



# WELCOME

---

---

---

---

---

---

---

---



Barbara Allen, MFT

Transitional Age Youth (TAY) Program

- Crisis Residential Program (CRP)
- Social Rehabilitation Program (SRP)

---

---

---

---

---

---

---

---



## Transitional Age Youth Program

In 2007, through funding by MHSA, SCCS converted an empty residential group home into a crisis residential facility, the "CRP" home, for Transitional Age Youth (TAY) – young adults between the ages of 18 and 25 with specific needs and challenges that must be addressed with individual care.

In 2009, SCCS converted an additional group home for the TAY program, the "SRP" home.

---

---

---

---

---

---

---

---

TAY Crisis Residential Program



---

---

---

---

---

---

---

---

TAY Crisis Residential Program



---

---

---

---

---

---

---

---

TAY Crisis Residential Program



---

---

---

---

---

---

---

---

TAY Crisis Residential Program



---

---

---

---

---

---

---

---

TAY Crisis Residential Program



---

---

---

---

---

---

---

---

TAY Social Rehabilitation Program



---

---

---

---

---

---

---

---

TAY Social Rehabilitation Program



---

---

---

---

---

---

---

---

TAY Social Rehabilitation Program



---

---

---

---

---

---

---

---

TAY Social Rehabilitation Program



---

---

---

---

---

---

---

---



## Crisis Residential Program

- CRP = Crisis Residential Program
  - Goal is to assist participants from age 18 to 25 get through a mental health crisis (coming out of the hospital or preventing from going into the hospital)
  - Offer support, basic life-skills training, therapy, and life-coaching
  - Two to three week stay
  - Intensive treatment facility located in Costa Mesa

---

---

---

---

---

---

---

---



## Crisis Residential Program

### Intensive Treatment Facility

- Participants meet with their assigned mental health therapist at least five times a week
- Participants attend a mental health group, independent living skills group, and physical activity group daily
- Participants medications are monitored by our LVN
- Participants are linked to psychiatric services outside of the program
- Participants are linked to community substance abuse treatment as needed.

---

---

---


---

---

---

---

---



## Daily Life at the CRP

- Daily Goals Group
- Choosing Groups for the Day
- Assisting participants with scheduling their outside appointments
- Meal Preparations
- Activities/ Independent Living Skills
- Evening preparation time/ planning for the following day

---

---

---

---

---

---

---

---



## Social Rehabilitation Program

- SRP = Social Rehabilitation Program
- Costa Mesa facility
  - 2-3 month stay
- Provides stabilization of youth between the ages of 18-25 while the youth gain and implement independent living skills needed to make the transition into adulthood and more independent living
- TAY are guided as to how to care for their mental health needs

---

---

---

---

---

---

---

---



## Social Rehabilitation Program Treatment

- Participants meet with their assigned therapist weekly
- Participants attend one mental health group per week
- Participants attends two independent living skills group per week
- Medication management that assists participants with being able to manage their medications on their own

---

---

---

---

---

---

---

---



## Daily Life at SRP

- Daily goals set before they leave SRP for the day
- Participants sign themselves in and out of the program
- Participants are encouraged to participate in the community (school or work)
- Meal preparation/grocery shopping
- Evening preparation time/ planning for the following day

---

---

---

---

---

---

---

---



## TAY Programs Admission Criteria

- Participants can be referred through Full Service Partnerships (FSPs) or additional county programs and/or hospitals.
- Participants must have a MediCal approved mental health diagnosis and be between the ages of 18-25.

Participants that TAY Program is not able to accept:

- Registered sex offenders
- Conserved individuals
- Those with seizure disorders
- Those that require injectable medication on site
- Undocumented individuals

---

---

---

---

---

---

---

---

---

---



## Referral Process CRP/SRP

- Who refers
- Phone Assessments
- Director Interviews the prospective participant
- Prohibited Conditions
- Participant enters the home (CRP vs. SRP)

---

---

---

---

---


---

---

---

---

---



## TAY Programs Referral Process

- Referring parties can call each house directly and complete an initial phone assessment with staff, and/or fax an assessment.
  - CRP - (714) 966-5338, Fax: (714) 966-5339
  - SRP - (657) 218-9753, Fax: (714) 545-4180
- After pertinent information regarding client is gathered, case will be immediately reviewed by the Program Director who will call the referring party to discuss the referral within 2 hours.

---

---

---

---

---


---

---

---

---

---



### TAY Programs Participants Served 2013-14

- FY 2013-14: 97 Participants Served
  - CRP: 69
  - SRP: 28
- 42% Hispanic
- 40% Caucasian
- 7% African American
- 7% Korean
- 4% Other

---

---

---


---

---

---

---

---



### TAY Programs Participants Served 2014-15

- FY 2014-15: 39 Participants Served
  - CRP: 28
  - SRP: 11
- 36% Hispanic
- 28% Caucasian
- 13% African American
- 8% Filipino
- 8% Chinese
- 10% Other

---

---

---

---

---

---

---

---



### TAY Programs Populations Served

- TAY Programs offers services in English and Spanish.
- We serve the TAY (Transitional Age Youth) population, who are the severely, chronically mentally ill, and who are in need of residential mental health services combined with independent living skills to prepare them for success in their next housing placement.

---

---

---

---

---

---

---

---





## TAY Programs Where are we today

- Currently we report to the county our census and demographic information weekly.
- Outcomes
- Each participant is also offered a discharge feedback form which is reviewed with program during weekly treatment teams.

---

---

---


---

---

---

---

---



## TAY Programs Challenges

- Assisting participants with medication
  - Filling prescriptions
  - Lack of insurance/insurance information
- Obtaining TB/Physicals within 72 hours

---

---

---


---

---

---

---

---



## TAY Programs Effective Change

- Recovery Model Implementation
  - Voice and Choice in Treatment
  - TAY Friendly with internet access and use of cell-phone
  - Notebooks provided to each participant upon entry

---

---

---

---

---

---

---

---



Thank you!

For further information  
Please contact  
Barbara Allen, MFT  
Director of Transitional Age Youth  
Programs  
(714) 392-7824

---

---

---

---

---

---

---

---