

# Mental Health Services Act

Steering Committee Meeting

February 1, 2016

1 p.m. – 3 p.m.

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**Mary Hale**

Behavioral Health Director

State/Local Update

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# **Jeff Nagel**

## MHSA Coordinator

MHSA Update

# Innovation Round 1 Projects

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PEER SPECIALISTS: OUR JOURNEY

# Round 1 Projects

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Integrated Community Services

Collective Solutions

Volunteer to Work

Orange County Acceptance through Compassionate Care, Empowerment, and Positive Transformation (OC ACCEPT)

OC4Vets

Orange County Community Cares Project

Project Life Coach

Training Services to Meet the Mental Health Needs of the Deaf Community

Brighter Futures



# Review and Updates

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Round 1 data outcomes from project launch to June 30, 2014 were presented to the MHSA Steering Committee in December 2014 and are available in the MHSA 15/16 Annual Plan:

<http://ochealthinfo.com/civicax/filebank/blobdload.aspx?BlobID=43268>

In January 2015, Steering Committee members voted to continue funding:

- Integrated Community Services
- OC4Vets
- OC ACCEPT
- Volunteer to Work

With the exception of two projects that completed services on June 30, 2014, all remaining projects completed services on December 31, 2015.

# Overview

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## Overarching Question

Can a well-trained consumer or family member be an effective paraprofessional in all clinical settings?

## Overarching Innovative Component

Peer Support services were provided in all programs

# Collective Solutions

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Collective Solutions provided counseling and supportive services to family members struggling to cope with or manage a loved one's symptoms of mental illness or co-occurring substance use disorder.

## **Additional Innovative Component:**

- Therapy and peer support services directly targeted family members

## **Goals:**

- Increase family's community support network
- Increase family's resilience, coping skills, and ability to manage crisis situations related to mental illness



# Project Life Coach

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PLC provided comprehensive life-coaching and supportive employment services to individuals with mental illness struggling to obtain employment, specifically individuals within the unserved and underserved monolingual or limited English proficiency communities in Orange County.

## **Additional Innovative Component:**

- Collaborations between ethnic-based service providers, behavioral health clinicians, and local ethnic community businesses

## **Goal:**

- Assist individuals living with mental illness find employment and access to community resources for the purpose of facilitating healthy acculturation

# Brighter Futures

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Brighter Futures provided community-based counseling and peer supportive services to families with children ages 6 to 13 who experienced social, emotional, and behavioral health problems.

## **Additional Innovative Component:**

- Served children ages 6-13 who were not eligible for other available services

## **Goals:**

- Increase access to behavioral health care among ethnic communities
- Improve family functioning, increase resilience, reduce isolation, and assist families in building support networks

# OC ACCEPT

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OC ACCEPT provides LGBTIQ-specific mental health services to address behavioral health issues disproportionately faced by the LGBTIQ community

## **Additional Innovative Component:**

- LGBTIQ-specific behavioral health services

## **Goals:**

- Provide a safe environment to express feelings, build resilience, become empowered, and connect with others for support
- Provide trainings on LGBTIQ specific topics to raise awareness, reduce stigma, and educate the community

# Integrated Community Services

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ICS is a collaboration between County Behavioral Health services and community medical clinics that provides access to integrated medical and mental health services to County and community participants

## **Additional Innovative Component:**

- Integration of medical and mental health services for County and community participants

## **Goal:**

- Fully integrate participants' physical and mental health care needs

# Conclusion

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For additional information about Orange County MHSA Innovation Projects:

<http://ochealthinfo.com/bhs/about/pi/mhsa/components/innovation>

Round 1 project outcomes are currently being gathered and analyzed for a final report to the Oversight and Accountability Commission

The final report will be posted on the Innovations website when it becomes available

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**Mary Hale**

Behavioral Health Director

Community Services and Supports Expansions

# Sharon Browning

**Action Item:** Approve the HCA recommendation on the new or expanded CSS programs to be funded in the MHSA FY 16/17 Annual Plan Update.

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# **Steering Committee Comments**



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# **Public Comments**

**Next Month:**

**MHSA**

**Steering Committee Meeting**

**March 7, 2016**

**1:00 p.m. – 4:00 p.m.**