



Cathy Stills, Chair
Stacy Deeble-Reynolds,
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Geoffrey Henderson,
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ALCOHOL & DRUG ADVISORY BOARD

**Hall of Administration
Planning Commission Hearing Room
333 W. Santa Ana Blvd.
Santa Ana, CA 92701**

**September 1, 2016
9:00 a.m. – 10:30 a.m.
Minutes**

Members Present: Stacy Deeble-Reynolds, Johnnie Harris, Geoffrey Henderson, Debra Kelsey, Cathy Stills, Frederick Williams

Members Absent: Margaret Fleitman, Milton Mucker, Lorraine Martinez, Roy Richardson, Lori Sanjuan

I. Opening at 9:05 a.m.

- Each board member and guest introduced themselves and their respective affiliations.

II. Approval of Minutes: Action Item

- The minutes of July 7, 2016 were approved with edits, and placed on file.
Motion: Stacy Deeble- Reynolds
Second: Geoffrey Henderson
Vote: Approved, 6 yes/0 no

III. Committee Reports

- *Legislation Committee – Roy Richardson*
 - Legislation that was recently passed, raised legal age to purchase cigarettes from 18 to 21 years of age. In addition, he advised that Assembly Bill (AB) 2240, AB 821, AB 730 have all been passed by the governor.
- *Membership Committee- Lorraine Martinez*
 - No update
- *Nominating Committee- Lorraine Martinez*
 - No update

- *Mental Health Board Liaison- Cathy Stills*
 - Grandma's House of Hope was added in July, as a short term services provider for women. The Santiago Depot had a groundbreaking ceremony in August 2016, and will be adding 10 beds. The Rockwood Apartments are scheduled to start taking clients and will have 15 beds. Two additional programs were approved by the Board of Supervisors (BOS), one in Fullerton for Adults and one in Yorba Linda for Transitional Aged Youth (TAY). In addition, the LG Manor for older adults was closed.
 - The County has put out a solicitation for Crisis Stabilization Units, currently there is one in Santa Ana and they are looking to open two more units. The BOS approved a contract with Orange County Department of Education (OCDE), School Based Stressed Management Education Services for teachers and students K-12; this program will start in August. Furthermore, the third round of Innovation services has begun and will offer supportive employment services for the mental health population; one for TAY and two for adults.

- *Provider Meeting- Cathy Stills and Lorraine Martinez*
 - No update

- *Criminal Justice Treatment Committee – Geoff Henderson*
 - Geoff informed the board of the Orange County Re-Entry Partnership (OCREP) meeting that took place in July, it focused on treatment modalities in residential and outpatient services. The next meeting will focus on employment and will take place on September 13, 2016, from 3-5pm. The Re-Entry Conference was well attended and covered topics on substance abuse and mental health. The next conference will be on October 19th, at the Ontario Airport Hotel.
 - The Solace foundations is running low on Naloxone supplies, however they continue to do a great job at reducing overdoses. Geoff suggested the ADAB support these efforts and possibly offer this support through a recommendation letter for an increase in Naloxone supplies to the Board.

- Community Collaborative Committee:
 - *Orange County RX & OTC Coalition: Margaret Fleitman*
 - Their next meeting will be at OCDE on September 15, 2016, their focus will be on prevention of drug use.
 - *Orange County Substance Abuse Prevention Network (OCSAPN): Stacey Deeble-Reynolds*
 - Stacy provided information on the upcoming OCSAPN conference taking place on September 22, 2016, 9am – 1pm, at the Costa Mesa Neighborhood Community Center; she also provided an overview of topics for this conference.
 - *Mental Health Services ACT (MHSA) Steering Committee: Cathy Stills, Geoff Henderson*
 - No update.
 - *Orange County Tobacco Education Coalition (OCTEC): Stacy Deeble-Reynolds*
 - The Coalition is advocating for Prop 56 which will be on the ballot in November; it will increase tax on e-cigarettes and other tobacco products. Research has shown that when there is a tax increase on tobacco products, the use trends tend to go down.

IV. Old Business-

- Cathy Stills – Letter to obtain funding for drug and alcohol prevention services for youth
Stacy and Cathy met with Mary Hale, Brett O'Brien, and Mark Lawrenz and learned about the advisory role of the ADAB members. They learned that they advise Mary Hale and Behavioral Health Services (BHS) administration staff rather than directly advising the BOS. The ADAB may make recommendations and advise any concerns to BHS staff at the ADAB meetings. In addition, the ADAB may ask the BOS to take positions on certain legislation. Furthermore, it was suggested that the ADAB re-take their role in hosting events possibly jointly with Health Care Agency and /or community programs or the Board offices. Finally, Mary proposed that there be a representative from the ADAB on the MHSA Steering Committee; Debra Kelsey volunteered as the representative and Stacy volunteered to be the alternate.

V. New Business-

- Cathy Stills- Bylaw Amendment Discussion
 - Cathy advised the members of a BOS directive of July 12, 2016, which proposes revisions to the bylaws with included language requiring members who are eligible to vote to be registered to vote. There was mention of a possible addition that members also be a resident of Orange County. There was discussion and concern on the residency language, as some members work in Orange County but do not reside in Orange County. Given that this is a Board directive there is no further discussion on the amendment requiring members to be registered to vote. The ADAB will add the voting of the Amendment to their agenda for the meeting in October, to comply with Brown Act.
- Cathy Stills- Joint meeting: Mental Health Board (MHB) and (ADAB)
 - Cathy discussed possible dates to hold the joint meeting. However, due to conflicting events, it was decided that both Chairs will have discussion on email and set a date in October or November to hold this meeting. The ADAB members will be notified via email of the confirmed date.

VI. Behavioral Health Services (BHS):

Mitch Cherness – Mitch presented their gate keeper who will be overseeing all authorizations to get into residential treatment. Currently there are 230 people on the waitlist, however, while clients are on the waitlist for treatment they can engage with the providers prior to entering treatment. Women are able to get into treatment right away, injection drug users approximately a 2 weeks wait, and everyone else 4 or more weeks. They are doing their best to increase the number of beds, currently they have new providers that are providing additional beds.

Sandra Fair – The Drug Medi-Cal project presentations have been provided in all five (5) districts and are close to completing the plan. They are needing all providers to obtain Drug Medi-Cal certification, the state is providing webinars and websites to help with this certification. They have learned that about eight to nine thousand people would be seeking treatment, ages 12 and older. They anticipate their capacity should be sufficient for outpatient, however they see a possible gap in residential treatment.

Brett O'Brien- Brett clarified the ADAB representation on the MHSA Steering Committee, he advised that their role on this board would include making recommendation for prevention and early intervention services for substance use and mental health issues. In addition, he informed the board of a Marijuana Awareness Conference taking place in Silicon Valley on September 8 - 9, 2016. They would like to bring back information learned at this conference and consider possibly hosting a similar conference in Orange County with the help of the ADAB. There will also be a Community First Conference on October 26th that will focus on opiates; he welcomes the board's participation at this conference. Finally, September is National Recovery month, more information can be found on recoverymonth.gov and at suicideispreventable.org for suicide prevention week.

VII. Presentation

When Clients Won't Stop Drinking

By: Adi Jaffe, Ph.D., Co- Founder & Executive Director
Alternatives Behavioral Health, LLC.

Dr. Jaffe provided a comprehensive overview on the prevalence of alcohol use today. He included information on alcohol use disorders and levels of severity, followed by treatment methods. The presenter provided data outcomes and clinical case examples of those using their treatment goal selection. For additional information, contact Karla Amezcua at kamezquita@ochca.com.

VIII. ADEPT Report

- Amy Buch -
 - Amy shared of some activities being offered in the community: National Family day is on September 26th, it encourages family engagement and parent / child communication. There will be Red Ribbon training activities on September 19th and September 27th, to train on different strategies and techniques for engagement. The Red Ribbon Walk will be on Oct 15th.

IX. Public Comment –

- Angela Gotts- A student at California State University, Fullerton and outreach coordinator of the Substance Abuse Awareness and Prevention Student Association, shared they promote harm reduction and awareness on campus and in the community. In addition, she shared they would like to offer their volunteer services for any community events or projects.

X. Adjournment

- 10:37 a.m.

Note: Copies of all writings pertaining to items in these ADAB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5th Street, Suite 354, Santa Ana, CA 92701, 714.834.5481 or Email: kamezquita@ochca.com