

BHEC Steering Committee Meeting
Meeting Minutes
August 11, 2022

Facilitated by: Deana Helmy, County Co-Chair, Iliana Soto- Welty, Community Co-Chair

In Attendance: Renteria, Teresa; Reynolds, John; Whetsell; Brittany; Thornton, April; Williams, Johnice; Eftekhazadeh; Arnot, Michael; McCleese, Belinda; Banicki, Wendy; Ngo, Hannah

I. Welcome and Introduction

- Deana opens meeting and welcomes committee.
- Minutes from the June meeting as well as the public meeting presented and approved by committee.
- Notes from the public meeting break out groups were sent out: committee shared their appreciation for the capturing of all the information.

II. Presentation by Johnice Williams

- Johnice shared her personal story with her health struggles, and the support and community involvement that has played a part in her journey.
- Members thanked Johnice for sharing her story.

I. CCPU Planning/ CC Training

- Cultural Competency Plan Update workgroup has met and began talks about the planning for this year's plan update.
- Workgroup is planning to have a draft by early October in order to share at the next public meeting. Various ways the BHEC can be involved shared with committee.
- Members were invited to the California Mental Health Equity Project listening sessions, where they were discussing a revamp of the CCP. The goal is to make this a working document and not just a box to be checked off.
- Members shared thoughts on the CCPU as well as the much-needed revamp.
- Deana mentioned the plans for a 2022 Cultural Competence Training, which will soon be worked on, and feedback was provided regarding using Cultural Humility or Cultural Responsiveness to replace the term "competence."

II. BHEC Public Meeting

- Questions asked about the public meeting: How do you feel it went? What could be improved? What direction would you like to see it go?
- Members asked how the meetings are being advertised/ members invited? Deana shared that it is sent to all workgroups, a past CCC list, as well as advertised on different social media platforms.

- Michael suggested the community relations workgroup can write up a communication plan to help bring in new members.
- Members shared that they thought it was a good idea to let the committee vote on the issues they wanted to address and appreciated having the breakout groups set up the way they were.
- Belinda suggested sending out topics beforehand to increase engagement/participation.

IV. Workgroup Updates/ Upcoming Events

- Reminder to use the workgroup templates, as this will help in organization as well as when looking for workgroup information for the CCPU plan.
- Work group leads asked to please reply to emails regarding the meeting dates and times, as well as when new members are sent to you.
- John shared for the spirituality workgroup: They are working on a flyer with a QR code for invites, as well as a short survey to assess needs in the community.
- Johnice shared various upcoming events in the Black and African American community that she would like the workgroup to have a presence at.
- Brittany shared that the threshold language group is still in planning stages but looking to have its first meeting before the next public meeting.
- Michael shared that the community relations group has been having a little difficulty getting together, but they are looking to find a new time that works for everyone.
- Belinda shared that the Deaf and Hard of Hearing group has been working hard and exploring collaborations with universities and students who use ASL.
- Sohail invited members to the Wellness Center's Multicultural Event (flyer was shared in the chat).
- Iliana also shared the Be Well's Trauma Informed Network of Care's Equity and Healing Meeting, which will be taking place on August 26 at 11am,
- Teresa and Deana also shared the SUD Forum taking place on August 31. The flyer has been translated into Spanish and Vietnamese and can be translated to other languages if needed. Interpretation services will also be available. It will be information on the opioid crisis, and a demonstration on Naloxone will be given.
- Next Meeting: September 8th, 2022