



**Prevention and Intervention Planning Process**  
**Report on TAY, Veterans, LGBTIQ Focused Programs**  
**September 11, 2018**

## **Introduction**

The Prevention and Intervention services planning group for Transitional Age Youth (TAY) including 16-25 year olds, veterans and LGBTQ programs met on September 11, 2018. The group discussed the following overarching ideas and identified four community needs. The following tables summarize the ideas discussed for consideration for each identified community need, the potential gaps and identified possible action steps. The table also lists the known services being provided by the County and in the community at large, though it does not provide details of the services or their ability to meet the current need.

### **Overarching Ideas:**

- Technology-based interventions/education for students and their parents
- A comprehensive Resource Inventory is needed
- Peer support model for TAY, LGBTQ communities and Veterans
- Interagency partnerships
- Persisting stigma

### **Identified Community Needs for TAY/ LGBTQ/Veteran focused Programs**

1. Training and education related to TAY/LGBTQ/Veteran issues
2. Peer-to-peer behavioral health support services
3. Improvement in Service Navigation
4. Resource Inventory of available services

## 1. Identified Community Need : Training and education related to TAY/LGBTQ/Veterans

| Ideas for consideration presented by group                                                                                                                                                                                                                                                                                            | What is already available as far as we know                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Potential Gaps                                                                                                                                                                                                 |
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| <p>1. Prevention education to at risk TAY including LGBTQ:</p> <ul style="list-style-type: none"> <li>a. Safe Dates (teen relationships and dating Apps)</li> <li>b. Suicide prevention</li> <li>c. Substance use education</li> <li>d. Illegal hormone use among transgender populations</li> <li>e. Trauma Informed Care</li> </ul> | <ul style="list-style-type: none"> <li>• A variety of trainings including Violence Prevention Education which includes Bullying, Cyber danger, Safe from the Start, Restorative Practices, and Crisis Response. (Violence Prevention Education addresses some suicide prevention and also has a restorative practices component that addresses teen relationships).</li> <li>• School Based Behavioral Health Intervention and Support Services, School based Mental Health Program, and the Outreach and Engagement Program addresses teen relationships via program curriculum.</li> <li>• Suicide prevention provided by various PEI programs, CalMHSA Directing Change,</li> <li>• Substance Use education is provided by both the County as well as through OCDE.</li> <li>• Active Minds</li> <li>• The LGBT Center (has 20 counselors and offers mental health counseling).</li> <li>• Other trainings are available from OCDE (OCDE will provide details)</li> <li>• SSA trainings.</li> </ul> | <p>Unsure of the Gaps. Will need a comprehensive Resource Inventory.</p> <p><b><u>POSSIBLE ACTION !</u></b><br/> <b>Consider possible service expansion but will depend on already existing resources.</b></p> |

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| <ol style="list-style-type: none"> <li>2. Expansion of prevention services especially for TAY (program similar to Human Options).</li> <br/> <li>3. Prevention education to foster parents including those who foster LGBTIQ and Spanish-speaking TAY for example, training on challenges faced by LGBTQ TAY.</li> <br/> <li>4. Training of staff who provide services to TAY/ LGBTQ/Veterans.</li> </ol> | <ul style="list-style-type: none"> <li>• <b>Family Resource Centers offers a venue for trainings and community collaboration.</b></li> <br/> <li>• <b>Human Options</b></li> </ul> | <p>Services for monolingual Spanish-speaking parents who have LGBTQ kids including those who also foster LGBTQ TAY.</p> <p><b><u>POSSIBLE ACTION I</u></b><br/> <b>Partner with SSA and expand existing P&amp;I parent education programs to address gaps especially when offered at Boys and Girls Clubs, LGBT Center.</b></p> <p>Training Gaps in the overlapping subcultural context (TAY/LGBTQ/Veterans).</p> <p><b><u>POSSIBLE ACTION II</u></b><br/> <b>Continue to provide trainings BHTS to staff to train on overlapping of TAY/LGBT/Veterans subcultural issues and trauma informed care.</b></p> |
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## 2. Identified Community Need: Peer-to-peer behavioral health support services for LGBTQ and Veteran TAY

| Ideas for consideration presented by group                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | What is already available as far as we know                                                                                                                                                                                                                                                                                                                                                                                                      | Potential Gaps                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <p>1. Peer Support services for LGBTQ especially those who are also Veterans and may not be in the college system.</p> <ul style="list-style-type: none"> <li>○ These groups continue to face stigma</li> <li>○ Special focus on women</li> <li>○ Special focus on homeless</li> <li>○ Special focus on youth in transition (High School to College)</li> <li>○ Special focus on youth that are not engaged in school settings</li> </ul> <p>2. Basic need services for Veterans especially those who are not in the college system.</p> <ul style="list-style-type: none"> <li>● Childcare opportunities for TAY Veterans</li> </ul> | <ul style="list-style-type: none"> <li>● Few to non-existent Peer services</li> <li>● <b>OCACCEPT</b></li> <li>● <b>Some services at community colleges via Drop Zone.</b></li> <li>● LGBT Center does stigma reduction and awareness activities advocacy work but more is needed.</li> <li>● NAMI also provides Peer services to the community at large, but does not provide services specifically for the target groups mentioned.</li> </ul> | <p>There are very few peer mentoring opportunities for LGBTQ TAY especially for those coming out of the foster care system, and Veterans especially those not in the college system.</p> <p><b><u>POSSIBLE ACTION:</u></b><br/> <b>Form partnerships with social services and veterans organizations to expand peer based supportive and navigation services (train more individuals to be peer mentors and certifying them).</b></p> <p>Targeted stigma reduction campaign and systematic advocacy for LGBTQ and Veterans.</p> <p><b><u>POSSIBLE ACTION</u></b><br/> <b>Possible funding for a targeted stigma reduction campaign and expand opportunity for advocacy for TAY LGBTQ/Veterans.</b></p> <p>Basic needs including childcare for veteran TAY especially since the “Break Pay” program was defunded.</p> |

## Identified Community Need: Improvement in service navigation

| Ideas for consideration presented by group                                                                                                                                                                                                                                                                                                                                                                                                       | What is already available as far as we know                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Potential Gaps                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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| <ol style="list-style-type: none"> <li>1. Technology application to link county wide public/non-public resources.</li> <li>2. Specifically train Community colleges administration on mental health services available in the community for TAY/LGBTQ, Veterans.</li> <li>3. Outreach specifically geared to TAY population especially young men of color, Latino and others, LGBTIQ (TAY).</li> <li>4. Advertise existing resources.</li> </ol> | <ul style="list-style-type: none"> <li>• <b>OC Links</b></li> <li>• <b>Outreach and Engagement services</b></li> <li>• <b>OC ACCEPT outreach to LGBTIQ youth</b></li> <li>• <b>Outreach and Engagement services to LGBTIQ youth</b></li> <li>• <b>Drop Zone</b></li> <li>• <b>College Counselors</b></li> <li>• <b>Fristers</b></li> <li>• <b>Build Futures</b></li> <li>• <b>OCAPICA Allied Health Academy</b></li> <li>• <b>Active Minds</b></li> <li>• <b>LGBT Center OC</b></li> <li>• <b>Orangewood Children’s Foundation</b></li> </ul> | <p>Technology based App to market to TAY. (7Cups and Mind Strong to be implemented shortly).</p> <p>Training on mental health services to College administrators.</p> <p><b><u>POSSIBLE ACTIONS</u></b></p> <ol style="list-style-type: none"> <li>1. <b>Provide training through HCA/BHTS to community college administrators.</b></li> <li>2. <b>Expand Service Navigation to add a peer-based navigation component.</b></li> <li>3. <b>Customize TAY Veterans resources and make their meeting space more inviting.</b></li> </ol> |

### 3. Identified Community Need: Resource Inventory of available Resources

| Ideas for consideration presented by group                                                                                                                        | What is already available as far as we know                                                                                                                                                               | Potential Gaps                                                                                                                                                                                           |
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| <p>Resource Inventory of available resources</p> <ol style="list-style-type: none"> <li>1. Database that includes information about existing services.</li> </ol> | <p>A Resource Inventory does not exist currently. Be Well, A community Initiative is working on mapping existing mental health resources in collaboration with California State University Fullerton.</p> | <p>A comprehensive Resource Inventory of available resources and mapping of resources.</p> <p><b><u>POSSIBLE ACTION:</u></b><br/> <b>Public /private Partnership with CSUF to create a database.</b></p> |

Note: Programs in blue font are County-funded.