

BHEC Steering Committee Meeting

Meeting Minutes

September 8, 2022

Facilitated by: Iliana Soto- Welty, Community Co-Chair

Deana Helmy, County Co-Chair

In Attendance: Renteria, Teresa; Reynolds, John; Whetsell; Brittany; Thornton, April; Williams, Johnice; Eftekharzadeh; Arnot, Michael; McCleese, Belinda; Tran, Duan; Ngo, Hannah

I. Welcome and Introduction

- Iliana opened meeting.
- Shared that it is suicide awareness month, and reflections shared about work, and/or feeling about this time.
- Meeting minutes approved by committee.
- Teresa shared the positive outcomes of the first SUD forum and information about substance use and the steps the county is taking to address the issue.

II. CCPU Planning Updates

- Teresa shared that the CCPU workgroup has been assigned tasks and locating program information from the MHSA plan. Goals and progress updates are needed by BHEC S/C and committee.
- Providing updates from the workgroups and the actions they have taken will be a great addition to the plan.
- Teresa shared the spreadsheet and committee was given a quick overview of tasks.
- Workgroups have been held at the state level along with listening sessions to provide suggestions and implement changes for next year's plan.
- Discussion was held on operationalizing goals and ways we can measure them.

III. Workgroup Updates/ Upcoming Events

- Community Relations group will start meeting the 3rd Monday of the month at 10 am, next meeting will discuss recruitment.
- Deaf and Hard of Hearing group is making progress and the future goals for the group include workforce development, working with universities, and legal issues.
- Threshold language group is working on recruiting members for the next meeting; meeting will be held next month.

- Black & African American group members are working together on the scheduling for the next meetings, and continuing outreach.
- Spirituality group has created a survey for the public to figure out the needs of the community. Next meeting is September 21st, 3:30-4:30.
- LGBTQ not in attendance
- Suggested a social media post for groups who need more participation.
- Teresa shared that Deana has created a Flyer with a QR code for the workgroups.

IV. Announcements

- There will be a planning meeting for the next public meeting. Members asked to reach out if they'd like to join in planning.
- The next public meeting will be held on October 13th, 2022.
- The workgroup flyer will be sent to the committee members. The interest list will be checked weekly to connect new members to the groups they are interested in.
- Recovery Picnic, September Coalition Meeting, Mindfulness trainings, and the Veterans Conference shared with committee.
- Event Flyers along with other info will be emailed after the meeting.