| **Program Name/**  **Target Populations** | **Program Description/ How to Access** | **Goals** |
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| **Stress Free Families**   * Families with Behavioral Health issues reported and/or investigated by Child Protective Services | * Program started in December 2011 * Program services provided out in the field at participants’ homes and include: assessment, brief- counseling, case management, parenting education and linkages to community resources * Services are provided in English, Spanish, Vietnamese and Korean * Families referred by SSA only. All referrals are assessed, and referred/ linked to appropriate services if not enrolled. * For more info call: (714) 480-4678 | * Improved social and occupational functioning of parents/ guardians * Improved family protective factors * Improved general well-being of parents/ guardians * Increased linkages to community resources including behavioral health services |
| **Orange County Center for Resiliency, Education and Wellness (OC CREW)**   * Individuals ages 14-25 who are experiencing the first onset of psychotic illness and their families * Persons and organizations most likely to encounter individuals with early warning signs of mental illness | * Program started in March 2011 * Program services include: assessment, individual and/or family counseling, psychiatric services, vocational and educational assistance, and trainings to persons and organizations most likely to encounter individuals with early warning signs of mental illness * Services are provided in English, Spanish and Vietnamese * Clinic address: 792 W Town & Country Rd, Bldg E, Orange * All referrals are assessed, and referred/ linked to appropriate services if not enrolled. For more info and to request a community training call: (714) 480-5100 | * Reduction in schizophrenia symptom severity * Increase in milestones of recovery score * Improved general well-being * Increased family education, support and involvement * Increased linkage to community resources * Increase in community’s knowledge of the early warning signs of mental illness and resources available |
| **Orange County Postpartum Wellness** **(OCPPW)**   * New mothers, up to one year postnatal with mild to moderate postpartum depression * Pregnant women at risk of developing postpartum depression | * Program started in October 2009 * Program services are primarily field-based and include: assessment/screening, early intervention, individual supportive counseling, and psycho-educational groups * Services are provided in English, Spanish, Vietnamese and Farsi * Clinic Address: 792 W Town & Country Rd, Bldg E, Orange * All referrals are assessed, and referred/ linked to appropriate services if not enrolled. * For more info call: (714) 480-5160 | * Reduction in depression severity * Reduction in anxiety severity * Improved family protective factors * Improved general well-being * Increased linkage to community resources |
| **Early Intervention Services for Older Adults (REConnect)**   * Adults 60 and older who are experiencing the early onset of mental illness | * Program started in August 2011 * Program services are primarily field-based and include: screening, assessment, case management, referral and linkage to community resources, socialization groups, transportation support, telegeropsychiatrist services, and educational and skill building groups. * Services are provided in English, Spanish, Vietnamese, Korean, Farsi, and Arabic * All referrals are assessed, and referred/ linked to appropriate services if not enrolled. * For more info call: Council on Aging at (714) 352-8820, Horizon Cross Cultural Center at (714) 537-0608 ext. 338, or MECCA at (714) 202-4750. | * Reduction in depression severity * Improved general well-being * Increased frequency of social contacts * Increased level of emotional support * Increased satisfaction with level of social activities * Increased linkage to community resources |
| **Youth as Parents**   * At risk pregnant and parenting youth and their children | * Program started November 2009 * Program services are primarily field-based and include: assessment, case management, linkage to community resources * Services are provided in English and Spanish * All referrals are assessed, and referred/ linked to appropriate services if not enrolled. * For more info call: (714) 480-4678 | * Improved parenting skills in handling difficult child behavior * Improved general well-being of parents * Improved family functioning/ protective factors * Improved social and occupational functioning * Reduced risk factors * Increased linkage to community resources |
| **Behavioral Health Counseling Program**   * Individuals of all age groups experiencing mild-moderate mental health conditions not being served | * Program to be implemented FY 14/15 * Program services will include short term counseling and psychiatric services for those who do not meet the criteria for services at community clinics | TBD |
| **Crisis Prevention Hotline**   * All individuals in crisis or experiencing suicidal thoughts | * Program started August 2010 * Program services include: immediate phone support, staff initiated rescues, referral and follow-up, and outreach presentations * Services are provided in English and Spanish and utilize a language line for other languages * Participants are referred/ linked to appropriate services when needed. * Hotline number: (877) 727-4747 | * Decreased level of self-rated suicidal intent * Increased referrals to community resources |
| **Survivor Support Services**   * Children and Adults experiencing loss from suicide | * Program started August 2010 * Program services include: outreach, crisis support, bereavement groups, individual support, and training * Services are provided in English, Spanish, Korean, and Vietnamese * Program Address: 2021 East 4th Street, Santa Ana * All referrals are assessed and referred/linked to appropriate services if not enrolled. * For more info call: Didi Hirsch at (714) 547-0885 | * Decreased level of traumatic grief |
| **Parent Education and Support Services**   * Parents/caretakers of children 0-12 | * Program started May 2012 * Program services are provided at community sites including schools, shelters, youth groups and FRC’s. Services include: parent training, individual interventions and child care * Services are provided in English and Spanish * All referrals are assessed and referred/ linked to appropriate services if not enrolled. * For more info and for community sites interested in hosting a parent training call: Child Abuse Prevention Center at (714) 543-4333 | * Improved protective factors * Increased knowledge of parenting skills * Improved general well-being of parents/ caregivers |
| **Family Support Services**   * Families struggling with a behavioral health issue * Parents/caretakers of children 13-18 | * Program started October 2012 * Program services are provided at community sites including schools, shelters, youth groups and FRC’s. Services include: parent training, group support, individual support and family matching. * Services are provided in English, Spanish, Vietnamese and Farsi * All referrals are assessed and referred/linked to appropriate services if not enrolled. * For more info and for community sites interested in hosting a parent training call: Boys Town at (714) 558-0303 | * Increased knowledge of behavioral health topic presented * Increased knowledge of how to access community resources * Increased knowledge of parenting skills * Improved general well-being of parents/ caregivers |
| **Children’s Support and Parenting Program (CSPP)**   * Families whose stressors make children more vulnerable to developing behavioral health problems. | * Program started February 2009 * Program services are provided at community sites including schools and FRC’s. Services include: family assessment, age appropriate groups for all family members, individual family interventions and linkage to community resources. * Services are provided in English, Spanish and Vietnamese * All referrals are assessed, and referred/ linked to appropriate services if not enrolled. * For more info and for community sites interested in hosting a group series call: (714) 480-4678 | * Improved family functioning/ protective factors * Improved general well-being of family members * Increased linkages to community resources including behavioral health services |
| **Stop the Cycle**   * Parents and siblings of youth in the juvenile justice system * Youth at risk of juvenile justice involvement or in the system | * Program started November 2009 * Program services are provided at community sites including probation sites, schools, and FRC’s. Services include: family assessment, age appropriate groups for all family members, individual family interventions and linkage to community resources. * Services are provided in English, Spanish and Vietnamese * All referrals are assessed, and referred/ linked to appropriate services if not enrolled. * For more info and for community sites interested in hosting a group series call: (714) 480-4678 | * Improved family functioning/ protective factors * Improved general well-being of family members * Improvements in parent-reported parenting & child behaviors * Improvements in youth-reported resilience, social competencies/behaviors, and parent/child interactions * Increased linkages to community resources including behavioral health services |
| **Outreach and Engagement Services**   * All unserved and underserved Orange County residents at risk of developing a mental health condition | * Program started August 2011 * Program services include door-to-door street outreach, educational presentations, workshops, support groups, transportation support, case management, and referral/linkage to ongoing services for all age groups and the unserved/underserved. * Services are provided in English, Spanish, Vietnamese, Korean, Farsi, and other languages as needed. * For more info call: (855) OC-LINKS | * Improved general well-being * Improved family protective factors * Increase youth developmental assets * Increased linkages to community resources * Reduction in Depression Severity * Reduce risk factors |
| **WarmLine**   * Individuals seeking non-crisis support | * Program started August 2010 * Program services include telephone-based, non-crisis support * Services are provided in English, Spanish and Farsi and utilize a language line for other languages * Participants are referred/ linked to appropriate services as needed. * WarmLine number: (714) 991-6412 | * Improved self-rated mood * Increased referrals to community services |
| **Professional Assessors**   * Trauma exposed individuals | * First professional assessor started as a part of the Veteran Treatment Court in September 2009 * Program services are provided at several sites including: community sites likely to encounter individuals exposed to trauma including Veterans Treatment and Family Court, hospital emergency rooms, community clinics and Evaluation and Treatment Services. Programs services include: screening, assessment, case-management and referral/ linkages to community resources. * Services are provided in English, Spanish, and Vietnamese | * Reduction in post-traumatic stress symptoms * Improved general well being * Increased linkages to community resources including behavioral health services. |
| **School Based Mental Health Services**   * Students K-12 | * Program in process of being implemented. * Program will provide a combination of prevention and intervention services to empower families, reduce risk factors, build resiliency, and strengthen culturally appropriate coping skills in students. | TBD |
| **School Based Behavioral Health Intervention and Support-Early Intervention Services**   * Families with children K-7 experiencing challenges in attention, behavior and learning | * Program started March 2010 * Program services include: behavioral modifications, social skills training, parent training, family group support, individual/family support and transitional services * Services are provided in English and Spanish. Translation services for other languages are available * Program Address: 19262 Jamboree Road, Irvine, CA * All referrals are assessed to determine eligibility. * For more info call UCI at (949) 824-1800 | * Improved identified target behavior(s) * Reduction in ADD symptoms * Improved oral fluency * Improved general well-being of parents/ caregivers * Decreased parental stress |
| **School Readiness Program/Connect the Tots**   * Families with children 0-6 exhibiting problematic behaviors and early signs of emotional disturbance putting them at risk of school failure. * North County Families served by Connect the Tots * South County Families served by the Child Abuse Prevention Center | * Connect the Tots started November 2009 and the contracted School Readiness Program started May 2013 through the Child Abuse Prevention Center at (714) 543-4333 * Program services are field-based, primarily provided in participants’ homes, and include: assessment, developmental screenings, individualized family plans and case management. * Services are provided in English, Spanish and Vietnamese * All referrals are assessed, and referred/ linked to appropriate services if not enrolled. * For more info call: Connect the Tots: (714) 480-4678 and * Child Abuse Prevention Center at (714) 543-4333 | * Reduction in child’s behavioral problems * Improved family functioning/ protective factors * Improved general well being * Increased linkages to community resources including behavioral health services. |
| **College Veteran’s Program (The Drop Zone)**   * Veteran Students | * Program started August 2010 * Program services are provided in community colleges and include: behavioral health screening and assessment, case management, referrals and linkage to appropriate community resources * Program address: 1725 W 17th St Suite 101-B Santa Ana, CA 92706 * All referrals are assessed, and referred/ linked to appropriate services if not enrolled. * For more info call: 714-834-7782 | * Improved intentional self-change * Improved general well being * Increased linkages to community resources including behavioral health services |
| **School Based Behavioral Health Intervention and Support**   * Students K-12, their parents, and school staff | * Program started in August 2013 * Program services are field-based at school locations and include: curriculum provided in the classroom, and student and family interventions. * Services are provided in English * Schools served are identified based on high indicators of behavioral issues * For more information call the Phoenix House at (800) 251-0921 | * Improved social-emotional development * Reduction in high-risk behaviors * Reduction in school disciplinary referrals * Reduction in aggression and disruptive behaviors * Increased knowledge of resources and support services |
| **Violence Prevention Education**   * Students K-12, their parents, and school staff | * Program started in March 2010 * Program services are field-based at school locations and include: curriculum and activities addressing Gang Prevention, Conflict Resolution, Safe From the Start (early childhood brain development), Bullying Prevention, Media Literacy and a Crisis Response Network. * Services are provided in English * For Gang Prevention, schools are chosen by need * For all other services, interested schools can call OCDE at (714) 327-1058 | * Increased school attendance * Decreased curfew violations * Increased access to support services * Increased skills to manage traumatic incidents * Increased skills to reduce the impact of trauma * Increased parenting skills * Decrease in suspensions, expulsions and office discipline referrals * Reduction in cyber-bullying * Increased skills in self-control * Increased skills to resolve conflicts |
| **Transitions**  Students transitioning in their lives, such as transitioning from elementary to middle school and middle to high school | * Program started September 2011 * Program services are provided in middle and high schools and include: curriculum provided in the classroom and parent educational work-shops * Services provided in English and Spanish * Schools interested in services can call (714) 954-2900 | * Improvements in parent-reported parenting & child behaviors * Improved youth resilience and knowledge of coping skills * Improved school personnel ratings of school climate |
| **Coping Skills to Manage Stress**   * Students in grades K-12 | * Program to go out to bid FY 14/15 * Services will utilize evidence based mindfulness practices to reduce stress and increase students coping skills. | * TBD |
| * **Training, Assessment and Coordination Services** | * Needs assessment to be completed in FY/15 |  |
| **Training in Physical Fitness and Nutrition Services/Goodwill**  Individuals utilizing behavioral health services | * Program started September 2010 * Program services include: access to specialized exercise equipment, a personalized fitness program, group support and nutrition education classes * Services provided in English and Spanish * Program address: 1601 East St. Andrew Place, Santa Ana * For more info call: Goodwill at (888) 623-4823 | * Increased awareness of physical fitness issues and nutrition * Increased visits to fitness center * Improved overall physical fitness |
| **Community-Based Stigma Reduction**   * All Orange County residents | * Program started May 2011 * Organizations provide community-based Stigma Reduction Art Events to deliver an effective message aimed at reducing mental health stigma * Community organizations can submit proposals on BidSync @egov.ocgov.com. | * Reduction of stigma associated with mental illness |
| **OCLinks**   * All Orange County residents | * Program started Oct. 2013 * Program services include telephone and internet chat information and referral screening and linkage to HCA Behavioral Health programs * Services provided in English, Spanish, and Vietnamese * Call (855) OC-LINKS or www.ochealthinfo.com/oclinks | * Refer and/or link all callers to HCA BHS programs |