



MHA PROJECT TOGETHER Mentor Program

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Program History

- ▶ CYS-Project Together originated with the County of Orange HCA in the mid 1980's
- ▶ Mental Health Services Act-Proposition 63 funds the mentor program
- ▶ MHA-Project Together was awarded the mentor contract from HCA on November 1, 2007
- ▶ Children, Transitional Age Youth and Parents are served



Program Goals

- ▶ Establish a successful mentor-mentee match, meeting weekly for 6 months or longer
- ▶ Empower children, TAY and parents to achieve their fullest potential
 - ▶ Develop a trusting and caring mentor-mentee relationship
 - ▶ Help clients reach goals established by the therapist: self-esteem, improve family and social relations, improve participation in school and overall treatment prognosis
 - ▶ Support clients as they practice their therapeutic goals in a real world setting



Target Population & Languages Available

► MHA-Project Together targets children ages 8-15 years old, transitional age youth (TAY) ages 16-25, and their parents, currently being served by the County of Orange Health Care Agency Children and Youth Behavioral Health Services and CYBHS contracted programs.

► Services are currently provided in:

- English
- Spanish
- Vietnamese



MHA-Project Together Location

► MHA-Project Together administrative offices are located at 790 W. Town and Country Rd. Orange Ca, 92868

- Mentors serve clients within Orange County
- Outings with clients are held throughout Orange County



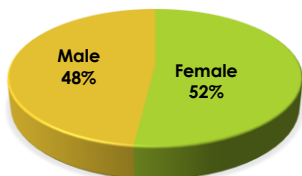
Admission Criteria



Referral Process

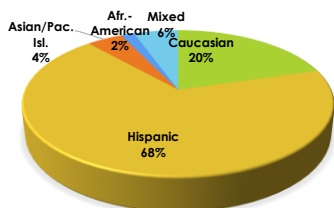
- ▶ Therapists may request a mentor for their client at any time during the course of treatment
- ▶ Therapists complete specific forms for each of the targeted populations, Children, TAY and Parents
- ▶ MHA-PT staff contacts the referring therapist to gather more detailed information about the client to help with the matching process
- ▶ Considerable time spent on finding the most compatible mentor based on language, interests and other key factors

Client Demographics– Gender FY 13/14



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Client Demographics– Ethnicity FY 13/14



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Service Gaps

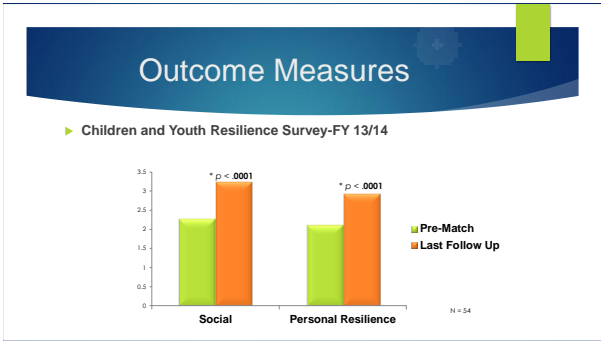
- ▶ MHA-Project Together provides clients opportunities to practice new behaviors learned in treatment
- ▶ In addition, mentors address clients' needs such as:
 - ▶ Personal growth/Self-sufficiency
 - ▶ Trust
 - ▶ Cooperation
 - ▶ Self-esteem/Self-worth
 - ▶ Loneliness
 - ▶ Social skills
 - ▶ Life skills
 - ▶ Assertion

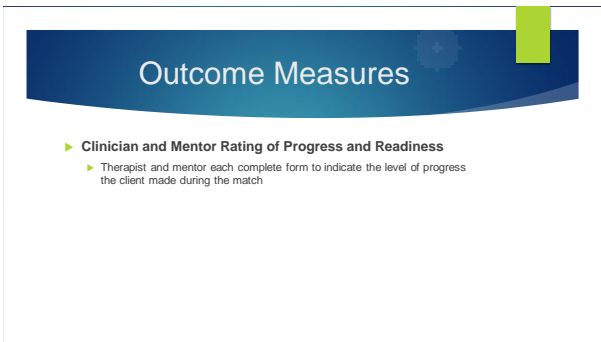
Outcome Measures

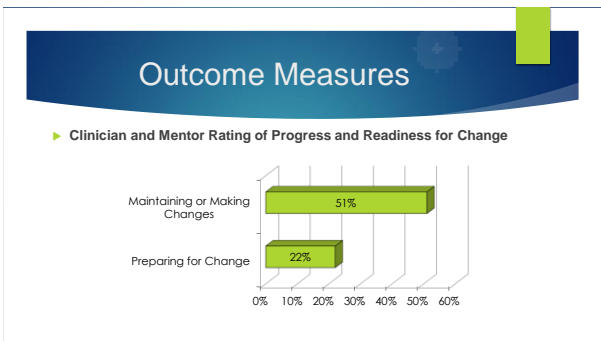
- ▶ **Therapist Pre/Post-Match Client Assessment Forms**
 - ▶ Therapist assesses specific areas of the client's status and functioning at pre and post match

Outcome Measures

- ▶ **Therapist Pre/Post-Match Client Assessment Forms**
 - ▶ Therapist assesses specific areas of the client's status and functioning at pre and post match
- ▶ **Children and Youth Resilience Survey**
 - ▶ Administered by Therapist and completed by client at pre and post match

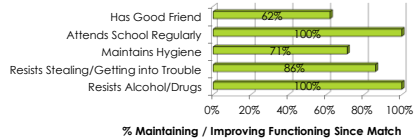






Outcome Measures

Social/Behavioral Ratings at Discharge



Program Challenges

- ▶ Filling mentor requests on a timely basis with an appropriate mentor
 - ▶ Volunteer recruitment
 - ▶ Male
 - ▶ Bilingual

For More Information



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