

## Director's Message

**Happy New Year!** Here are just a few of the tremendous things we accomplished together, and in collaboration with other County of Orange agencies/departments as well as community stakeholders in 2018:

- The Orange County Board of Supervisors (BOS) approved a contract for the provision of inpatient mental health services with Children's Hospital of Orange County (CHOC), securing six inpatient beds from an 18-bed unit. Planning began in 2015 after the BOS secured a grant that helped CHOC design this state-of-the-art facility.
- Developed a Full Service Partnership specifically focused on

... continued on page 2



## Peer-to-Peer

### Daniel Vu Loves What He Does and Does It Well

Loving what you do and doing it well is the approach that December's Peer-to-Peer winner **Daniel Vu** applies to his position as Staff Assistant with our Administrative Services' Purchasing team.

As a Deputy Purchasing Agent and Health Care Agency (HCA) travel coordinator, Daniel works with program staff to plan travel, generating and tracking purchase orders to ensure that lodging, flights, event registration, and other travel necessities are processed and paid on time. Using his personal travel experience and job training, Daniel created the [Travel Users Guide](#) as a

two-year PIP goal and now provides travel-training workshops to assist HCA travelers and staff.

"I love traveling and I plan vacations with friends or family nearly every year," said Daniel. "I've traveled locally to San Francisco and Solvang, taken cross-country driving trips to Florida and visited Southeast Asia. My earliest travel memory is when my parents took me to London when I was five to visit family. I still have a Queen's Guard doll and a Big Ben souvenir clock from that trip!"

His co-workers share that Daniel's attention to detail and strong

... continued on page 6

#### FEATURED ARTICLES

HCA Internet Sites Will Move to New Platform .....2

OC Reaches Milestone of 100+ Champion Moms! .....4

5 Thing You Need to Know .....4

2018 Fourth Quarter Service Awards ..6

## Director's Message

continued from page 1

the homeless population who have serious mental illness and helped fund 10 units of Permanent Supported Housing in the Depot at Santiago in Santa Ana and 24 additional units in the Fullerton Heights project in Fullerton.

- Administered nearly 5,000 influenza vaccinations during the 2017/2018 flu season to jail inmates, youth detained at Juvenile Hall and associated camps, and youth at Orangewood's Children and Family Center. This preventative measure was a critical component of mitigating the spread of influenza in these highly susceptible settings.
- Conducted a comprehensive assessment in collaboration with key community partners of the oral health needs and barriers in Orange County. The Local Oral Health Program established a strategic plan and launched a website, [www.SmileHabitsOC.org](http://www.SmileHabitsOC.org), to make information and resources about oral health care easily accessible to the public.
- Following the historic wildfires and subsequent devastating mud flows in Santa Barbara County, the OC Health Care Agency Environmental Health division's Hazmat Team provided disaster relief and emergency response through a mutual aid request in neighborhoods of Montecito where homes and property were destroyed during the disasters.

Congratulations to everyone who supported these efforts and made these momentous achievements possible. And as for the new year, these are some of the key goals we'll work towards, which I've already shared with the County Executive Office and our BOS:

- Site and develop a contracted Crisis Stabilization Unit in Orange County to provide emergency psychiatric evaluation and crisis stabilization to adults ages 18 and older on a 24-hour/7-day per-week basis.

## Health Care Agency's

## Internet Sites Will



The Health Care Agency (HCA) has been notified by the County Executive Office (CEO) that our internet websites (all those which are currently housed on [www.ohealthinfo.com](http://www.ohealthinfo.com)) will be migrated to a new platform called Drupal over the course of this year.


HCA/Information Technology will take the lead to help us move through this process together, and has formed a Website Steering Group/Web Oversight Committee that includes users most active in the existing system HCA uses to create, edit, and delete webpages.

"To make the new websites as effective and as streamlined as possible, only webpages that are valuable and up-to-date should be migrated," said **Ron**

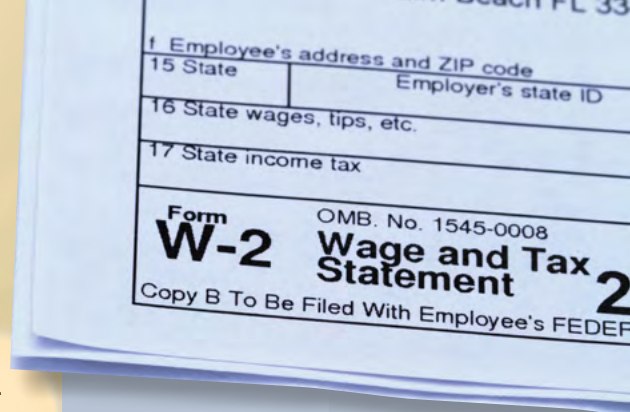
- Enhance the current jail substance use disorder program to expand treatment and discharge planning options.
- Conduct a comprehensive evaluation of the Orange County trauma system to validate current design and opportunities for enhancements through an on-site trauma review by the American College of Surgeons.
- In collaboration with the Orange County Health Improvement Partnership, conduct a Community Health Assessment and develop a Community Health Improvement Plan for 2020-2022 that will guide public and private partners to improve health for all communities in Orange County.
- Design and develop a building for the co-location of behavioral health services at the South Anita Drive property in Orange, consistent with the strategic priority outlined in the 2016 Strategic Financial Plan.

Are you ready? I know I am.

Sincerely,



Richard Sanchez



## How to Receive Your W-2 Form Electronically by January 24

The County of Orange is pleased to announce that employees who consent to receive their W-2 statements online through the County OC Employee Portal in PDF format, will be able to view and print your W-2 by January 24.

In order to have this convenience available, you must complete an on-line consent [here](#). If you do not consent, a hard copy will be mailed by January 31.

If you have questions or concerns regarding your W-2 statement, please contact HCA [payroll](#).

## Move to New Platform

**Margheim**, Software Development/ Systems Support Supervisor. “The website redesign provides an opportunity to refocus our messaging on what website visitors want to know. For webpages that do include useful information, consider updating the content to communicate what needs to be portrayed in the clearest and most concise way.”

According to CEO Communications, the new website design will most likely have a clean look with more images and less text – so the

smallest amount of text you can use to communicate your messages the better. Mobile responsiveness is built into the Drupal platform, which also ensures our website will be compliant with the Americans with Disabilities Act.

The group will meet quarterly to discuss updates and assign key project roles to members. If there is a member of your team you think should participate, please email **Ron Margheim** at [RMargheim@ochca.com](mailto:RMargheim@ochca.com).

# ORANGE COUNTY REACHES

## Milestone of 100+ Champion Moms!

The Nutrition Education and Obesity Prevention branch of the California Department of Public Health recognized the Health Care Agency's (HCA) Champion for Change program for a milestone achievement: recruiting, cultivating, and training 100 Champions for Change. Orange County now has the highest

number in California!

Over 70 of OC's Champion Moms, peer educators and community partners met in November for the annual fall Parent Workshop, which was themed "Champion Moms: 100 and Growing." At the event, 11 Moms were selected to be recognized for their commitment and efforts to

give their families and communities healthier, happier lives -- among them **Laura Calderon**, maintenance worker at HCA's building 50. "We can all make a difference, one person at a time," Laura said. "This means making changes with myself first and then my son."

Attendees had the opportunity to



Pictured (from left to right): Mercy Escamilla, Blanca Jaúregui, Andrea Ríos, Angélica Sánchez, Ana Cayetano, Mary Pérez, Ruth Raygoza, Berenice Rodríguez (not pictured Laura Calderon, Angelita Talstein and Alisen Dupre).

## 5 Things You Need to Know A

**1** State Senator Anthony J. Portantino (D-La Cañada-Flintridge) introduced legislation last year that would require all public, charter and private schools to print a suicide prevention hotline number on their students identification cards. The Senator was moved to introduce SB 972 after his own brother's death from suicide. Read more [here](#).

**2** Governor Brown signed the bill in September 2018. It requires the National Suicide Prevention Lifeline number be added on newly printed student ID's starting July 1, 2019.

**3** The requirement is for all public and private schools (grades 7-12) and institutions of higher education (universities and colleges). In addition to the National Suicide Prevention Lifeline number, schools can also include the Crisis Text Line as well as any local suicide prevention numbers and numbers for police/security or nonemergency services.



learn about using pantry foods and reducing food waste; keeping their body and mind healthy through physical activity; and creating healthier cities. Three Champion Moms, who are resident leaders in the city of Buena Park, shared how they were able to get involved to make their city a healthier place to live. Resource tables were available for attendees to obtain information about programs that could help their family and communities.

Since 2008, HCA and its partners have been working together to recognize outstanding parents for being role models and leaders in their neighborhoods. Thanks to the Parents for Healthy Neighborhoods workgroup, 107 Champion Moms from 17 cities throughout Orange County have been engaged in the battle to prevent obesity. For more information on the program, please email **Marisela Barcenas** at [mbarcenas@ochca.com](mailto:mbarcenas@ochca.com).

# about: California Senate Bill 972

**4** With these cards, students will have suicide prevention resources at their fingertips. While local information will vary, the National Suicide Prevention Lifeline is 1-800-273-8255 and the Crisis Text Line, accessed by texting HOME to 741741, will remain constant.

**5** The Health Care Agency continues to partner with schools in supporting suicide prevention efforts through the promotion of web-based campaigns, such as [suicideispreventable.org](http://suicideispreventable.org); through trainings for teachers, caregivers and students; and through a variety of prevention services provided on many school campuses in many school districts. These endeavors are supporting an increasing community awareness of suicide prevention and encouraging conversations on recognizing the warning signs, the words to use to support someone who may be at risk and the resources that are available to help. Learn more at [www.ochealthinfo.com/suicideprevention](http://www.ochealthinfo.com/suicideprevention).

organizational skill allow him to manage critical deadlines without compromising travel policies. "Navigating the County's travel policy can be daunting, but I enjoy tackling challenging or last-minute travel requests and I find that being able to conquer the ever-changing travel landscape very rewarding," Daniel said.

He also oversees the purchasing and delivery of wireless services including pagers, iOS, iPads, iPhones, and other procurement assignments. Studying and buying technology has made him the go-to tech person within his team, and his friends and family seek his advice for purchases as well.

His peers state that when it comes to service, Daniel has superior customer service skills. He quickly responds to inquiries, makes follow-up calls, and sends emails to ensure that every order detail is accurately completed. Daniel regularly helps staff navigate the HCA purchasing processes, for which he receives praise regularly.

Before joining the County of Orange, Daniel earned a Bachelor of Science in Culinary Arts Management from the Art Institute in Costa Mesa. In his spare time, Daniel cooks a variety of his favorite foods for friends and family, creating special dishes out of simple things such as chili and soups. He also uses his tech knowledge and love of music to DJ for special events and weddings.

Thank you Daniel for your commitment to excellence, integrity, and service!

Job well done!

# SERVICE AWARDS

## 2018 Fourth Quarter Service Awards

(October 1 - December 31 Hire Dates)

*On behalf of the Health Care Agency Executive Team, we extend our heartfelt congratulations to each of you for your years of service to our department and the County of Orange.*

### 40 Years

Sara A. Perez

### 35 Years

Deborah L. Bennett  
Katherine M. Harvey  
Diana Z. Mendoza

### 30 Years

Timothy C. Grogan  
Gloria Horton  
Diana Z. Martinez  
Sunita V. Prabhu  
Brandi M. Solarte  
Ruth E. Strickland  
Cecile-Thu Truong  
Norman P. Wohkittel

### 25 Years

Ted Becker  
Jennifer A. Bosch  
Mario M. Gutierrez  
Kathryn M. Krusel  
Ithamar Lopez  
Donna M. Lundgren  
Linda Makovic  
James S. Marquez  
Esther V. Viramontes

### 20 Years

Timothy R. Beason  
Paula R. Bishop  
Cesar L. Bondad

Maria D. Eaton  
Irene C. Finke  
Leila D. Garcia  
Kerri A. Gardner  
Gary J. Guzman

Laurie A. McCaslin  
Vida Mofidi  
Maria S. Montellano  
Thanh B. Nguyen  
Thu-Thuy T. Nguyen  
Carolyn S. Secrist  
Deborah L. Townes  
Vitina T. Vu

### 15 Years

Darlene Amaya-McDonald  
Vanessa Barragan  
Desiree A. Mares  
Dung V. Phan  
Ana M. Pope  
Lawrence E. Pritchett  
Cheryl A. Seitter  
David M. Souleles  
Wendy C. Wilfert

### 10 Years

Maria C. Moore

### 5 Years

Marlon D. Aviles  
Consuelo M. Carcel  
Jocelyn P. Castellanos  
Monica Curran  
Veronica De Fernandez  
Julie Ann V. Dungao

Marco A. Escobedo  
Kelley A. Flores  
Nora Flores  
Robert C. Fore  
Joe Garcia  
Shumly Iqbal  
Linda Islas  
Cindy L. Jessome  
Tessa Knowlson  
Steven D. Macina  
Maria J. Marin  
Erika Marquez  
Alexandra Merritt  
Yajaira Meza

Amelia J. Northcliff  
Nathan C. Obbards  
Yvonne Ortiz-Haney  
Michael J. Palazzola  
Salina M. Savala  
John M. Senteno  
Lucinda Shah  
Paula S. Shahinian  
Eric M. Shearer  
Min Suh  
Stella M. Tong Dang  
Stephanie P. Tse  
Marty L. Walter  
Michele Webber-Klein  
Cyntralia A. Williams



# For Health

It's that time of the year when we make New Year's resolutions. Eating healthier, losing weight and saving more money are some of the most common. Making small changes is key to successfully meeting our goals. For more tips to turn your resolutions into real solutions, click [here](#).

Try making this delicious Confetti Soup recipe that is low in calories and full of vegetables.

## Confetti Soup



### DIRECTIONS:

1. In a large pot, heat oil over medium-high heat. Add onions and celery. Cook for 2-3 minutes or until tender. Add carrots, salt, pepper, fennel seed, and optional crushed red pepper. Cook for an additional 2-3 minutes.
2. Add black-eyed peas and water. Cook uncovered for 25 minutes over medium heat.
3. Add turkey, ham and kale. Cook covered for an additional 10 minutes over medium heat until kale is tender.
4. Add parsley right before serving. Serve hot and enjoy!

### INGREDIENTS:

- 1 3/4 teaspoons canola oil
- 3/4 cup fresh onions, peeled, diced
- 3/4 cup fresh celery, diced
- 3/4 cup fresh carrots, peeled, diced
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1/4 teaspoon whole fennel seed
- 1/8 teaspoon crushed red pepper (optional)
- 1 1/2 cups canned low-sodium black-eyed peas, drained, rinsed
- 3 1/2 cups water
- 1 cup extra-lean turkey ham, diced 1/4" (6 oz.)
- 1/3 cup fresh kale, coarsely chopped
- 1 1/2 tablespoons fresh parsley, chopped



# Complete Annual Compliance Training by February 1st

It's that time again! This year's Annual Compliance Training (ACT) has been creatively constructed in Harry Potter format to be both educational and entertaining.

ACT is a mandatory training for all Health Care Agency regular, contract and extra-help staff, as well as our interns and volunteers. Please make sure the training is completed no later than Friday, February 1st.

Depending on your program and job duties, the training will take anywhere from 1-3 hours to complete. Once you start the ACT, you will be routed into the most appropriate version of the training after you answer some short questions about your job duties. Supervisors and managers must ensure that their staff completes the training by the specified due date.

The training can be accessed via

the following link:

[http://www1.ochca.com/ochealthinfo.com/training/compliance/2018-19/ACT-General/story\\_html5.html](http://www1.ochca.com/ochealthinfo.com/training/compliance/2018-19/ACT-General/story_html5.html)

As stated, this year's training will sort you into a training track based on what type of information you come in contact with or the program you work for. If you have issues with the training, it is important to identify whether you have been sorted before you contact Compliance, and if you have been sorted, in to what "house" you were sorted. This will assist us in providing you with the best solution to complete the training.

To optimize your online training



experience, we encourage you to close all windows and applications when starting the training. It is best to use Google Chrome as your web browser. Headphones are also encouraged if you have them available to you.

If you do not have access to the internet or need additional assistance with this training, please contact the Office of Compliance at (714) 568-5614 or email [officeofcompliance@ochca.com](mailto:officeofcompliance@ochca.com).



## MISSION

In partnership with the community, protect and promote the health and safety of individuals and families in Orange County through:

- Assessment and planning
- Prevention and education
- Treatment and care



## Connect with Us



The **What's Up** newsletter is created and distributed monthly by HCA Communications. Please call (714) 834-2178 with any suggestions or comments.