Food Safety Advisory Council Meeting Minutes June 24, 2015

• Meeting Called to Order.....Dr. Ata Baroudi, Chair Person

- Motion to call meeting to order was made. Motion seconded.
- Announced this is a joint meeting with Orange County and Long Beach.
- Room introductions were made.
- April Meeting notes were distributed via email prior to meeting, corrections discussed, reviewed, and noted. Motion to approve minutes as amended. Motion seconded. Minutes approved.
- Next meeting will be October 17th and held at the Gas Co facility in Downey.

Orange County FSAC – Todd Franz

- Shared that a letter has been drafted by OC FSAC to OC Board of Supervisors to bring inspection frequency back to previous level and will be sent to Board.
- Current OC FSAC contact list was distributed for updates to be made.
- Bread Tampering Case Mike Haller, Program Manager and Dr. Helene Calvet, Deputy Health Officer for OC,
 - Case of the Kings Day Bread Tampering
 - Holiday tradition in the Hispanic culture celebrated on January 6th each year.
 - Bread is baked with candies of color (red, green, white) and a baby Jesus is
 placed in the middle of the bread.
 - It is served at family gathering.
 - Time line of events presented.
 - January 4 at 2:00 a.m. 20 people at ER with complaints of dizziness and shortness of breath after eating the bread from a bakery in Santa Ana. One patient tested positive for methamphetamine so ER MD suspected tainted product and notified Police Dept. Bakery was closed at 6:45 a.m.
 - PD conducted investigation and found no evidence of criminal activity so turned it back over to EH.
 - Epi was contacted and brought into the investigation.
 - EH conducts onsite investigation ingredients, approved source of the products (how product received), food safety, water quality (backflow issues), Haz Mat, food and chemical storage and receiving (found chemicals stored with food), equipment/utensil sanitization, plumbing, employee knowledge, food handling.
 - Gathered contact list for all employees, ingredient list for bread, vendor and product information, distribution information, source of food, information on the baby Jesus figurine (from China).
 - Bakery remained closed by EH during the investigation.
 - Vermin infestation and several sanitation opportunities observed by EH health permit suspended.
 - Product being tracked and held at distribution facilities to be picked up for sampling embargo.
 - More illnesses are reported.
 - EH had all open product disposed, pointed out cleaning and sanitizing issues, all employees required to take a food education class held by OC, an approved pest control service was requested to eliminate harborage areas.
 - Water quality tested the back flow systems all in working order and water was not an ingredient in the bread.
 - Patients interviewed and found incubation period varied from 10 minutes to 2 hours which typically indicates chemical poising.
 - Day 2 another methamphetamine case, 1 opioid and 5 others with negative results. A laser was used to evaluate the bread (candy, baby

figure, powdered sugar, and inside the bread). Tests were inconclusive for substance identifications on inside of the bread.

- Lab testing resulted in no findings of toxins or chemical poisons (symptoms not matching)
- Used Nik test/Raman (Haz Mat) to test. Second test kit tested positive for presumptive methamphetamine from contaminated bread. Sent to OC crime lab for further testing.
- Total of 42 patients ranging in age from 2 88 with an average duration of 6 hours and incubation of 1 hour.
- Tests revealed synthetic cannabinoids also known as "Spice" or "K2". This is not detected by standard tox screen.
- Follow-up inspection by EH found operator failed to address the sanitation issues so permit not re-instated.
- More samples were taken from the bakery of open ingredients
- OC Police Department brought back into the investigation.
- Employee training scheduled and a re-inspection for 1/15. Again failure to comply, facility remain closed.
- Final inspection on 1/20 resulted in the re-instatement of the bakery permit and they were allowed to re-open.
- Still an open criminal investigation as to how the product was tainted.
- Lessons learned:
 - Communicate early with all programs.
 - Communicate early with outside partners regarding legal authority.
 - May need to think "outside the box" when it comes to public health authority regarding business closure.

• Measles in Orange County in 2015 – Dr. Calvert, Orange County Deputy Health Officer

- As of May 29, 2015 there have been 173 measles cases.
- Disneyland was determined to be source for majority of the cases.
- Measles is an airborne disease and very infectious.
- 8-12 day incubation period before symptoms appear.
- At about 14 days a rash develops.
- Prevention is the MMR vaccine.
- Measles is not foodborne can be transmitted through air in enclosed places.
- If someone exposed at a food facility:
 - Public Health will advise what to do
 - Will need a list of exposed employees and contact information
 - Will attempt to verify immunity status of employees
 - Some employees may be furloughed from work (from day 7 through day 21 after exposure)
 - May publish information about the exposure
- Federal Guidelines Menu Update James Dragan, Chief EH Specialist, LA County EH
 - Purpose provide customers with minimum nutrition information in a consistent, easy way before purchase.
 - 1990 Nutrition and Labeling Education Act did not apply to restaurants and other RTE foods. Some states enacted their own requirements.
 - Menu labeling final rule for restaurants and retail (20+ facilities doing business under same name) effective 1/1/15 and for vending machines 1/1/16.
 - Clearly and conspicuously display calorie information at sit-down and fast food restaurants, bakeries, coffee shops, and restaurant-type food establishments in certain grocery and c-stores, take-out and delivery food (i.e. pizza), purchased at drive through windows.
 - Not covered: foods sold at deli counter, typically intended for more than 1 person, bottle of liquor displayed behind a bar, food vehicles.

- Restaurant-type food defined as usually eaten on premises, while walking away or soon after arriving at another location. Food item is either served or process and prepared primarily in establishment.
- Standard menu items defined as a restaurant-type food routinely included on a menu/menu board or routinely offered as a self-serve food on display.
- Combo meal defined as 3 or more choices for that meal. Calories must be stated in range.
 - 2 choices in a combo meal for example would be displayed as 250/400.
- Calorie statement needs to be clearly displayed. Cannot be in smaller type than name or price of menu item.
- Salad bar/buffet calorie information must be displayed on signs near the food item.
- Additional information required on menu/menu board *2000 calories/day is used for general nutrition advice but calorie needs vary. Additional nutritional information available upon request. Menus targeted to children – 2 statements required: substitutes available, 1200-1400 calories per day for 4-8 year olds.
 - Required additional written nutritional information
 - Total calories
 - Calories from fat
 - Total fat
 - Saturated fat
 - Trans fat
- Recap:
 - Disclose calorie info on menu/menu boards for standard menu items
 - Post calorie information near foods on display/self-serve
 - Post a succinct statement concerning daily caloric intake minimums
 - Post on menus that written nutritional information is available upon request
 - Provide the following nutrition information for standard menu items total calories, calories from fat, total fat, saturated fat, trans fat, sodium, total carbs, fiber, sugars and protein
- This is a federal law so needs to get into Cal Code before it will be enforced.
- City of Long Beach Update Keith Allen, Program Supervisor for City of Long Beach
 Consumer Protection
 - Long Beach is 1 of 4 cities (Pasadena, Vernon, and Berkley) that hav its own Health Dept.
 - May 1, 2015 combined food and water programs under consumer protection.
 - January 1, 2015 approved by state as certified milk service (soft serve, frozen yogurt, dairy). Separate permit required.
 - Last month norovirus outbreak resulted in a food facility 3-day closure.

• 12:12 PM Meeting Adjourned – Dr. Ata Baroudi

• Reminder: Next meeting Wednesday, October 7, 2015