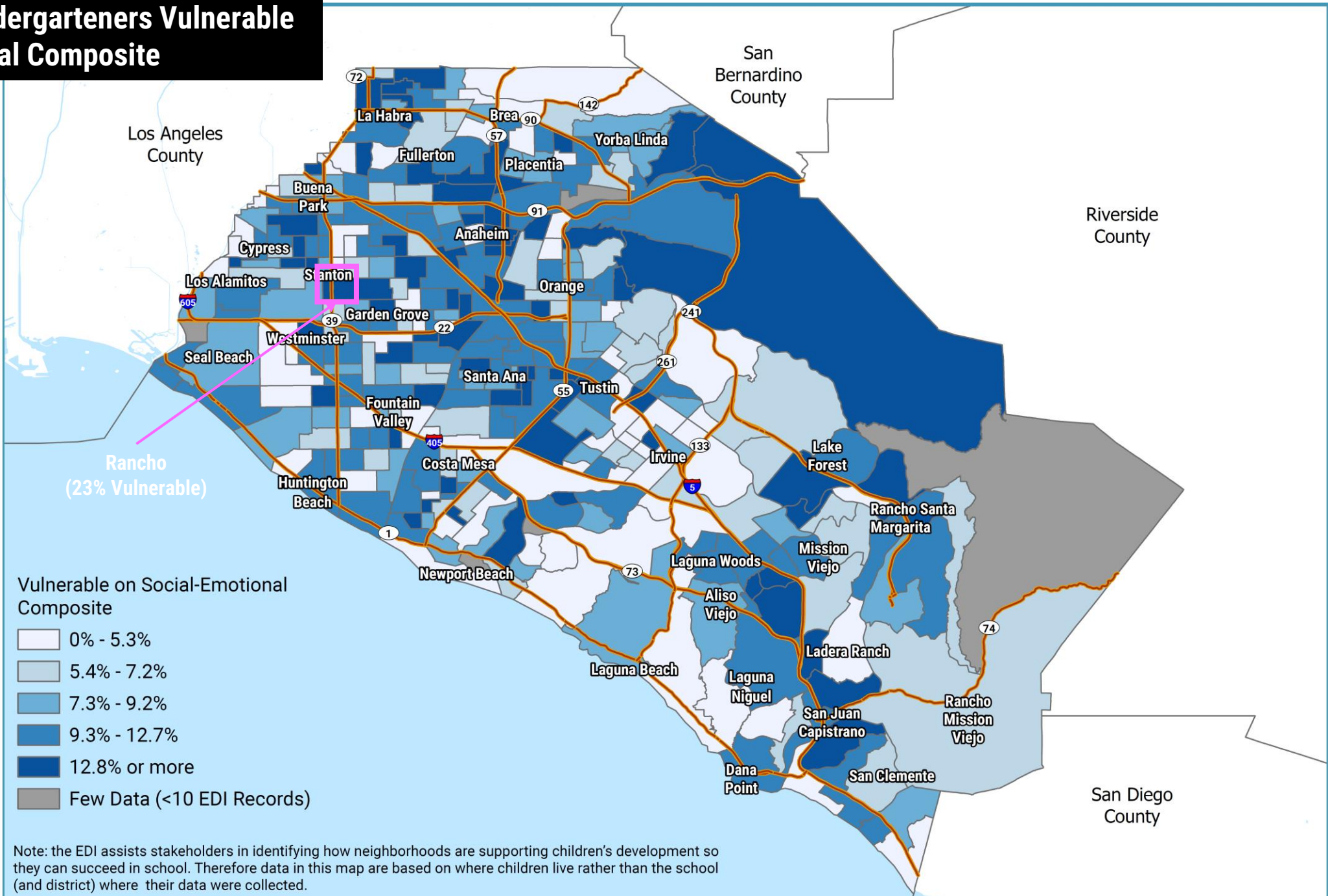
Language & Cognitive Development

- Basic literacy skills
- Interest in literacy/numeracy and memory
- Advanced literacy skills
- Basic numeracy skills

Communication skills & general knowledge

- Communication Skills and General Knowledge

Percentage of Kindergarteners Vulnerable on Social-Emotional Composite

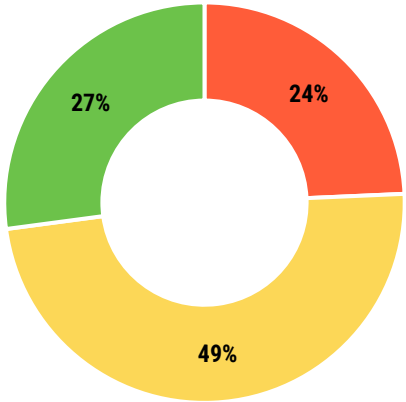


Note: the EDI assists stakeholders in identifying how neighborhoods are supporting children's development so they can succeed in school. Therefore data in this map are based on where children live rather than the school (and district) where their data were collected.

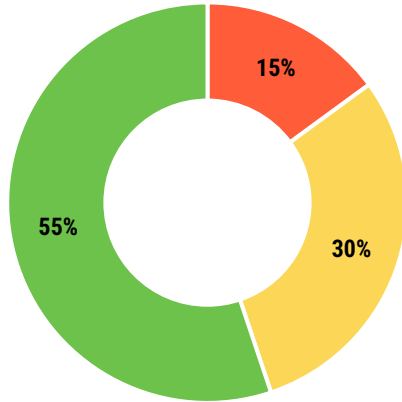


Social Competence

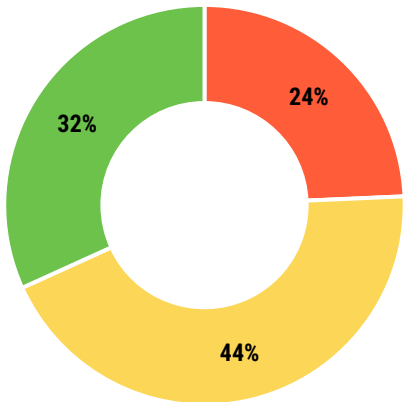
Overall social competence with peers



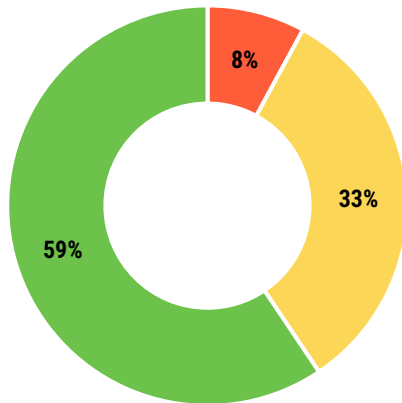
Respect and responsibility



Approaches to learning



Readiness to explore new things

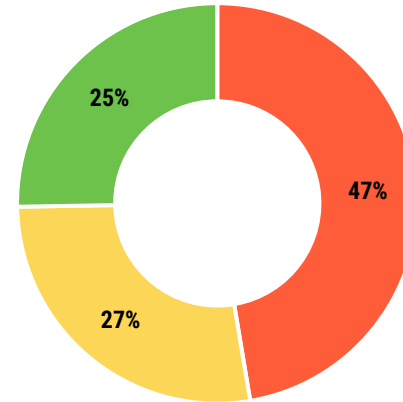


- Ready
- Somewhat Ready
- Not ready

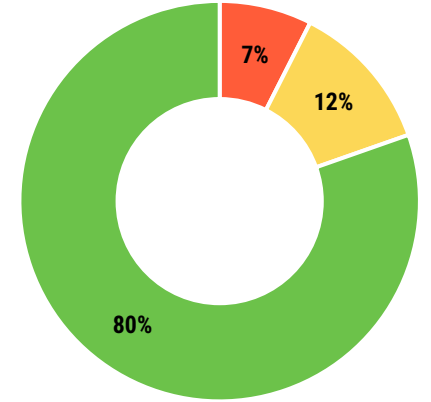


Emotional Maturity

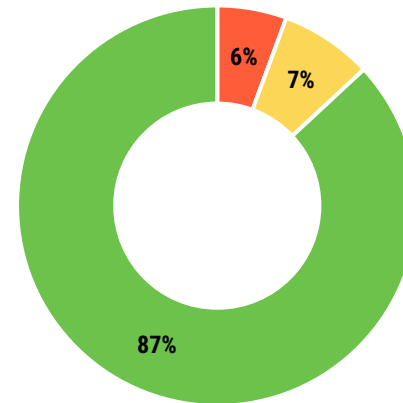
Prosocial and helping behaviour



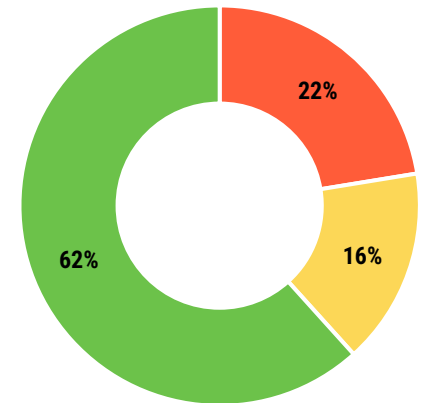
Anxious and fearful behaviour



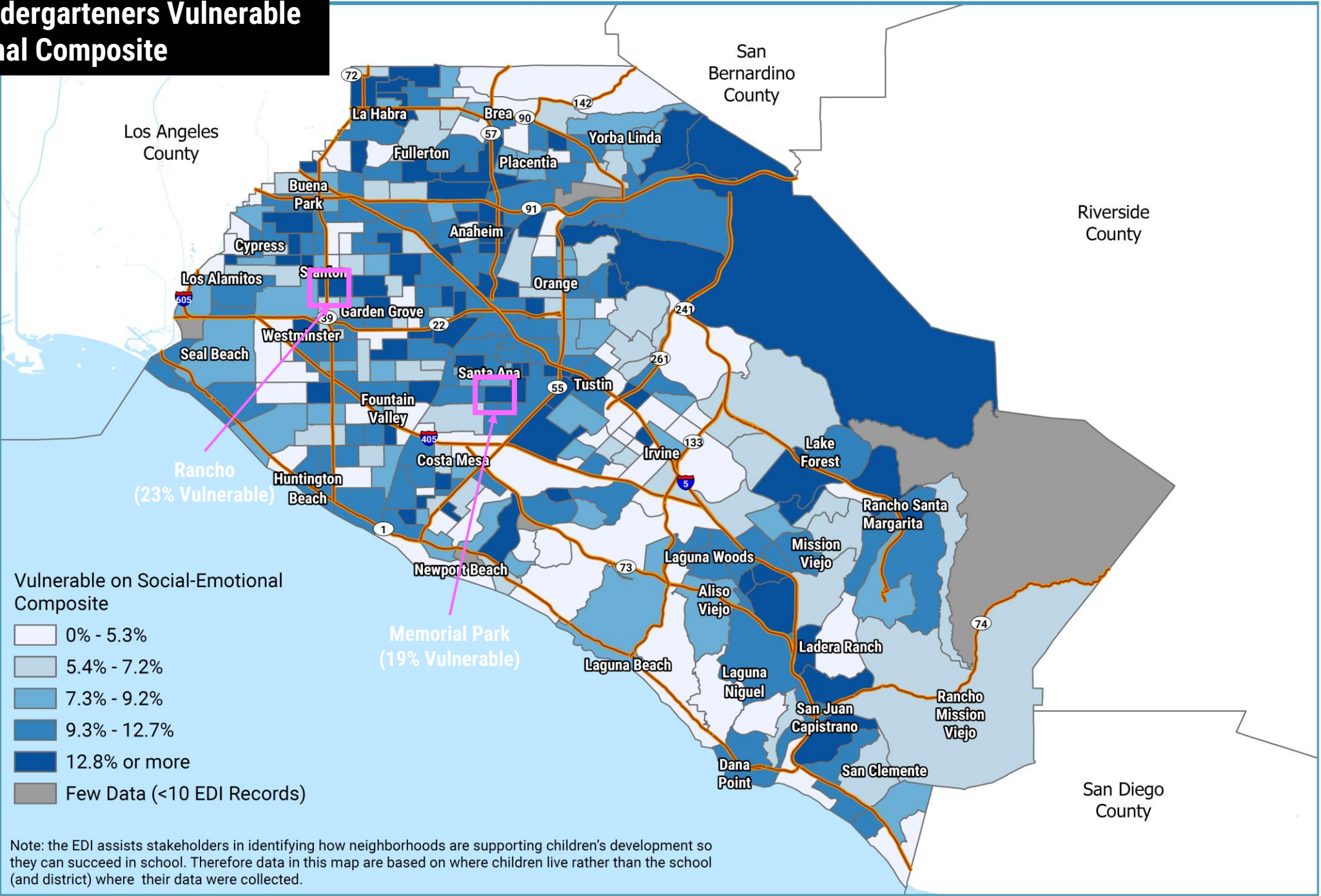
Aggressive behaviour



Hyperactive and inattentive behavior



Percentage of Kindergarteners Vulnerable on Social-Emotional Composite

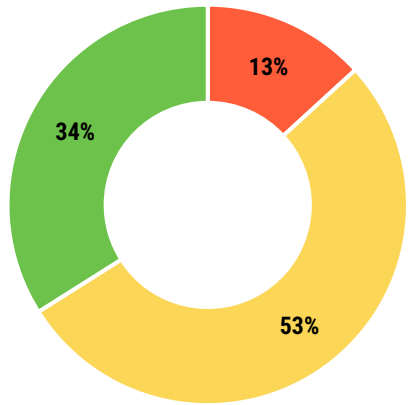


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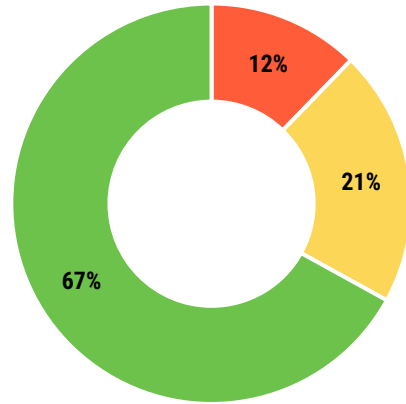


Social Competence

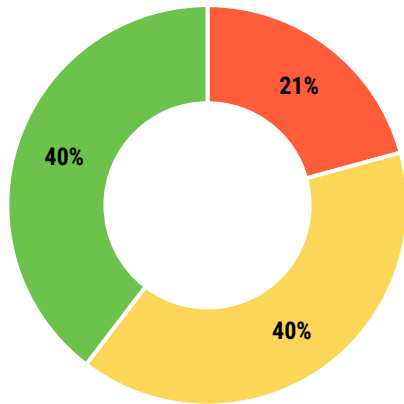
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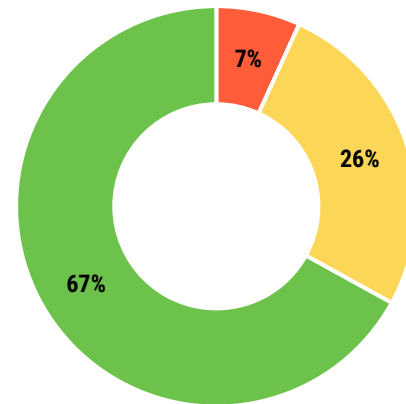
Respect and responsibility



Approaches to learning



Readiness to explore new things

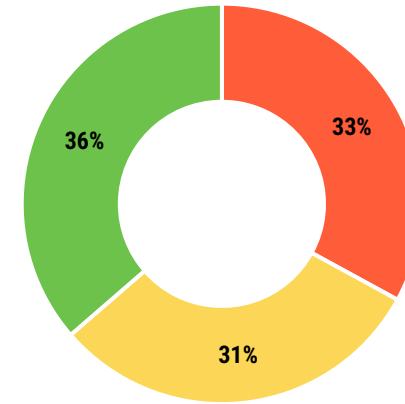


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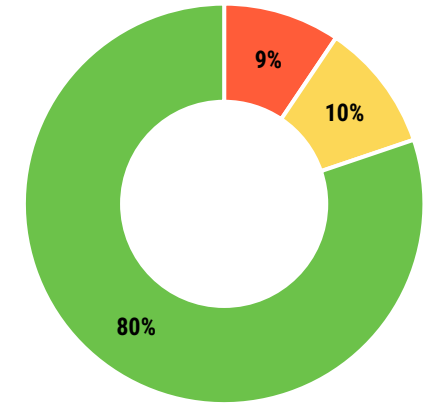


Emotional Maturity

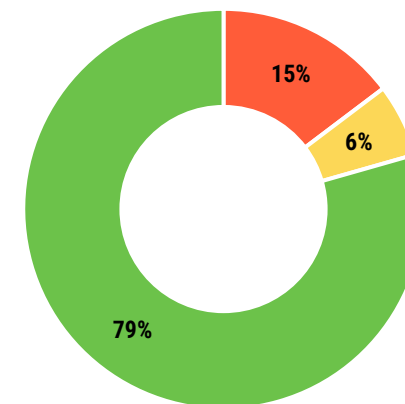
Prosocial and helping behaviour



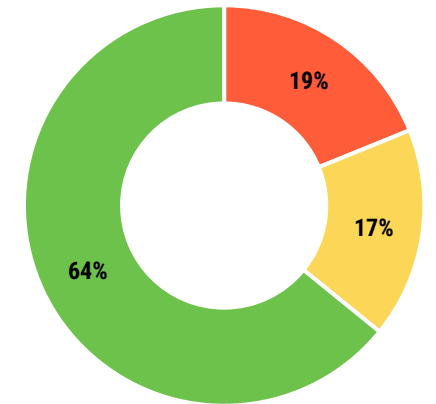
Anxious and fearful behaviour



Aggressive behaviour

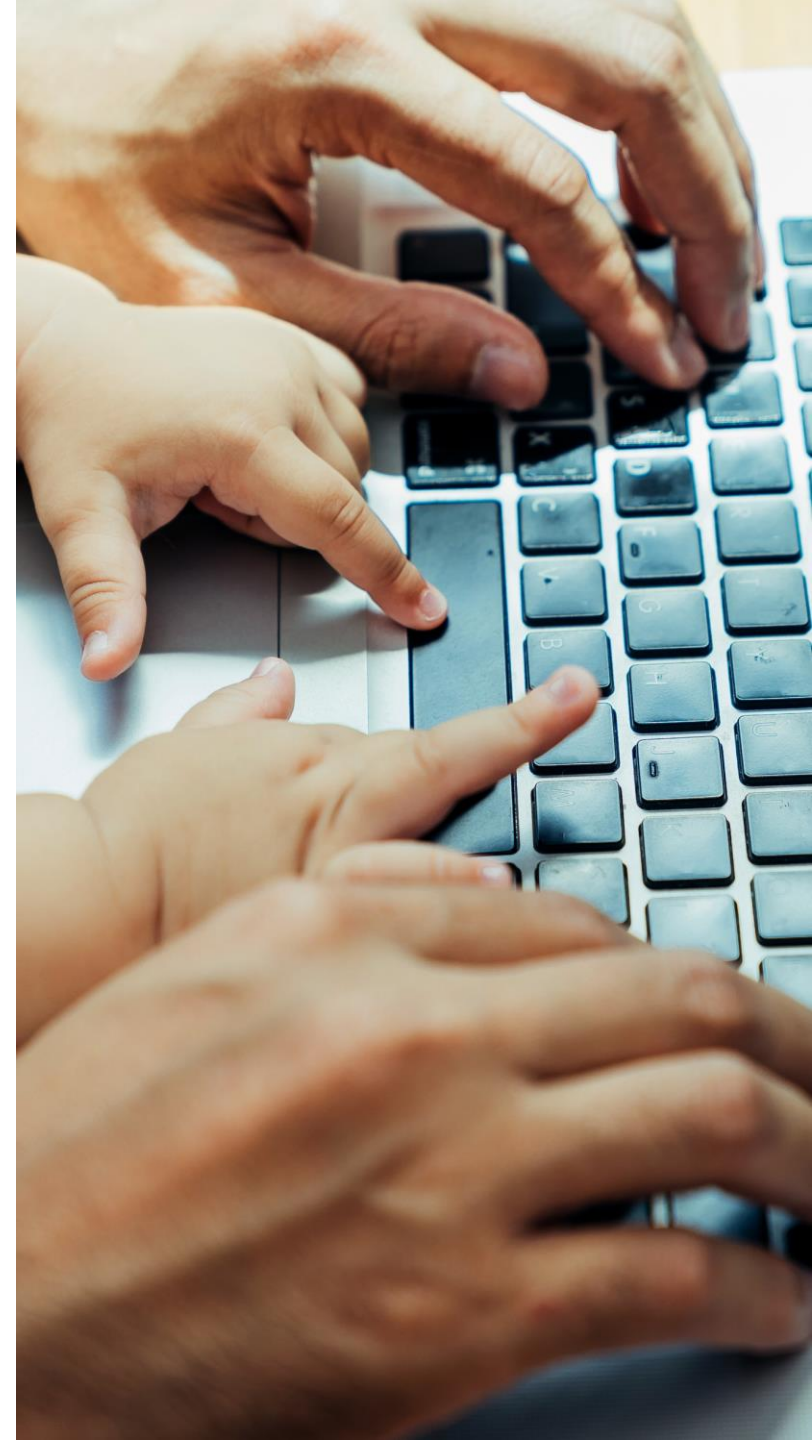


Hyperactive and inattentive behavior



Ways First 5 Orange County Uses these Data

- Target investments to help families with greatest need in our communities
 - **Identified four communities for our Engaged Neighborhoods—Anaheim, Garden Grove, La Habra and Santa Ana— using Strong Start and EDI data**
 - **Funding neighborhood collaboratives to improve outcomes based on EDI data**



Questions?



Start Well

Mental Health Consultation
for Early Care and Education



WELLNESS · RECOVERY · RESILIENCE



About Start Well

What we do

Prevent suspensions and expulsions in preschool

Who we serve

Preschools, Family Child Care Homes, Before/After School Programs

How we do it

Infant/Early Childhood Mental Health Consultation Services

What we use

Georgetown School-Based Model for Early Childhood Mental Health Consultation & The Pyramid Model (research-based)

Service Dosage

**4-7 months
1-3 hours per week per site**



Start Well Outcomes

- *Programs are less likely to remove a child from their program due to challenging behaviors*
- *Increase in confidence of **teachers** to support children with challenging behaviors*
- *Increase in pro-social behaviors for **children***



Why Infant/Early Childhood Mental Health is CRITICAL

- 90% of brain development occurs during the first three years of life
- Early life experiences set the course for a child's future social, academic, economic, physical and mental health outcomes
- IECMHC helps prevent suspension and expulsion through:
 - Promotion of social and emotional skills
 - Prevention of challenging behaviors
 - Early Intervention for those experiencing ongoing challenging behavior



Social and Emotional Skills in Orange County

Early Development Index Data
Social and Emotional Skills

% of kindergarten students who are at risk
County-Wide Average

2018: 9% = 2,201 children

2019: 9.6% = 3,852 children

2021: 9.6% = 2,270 children



The greatest opportunity to influence a child's success is from the very start. We all have a shared responsibility to nurture and protect each child and to support communities and families in creating the safe, stable, nurturing environment young children need."

~ZERO TO THREE, 2022



Questions?



The Priority Center

Ending the Cycle of
Generational Trauma

School Readiness

Bright Futures
Start at Birth



WHAT IS THE SCHOOL READINESS PROGRAM?

- **A 3 month program that will go to the family's home at NO COST**
- **Assists parents/guardians with any concerns they may have about their child's social-emotional well being, development or behavior**
- **A program that assesses children and their families that are at risk of emotional, behavioral and/or mental health issues**
- **Connect families to community services and a source of education and support for parents**

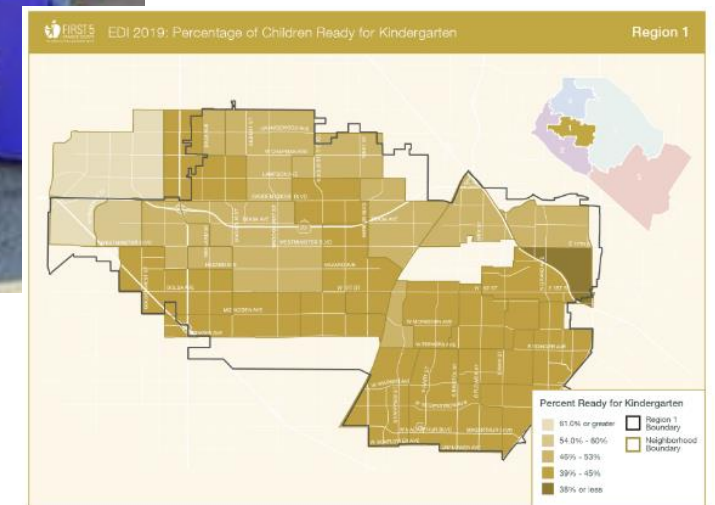
WHAT DOES THE SCHOOL READINESS PROGRAM DO?



- Serve families and children ages 0-8 who live in Orange County
- Teach parents how to utilize Positive Parenting techniques using evidenced based curriculum Triple P
- Conduct Community Trainings to educate the community about early childhood development



School Readiness Impact in the Community

- School Readiness outreaches to all of Orange County using the EDI map to target the areas that show a higher percentage of children who are not developmentally on track when they enter Kindergarten.
- School Readiness collaborates with school districts and other community providers to provide Community trainings, developmental screenings and attend school events to provide the community information about our program.





HOW TO REFER TO THE SCHOOL READINESS PROGRAM?

- Parents can self-refer or can be referred by a provider
 - Online at: <https://theprioritycenter.org/school-readiness/>
 - Call: 1-855-955-5092
 - Email: SR@ThePriorityCenter.org
 - Services available in English, Spanish and Vietnamese
- 
- 



THANK YOU



Prevention & Intervention

Orange County Parent Wellness Program



Orange County Parent Wellness Program

OCPWP is an early intervention program for at-risk and stressed families with children under the age of 18.

Including:

- pregnant women and their partners who are affected by the current pregnancy or have a child within the last 12 months,
- a parent/caregiver who is experiencing behavioral health symptoms that may be negatively impacting their child's readiness for school,
- families that have current or a history of Social Services involvement

All parents/caregivers enrolled in services are asked to complete the ASQ-SE or ECBI screeners for the child (0-8 years) they are most concerned about to determine if additional referrals are needed.

Orange County Parent Wellness Program

Lessons learned this past year:

- Shifting the provision of services to telehealth and telephone in response to the COVID-19 pandemic have directly impacted level of participant engagement for some participants. OCPWP clinicians are offering in person services to re-engage participants in treatment.

Trends in parenting themes:

- Increase in parents' anxiety about their children's behavioral issues (i.e., increased physical/verbal aggression toward family members/parents/siblings; lack of consistent routines; more negative acting out behaviors; school suspensions; throwing tantrums; toileting issues; etc.).
- Multiple stressors (basic needs, difficulty finding employment due to undocumented status, housing, financial, parenting challenges, relational issues, etc.).
- Parents needing to fill multiple roles (i.e., as a parent, primary provider for the family, teacher due to previous school closures and schools transitioning to distance learning).

For services call 714-567-5192

Eligibility:

- ✓ A mild to moderate behavioral health condition
- ✓ Must reside in Orange County
- ✓ For at-risk and stressed parents/caregivers with children under the age of 18

How to Refer for Services

Triple P Online - (714) 480-4678

The Triple P – Positive Parenting Program is a world-renowned, effective, evidence-based parenting education program. It can help develop and support positive relationships between parents and children, improve parent confidence and competence, and make family life easier and more enjoyable. Parents can enroll in either the child (0-12 years) program or teen (12-16 years) program. Parents can request additional support with the curriculum and a trained OCHCA Parent Liaison will respond within 24-48 business hours.

- For to Triple P Online parents can sign up at
 - ✓ www.triplep-parenting.com or
 - ✓ www.triplep-crianza.com



Thank you

Thank you to everyone who participated today! We sincerely appreciate you taking time out of your day to hear about and talk about the needs of young children and families in Orange County.

*Consumers/Family Members/Community members (non-provider staff) may register for a \$20 gift card for their participation today.

Mental Health Services Act Office

mhsa@ochca.com

714-834-3104

