



Updated July 30, 2017

Purpose

- The Y-OQ® 2.01 PG provides a quick but comprehensive snapshot of parent/guardian perceptions of their child's current functioning.
- Intake scores (subscales, critical items, individual items) can help identify areas of immediate clinical concern and aid in treatment planning.
- The Y-OQ® is sensitive to short-term change, making it useful for evaluating client progress at any point during treatment.
- Information gleaned from the Y-OQ® 2.01 PG may be helpful in discharge planning.

Administration

- Parents/guardians of children between the **ages of 4 and 17** complete the Y-OQ® 2.01 PG.
- Encourage respondents to **answer every question** as accurately as possible.
- Respondents should indicate how true each statement is for his/her child during the **past 7 days**.
- The Y-OQ® 2.01 PG can be administered by non-clinical staff, but must be interpreted by a trained clinician.
- The Y-OQ® 2.01 is done at **intake, periodic intervals thereafter**, and at **discharge** (even if < 1 month from last valid administration).

Y-OQ® 2.01 Parent/Guardian Quick Guide

Youth Outcome Questionnaire® 2.01 Parent/Guardian Report

Information taken from the Y-OQ® 2.01 Manual (2005) and OQ® Clinician Manual (2002)

Interpretation

Total Score

- High Total Scores (≥ 47) reflect the parent/guardian's perceptions that their child is experiencing a high level of distress.

Critical Items (CI)

- High subscale scores (≥ 6) indicate the parent identified one or more items that require more immediate clinical follow-up. See reverse for list of items.

Intrapersonal Distress (ID)

- High scores (≥ 17) indicate the parent/guardian is reporting that the child is experiencing a great deal of emotional distress characterized by symptoms of anxiety, depression, fearfulness, etc.

Somatic (S)

- High scores (≥ 6) reflect a parent/guardian's concern regarding the number of physical and/or somatic concerns their child/youth displays or reports (i.e., headache, stomach problems, bowel problems, dizziness, etc.).

Interpersonal Relations (IR)

- High scores (≥ 5) indicate the parent/care provider reports the child experiences considerable interpersonal difficulty with parents/guardians, other adults and/or peers (i.e., aggression, defiance, conflict).
- Low scores indicate the parent reports that the client demonstrates a cooperative attitude and interactions

Social Problems (SP)

- High scores (≥ 4) suggest the child displays a number of behaviors that violate school norms and/or expectations (e.g., delinquent or aggressive behaviors, etc.).

Behavioral Dysfunction (BD)

- High scores (≥ 13) indicate the parent/guardian reports the child is experiencing difficulty with attention, concentration, managing impulsive behaviors, organizing and completing tasks, and handling frustration.

Scoring

Same Day Scoring

- Administer on paper
- Confirm responses are valid (*see reverse*)
- Enter into the EHR
- Review and document on "Score Review" tab
- Follow up with client as appropriate, document in Progress Note

Subscale	Score Range	Clinical Cutoff
Total Score	-16 to 240	≥ 47
Critical Items (CI)	0 to 36	≥ 6
Intrapersonal Distress (ID)	-4 to 68	≥ 17
Somatic (S)	0 to 32	≥ 6
Interpersonal Relations (IR)	-6 to 34	≥ 5
Social Problems (SP)	-2 to 30	≥ 4
Behavioral Dysfunction (BD)	-4 to 40	≥ 13

Y-OQ® 2.01 Parent/Guardian Quick Guide

Invalid Administration	Critical Items
<p>(Missing or ‘Unscoreable’ Items)</p> <ul style="list-style-type: none">The Y-OQ® 2.01 is invalid if 7 or more items are missing or ‘unscoreable’.An item is “unscoreable” if the respondent circled more than 1 response for an item or marked a space between two choices.Please ask the respondent to complete any skipped items and/or to mark a single valid response per item.Once there are 6 or fewer missing/unscoreable items, the Y-OQ® 2.01 can be scored. <p><i>Total Score is only calculated if 58 or more items are completed.</i></p>	<p>Follow up on items <u>>1</u> before session ends</p> <p>12 Worries, can't get thoughts out of head 20 Sees, hears, believes things - not real 21 Engages in self-harm, suicide attempt 22 Used alcohol, drugs (<i>complete SACS A & B</i>) 28 Believes others trying to hurt him/her 38 Hears other's thoughts, they hear his/hers 41 Suicidal ideation 44 Unusual happiness or energy 46 Fears going crazy 51 Anger is threatening to others 58 Lost weight when not sick</p>

Reliable Change Index (RCI)	Special/Weighted Scoring
<p>RCI = Baseline Score – Follow Up Score</p> <ul style="list-style-type: none">Small fluctuations in scores can be due to chance.A difference of 13 or more points between the Baseline and follow up Y-OQ® 2.01 PG reflects a reliable change.An RCI that is -13 or lower (i.e., -13, -14, -15, etc.) means the client is doing reliably worse.An RCI that is 13 or higher (i.e., 13, 14, 15, etc.) means the client is doing reliably better.	<p>If hand-scoring, these items have weighted values ranging from -2 to 2:</p> <p>7 Cooperates with rules 16 Communicates pleasantly 24 Enjoys family, friends 32 Seems happy with self 45 Handles frustration, boredom appropriately 47 Appropriate guilt for wrong-doing 53 Hopeful and optimistic 60 Usually calm</p>