

## Outcome Monitoring Flowchart: CYBH CONTRACT Outpatient Services

- Purpose & How To:** A guide for therapist and staff in completing client, caregiver, and therapist outcome forms at intake, and throughout the course of treatment. Identify the appropriate treatment phase and age group for your client, and follow the sequence of required forms.
- Note about dual-program enrollment.** The primary therapist is always responsible for completing all assessments with client; however, all staff involved in treatment should be in active communication with one another. Refer to the CANS & PSC-35 FAQs on the AQIS-CYBH Support website to determine entity responsible for and details about completing these two measures.

	CLIENT AGE	CLIENT	CAREGIVER-PROXY <sup>1</sup>	THERAPIST	FOLLOW-UP ACTIONS
Intake	<p>3-11</p> <p>12-18</p>	<p>None</p> <p><input type="checkbox"/> YOQ 2.0 SR* Only ages 12 through 18</p> <p><input type="checkbox"/> CRAFFT</p>	<p><input type="checkbox"/> YOQ 2.01 PG* Only ages 4 through 17</p> <p><input type="checkbox"/> PSC-35 Only ages 3 through 18</p>	<p><input type="checkbox"/> CANS Only ages 6 through 20</p>	<p><b>MSE with client IF:</b> ✓ A score 1+ on any CI of the YOQ (SR, PG) *</p> <p>Therapist has until the end of the 60-day assessment period to complete the initial <b>CANS/PSC-35</b>. An initial should <b>only</b> be completed if one has not been completed for the youth, otherwise, proceed with completing every 6 months from Initial CANS/PSC-35 date.</p>
Every 6 mo.	<p>3-11</p> <p>12-18</p>	<p>None</p> <p><input type="checkbox"/> YOQ 2.0 SR* Only ages 12 through 18</p>	<p><input type="checkbox"/> YOQ 2.01 PG* Only ages 4 through 17</p> <p><input type="checkbox"/> PSC-35 Only ages 3 through 18</p>	<p><input type="checkbox"/> <sup>2</sup> CANS only 6-20 years of age</p>	<p><b>MSE with client IF:</b> ✓ A score 1+ on any CI of the YOQ (SR, PG) *</p> <p><sup>2</sup> Every 6 months from Initial CANS/PSC-35 administration date.</p>
Discharge	<p>3-11</p> <p>12-18</p>	<p>None</p> <p><input type="checkbox"/> <sup>3</sup> YOQ 2.0 SR* Only ages 12 through 18</p>	<p><input type="checkbox"/> <sup>3</sup> YOQ 2.01 PG* Only ages 4 through 17</p> <p><input type="checkbox"/> <sup>4</sup> PSC-35 Only ages 3 through 18</p>	<p><input type="checkbox"/> <sup>4</sup> CANS only 6-20 years of age</p>	<p><b>MSE with client IF:</b> ✓ A score 1+ on any CI of the YOQ (SR, PG) *</p> <p><sup>3</sup> Only if ≥7 days from last valid administration. <sup>4</sup> Only if MHP EOC discharge, or client is discharged from the HCA system.</p>

**Notes.**

- <sup>1</sup> Caregiver proxy forms should ideally be completed by the same respondent each administration.
- <sup>2</sup> Administer every 6 months from the Initial CANS/PSC-35 administration date (in our system), as opposed to every 6 months from when client began services in your program.
- <sup>3</sup> Only administer a discharge YOQ if ≥7 days from last valid YOQ follow-up.
- <sup>4</sup> Complete a discharge CANS and PSC-35 regardless of when the last follow-up occurred **only if** the MHP EOC is discharged (i.e., the client is discharged completely from the HCA system), and not when the client is simply transferred internally to another HCA county or contract program.
- Pay close attention to the age range limitations for each measure and do NOT administer measures outside of the range, as measures are only appropriate and valid within range.

**Initialisms & Acronyms.**

Child and Adolescent Needs and Strengths Assessment (CANS); Car, Relax, Alone, Forget, Friends, Trouble (CRAFFT); *substance use/dependence*; Critical Items (CI); Mental Status Exam (MSE); Pediatric Symptom Checklist (PSC-35); Youth Outcome Questionnaire (YOQ); YOQ 2.0 Self-Report (YOQ SR) is the youth self-report version for ages 12 through 18; while the YOQ 2.01 Parent/Guardian (PG) is the parent/guardian version and should only be administered to guardians of youth ages 4 through 17 (not including 18).