

OC Health Care Agency *Presents...*

Orange County Parent Wellness Program (OCPWP)

Effective January 1, 2018, the Orange County Postpartum Wellness and Youth As Parents programs merged into the newly named OCPWP.

OCPWP provides early intervention services to expectant and new parents, during pregnancy or within 12 months of having a child, who are experiencing mild to moderate symptoms of anxiety and/or depression which are attributable to either the current pregnancy or recent birth of their child. Services include:

- Eligibility and needs assessment
- Individual Therapy
- Case Management
- Psychoeducation Support Group
- Referral & Linkage
- Community Outreach



Orange County Parent Wellness Program

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