



# County of Orange Mental Health Board & Alcohol and Drug Advisory Board

405 W. 5th Street  
Santa Ana, CA 92701  
TEL: (714) 834-5481  
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

**Wednesday, June 24, 2020**  
**9:00 a.m. – 10:45 a.m.**

Meeting Location:  
Zoom Teleconference Meeting

MINUTES  
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## BOARD OF SUPERVISORS

**Michelle Steel, Chairwoman**  
Second District

**Andrew Do, Vice Chair**  
First District

**Lisa Bartlett**  
Fifth District

**Donald P. Wagner**  
Third District

**Doug Chaffee**  
Fourth District

## MHB MEMBERS

**Michael Rose, DrPH, LCSW, Chair**

**Matthew Holzmann, Vice Chair**

Supervisor Andrew Do,  
First District

Clayton Chau, MD, PhD

Christine Costa, DNP, PMHNP-BC

Karyl Dupee, LMFT

Sandra Finestone, Psy.D.

Mark Levy

Stephen McNally

Kristen Pankratz, MSW

Bethsabe Romero, PhD

Courtney Smith

Nita Tewari, PhD

Joy Torres

Duan Tran, MSW

## ADAB MEMBERS

**Frederick Williams, LMFT, Chair**

**Margaret Fleitman, 1<sup>st</sup> Vice Chair**

**Lauren Slivinski, 2<sup>nd</sup> Vice Chair**

Stacey Deeble- Reynolds

Johnnie Harris

Geoffrey Henderson

Debra Kelsey

**Members Present:** Christine Costa, Karyl Dupee, Sandra Finestone, Johnnie Harris, Geoffrey Henderson, Matthew Holzmann, Stephan Lambert, Lorraine Martinez, Stephen McNally, Kristen Pankratz, Michael Rose, Lauren Slivinski, Courtney Smith, Nita Tewari, Duan Tran, Frederick Williams

**Members Absent:** Stacy Deeble-Reynolds, Supervisor Andrew Do, Margaret Fleitman, Debra Kelsey, Bethsabe Romero, Joy Torres

Call to Order at 9:02 a.m. by Michael Rose

## Welcome and Introductions

- Pledge of Allegiance
- Each member and attendee introduced themselves and their respective affiliation.

## Approval of Minutes – Action Item

- May 27, 2020
  - Sandra Finestone made a motion to approve the minutes from the May 27, 2020, meeting and Matthew Holzmann seconded the motion with no corrections. The minutes were approved for the record. MHB Vote: Yes 10/0 No, ADAB Vote: Yes 6/0 No

## Behavioral Health Services (BHS) Director's Report – Jeff Nagel

Dr. Nagel took questions in reference to the Behavioral Health Services (BHS) update memo that was sent out to the board ahead of time. He highlighted a few additional items, including racial justice, institutional racism and social justice in which Dr. Nagel drafted a letter for all HCA employees showing his appreciation and valuing all communities of color and in particular for the Black African American employees. We are going to include cultural competency for our whole agency and invigorate and elevate our Cultural Competency Committee. Furthermore, we are now including Substance Use Disorder (SUD) updates in the BHS update and in the MHB/ ADAB general meeting agendas. Moreover, Veterans Village opened on June 3, 2020, and Yellowstone Recovery is a new residential provider. In addition, the Mental Health Services Act (MHSA) 3-year Plan was approved on June 2, 2020, by the Board of Supervisors and will be sent out to the State. Finally, Dr. Nagel encouraged all to visit [www.Wrongforyou.com](http://www.Wrongforyou.com).



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## ADAB MEMBERS

(Continued)

Stephan Lambert

Lorraine Martinez

John Merwald

Jane Palmer

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## HEALTH CARE AGENCY

**Jeff Nagel, Ph.D.,**  
Deputy Agency Director  
Behavioral Health Services

**Annette Mugrditchian, LCSW**  
Director of Operations  
Behavioral Health Services

**Karla Perez**  
Staff Specialist  
Behavioral Health Services

### ADEPT Report: Carolyn Secrist

Carolyn highlighted a few items with regard to alcohol and drug prevention services. Due to COVID-19 many prevention services have transitioned to online services, including providing prescription and opioid prevention workshops online to many community groups such as colleges, hospitals and more. We have a project with OCDE and Friday Night Live program, which works with students making positive changes in the community. They have engaged in prevention services by interviewing other students with regard to youth and under aged drinking as well as conducting an interview with their resource officers at their campus and put together a video to keep their prevention message alive during the pandemic. We are progressing well in the two media campaigns, Opioid Overdose Prevention Campaign and [www.Wrongforyou.com](http://www.Wrongforyou.com). In addition, our youth campaign is in the midst of going to production for a 15 second video on prescription drug use prevention in which will be shared via social media.

### Old Business:

- <http://www.ochealthinfo.com/bhs/about/pi/mhsa/updates>
- The next provider meeting is scheduled for July 15, 2020.
- Fred Williams reminded all members to please complete the AB 1234 Training before December 31, 2020.

### New Business:

- Sandy Finestone mentioned that other Mental Health Boards throughout the State are doing innovative projects, and would like more information how to build on those ideas and learn from other boards.
- Dr. Rose informed the boards that Karla Perez is working on a member 101 training.
- The Finance and Resource would like to obtain a summary of all County mental health funding sources and their allocations. The committee will provide those sources to County Staff. The Governor and the legislator signed an agreement last night with regarding to flexible spending for MHSA. Steve McNally would like for BHS to look into Innovation's funding to see how we can put funds into direct service. The Committee is concerned about the Phone app and the life line program, and would like to inquire on the program deliverables.

### Committee Reports:

- SUD Committee- Fred Williams informed the board that they recently met and will be coordinating a Medication Assisted Treatment (MAT) presentation for one of the General meetings coming soon.
- CALBHB/C- Karyl Dupee informed the boards that there will be a meeting this Friday on June 26<sup>th</sup>, which will cover fiscal data, unconscious bias and Mental Health Services Act (MHSA) community planning.
- Cultural Competency - Duan Tran reported he spoke with the Cultural Competency manger and we will merge this committee with the BHS' Cultural Competency Committee to better meet the needs of the community.

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### Committee Reports: Continued

- Older Adults Committee- The committee has been working with Karin Kalk on a suicide prevention for older adults. Suicide rates are four times higher than any other age group in the US. In addition, Karyl Dupee shared they are working on developing a Loneliness Reduction Menu, to be able to provide to senior centers and other community locations.
- Resource and Finance Committee: The committee would like to convert this ad hoc committee into a standing committee to include staff, and possibly elected officials. In addition, they would like an update on the merging of the boards. Finally, would like to communicate with the Board's mental health ad hoc committee to make sure we are on the same page.

### Presentation

#### *OCHCA 2018-2023 Alcohol & Other Drug Prevention Strategic Plan*

By: Carolyn Secrist, Program Supervisor  
Behavioral Health Services

Carolyn Secrist provided a comprehensive overview of the OCHCA 2018-2023 Alcohol & Other Drug Prevention Strategic Plan. She included information on the needs assessment provided to the community and identified priority areas as well as the planning and implementation of services. Furthermore, she included information on prevention being done out in the community such as National Take Back days and media ads.

For additional information about the OCHCA 2018-2023 Alcohol & Other Drug Prevention Strategic Plan please contact [kperez@ochca.com](mailto:kperez@ochca.com) or 714-834-5481.

### Public Comment

- Christine Tolbert:  
Ms. Tolbert shared that loneliness is a big concern right now and they are working on a social media campaign for people with disabilities.
- Cindy Ramey- (Written comment read out loud by Fred Williams)  
Ms. Ramey provided a written comment, in which she asked the boards to help with her son who is soon to be discharged from a treatment program and will need help with setting him up on the right path to recovery.

### Adjournment

- 10:52 a.m.

**Officially submitted by: Karla Perez**

*\*\*Note: Copies of all writings pertaining to items in these MHB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5<sup>th</sup> Street, Santa Ana, CA 92701, 714.834.5481 or Email: [OCMentalHealthBoard@ochca.com](mailto:OCMentalHealthBoard@ochca.com) \*\**