



Directions:

1. Cut out label & stick to jar
2. Cut out questions & put in jar
3. Answer questions at dinner

Why is it important to have goals?

Name three things a family needs to be a strong team

Where would you fly if you had wings?

What is your favorite thing about your school?

Name one way your family provides you love and support.

Describe a friend of yours who models positive behaviors.

When you're down what do you do to feel better?

What is your favorite family tradition and why?

What is your favorite season and why? Spring, summer, fall or winter?

If you could have one superpower, what would it be and why?

Name three personal qualities you are proud of.

Share something nice you did for someone else today.

What is your proudest accomplishment?

Describe a time when you had to stand up for something you believe in.

Challenge: Create your own!