



**COUNTY OF ORANGE
HEALTH CARE AGENCY**

MENTAL HEALTH BOARD

Michael Rose, DrPH, LCSW,
Chair

Matthew Holzmann,
Vice-Chair

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Study Meeting Notes

Tuesday, February 13, 2018

Health Care Agency
405 W. 5th Street, Santa Ana, CA 92701
9:00 a.m. – 10:30 a.m.

Members Present: Matthew Holzmann, Michael Rose, Gregory Swift, Joy Torres

Members Absent: Alisa Chatprapachai, Supervisor Andrew Do, Karyl Dupee, Sandra Finestone, Diana Heineck, Carolyn Nguyen, Fasi Siddiqui

I. Welcome & Introduction: Michael Rose

- Meeting began at 9:06 a.m. Each member and guest introduced themselves and their respective affiliation.

II. Public Comment

- Kristen Pankratz-
 - Ms. Pankratz brought up the topic of mindfulness, and how it is a helpful intervention for those living with mental illness. She asked about whether those served in the clinics are taught mindfulness and recommended that it be considered if not.

III. Scheduled Discussion Item

- Review of Documents from LA County
 - Members of the MHB and HCA staff present reviewed and discussed documents from LA County regarding policy work collaboration between LA County Department of Mental Health, Mental Health Commission and Board of Supervisors. The central topic was efforts for “Gravely Disabled” to include individuals who cannot take care of their medical condition needs due to mental illness. HCA staff will check with programs to see whether this change would be beneficial and report back.

IV. Open Discussion

- Michael Rose addressed public comments received regarding public transparency regarding budgets and MHB BHS updates. She also shared that the MHB has received the UCSD study design from Supervisor Do’s office. Discussions also took place regarding concerns of high caseloads at the clinics and efforts to alleviate it, making phone access/call-in option available for MHB meetings, holding public forums for MHB outreach in different regions in the county, as well as having a table for outreach and recruitment at the next Meeting of the Minds. In addition, the

MHB is working on a short “memo” format annual report for the previous year. Michael also shared that MHB was invited to Supervisor Do’s ad hoc which went well and will be meeting with staff from his office after every MHB General meeting for continued collaboration. For site visits, a Children/Youth program site was identified for a possible visit in May and an Older Adult program site will be identified. Lastly, MHB will consider drafting a letter of support for the MHSA Innovation Project, Mental Health Technology Solution.

V. Committee Reports

- None

VI. Announcements

- N/A

VII. Adjournment

- Meeting ended at 10:34 a.m.