

Addressing the Opioid Crisis

Prevention, Treatment, Harm Reduction,
& Recovery

Orange County Alcohol and Drug Advisory Board
OC Health Care Agency Behavioral Health Services



OVERVIEW

- ▶ Stakeholder Participation
- ▶ Compare identified community needs to current services for prevention, harm reduction, treatment and recovery
- ▶ Discuss gaps and strategies to address them

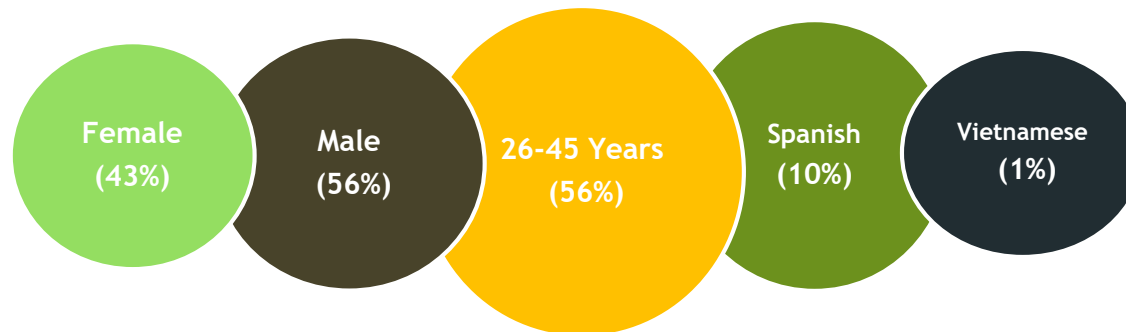
Stakeholders

- ▶ Surveys, ADAB Public Hearings, Opioid Events, Research Materials
 - ▶ Targeted Surveys to four groups:
 - ▶ Current and previous opioid users
 - ▶ Treatment providers
 - ▶ Family and friends
 - ▶ Community stakeholders
 - ▶ Over 800 responses received from all areas of the county

Survey Respondents

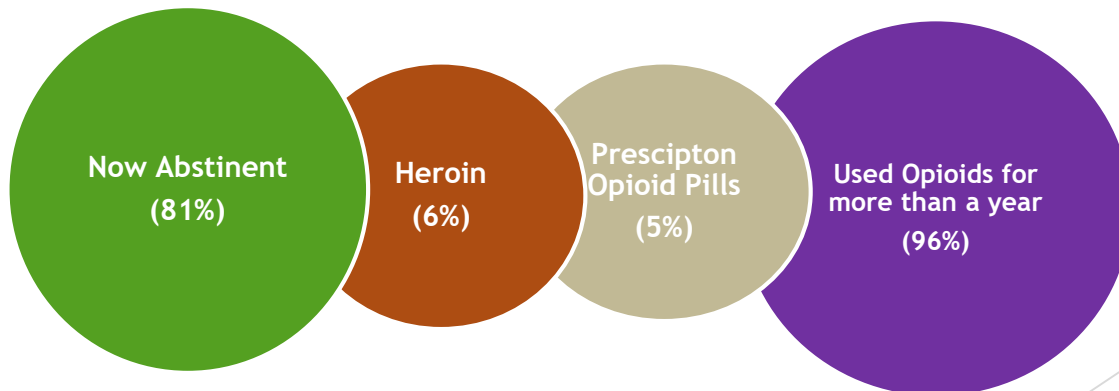
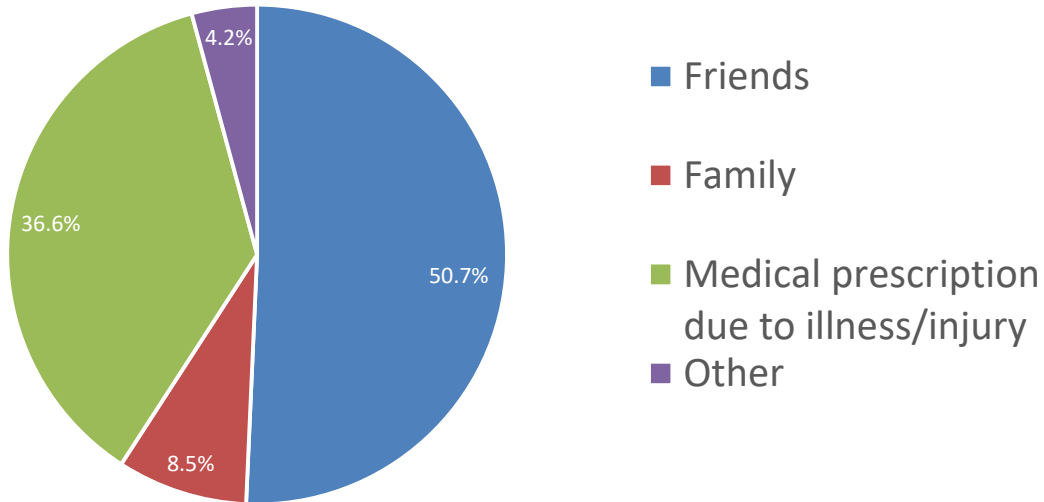
Consumers:

326 current/previous opioid users



Current/Former Opioid Users

Q10: How did you get started with opioid use?



Opioid Use History

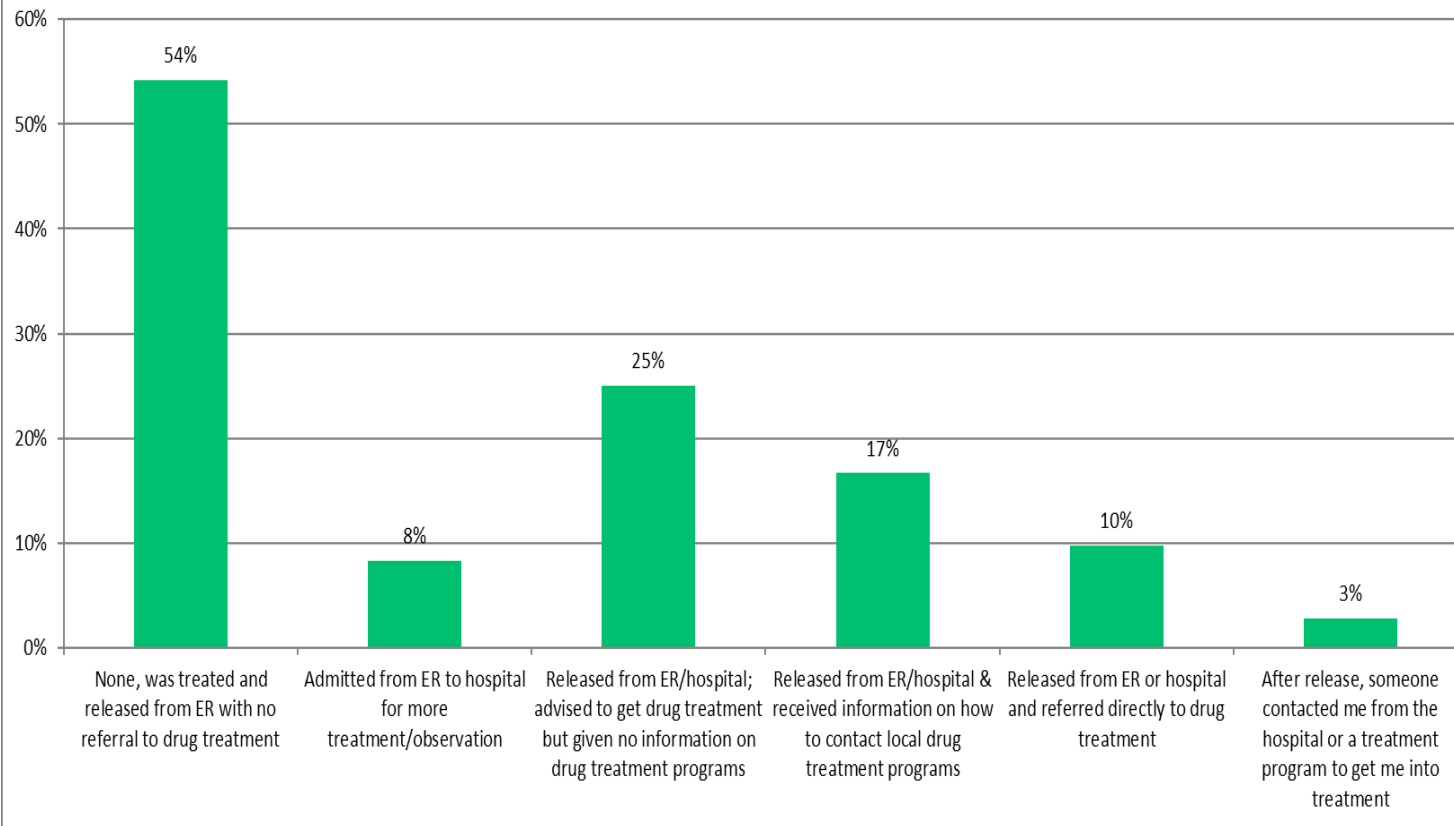
- ▶ 37% started with pills and then heroin
- ▶ 19% used only pills
- ▶ 19% used only heroin
- ▶ 11% used fentanyl

Opioid Use History

- ▶ 28% OD'd at least once
- ▶ 30% were unaware of Naloxone
 - 8% administered Naloxone
 - 11% OD reversed by Narcan/Naloxone
- ▶ 29% treated in ED/Hospital for overdose

Linkage from ER/Hospital

Q19: What follow up services were provided after going to the ER or hospital?



Criminal Justice Involvement

- ▶ Low number of responses
 - ▶ 47.9% of those responding (n=38) arrested on drug charges
 - ▶ Of those arrested, 68.4% (n=26) served time in custody for drug charges
 - ▶ 40% of those responding (n= 18) never participated in Drug Court

Current/Former Opioid Users

Opioid Treatment History



Never Prescribed Any Medication for Recovery
(59%)

Two or more treatment episodes
(47%)

1 in 4 never received any treatment

Other Survey Respondents

Treatment Providers, n=302

- ▶ 48% Therapists, Counselors
 - ▶ 20.4% Program Directors/Managers
 - ▶ 31.6% Other including physicians, psychiatrists, nurses, volunteers, & peers
- ▶ **Family Members, n=80**
 - ▶ 35.9% Parent
 - ▶ 19% Sibling
 - ▶ 9% Child

Other Survey Respondents

Community Stakeholders, n=95

- ▶ 32% Family/Friend
- ▶ 30% Health Care Professionals
- ▶ 38% Social Service Agencies

Who Needs Opioid Services?

- ▶ Young Adults
- ▶ Teens
- ▶ Chronic pain sufferers
- ▶ Homeless
- ▶ Released from jail/prison
- ▶ Co-occurring mental health issues

Barriers to Getting Services

- ▶ Cost/lack of insurance
- ▶ Denial of need or don't want
- ▶ Stigma - Personal and/or Social
- ▶ Don't know how to get help
- ▶ Delayed admission/wait lists
- ▶ Refused re-admission to previous program

What Services Are Needed

- ▶ Asked Respondents to identify top three
- ▶ Analyzed in relation to:
 - ▶ Prevention
 - ▶ Harm Reduction
 - ▶ Treatment
 - ▶ Recovery Support
- ▶ Compared to what's currently available
- ▶ Where are gaps, strategies?

Prevention

Need:

- ▶ Prevention and education for children and teens about dangers of opioids
- ▶ Increased surveillance and training of prescribers
- ▶ Targeted prevention activities to at-risk groups

Current Prevention Services

Prevention activities in Orange County

- ▶ HCA Public Health Services Alcohol & Drug Prevention Education Team (ADEPT)
- ▶ HCA Behavioral Health Services Prevention, Education and Intervention (PEI)
- ▶ Outreach & Engagement
- ▶ Screening, Brief Intervention and Referral to Txt. (SBIRT)
- ▶ Coalitions to address SUD and OUD issues
- ▶ Drug Drop Boxes
- ▶ Monitor, Secure, Destroy Campaign
- ▶ Support DEA Take Back days

Current Prevention Services

Prescribing Practices and Monitoring

- ▶ California Substance Utilization Review and Evaluation System (CURES)
- ▶ SAFE Rx Coalition
- ▶ CalOptima Opioid Strategy
- ▶ CHOC Pediatric Education Program
- ▶ Medical School Curricula

Other Prevention Strategies

- ▶ SBIRT provided in middle school, high school and college
- ▶ Expand opioid year-round drug collection sites
- ▶ Expand printed campaigns
- ▶ Prevention messages on pharmacy packaging
- ▶ Expand use of social media campaigns
- ▶ Others?

Treatment

Needs

- ▶ More accessible no/low cost
 - ▶ Inpatient
 - ▶ Detox
 - ▶ outpatient
- ▶ Co-occurring opioid use and mental health disorders treatment
- ▶ Medication Assisted Treatment
- ▶ Co-occurring OUD and Medical treatment

Current Treatment Services



- ▶ Over 600 certified, licensed SUD treatment programs in Orange County
- ▶ Behavioral Health Services for co-occurring mental health disorders
- ▶ Approximately 70 MDs Buprenorphine certified
- ▶ Perinatal, Gender, and Adolescent specific programs
- ▶ Evidenced Based Practices
- ▶ Collaborative Courts
- ▶ FQHC's
- ▶ CalOptima MOU to provide integrated care for SUD and health problems

Other Treatment Strategies

- ▶ Chronic disease treatment model, based upon medical necessity
- ▶ Increased availability of MAT in all treatment settings
- ▶ SUD treatment in custodial settings
- ▶ Increased MAT in custodial settings
- ▶ Use of Drug Medi-Cal funding to support additional services
- ▶ Other?

Harm Reduction

Needs:

- ▶ Availability of Naloxone in the Community
- ▶ Reverse opioid overdose
- ▶ Clean Needles/Syringes
- ▶ Reduce transmission of HIV, Hepatitis C
- ▶ Safe disposal containers
- ▶ Public Health and Safety

Current Harm Reduction Services

- ▶ Pharmacies carry Naloxone
- ▶ First Responders carry Naloxone
- ▶ Treatment facilities have Naloxone
- ▶ Volunteer Activities
 - ▶ Naloxone distributed to opioid users, families
 - ▶ Needle Exchange provided in Santa Ana on a weekly basis
 - ▶ Needle Exchange provider offers safe disposal

Other Harm Reduction Strategies

- ▶ Expand Naloxone access to all first responders
- ▶ Provide Naloxone to opioid users upon release from jail custody and to OD patients upon release from Emergency Department/Hospital
- ▶ Co-prescribe Naloxone with opioids for acute or chronic pain in ED's and medical offices
- ▶ Case management in jails and ED's for linkage and warm hand-off to treatment upon release
- ▶ Establish SUD Information and Referral Locations at proposed Restoration Centers
- ▶ Educate users about tolerance levels
- ▶ Other?

Recovery Supports

Needs:

- ▶ Housing/Safe Environments
- ▶ Employment
- ▶ Community
- ▶ Family Services

Current Recovery Supports

- ▶ Aftercare and alumni groups at treatment programs
- ▶ Recovery Maintenance Program
- ▶ 12-Step groups
- ▶ Other secular recovery groups
- ▶ Sports/Exercise Programs
- ▶ Recovery Residences in Orange County
- ▶ OC Re-entry Program Job Fairs

Other Recovery Support Strategies

- ▶ Recovery Residences for housing while actively participating in treatment
- ▶ Follow Drug Medi-Cal recovery model including counseling, linkage to vocational, pre-vocational, health and other services
- ▶ Peer Support programs
- ▶ Other?

Speakers

- ▶ Prevention
- ▶ Harm Reduction
- ▶ Treatment
- ▶ Recovery Support

Resources

- ▶ <http://www.ochealthinfo.com/opioids>

Prevention - Treatment - Harm Reduction

Coalitions - Drop Box Locations - Naloxone

- ▶ <http://ochealthinfo.com/bhs/about/adab>

- ▶ Email: opioidinfo@ochca.com

- ▶ Contact Information:

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