

Orange County Health Care Agency
Behavioral Health Services

MHSA/PEI Three-Year Planning

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Overview

- ▶ Proposed Changes in Program Categories
- ▶ Proposed Changes in Estimated Expenditures
- ▶ Next Steps in Planning Process

Why make changes to program categories in the MHSA/PEI Plan?

- ▶ Some programs are very similar in service delivery or work closely together as a continuum of service and combining into one category makes sense and creates efficiencies
- ▶ Some program categories can have more descriptive titles to better capture intent of services
- ▶ Separating out some programs within a program category makes sense because of differences including target populations
- ▶ The ultimate goal is to make the Plan easier to understand and review

Service Areas

- ▶ The 3 Service Areas Include:
 1. Community Focused Services
 2. School Focused Services
 3. System Enhancement
- ▶ These service areas contain 30 prevention & early intervention programs.

Community Focused Services

- ▶ Stress Free Families
- ▶ OC CREW
- ▶ OCPPW
- ▶ Early Intervention Services for Older Adults
- ▶ Youth As Parents
- ▶ Community Counseling and Supportive Services
- ▶ Crisis Prevention Hotline
- ▶ Survivor's Support Services
- ▶ OCACCEPT
- ▶ Parent Education & Support Services
- ▶ Family Support Services
- ▶ Children's Support and Parenting Program (CSPP)
- ▶ Stop the Cycle
- ▶ Outreach & Engagement Services
- ▶ WarmLine
- ▶ Professional Assessment
- ▶ OC4Vets

Community Focused Service Changes

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| <p>Existing Programs</p> <ul style="list-style-type: none"> ▶ Orange County Postpartum Wellness Program (OCPPW) - pregnant women with depression and anxiety and mothers with postpartum depression ▶ Youth As Parents - pregnant and parenting teens who are at risk of behavioral health problems | <p>New Combined Program</p> <ul style="list-style-type: none"> ▶ Orange County Maternal & Family Wellness Program - early intervention program for mothers with postpartum depression, pregnant women with depression and anxiety and pregnant and parenting teens who are at risk of behavioral health problems |
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Community Focused Service Changes

Existing Programs

- ▶ **Children Support & Parenting Program (CSPP)**-targets families with a variety of stressors
- ▶ **Stop the Cycle**-targets families with actual or potential involvement in juvenile justice system

New Combined Program

- ▶ **Children Support & Parenting Program (CSPP)**-parent and family prevention program serving the combined target populations, making children less vulnerable to developing behavioral health problems

Community Focused Service Changes

Existing Programs

- ▶ **Parent Education and Support Services**-parent education for families with children, age 0-12
- ▶ **Family Support Services**-parent education for families, with children, age 13-18, and supportive services for families struggling with behavioral health conditions

New Programs

- ▶ **Parent Education Services**-combining parent education services for families, with children, age 0-18
- ▶ **Family Support Services**-provides educational and supportive services for families struggling with behavioral health conditions

Community Focused Service Changes

Existing Program

- ▶ **Professional Assessors**-serves individuals who may be experiencing untreated depression and/or anxiety. Includes a staff for Court Support for Vets and staff at the UCI Family Health Centers

New Programs

- ▶ **OC4Vets**-move staff to OC4Vets for Court Support Services to continue the same services
- ▶ **Community Counseling & Supportive Services (CCSS)**-move two staff to CCSS as an outreach component to the program

School Focused Services

- ▶ School Based Mental Health Services
- ▶ School Based Behavioral Health Intervention and Support-Early Intervention Services
- ▶ School Readiness/Connect the Tots
- ▶ College Veterans Services (The Drop Zone)
- ▶ School Based Behavioral Health Intervention and Support
- ▶ Violence Prevention Education
- ▶ Transitions
- ▶ School Based Stress Management Services

School Focused Services Changes

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| <p>Existing Programs</p> <ul style="list-style-type: none"> ▶ School Based Mental Health Services Program-early intervention services in schools targeting students with mild behavioral health conditions ▶ Transitions-prevention services in schools targeting students transitioning to middle and high school | <p>New Combined Program</p> <ul style="list-style-type: none"> ▶ School Based Mental Health Services program-a combined prevention and early intervention program provided to students in elementary, middle and high schools with demonstrated need for services. |
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School Focused Services Changes

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| <p>Existing Programs</p> <ul style="list-style-type: none"> ▶ School Readiness /Connect the Tots Programs-serves families with children, age 0-6, who are exhibiting behavioral problems ▶ School Readiness Program-serves South OC families ▶ Connect the Tots Program-serves North OC families | <p>New Programs</p> <ul style="list-style-type: none"> ▶ School Readiness /Connect the Tots Programs-both serve families throughout OC with children, age 0-8, who are exhibiting behavioral problems ▶ Connect the Tots-serves families that need additional support beyond school readiness |
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School Focused Services Changes

Existing Program

- ▶ **Violence Prevention Education**-services to reduce violence and its impact in school, local neighborhoods and families

New Programs

- ▶ **Violence Prevention Education**-services available to all school districts, K-12
- ▶ **Gang Prevention Services**-services available to 4th through 8th grader youth at risk of gang involvement in schools identified in high risk areas

School Focused Services Changes

Existing Program

- ▶ **College Veterans Services (Drop Zone)**- uses peers to provide behavioral health screening and assessment, case management and referral/linkage

New Program

- ▶ **Early Intervention Services for Veteran Students**- expands peer services to counseling & other interventions designed to address behavioral health issues in Veteran college students

System Enhancements

- ▶ Information & Referral
- ▶ Training, Assessment & Coordination
- ▶ Training on Physical Fitness & Nutrition Services
- ▶ Stigma Reduction/Elimination
- ▶ Statewide Projects

System Enhancements - Considerations for Free-Up Funding

- ▶ **Training, Assessment & Coordination:** A training needs assessment was completed and training needs were identified. Some of the identified training needs will be provided by existing programs and programs currently going out to bid instead, freeing up \$276,167
- ▶ **Training on Physical Fitness & Nutrition Services:** program has significantly underspent, freeing up \$35,000
- ▶ **Statewide Projects:** currently, CalMHSA is working on the next phase of implementation and working on a Statewide impact report. Funding has been kept level, however it is uncertain at this time if funding will be reduced and freed up for other uses

NEW PEI Programs Categories

- ▶ Stress Free Families
- ▶ OC CREW
- ▶ OC Maternal Family Wellness
- ▶ EIS for Older Adults
- ▶ Community Counseling & SS
- ▶ Crisis Prevention Hotline
- ▶ Survivor's Support Services
- ▶ Parent Education Services
- ▶ Family Support Services
- ▶ CSPP
- ▶ BHS O&E Team
- ▶ O&E Collaborative
- ▶ Warmline
- ▶ OCACCEPT
- ▶ OCEvets
- ▶ **SB Mental Health Services**
- ▶ **SB Behavioral Health Intervention and Supports (SBBHIS)**
- ▶ **SBBHIS-EIS**
- ▶ **School Readiness/Connect Tots**
- ▶ **Veterans SB EIS**
- ▶ **Violence Prevention Education**
- ▶ **Gang Prevention Services**
- ▶ **SB Stress Management Services**
- ▶ **Information & Referral/OCLinks**
- ▶ **Training, Assessment & Coordination Services**
- ▶ **Training for Physical Fitness**
- ▶ **Mental Health Community Educational Events**
- ▶ **Statewide Projects**

Proposed Program Expansions

- ▶ **BHS Outreach & Engagement: \$300,000** to assist with the expanded need for services for the homeless
- ▶ **Veteran College Services** would be expanded by **\$250,000** and combined with the \$150,000 from Drop Zone funding would provide \$400,000 for early intervention Veteran services at colleges
- ▶ **The School Readiness Program: \$400,000** to expand existing programs, increasing target population and geographic region of both programs to OC wide

Budget Details

- ▶ Estimated PEI Expenditures is \$34,952,761 in existing 3-year Plan
- ▶ Estimated PEI Expenditure is \$35,453,761 for the new 3-year Plan
- ▶ Estimated \$500,000 annual increase in available funds
- ▶ Approximately, \$1,200,000 annual dollars freed up by right-sizing programs
- ▶ Approximately, \$700,000 annual dollars added to existing programs to maintain services at current service levels
- ▶ Approximately, \$950,000 annual dollars added for expanded programming

Next Steps

- ▶ MHSa Steering Committee approves budget in December
- ▶ MHSa Three-year Plan is completed in early 2017
- ▶ MHSa Three-year Plan is Posted for Comment and Public Hearing by the Mental Health Advisory Board
- ▶ MHSa Three-year plan is approved by Board of Supervisors in May

Thank You!

Questions?
