



Mental Health Services Act

Steering Committee Meeting

February 6, 2017

1 p.m. – 4 p.m.

Mary Hale

Behavioral Health Director

- State Update
 - Drug Medi-Cal
 - Co-Located Services

Jeff Nagel

Director of Operations

- Local Initiatives
 - No Place Like Home
 - Prop 47
 - Whole Person Care

Denise Cuellar

President, Community
Action Advisory Committee

CAAC Update

Sharon Ishikawa

MHSA Coordinator

- MHSA Update
 - RFP Panel Announcement
 - MHSA@ochca.com
 - Budget Revision Update

MHSA Three-Year Plan

FY 17/18 – 19/20

Proposed Budget Amendments

February 6, 2017

Proposed Children's CSS Changes

Crisis Residential	FY 17- 18	FY 18- 19	FY 19- 20
Approved Budget	\$3,168,248	\$3,168,248	\$3,168,248
Additional MHSA Funds Requested	170,000	170,000	170,000
NEW TOTAL	\$3,338,248	\$3,338,248	\$3,338,248

Proposed Adult CSS Changes

Wellness Centers	FY 17- 18	FY 18- 19	FY 19- 20
Approved Budget	\$3,054,351	\$3,054,351	\$3,054,351
Additional MHSA Funds Requested	200,000	200,000	200,000
TOTAL	\$3,254,351	\$3,254,351	\$3,254,351

Integrated Community Services	FY 17- 18	FY 18- 19	FY 19- 20
Approved Budget	\$1,348,000	\$1,848,000	\$1,848,000
Additional MHSA Being Requested	500,000	0	0
TOTAL	\$1,848,000	\$1,848,000	\$1,848,000

Proposed Total MHSA Changes

Overall MHSA Budget Totals	FY 17- 18	FY 18- 19	FY 19- 20
Total New Funds Requested <i>(with Administrative Costs)</i>	1,026,600	436,600	436,600
NEW TOTAL REQUESTED	168,639,006	188,793,624	181,147,955

ACTION ITEM

- Approve the budget revisions to be included in the MHSA 3-Year Plan FY 17-18, FY 18-19, FY 19-20

YEAR ONE of
**Strong Families, Strong Children
 Innovation Project**



MILITARY DISTINCTION

Military families is a term that can encompass the families of:

- ❖ Veterans
- ❖ Active Duty
- ❖ National Guard
- ❖ Reserve

The VA serves the veteran only.

❖ *The children of veterans are far less visible than those living in families whose parents are on active duty, because the children of veterans are not eligible for most of the services provided to military families.*



THE NEED

- Based on available data, it can be estimated:
 - *12,600 veteran households in Orange County have children with a total of 18,900 children in these families.*
- 30-35% of veterans are affected by trauma and substance use disorders:
 - *An estimated 5,662-6,615 children in veteran families in Orange County are affected by these conditions of their veteran parent(s)*
- Domestic violence affects 20% of military couples in which the service member has been deployed for at least 6 months

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WHO ARE WE?



Strong Families, Strong Children is a community-based collaboration that serves the military family holistically, with ongoing services and support; leveraging the expertise, skills, and resources of its 5 partner agencies

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SFSC Partners

FAMILIES FORWARD

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Mission

SFSC's mission is to improve the health and well-being of veterans and military families, and their children throughout Orange County by engaging the community, providing needed services, building resiliency, and creating safer, more stable home environments.



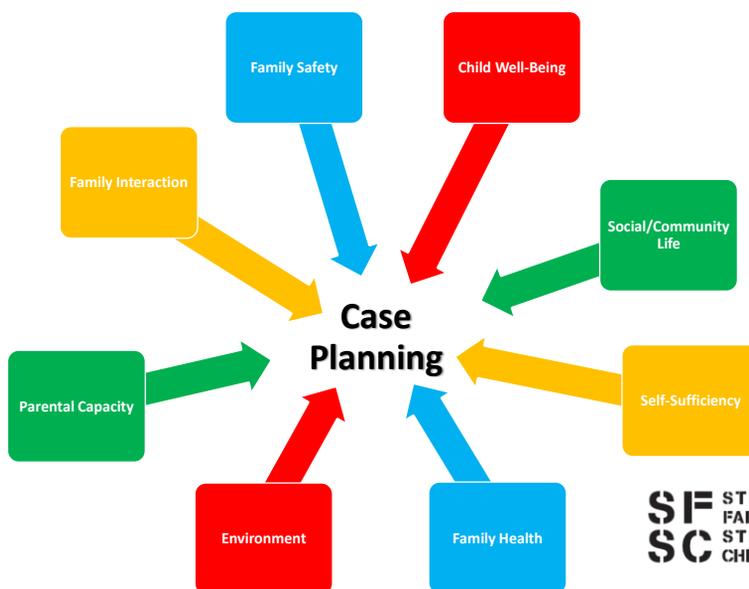


WHO WE SERVE.....

- The spouse or partner of a deployed service member seeking support
- A new guardian of a child because of a parental deployment
- A newly separated veteran family
- Parents, children, and family members experiencing transitional challenges
- Parents/Family members experiencing challenges due to discharge status



SFSC APPROACH



We Provide Services, Referrals and linkages
FOR:

- Basic needs (food, clothing)
- Housing
- Mental Health
- Early Intervention Services
- Domestic Violence Prevention
- Legal Services
- Financial literacy services
- Employment services
- Education benefits



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UCLA FOCUS RESILIENCY PROGRAM (FAMILIES OVER COMING UNDER STRESS)

- The FOCUS intervention aims to improve parent-child wellbeing and family functioning.
- FOCUS is derived from research of military related risk and protective factors.
- Evidence-based practice.

Family-level Resilience Skills

- Emotional Regulation
- Problem Solving
- Communication
- Managing Deployment, Trauma or Loss Reminders
- Establish Readiness and Goal Setting

Peer Navigation

- Coordinated, culturally-competent services, supports, and evaluation help meet the unique challenges of underserved military family members.
- Peer Navigators provide families one-on-one support through outreach activities, resource linkage and community referrals.
- Case Management services are provided in-home, at clinics, and in the community
- While there are resources available, finding them throughout the county and be confusing & exhausting without the help of someone that knows where to go and who to talk with.



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Military-Connected Clinical Case MANAGERS Provide:

- Assistance in managing the impact of traumatic events and experiences for children and family members.
- Collaborative, team approach to case management.
- Confidential assessment, short-term individual and family therapy.
- **Confidential** services - we are not DOD or VA. Information about the family is never shared without written permission.

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Building Healthy Relationships... Together

Founded in 1967 by concerned parents and professionals, Child Guidance Center's (CGC's) mission is to provide quality outpatient mental health, trauma and child abuse treatment services; empower children and families to reach their potential; and to educate about the importance of prevention and treatment.

- Community-based services provided at 7 clinic/satellite locations, at schools, in-home
- 70+ MA., PhD., and MD-level clinicians treat 1000+ OC children and families weekly
- 68% of staff are bilingual, bicultural
- Breadth of evidence-based services including trauma focused treatment, Parent-Child Interaction Therapy, PEERs Program, EMDR, and others.
- 80% of post-treatment outcomes show statistically significant improvements in levels of parent/family stress, depression, anxiety, and child behavior problems.
- 20+ years of collaborative partnerships
- 10% of CGC's families identify as military-connected.

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Mission: Human Options provides safe haven and life changing programs to help abused women, their children and families rebuild their lives – and works with the community to break the cycle of domestic violence.

Vision: A world in which no woman or child should ever feel afraid in her/his home.

- 24 Hour Hotline
- Emergency Shelter
- Transitional Housing
- Prevention and Awareness
- Services for Military Families
- Workshops and Clinics
- Safe Options for Seniors

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- Human Options Domestic Violence Peer Navigator provides support to military connected victims of domestic violence and their families by linking clients to domestic violence specific and non-domestic violence specific services throughout Orange County and providing case management
- Serves as primary Peer Navigator/Court Liaison in the Domestic Violence Military Court Program, and provides victims with information and referral to the Strong Families Strong Children program



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Our Story

Starting with 5 rented apartments in 1984, Families Forward has expanded to work with hundreds of families to regain economic independence and find a stable home for their children. Our vision is to end homelessness for local families.

Our Mission

Families Forward exists to help families in need, achieve and maintain self-sufficiency through housing, food, counseling, education, and other support services.

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Families Forward Services to SFSC Participants

Rapid Rehousing/Food/Wellness Check/Furniture
Interim/Tenant Screening/ Rapid Rehousing /Food Pantry/Gift cards/Furniture
Prevention/Diversion
Interim/Tenant Screening/Food/ Rapid Rehousing
Tenant Screening - Rapid Rehousing
Rapid Rehousing /Food/Gift Cards/Furniture/Career Coaching
Tenant Screening - Rapid Rehousing
Rapid Rehousing /Food
Tenant Screening - Rapid Rehousing
Housing Consultation
Motel Assistance/Emergency Food
Tenant Screening/Emergency Food/Motel Assistance

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Veterans Legal Institute® (VLI) provides pro bono legal assistance to homeless and low income current and former service members so as to eradicate barriers to housing, education, employment and healthcare and foster self-sufficiency. VLI handles:

- VA CLAIMS
- DISCHARGE UPGRADES
- LEGAL SERVICES
- ESTATE PLANNING
- EXPUNGEMENTS

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VLI Services Provided to SFSC Participants



Reason for Referral	Successful Resolution?
Eviction	Negotiated 2 weeks before lockout could begin.
Child Custody	Currently receiving comprehensive legal services from pro bono attorney.
Child Custody	Working with Pro Bono attorney;
Discharge Upgrade (past), Landlord Complaint, Credit Dispute	Awaiting documentation for discharge upgrade. No valid legal claim for landlord issue. Awaiting credit report to reflect disputed items.
Domestic Violence Defense - Small Claims Dispute Negotiation	DV charge dissolved, settlement to avoid small claims litigation negotiated
Power of Attorney, Eviction Appeal	POA drafted, unwilling to assist with eviction appeal.
Child Custody Representation and Advice	Interpreted documents and provided advice.
Custody of Children, Citizenship	Working on expungements and other matters
Custody Agreement modification	Completed
Legal Issues	Custody Agreement
Child Custody and child support	In Process
Survival Benefits Eligibility Questions	Rejecting Believing VSO Issue, Attempting to Contact to Investigate Further
Child Custody and Potential Adoption	In Process
End of life issues	Drafted Power of Attorney, coordinated with bank to get friend listed on accounts, assisted with Will
Unlawful Detainer	Negotiated settlement, repaid back rent with SSFV assistance.
Citizenship	In Process
Landlord Harassment	Negotiated with Landlord to cease harassment until end of lease. Offered to assist filing small claims action against LL.
Benefits	In Process



- Children and Family Futures (CFF) conducts research and evaluation projects that measure the effectiveness of programs in improving the safety, permanency, well-being and recovery outcomes for children and families affected by trauma, substance use and mental disorders who are involved in the child welfare and family court systems.
- CFF's projects include veterans courts in rural communities as well as some of the country's largest family drug courts; CFF also works with interagency projects that involve child welfare, treatment agencies, family courts, and other child- and family-serving agencies in more than one hundred sites annually.
- CFF's Research Division is responsible for every facet of evaluation including design, instrument construction, instrument development, data analysis, logic modeling, data collection, analysis, synthesis and reporting; these projects are funded by federal, state, and local agencies throughout the nation.



SFSC Partners Collaboration

Collaboration = Shared results = Accountability = Sustainability

Shared outcomes = resources + results in a genuine partnership of accountability

- Data-driven, results-based accountability, integrated services driven by facts

Partnerships rest on trust and trust grows out of relationships built over time

- Relationships, personalities, making it work with people



Collaborative Capacity Instrument (CCI)

The Collaborative Capacity Instrument was developed by CFF staff to be used as a self-assessment by agencies who are preparing to work with each other.

The questions were designed to elicit discussion among/within agencies about their readiness for closer work with each other.

The CCI informed the SFSC partners' work with each other.



CCI Findings

Consensus

- Agreement on mission and values
- Breadth of likely community support
- Developing outreach to enroll veterans and family members
- Client- and family-driven vs. agency-driven



Differences

- Clarity about how referrals would work

Don't know

- Adequacy of funding
- Focus on sustaining funding



Collaboration Among the Partners

- Understanding the different **missions**, funding streams, and **eligibility criteria** of each of the five operating agencies
- Agreeing upon **common definitions of key terms** used by the SFSC members and funders: intake, enrollment, peer navigators, screening and assessment, linkages, and referrals
- Developing **decision-making rules and procedures** that were able to ensure timely responses identified by front-line staff who were closest to the clients.



Collaboration Among the Partners

- Developing **reliable sources of referrals** from external agencies to the SFSC intake staff
- Adjusting to **multiple funding sources** with different requirements
- Mastering the fragmented “system” of **external resources** needed by military/veteran families
- Developing **reliable data systems** that moved information on clients across agency boundaries



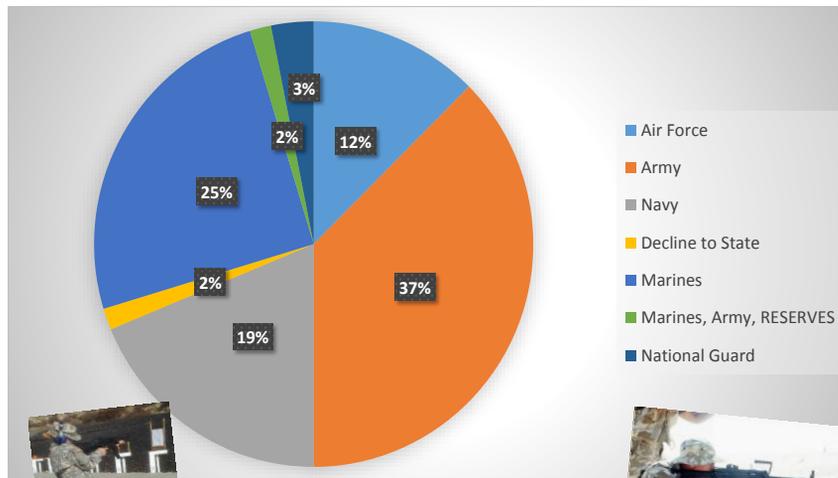
Year 1 Summary Data

- 75 Outreach/Engagement Activities
- 64 Families Enrolled
- 192 Family Members Served
- 204 Referrals
- 105 Linkages

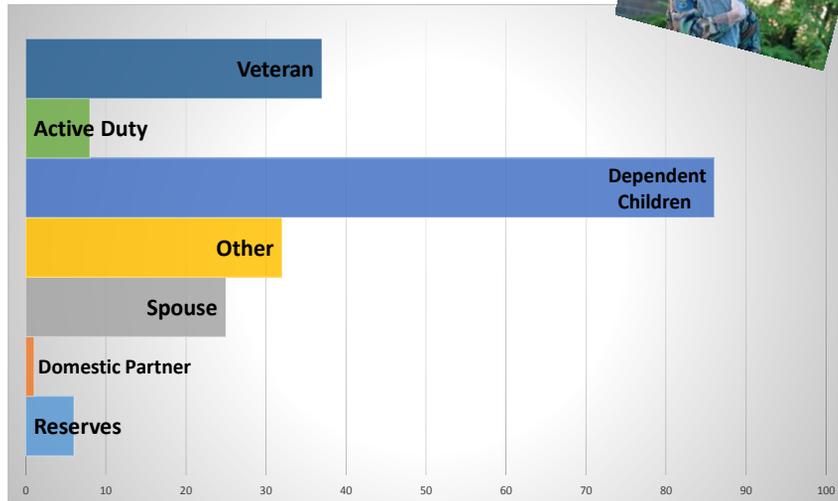


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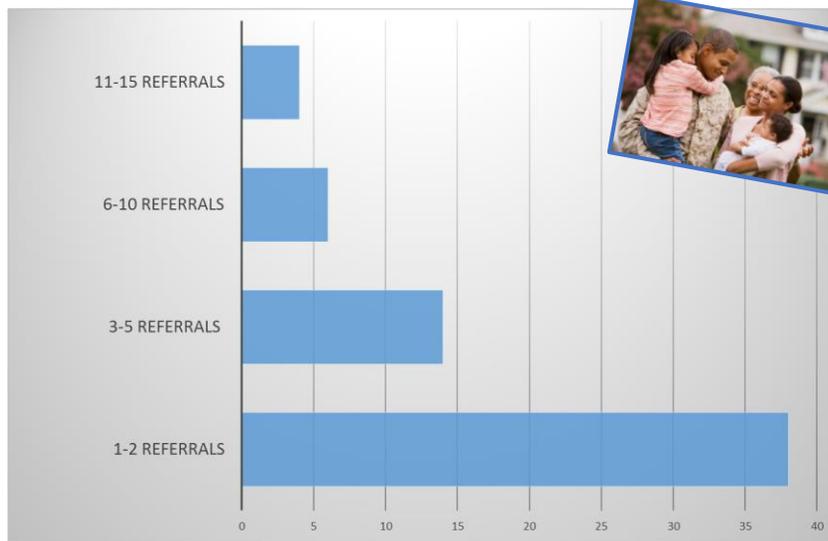
Branch of Service



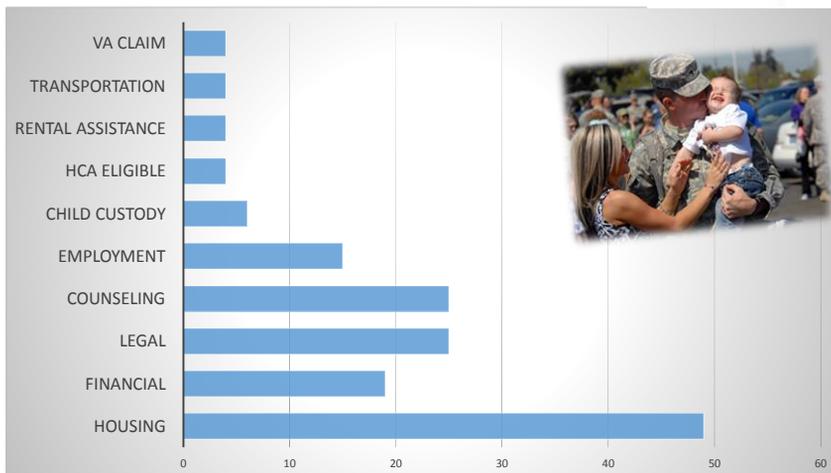
Military Connection



Family Referrals



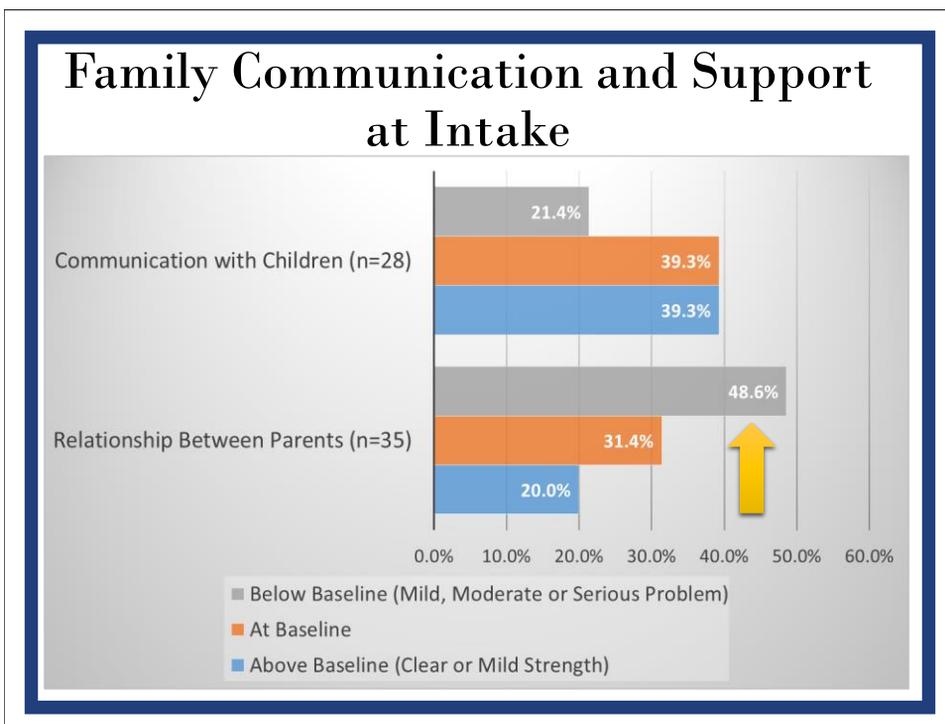
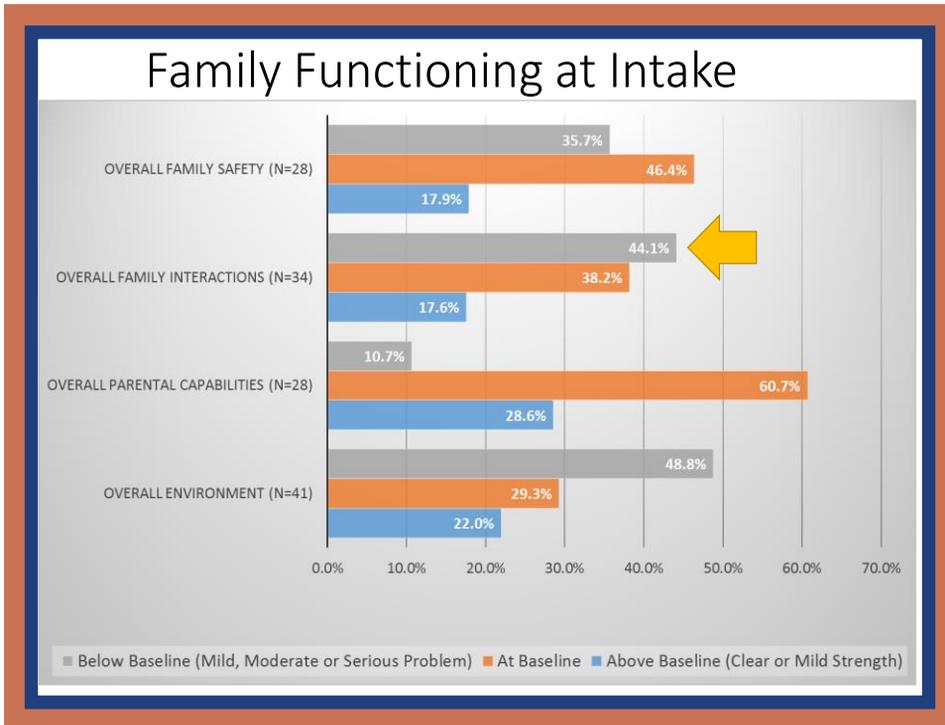
Type of Referrals

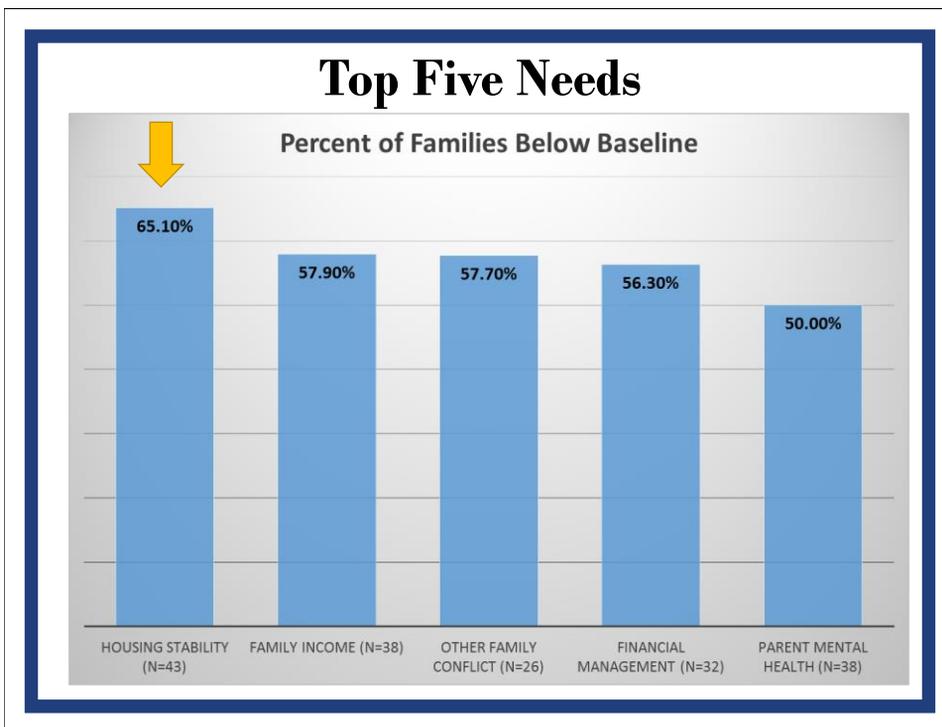


North Carolina Family Assessment Scale (NCFAS) Findings

- Includes 5 domains that measure family functioning: Environment, Parental Capabilities, Family Interaction, Safety, and Child Well-Being.
- 46 families were included in initial review
- The level of family issues appears serious enough to justify the original premise of the program that these families need help as a family unit.
- Family Interactions and Family Health were rated as below baseline for nearly half of all families
- There are also positive indications that appear to reinforce the literature on the resiliency resources available in veteran and military-connected families; these families have definite strengths as well as needs.
- These preliminary findings document the level of need among veteran families entering the SFSC program in Year One

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Achievements/Successes

- Recruitment of a strong, culturally-competent team
- OC4Vets an integral partner
- Effective communications with external agencies referring to and receiving referrals from SFSC
- Development of strong relationships with community agencies that are serving veterans



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Lessons Learned

- Referrals from the courts; a complex process
- Multiple agency data systems
- Strategic outreach
- Fragmented system of external agencies for veterans
- Orange County's high-cost housing rental market
 - Resulted in those needs being paramount when families were initially assessed; family functioning is affected by lack of stable housing.
- Research/literature on impact of deployment on families conforms to severity of needs among these families.
- The children of veterans exhibit both resiliency and secondary effects of their parents' trauma and other behavioral health problems.
- A major focal point of Year Two will be deeper analysis of how mental health, family functioning, economic self-sufficiency, and housing needs all interact to affect veteran families.



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What Are they saying about SFSC?

"Great program-
really helped
w/counseling and
through the
Holiday! "

"I'm happy that I can bring my children to a place that understands the unique set of challenges that military families face during deployments. As a U.S. Veteran to have a peer specialist that provides an environment for my children where they can share openly is very important. Having been divorced from their mother one of my goals is to create an enriching environment where they have every opportunity at my disposal to provide a fulfilling life for them as well as myself. "



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What Are they saying about SFSC?

They connected with me very well and showed true concern.



Very friendly and understanding.

I would recommend this program to the family of veterans (siblings, spouses, kids) who are experiencing some kind of mental emotion in relations to PTSD-the program is really good. Thanks for this program.

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Our collaborative approach is to help these children and families get the help they need through military connected trusted resources

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**Thank you to our
SFSC Funders:**



LIVE UNITED



Orange County United Way



**In the military family, everyone
serves.**



For more information, please contact us at:
(714) 953-4455 ext. 661 or online at:
www.ocstrongfamilies.org



- Steering Committee Member Comments

- Members of the Public Comments