# Orange County Perinatal Council Meeting Highlights July 11, 2019

#### In Attendance:

Wendiss Ingram, Bethany Christian Services Nicole Major, Bethany Christian Services Ann Mino, CalOptima Pshyra Jones, CalOptima Lucy Van Otterloo, Community Perinatal Network Jackie Tran, First 5 Orange County Hoda Shawky, First 5 Orange County Miriam Henderson, Hoag Hospital (Via phone) Pamela Pimentel, MOMS Orange County Pauline Bui, OCHCA AFLP and CalLearn Vanessa McDowell, OCHCA - AOABH Skarlet Bui, OCHCA Behavioral Health Ronilyn Ricaforte, OCHCA CHDP Tamarra Jones, OCHCA Family Health Dr. David Nuñez, OCHCA Family Health Nichole Quick, OCHCA Health Officer Maridet Ibanez, OCHCA Nutrition Services Liza Scammahorn, OCHCA WIC April Orozco, OCHCA – PSAS/ACT Ami Sagel, Supportive Adoptions Sara Brown, UCI

#### Welcome and Introductions:

Tamarra Jones welcomed all in attendance and on the phone. Introductions were conducted.

## Review April 4, 2019 Meeting Highlights:

There were no suggested changes to the highlights.

#### **Updates and Announcements:**

- New attendees were asked to introduced themselves and provide a little background information on their agencies and their hope for participating in OCPC.
  - Ami Sagel with Supportive Adoptions stated that their goal is to match families for adoption. Services assist mothers who are considering adoption. There are no charge to either families. OCPC can be a source for referrals but Supportive Adoptions can also provide education on resources available in the community. Ami stated that she is interested in joining the council.
  - Nicole Major with Bethany Christian Services works with expecting mothers considering adoption. Services are provided at no cost to families. OCPC provides an opportunity to learn more about the resources available in the community. They offer resources to moms and provide trainings for community programs.
- Dr. Nunez shared that the Infant and Maternal Provider Breastfeed Recommendations handouts were in meeting packets. He also shared that he would like Lucy Van Otterloo and Dr. Bixby to review the documents for any final changes, especially related to resources that were on previous versions. The members shared recommendations to add more graphics and remove information about meconium. Dr. Nunez shared that the handouts have already been vetted so some recommendations may not be included. All recommendations should be submitted by 8/1/19.
- Pamela Pimentel with MOMS OC announced that she will continue to be an OCPC member. MOMS OC has begun the implementation of the ROSES program to provide perinatal maternal depression support. Training for staff will occur in August and implementation will begin in September 2019. Current and new clients can be referred to the program. Pamela also announced that MOMS and BRIDGES are participating in a CalWorks pregnancy pilot. Visits and classes count toward work credit.

## Perinatal Substance Use Disorder Program Overview:

- Vanessa McDowell presented an overview of Substance Use Disorder Services available in Orange County. The following are a few highlights from the presentation (The full presentation is available on the OCPC webpage): http://cms.ocgov.com/civicax/filebank/blobdload.aspx?BlobID=97612
- Drug Medi-Cal has changed the substance use services system and has expanded services available.
- Perinatal services include outpatient, inpatient/residential, Medication Assisted Treatment (MAT), and limited medical detox. Sober living services are also available. There are also services available that are not classified as perinatal specific programs but these programs may provide services to perinatal patients and are required to follow perinatal treatment guidelines.
- The following questions were asked (*Responses in italics*):
  - Dr. Nuñez asked if Drug Medi-Cal covered pregnant women with presumptive Medi-Cal screening: Programs will screen for insurance coverage and provide services as appropriate based on coverage.
  - Ami Sagel asked if there was a waiting list for residential services: *Pregnant women and pregnant women with injection drug use are prioritized for entry into residential services.*
  - Dr. Nuñez asked if there are tools available for perinatal providers: *Tools are available and will be emailed.*
  - Dr. Nunez inquired about the ability to develop a specific handout for distribution to OCPC partners: Yes, staff are willing to assist in the development of a handout.
  - Pamela Pimentel stated that they currently refer clients to ACT. This method is still a good strategy because ACT provides additional support services to clients.
  - Maridet Ibañez asked if marijuana dependency is considered a medical necessity for Drug Medi-Cal service: Yes, marijuana treatment is evaluated on a case by case basis.
- Dr. Nunez shared information regarding a meeting being held 7/25/19 to discuss perinatal substance exposure. He also shared that First 5 will be developing a workgroup to discuss the topic with the hope of developing a system in care for Orange County.

## **Collaborative/Committee Updates:**

- <u>Safe Sleep</u>: Safe Sleep posters have been developed and are available. Smaller posters are being printed and will be distributed once available. Posters are downloadable on the HCA site under Safe Sleep and will be added to the OCPC resources webpage. Lucy Van Otterloo requested that providers send pictures of posters in locations. Maridet Ibañez suggested the development of an interactive safe sleep activity. Dr. Nuñez stated that an interactive activity could be used to implement pre and post-tests.
- <u>Orange County Breastfeeding Coalition (OCBF)</u>: A member shared that OCBF needs a leader to run coalition meetings.
  - Pamela Pimentel announced MOMS OC is working on a milk drive event that will be held on 8/24/19.
  - 8/1/19 8/7/19 is World Breastfeeding Week. The goal is to empower parents to increase breastfeeding. Members shared proposed activities to promote the event.

- <u>Orange County Parent Wellness Program (OCPWP)</u>: Skarlet Bui shared that the program has a new fax number (714) 939-2079. The referral form, on the OCPC website, has been updated with the new fax number.
- <u>WIC</u>: A video was shared regarding the upcoming implementation of the California WIC card. The link to the video will be sent to all members. The go live date for the new WIC card is 11/12/19. Maridet Ibañez mentioned that the clinics have been very light due to the recent immigration announcements.

**Next Meeting:** Tamarra Jones announced that this will most likely be her last meeting as Pauline Bui is officially the Community Programs Manager and will take on the OCPC activities. Tamarra also announced that Gaby Torres will be the primary support to OCPC and an email will be sent out.