

April 1, 2022



## Let's Talk About Public Health!

Join us for the next episode of Your Health Matters OC on **Tuesday, April 5 at 6 p.m.** as we invite guests from our public health team to talk about Public Health Week and Environmental Health. You can view this event by visiting our [Facebook page](#) or on YouTube by clicking below:



If you have questions for the next episode, email them in advance or during the show to [yourhealthmatters@ochca.com](mailto:yourhealthmatters@ochca.com)!

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## Second COVID-19 mRNA Booster Dose Now Approved for Certain Groups

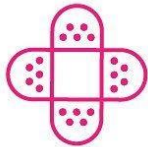
The CDC has updated vaccine guidance to expand eligibility for a second booster dose of Moderna (SpikeVax) and Pfizer (Comirnaty) vaccine to be administered at least 4 months after the first booster dose for the following individuals:

- People ages 50 years and older
- People ages 12-49 years who are moderately or severely immunocompromised
- People ages 18-49 years who received the Janssen (Johnson & Johnson) vaccine for their primary series and booster dose

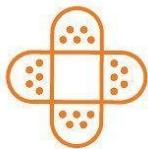
Dosage for the second booster will be the same as the first booster.

For more information about the CDC's latest guidance, click [here](#).

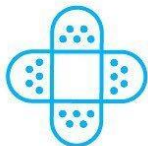
**ADDITIONAL PFIZER OR MODERNA BOOSTERS NOW AVAILABLE FOR:**



**EVERYBODY 50+**



**IMMUNOCOMPROMISED PEOPLE 12+**



**J&J BOOSTER RECIPIENTS**

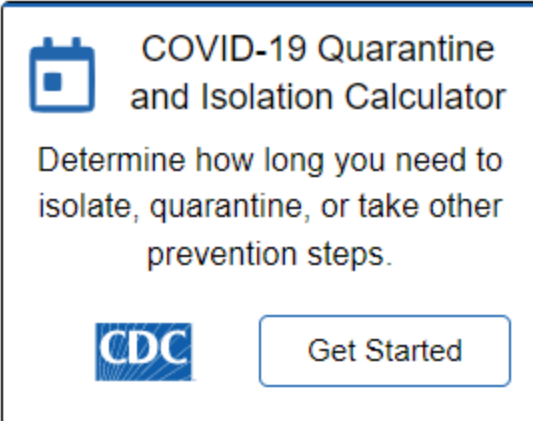
MyTurn.ca.gov | 833-422-4255




## When Should I Quarantine or Isolate?


Want to know when you can safely leave home if you tested positive for COVID-19 or what to do when you find out a close contact has COVID-19? Try the Centers for Disease Control and Prevention's new Quarantine and Isolation (Q&I) Calculator, now available on the OC COVID-19 website at [ochealthinfo.com/covid](https://ochealthinfo.com/covid).

People who have been in close contact with someone with COVID-19 or have COVID-19 can use this tool\* to determine if they need to isolate, quarantine, or take other steps to prevent spreading COVID-19.

A screenshot of a web interface for the "COVID-19 Quarantine and Isolation Calculator". At the top left is a blue calendar icon. To its right, the text reads "COVID-19 Quarantine and Isolation Calculator". Below this, a paragraph states: "Determine how long you need to isolate, quarantine, or take other prevention steps." At the bottom left is the CDC logo, and at the bottom right is a blue button with the text "Get Started".

 COVID-19 Quarantine and Isolation Calculator

Determine how long you need to isolate, quarantine, or take other prevention steps.

 [Get Started](#)

\*The Q&I calculator is not for people with COVID-19 who are moderately or severely ill or those who have a weakened immune system (immunocompromised)—they should talk to their doctor about when to end isolation.

This tool also does not apply to cases and close contacts identified in certain settings. Parents with children in K-12 schools or early care and education (ECE) programs should consult the program administrator for specific isolation and quarantine guidance in their school or ECE setting. For information about isolation and quarantine in high-risk congregate settings and healthcare settings, refer to [COVID-19 Quarantine and Isolation](#).

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## State Strongly Recommends Masking in Most Indoor Settings

As of March 1, masks are no longer required for unvaccinated individuals, but are strongly recommended for all individuals in most indoor settings.

Masks are still required for everyone in high transmission settings such as public transit, emergency shelters, health care settings, correctional facilities, homeless shelters and long-term care facilities.

For full guidance from the California Department of Public Health, click [here](#).

### Masks are still required for everyone in these public settings:

<b>PUBLIC TRANSIT</b>	<b>HEALTH CARE SETTINGS</b>
<b>EMERGENCY SHELTERS</b>	<b>CORRECTIONAL FACILITIES</b>
<b>HOMELESS SHELTERS</b>	<b>LONG-TERM CARE FACILITIES</b>

## Where Can I Get a COVID-19 Vaccine?

You can find a COVID-19 vaccine by visiting your local pharmacy or healthcare provider, search online at [Vaccines.gov](https://www.vaccines.gov) or [MyTurn.ca.gov](https://www.myturn.ca.gov), or schedule an appointment at one of the mobile vaccine clinics listed below at [Othena.com](https://www.othena.com). Walk-ins are also welcome. (This schedule is effective April 4, 2022.)

# MOBILE COVID-19 CLINIC

## Vaccines and Test Kits

Based on eligibility requirements, vaccines are available for first dose, second dose, third dose, boosters, and pediatrics (5+).



### Orange Coast College Ronnenberg Center

2701 Fairview Rd.  
Costa Mesa, CA 92626

Saturdays  
9 a.m. - 1 p.m.

### SSA Central Regional Office

2020 W. Walnut St.  
Santa Ana, CA 92703

Wednesdays  
10 a.m. - 6 p.m.  
Fridays  
10 a.m. - 6 p.m.

### Anaheim Central Library

500 W. Broadway  
Anaheim, CA 92805

Tuesdays  
11 a.m. - 3 p.m.

### Latino Health Access BLDG

450 W. 4th St., Ste 120  
Santa Ana, CA 92701

Mondays  
3 p.m. - 7 p.m.

### Golden West College BLDG 95 (MPR 100)

15751 Gothard St.  
Huntington Beach, CA 92647

Saturdays  
9 a.m. - 1 p.m.

### West Anaheim Youth Center

320 S. Beach Blvd.  
Anaheim, CA 92804

Thursdays  
3 p.m. - 7 p.m.

Photo ID required. Effective Date: April 4, 2022:  
Clinic information is subject to change, please visit [Othena.com](https://www.othena.com) for details.



To schedule an appointment, or arrange for transportation, call:  
Para programar una cita, llame:  
Nếu muốn lấy hẹn, xin gọi:

**714.834.2000**  
or Visit [www.Othena.com](https://www.othena.com)

Vaccinations are also available for anyone who is homebound, and transportation services are available for anyone who needs a ride to a vaccination site. If you need help scheduling a vaccination appointment, call the OC COVID-19 Hotline at (714) 834-2000.

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## Where Can I Get a COVID-19 Test?

Testing continues to be a critical component in reducing viral transmission by supporting early detection of COVID-19 and containment of the disease. If you need to get tested for COVID-19, there are many ways to do so:

- Ask your healthcare provider, visit a nearby retail pharmacy or check with a local community organization or church
- Search for testing sites at [myturn.ca.gov/testing](https://myturn.ca.gov/testing), [sick.org/oc](https://sick.org/oc), or [covidclinic.org](https://covidclinic.org)
- Call Latino Health Access at (714) 805-7838
- Order 4 free at-home tests at [covidtests.gov](https://covidtests.gov)
- Order a saliva or nostril self-collection test kit at [ohealthinfo.com/covidtest](https://ohealthinfo.com/covidtest)

If you are ordering test kits online, please be patient as test kits may be delayed beyond the usual processing time due to high demand for COVID-19 testing throughout the U.S.



Visit [ohealthinfo.com/covidtest](https://ohealthinfo.com/covidtest)  
for ways to get a COVID-19 test

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