



ROUND 3 INNOVATION PROJECTS

Project Proposals

Review Process

HCA held a series of Stakeholder and Technical Assistance meetings, after which 31 proposals were submitted

HCA conducted a 3-step review process which included:

- MHSA and Innovation administrative staff
- Research analysts
- Behavioral Health Services division and program managers

Successful submissions were based on:

- Completed idea forms, clear proposals
- Innovative component
- Consistency with Mental Health Services Oversight and Accountability Commission (MHSOAC) criteria

Proposals selected for advancement are posted on the MHSA website:
<http://ochealthinfo.com/bhs/about/pi/mhsa/activities/round3>

Voting Process

- A brief summary of advancing submissions will be presented
- Any Steering Committee member in attendance who does not have a proposal under consideration may vote
- Each eligible Steering Committee member will be provided an Innovations Round 3 Proposal Rating Form
- Based on your knowledge of the Orange County mental health system, prioritize the projects by assigning a rating from a "1" for highest priority to "13" for lowest priority on the Form.
- After completing your rating, turn in your form to an Innovations staff member.
- The prioritized list of proposals will be included in the MHSA Annual Plan Update and move through the approval process, including the MHSOAC.

Proposals

- INN01 Community Employment Services Project
- INN02 Continuum of Care for Veteran & Military Children and Families
- INN03 Developing and Testing Effective EBPs for Children
- INN04 Employment and Mental Health Services Impact
- INN05 Healthy Eating Kitchen and Mobile Application
- INN06 Leap of Faith
- INN07 LGBT Homeless Project
- INN08 Operation Enduring Success
- INN09 Project Embrace
- INN10 The Way Home
- INN11 Traditional Chinese Medicine Based Online Meditation Program
- INN12 Whole Person Healing Initiative
- INN13 Work of ARTE

INN01 – Community Employment Services Project

Individuals struggling with severe and persistent mental illness are not prepared for the demands of supported employment programs and would benefit from a "stepping stone" to the currently existing supported employment programs.

Proposal:

Provide a paid, supported employment program for individuals with severe mental health conditions. Participants will work alongside peer support specialists for on-site job training and coaching.

Innovative Component:

- Stepping stone for individuals with SPMI not ready for currently existing employment programs
- Paid, supported employment program for individuals with severe mental health conditions

Proposed Annual Budget:

- \$599,598

INN02 – Continuum of Care for Veteran & Military Children and Families

Historically, veteran/military children and families have been underserved and may become isolated in their communities. The socio-emotional and mental challenges brought by the pre-, mid-, and post-deployment often affect the children and family as much as it does the veteran/service member. However, there is a lack of coordinated, community-based services for veteran/military families. A comprehensive approach is needed to identify, engage, and address this gap.

Proposal:

Identify, screen, and treat veterans and their families, utilizing collaborations with community partners who specialize in community-based support, basic needs and homeless prevention, domestic violence prevention, mental health and trauma treatment, and research and evaluation.

Innovative Component:

- Coordination of community-based tailored services for veterans and their families

Proposed Annual Budget:

- \$333,333

INN03 – Developing and Testing Effective EBPs for Children

Children and teens suffering from trauma typically drop out of treatment or do not respond to traditional methods. Services are needed to engage youth into treatment.

Proposal:

Combine Trauma-Focused Cognitive Behavioral Therapy (TFCBT) and Integrative Treatment of Complex Trauma (ITCT) into a single manual for the treatment of trauma among children and teens

Innovative Component:

- Combination of two evidence-based practices into a single approach

Proposed Annual Budget:

- \$188,183

INN04 – Employment and Mental Health Services Impact

There is a correlation between unemployment and mental health issues. However, employment centers are not prepared to provide the emotional and mental health support that some of their clients need.

Proposal:

Provide mental health, education, and counseling services within local employment centers to support job seekers' emotional and mental health needs.

Innovative Component:

- Introduces a new entry point into the mental health system
- Co-location and integration of mental health clinicians at local employment centers

Proposed Annual Budget:

- \$373,333

INN05 – Healthy Eating Kitchen and Mobile Application

Rise of obesity among children and teens is a critical issue, which can lead to psychological disorders or mental health issues in adulthood. Healthy eating and healthy living can drastically increase feelings of well-being and a balanced mood, which can help manage and prevent mental health problems.

Proposal:

Create an interactive healthy living kitchen to encourage children and families to learn about healthy eating. In addition, a mobile application will be created to increase access to this information and reinforce the healthy living values established in the hands-on exhibit.

Innovative Component:

- Combination of hands-on, in person learning with a high tech, mobile application component

Proposed Annual Budget:

- \$500,000

INN06 – Leap of Faith

Faith communities are an underutilized resource to identify and support families dealing with mental and behavioral issues with their children (0-18). Families tend to bring concerns to pastors more frequently than other professionals; however, pastors are often unprepared to address these issues.

Proposal:

Train ministers of all faiths to provide mental health support and referrals for children with mental illness and their families. Project proposes to offer educational resources and workshops to families, engage in outreach during congregational events, and establish a referral network that enables pastors and/or their designees to link families to services

Innovative Component:

- Training pastors to provide mental health support and referrals for children with mental illness and their families

Proposed Annual Budget:

- \$478,276

INN07 – LGBT Homeless Project

There is a lack of resources for LGBT youth who are homeless or at-risk of homelessness. There are no LGBT specific beds to house the homeless or they are not safely housed, placing them at risk of harassment and physical assault. There is a need for housing and mental health services, particularly services aimed at prevention or family reunification.

Proposal:

Address housing needs of the homeless or at-risk of homelessness within the LGBT community. Staffed with peer mentors and clinicians, project will assist with housing resources, mediation work, employment assistance, and substance abuse treatment and support.

Innovative Component:

- Mental health services aimed at family reunification
- Use of prevention model through mediation work and case management

Proposed Annual Budget:

- \$1,000,000

INN08 – Operation Enduring Success

There are over 10,000 veteran students in OC with little to no access to mental health services. Veterans typically do not self-identify or seek medical services. However, social support from peers produces significant improvement in academic adjustment and fewer PTSD symptoms.

Proposal:

Design, distribute, and tabulate surveys to identify needs, problems, and potential solutions for veterans. Based on findings, a series of workshops will be offered to address behavioral modification and PTSD symptoms. In addition, mental health providers will visit with veteran students on a social basis to create an open and relaxing environment.

Innovative Component:

- Mental health support program for veterans through an activity-oriented, educational, and social environment

Proposed Annual Budget:

- \$500,000

INN09 – Project Embrace

The often traumatic reasons for leaving one's country, as well as the long and hazardous journey and process of resettlement, increase the risk for refugees to suffer from a variety of mental health issues, yet the identification and treatment of mental health problems has lagged behind.

Proposal:

Combine various support services for newly arrived immigrants and offer a 12-week program that will provide home visits, family support, mental health screenings, and referrals for services, as needed.

Innovative Component:

- Comprehensive family support for newly arrived immigrants, which includes a self care package, mental health assessment, referrals and linkages, direct mental health services, and peer support.

Proposed Annual Budget:

- \$360,652

INN10 – The Way Home

There is currently no reliable, affordable housing available to HCA clients. This underserved group struggles to identify viable living options where they can pursue recovery of their goals.

Proposal:

Offer a database of shared housing for consumers seeking affordable housing. Project will create a committee of consumers and providers to help establish voluntary standards of key elements of shared housing and a process to review homes to ensure they meet these basic standards. A listing of homes that have completed the process would be available through currently existing behavioral and mental health databases.

Innovative Component:

- Offer a database to expand access to shared housing

Proposed Annual Budget:

- \$304,553

INN11 – Traditional Chinese Medicine Based Online Meditation Program

Individuals struggling with mental illness often isolate or avoid seeking mental health treatment. Traditional Chinese Medicine has been shown to be an effective practice to help heal physical and mental health issues; however, 80% of people quit after two sessions. A web-based meditation program could reach underserved groups in the comfort and privacy of their own environment.

Proposal:

Create a web-based system designed to deliver and monitor a traditional Chinese meditation program.

Innovative Component:

- Practice of traditional Chinese meditation and use of a web-based system to monitor and track results of meditation technique specifically designed for mental health consumers

Proposed Annual Budget:

- \$290,100

INN12 – Whole Person Healing Initiative

Unmet spiritual needs can have a negative impact on health, increase healthcare costs, and may result in overuse of health care system (e.g., 70% of visits to PCP are related to psychosocial and emotional problems). Religion and spirituality have been shown to make a positive impact on health, suggesting a more holistic approach is needed in mental health treatment.

Proposal:

Integrate physical, mental, and spiritual health to treat mild to severe mental illness. This project proposes to use a multidisciplinary team of professionals (i.e., medical doctor, physician assistants, spiritual leaders, mental health workers, licensed clinicians) to address the whole person in mind, body, and spirit.

Innovative Component:

- Integration of physical, mental, and spiritual services
- Co-location of integrated physical, mental, and spiritual health services
- Use of consumer with shared faith and lived experience

Proposed Annual Budget:

- \$856,600

INN13 – Work of ARTE

Rates of unemployment and underemployment are high among those diagnosed with serious mental illness, specifically transitional age youth (TAY). Increasing employment rates would decrease toll on SSI, and improve mental health, self-esteem, and social connectedness. However, the single most commonly reported obstacle to employment among TAY is lack of confidence.

Proposal:

Create a food services business that provides hands-on job training and experience combined with on-site support staff who build participants' confidence in the workplace and help manage mental health symptoms and behaviors while on the job.

Innovative Component:

- Utilize full-time, on-site mental health and employment coaches to create a unique supported work environment for TAY that addresses a cognitive emotional component (self-confidence) in conjunction with building workplace experience.

Proposed Annual Budget:

- \$2,023,579

Questions?





Please complete the Innovations Round 3 Proposal Prioritization Form



Insert screen shot of form



Thank You!


