



# County of Orange Mental Health Board & Alcohol and Drug Advisory Board

405 W. 5th Street  
Santa Ana, CA 92701  
TEL: (714) 834-5481  
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

## BOARD OF SUPERVISORS

**Andrew Do, Chairman**  
First District

**Doug Chaffee, Vice Chairman**  
Fourth District

**Michelle Steel**  
Second District

**Donald P. Wagner**  
Third District

**Lisa Bartlett**  
Fifth District

**Wednesday, February 24, 2021**  
**9:00 a.m. – 10:45 a.m.**

### Join us for a Teleconference meeting via Zoom

**\* Please note this meeting will be recorded.**

**By Computer:** <https://zoom.us/j/95862491099>

**By Phone:** +1 301 715 8592

**Additional Numbers in case of high demand:**

+1 253 215 8782 US

+1 301 715 8592 US

## MHB MEMBERS

**Michael Rose, DrPH, LCSW, Chair**

**Matthew Holzmann, Vice Chair**

Supervisor Andrew Do,  
First District

Christine Costa, DNP, PMHNP-BC

Karyl Dupee, LMFT

Sandra Finestone, Psy.D.

Stephen McNally

Kristen Pankratz, MSW

Courtney Smith

Nita Tewari, PhD

Joy Torres

Duan Tran, MSW

## ADAB MEMBERS

**Frederick Williams, LMFT, Chair**

**Margaret Fleitman, 1<sup>st</sup> Vice Chair**

**Lauren Slivinski, 2<sup>nd</sup> Vice Chair**

Stacey Deeble- Reynolds

Johnnie Harris

Geoffrey Henderson

Debra Kelsey

**Meeting ID: 958 6249 1099**

## **AGENDA**

Page 1

### **I. MHB Call to Order**

- Pledge of Allegiance
- Introduction of Members & Guest

**Michael Rose**

### **II. Approval of Minutes: Action Item**

- November 25, 2020
- January 27, 2021

**Frederick Williams**

### **III. ADAB / MHB Member Update**

**Lauren Deperine**

### **IV. Behavioral Health Services (BHS) Update**

**Jeff Nagel**

### **V. ADEPT Update**

**Carolyn Secrist**

### **VI. Old Business:**

- <http://www.ochealthinfo.com/bhs/about/pi/mhsa/updates>
- Action Items for 2021

**Michael Rose**

### **VII. New Business**

- Chair and Vice Chair Nominations

**Frederick Williams**



**ADAB MEMBERS**  
(Continued)

Stephan Lambert

Lorraine Martinez

**HEALTH CARE AGENCY**

**Jeff Nagel, Ph.D.,**  
**Deputy Agency Director**  
Behavioral Health Services

**Annette Mugrditchian, LCSW**  
**Director of Operations**  
Behavioral Health Services

**Karla Perez**  
**Staff Specialist**  
Behavioral Health Services

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## **AGENDA**

Page 2

**VIII. Committee Reports**

**Michaell Rose**

**IX. Presentations**

***Be Well Orange Campus***  
By: Jeff Nagel, Ph.D.  
Behavioral Health Director  
Behavioral Health Services

**X. Public Comment**

**Frederick Williams**

*At this time members of the public may address the Chair regarding any item within the subject matter of this board's authority provided that no action is taken on off-agenda items unless authorized by law. Comments shall be limited to three to five (3-5) minutes per person.*

**XI. Adjournment**

**Michaell Rose**

**The next Mental Health Board (MHB)/ Alcohol and Drug Advisory Board (ADAB) event will be:**

- ***BHAB Study Committee Meeting***  
*March 10, 2021, 9:00 am – 10:45 am*  
*Location: Zoom Teleconference*

*\*In compliance with the Americans with Disabilities Act, those requiring accommodations for this meeting should notify the Behavioral Health Services Advisory Board Office 72 hours prior to the meeting at (714) 834-5481\**



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Second District

**Andrew Do, Vice Chair**  
First District

**Lisa Bartlett**  
Fifth District

**Donald P. Wagner**  
Third District

**Doug Chaffee**  
Fourth District

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First District

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Christine Costa, DNP, PMHNP-BC

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**Lauren Slivinski, 2<sup>nd</sup> Vice Chair**

Stacey Deeble- Reynolds

Johnnie Harris

Geoffrey Henderson

Debra Kelsey

**Wednesday, November 25, 2020**  
**9:00 a.m. – 10:45 a.m.**

Meeting Location:  
Zoom Teleconference Meeting

## MINUTES

Page 1 of 3

**Members Present:** Christine Costa, Stacy Deeble-Reynolds, Karyl Dupee, Sandra Finestone, Johnnie Harris, Geoffrey Henderson, Matthew Holzmann, Stephan Lambert, Stephen McNally, Kristen Pankratz, Courtney Smith, Duan Tran, Frederick Williams

**Members Absent:** Supervisor Andrew Do, Margaret Fleitman, Debra Kelsey, Lorrain Martinez, Michael Rose, Lauren Slivinski, Joy Torres

Call to Order at 9:06 a.m. by Frederick Williams

## Welcome and Introductions

- Pledge of Allegiance
- Each member and attendee introduced themselves and their respective affiliation.

## Approval of Minutes – Action Item

- October 28, 2020
  - Kristen Pankratz made a motion to approve the minutes from the October 28, 2020, meeting and Sandy Finestone seconded the motion with no corrections. The minutes were approved for the record. MHB Vote: Yes 8/0 No, ADAB Vote: Yes 5/0 No

## Behavioral Health Services (BHS) Director's Report – Jeff Nagel

Dr. Nagel took questions in reference to the Behavioral Health Services (BHS) update memo that was sent out to the board via email. He highlighted a few additional items, including information regarding a "Thriving through Connections" a mental health and wellness conference taking place 12/4/20, a CARES Act funded activity. Substance Use Disorder (SUD) Peer Mentoring Program is coming along, helping people in the SUD system move through levels of care. In addition, Dr. Nagel highlighted the Stigma Free OC website re-launch and campaign. Two additional campaigns were launched in which focused on Suicide Prevention, "Help is Here" and "Be a Friend for Life". Furthermore, we have Mental Health Services Act (MHSA) revenue projections that are far less than expected and we have identified ways to make up the budget gaps in working with the MHSA Steering Committee. BHS is trying to minimize the impact on program and will continue to monitor the budgets closely. Finally, Dr. Nagel expressed the importance of Self Care, it is important to remember to take care of yourselves.



# County of Orange Mental Health Board & Alcohol and Drug Advisory Board

Wednesday, November 25, 2020  
9:00 a.m. – 10:30 a.m.

## ADAB MEMBERS (Continued)

Stephan Lambert

Lorraine Martinez

## MINUTES Page 2 of 3

## HEALTH CARE AGENCY

Jeff Nagel, Ph.D.,  
Deputy Agency Director  
Behavioral Health Services

Annette Mugrditchian, LCSW  
Director of Operations  
Behavioral Health Services

Karla Perez  
Staff Specialist  
Behavioral Health Services

### ADEPT Update- Carolyn Secrist

Carolyn touched on one of the Alcohol and Other Drug Prevention Strategic Plan Goals, which is to decrease cannabis use amongst youth. She provided data of marijuana use in California and Orange County, which showed that through a self-reporting survey, OC shows to have lower number than most other counties in California. Overall, the trend of marijuana use has decreased over the years. In addition, Carolyn provided additional data that demonstrated harm perceived by youth and difficulty in obtaining the drug. Furthermore, she included current prevention services available to youth.

### Old Business: Action Item

- <http://www.ochcahealthinfo.com/bhs/about/pi/mhsa/updates>
- 2020 Data Notebook Update: Steve McNally provided an update on the Data Notebook, the members have been coordinating with BHS staff to obtain information needed to answer the survey. The due date is November 30<sup>th</sup>, and BHS obtained a two week extension to provide ample to time to complete this survey.

### New Business:

- 2020 Annual Report: No Update
- Matthew Holzmann suggested the MHB / ADAB should open up some listening sessions in the community. Dr. Nagel, commented that BHS is currently working on providing listening session in the community, looking into the communities of color and vulnerable populations to identify gaps and needs. This is a 2-year process, and BHS will keep you updated on this new project.

### Committee Reports:

- MHSA: The MHSA Steering Committee voted to recommend the projections that were presented. Steve expressed concern with the funding projected financials. Furthermore, Sandy and Matt expressed concern with the reorganization of the upcoming MHSA Committee soon to be a BHAB committee.

### Presentation

#### *Single Access Number*

By: Annette Mugrditchian, LCSW  
Director of Operations, BHS

Annette Mugrditchian provided a comprehensive overview of the Single Access Number. BHS is working on the development of a single point access phone number for crisis and non-crisis services. It will operate 24/7 365 days a year, it will triage all calls and provide linkage to services across all levels of behavioral health services. These services are available to all Orange County residents, private and public.

For additional information about the Single Access Mugrditchian please contact [kperez@ochca.com](mailto:kperez@ochca.com) or 714-834-5481.



## County of Orange

# Mental Health Board & Alcohol and Drug Advisory Board

Wednesday, November 25, 2020  
9:00 a.m. – 10:45 a.m.

MINUTES  
Page 3 of 3

### Public Comment

- Jim Farrell:  
Mr. Farrell expressed concern with regard to the SUD and SMI population and continuation of services over the years, in particular for those in Board and Care facilities. Housing has seemed to be a huge issue and it is important to address this issue for a healthy rehabilitation.
- Diana Heineck:  
Ms. Heineck expressed concerned for clients who are going into project housing and ensuring that the clients are receiving all the resources needed to avoid relapse and instead a healthy rehabilitation.

### Adjournment

- 10:58 a.m.

**Officially submitted by: Karla Perez**

*\*\*Note: Copies of all writings pertaining to items in these MHB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5<sup>th</sup> Street, Santa Ana, CA 92701, 714.834.5481 or Email: OCMentalHealthBoard@ochca.com \*\**



COUNTY OF ORANGE  
HEALTH CARE AGENCY

MENTAL HEALTH BOARD/  
ALCOHOL AND DRUG  
ADVISORY BOARD

Michael Rose, DrPH,  
LCSW, Chair

Frederick Williams,  
ADAB Chair

MAILING ADDRESS:  
405 W. 5<sup>th</sup> Street  
Santa Ana, CA 92701

Telephone: (714) 834-5481

Annual Retreat Planning Meeting Minutes

Wednesday, January 27, 2021  
8:30 a.m. – 12:00 p.m.

Teleconference meeting via Zoom

By Computer: <https://zoom.us/j/95862491099>

By Phone: +1 301 715 8592

Meeting ID: 958 6249 1099

**ADAB Members Present:** Stacy Deeble-Reynolds, Johnnie Harris, Geoffrey Henderson, Lauren Slivinski, Frederick Williams,

**ADAB Members Absent:** Margaret Fleitman, Debra Kelsey, Stephan Lambert, Lorraine Martinez,

**MHB Members Present:** Christine Costa, Karyl Dupee, Sandra Finestone, Matthew Holzmann, Stephen McNally, Kristen Pankratz, Michael Rose, Courtney Smith, Nita Tewari, Duan Tran

**MHB Members Absent:** Supervisor Andrew Do, Joy Torres

**I. Welcome & Introduction:** *Michael Rose / Frederick Williams*

- Meeting began at 8:32 a.m. Each member and guest introduced themselves and their respective affiliation.

**II. BHS Update:** *Jeff Nagel*

- Dr. Nagel took questions in reference to the Behavioral Health Services (BHS) update memo that was sent to the board via email. He highlighted a few additional items, including the opening of the Be Well Campus. The Sobering Center, which is the first of its kind in Orange County, opened on 1/25/21. The campus will also have a crisis stabilization unit (CSU) for adults and for adolescents, a crisis residential program, a withdraw management program, and two residential treatment programs (substance use disorder (SUD) and Co-Occurring). Dr. Nagel also touched on the ribbon cutting for the campus. A short virtual tour of the facility was shown for all members.

### III. BHAB Bylaw Updates: *Jeff Nagel*

- Dr. Nagel reviewed in detail the Draft Bylaws being proposed for the soon to be established Behavioral Health Advisory Board (BHAB). He highlighted all new changes and additions to the bylaws. In addition, all members were provided with a copy of the Draft Bylaws. These bylaws will be going before the Board of Supervisors for their approval on March 9, 2021.

### IV. Review of Welfare and Institutions Code (WIC): *Frederick Williams*

- Frederick advised the MHB and ADAB members of the WIC 5604 – 5604.5 and highlighted a few new changes that became effective October of 2019. In addition, all members were provided with handouts of the updated WIC.

### V. Review of 2020 Accomplishments and Recommendations: *Michael Rose / Frederick Williams*

- Michael and Fred led the discussion to review prior year's accomplishments and provide recommendations. Due to COVID-19, the Boards were faced with other challenges and priorities throughout the year and not all goals were accomplished. The board decided to carry over/modify some goals from 2020 into 2021. These action items carried over included, continued involvement with the Board offices, continue to work on next annual report, and continue to increase community participation.
- 2020 Accomplishments of the ADAB and MHB:
  - Collaboration between the Chairs and Vice Chair/s of the MHB and ADAB with BHS administration, while working on the bylaws for BHAB.
  - Older Adult Ad Hoc Accomplishments- Creation of Best Practices to Engage Older Adults in Behavioral Health Strategies, participation in the Suicide Prevention amongst Older Adults, and creation of a Resource Guide for Older Adults.
  - Revamping of the Stigma Free Campaign
  - Participation in Be Well OC
  - Participation in Suicide Prevention initiatives
  - Implementation of virtual meetings for MHB/ ADAB meetings: Increased participation
  - Increased participation with the Board of Supervisors Offices

### VI. 2021 Goals; Strategic Planning for the Year – *Michael Rose / Frederick Williams*

- This year the board members brainstormed and provided a list of recommended items to focus on during 2021. The list included the items listed below, in which the members would later pick only 3-4 items via email. Karla Perez will then compile the top actionable items and provide an action plan.
  1. Sitting in on RFP Panels for MH and SUD
  2. Children Suicide rates are rising particularly due to COVID
  3. Addressing Opioid and Methamphetamine overdoses / Spike in SUD incidences and relapse
  4. Community Outreach with Suicide Prevention/ Eliminating Stigma/ Participating in more mainstream activities.
  5. Helpful information of the vaccine/ education and stigma reduction
  6. CJ System / safety net upon release
  7. Children's mental health- mental health and wellness in a fun and loving way to remove stigma
  8. Suicide prevention for youth/ distance learning
  9. A goal focused on Health and Social Equity
  10. Social Services integrated services with Behavioral health: attending other already established committees and bringing back information to the BHAB meetings to report.
  11. Addressing Housing and homelessness
  12. MH and SUD: measuring of outcomes and impact



13. Taking a look at the private sector and what services are they providing for SUD/ MH
14. Focusing on long term recovery support for SUD
15. Student Mental Health: struggling emotionally and lack of connection due to COVID.  
Would like to collaborate with OC programs /Oragne County Department of Education (OCDE) with regard to the impact on children/youth due to COVID.
16. Evaluations of existing programs and recommending of expansion of impactful programs/ eliminate the less effective.
17. Getting clients into services in a more timely manner
18. Marketing and Social media/ reaching out to the community
19. Providers should be more inclined to speak publicly
20. Connect with other boards/ committees with in HCA

**VII. Update Committees, MHB Presentations, Site Visits: *Michaell Rose / Frederick Williams***

- Dr. Rose reviewed the list of committees that are carried over from 2020. However, with the establishment of the new board fast approaching, it was decided to hold off on making any changes to this list until March / April, when the BHAB membership is established.
- Members would like to do in-person or virtual site visits to the following: The Be Well Campus, New Behavioral Health Services Training Center, and the OC Sheriff's Department Training Center.
- The members provided ideas for future presentations, which included the following: Medicated Assisted Treatment (MAT) Programs, Success stories from clients both SUD and mental health/ listening sessions, and learning more about death by suicide (Coroner's Office).

**VIII. Business Items:**

- Meeting platform for 2021
  - Dr. Rose reviewed the attendance for 2020 and displayed an increase in community participation in their meetings. After March 2020, when meetings became virtual there was a spike in attendance numbers. Dr. Rose suggested to continue to the use of virtual platforms to conduct meetings throughout 2021.
- Health Equity and BHS Listening Session- Jeff Nagel
  - Dr. Nagel provided information about the new office part of HCA, Population and Health Equity. In addition, he provided information regarding a series of listening sessions that will take place in the community for communities of color and vulnerable populations. This is will be a partnership between the office of Population and Health Equity, the Ethics Services Office, and Mind OC. Dr. Nagel will work on getting the information to the MHB / ADAB members to participate in this sessions to listen in on the needs of the community.
- Annual Report 2020
  - Dr. Rose and Fred reminded all members to please submit any pending committee reports to Karla Perez, to start working on the 2020 MHB annual report.
- Nominations
  - Dr. Rose informed the members that nominations for the Chair and Vice Chair of the new board will take place in March and voting will take place in April.



**IX. Public Comment:** *Michael Rose / Frederick Williams*

- Jim Farrell:  
Mr. Farrell touched on treatments for addiction to Methamphetamine. In addition, he touched on outpatient conservatorship, and would like to see a committee be formed to discuss these types of issues.
- Mara James:  
Ms. James provided information on “Hugs for Life Healing Center”, their goal is to merge holistic healers with medical professionals. They are hosting events in the community, their first one is in March, and she will email information.

**X. Adjournment-** *Michael Rose*

- Meeting ended at 12:00 p.m.



CLAYTON CHAU, MD PhD  
DIRECTOR/COUNTY HEALTH  
OFFICER

JEFFREY A. NAGEL, PH.D.  
DIRECTOR  
BEHAVIORAL HEALTH SERVICES

405 W. 5<sup>th</sup> STREET, 7<sup>th</sup> FLOOR  
SANTA ANA, CA 92701

[www.ochalthinfo.com](http://www.ochalthinfo.com)

## BEHAVIORAL HEALTH SERVICES

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### BHS UPDATE

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**DATE:** February 17, 2021

**TO:** Members of the County of Orange Mental Health Board  
Members of the County of Orange Alcohol and Drug Advisory Board

**FROM:** Jeffrey A. Nagel, Ph.D.  
Behavioral Health Director

**SUBJECT:** Behavioral Health Services (BHS) Update for February 2021

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#### **Adult and Older Adult Behavioral Health Services (AOABH)**

**Inpatient Services:** All HCA contracted hospitals are providing COVID-19 testing at the Emergency Departments to link individuals to the appropriate care. College Hospital Costa Mesa has opened a COVID+ unit being able to admit individuals having a behavioral health crisis and who test positive for COVID-19. Facilities have started offering the COVID-19 Vaccine to residents.

The **Administrative Services Organization's (ASO) 24/7 Access Line** continues to be operational to allow for access to care and support for both beneficiaries and ASO network providers.

**Residential Treatment Services:** Telecare has begun providing Recovery Station services at the **Be Well Orange Campus**. Currently referrals come through Orange County Sheriff, Orange Police Department, and Outreach and Engagement.

**Collaborative Services: Assisted Outpatient Treatment (AOT) and Prop. 47** staff continue to coordinate with Correctional Health Services to do jail in-reach and support linkage upon release.

**Housing:** On 1/19/21, HCA submitted 7 **No Place Like Home (NPLH)** project applications jointly with housing developers to California Department of Housing and Community Development applying for a total of 143 MHSA permanent supportive housing units. Awards are anticipated to be announced in spring 2021. **Casa Querencia** is a new MHSA housing development in Santa Ana. They received their Certificate of Occupancy on 12/31/20 and the MHSA tenants began moving in on 1/12/21. Casa Querencia has 28 MHSA units and Telecare is the onsite support service provider for the MHSA tenants.

**Central Services: Wellness Centers** are preparing to return to in-person services, with limited capacity, beginning in March. Currently, each center is providing at least 7 tele-groups daily online Monday - Saturday, with the exception of Wellness Center West (WCW), which plans to resume Saturday services in late February. Each center has been updating their websites regarding the services availability. **Project Kinship** is planning to relocate their facility in Santa Ana to an equally convenient location for clients. They will continue to provide services from their current location and in the field until they move in April 2021.

The **Adult and Older Adult Peer Mentoring (PM)** program concluded its Track 3 services in December. The Track 3 services utilized peer mentors to provide independent living skills to assist clients with maintaining their housing placements for a minimum of 6 months. All peer mentors working in Track 3 successfully transitioned into vacant positions in Track 1 and Track 2 of the PM program, or found other

employment outside of the PM program. A total of 189 clients were enrolled in Track 3 since it began taking referrals in October 2017, and peer mentors assisted 163 clients in successfully maintaining their housing placements for 6 months. The **Adult Supported Employment Program** continues to provide remote services, which includes tele-services for training on interviewing techniques, telephonic on-the-job support and coaching. The programs have been able to successfully place 15 individuals in full-time and part-time placements and 12 individuals graduated.

**Outpatient Operations:** Western Pacific – Mission Viejo located at 26297 Crown Valley, Suite 200 is now open for **Narcotic Replacement Therapy Treatment Services** and accepting referrals.

**Children, Youth and Prevention Behavioral Health Services (CYPBHS)**

**Navigation: OC Links Behavioral Health Line** has expanded its hours and scope to operate as the 24/7 Behavioral Health Services line, effective 1/25/21. OC Links continues to provide information and linkage to any of HCA’s Behavioral Health Services via telephone and chat, but has expanded services to include crisis identification and dispatch of the **Crisis Assessment Team**. The team has worked the past few months on training Navigators to properly triage crisis calls and implement new workflows for smooth program operations. BHS staff have begun messaging to the community, providers, law enforcement and first responders that OC Links is the 24/7 Behavioral Health Services line that provides information, referral, and linkage directly to programs in the behavioral health continuum of care from prevention through crisis identification and response.

**Behavioral Health Training Services Department (BHTS):** BHTS is excited to resume the facilitation of **Mental Health First Aid (MHFA)** classes in a virtual format. HCA Instructors trained in MHFA completed additional training and new materials in order to provide this valuable training to community members and non-clinical staff alike via Zoom. In February, MHFA Youth classes will be held for school nurses and in April, MHFA Adult will be offered to over 100 Veterans serving providers through the **Orange County Veterans and Military Families Collaborative (OCVMFC)**.

BHS has assisted in the coordination and design of the upcoming **Youth Town Hall** on 3/3/21, sponsored by Board of Supervisor Wagner, District 3 office. Through the partnership of BHS, community providers, and school districts, the Town Hall will seek to share information about the impact of COVID-19 on youth mental health and provide a platform for schools, families, and students to dialogue about OC resources that can address stressors and promote mental health among students in our community. The theme of this Town Hall is “Promoting Youth Mental Health and Well-Being Through Resiliency and Community Connection.”

**Mental Health Services Act (MHSA) Coordination**

The MHSA Office is currently in the middle of this year’s **Community Engagement Meetings (CEMs)**, partnering with several Community Based Organizations to help outreach to diverse communities previously identified as unserved/underserved or hard to reach. This year’s CEMs are structured as focus groups designed to elicit suggestions and feedback on how to advance specific aspects of the strategic priorities from the **MHSA Three Year Plan FY 2020-21 to FY 2022-23**. The MHSA Office will summarize responses across the meetings to share with stakeholders and incorporate into the MHSA Plan Update for FY 2021-22.

The **MHSA Steering Committee Meeting** in March, will be held on 3/15/21. This meeting will focus on the MHSA Program budgets for the upcoming MHSA Plan Update. Behavioral Health Budget Manager Anthony Le will be presenting on the different component/programs.

Board Date	Item	Amount
02/23/2021	Contract with Children’s Hospital of Orange County dba CHOC Children’s youth inpatient mental health services, 7/1/21 – 6/30/22	\$500,000

# Orange County Behavioral Health Advisory Board

## 2021 ACTION PLAN

	Initiative/Desired Outcome	Person/Persons leading initiative	Time Frame
<b>1</b>	Focus on Health and Equity		
<b>2</b>	Community Outreach with Suicide Prevention/ Eliminating Stigma/ Participating in more mainstream activities.		
<b>3</b>	Student Mental Health: focusing on students struggling emotionally and lack of connection due to Covid. Working in collaboration with OC programs /OCDE with regard to the impact on children/youth due to Covid.		
<b>4</b>			
<b>5</b>			
<b>6</b>			