

BHEC Public Meeting
Meeting Minutes
April 14, 2022

Facilitated by: Iliana Soto- Welty, Community Co-Chair and Deana Helmy, County Co-Chair

In Attendance: Renteria, Teresa; Dewindt, Kevin; Balcom, Heather, Kelley, Dr. Veronica; Eftekharzadeh, Sohail; Reynolds, John; Williams, Johnice; Arnot, Michael; Whetsell, Brittany; McCleese, Belinda; Thornton, April; Tran, Duan; Anguiano, Lloraley; Pham, Lu; Cadenas, Frances; Englund Giri, Bergit; Merritt, Alexandra; Roberts, Dwayne; Presnall, Pam; Mizutari, Clayton; Abdeh, Iman; Tran, Tiffany, McNally, Steve; Suh, Min; Jewell, Erika; Dejong, Ery; Doscher, Rhiannon; Gee, Alexander; Tsujiuchi, A; Mugriditchian, Annette; Ullman, Hanh-Thuc; Nguyen, Nikki; Li, Annie; Leong, Brandon; Li, Annie; Waitman, Tammy; Ochoa, Yesenia; Marks, Catherine; Mullard, Michael

I. Welcome and Icebreaker

- County Co Chair Deana Helmy opened the meeting with a welcome and quick zoom instructions.
- Iliana asked members to list their name, organization, and how they heard about the BHEC Meeting.
- Group agreements shared with members- Respect and listen to all perspectives and opinions, create a space for sharing, honor confidentiality etc.

II. Featured Speaker- Dr. Veronica Kelley

- Dr. Veronica Kelley, Chief of Mental Health and Recovery Services introduced to the group.
- Dr. Kelley spoke on culturally responsive services and the role in promoting equity in our communities.
- She shared that from a county perspective we look at the needs of our community, who we are serving, and who we should be serving and why they are not coming into treatment.
- Dr. Kelley opened floor for questions/ comments.

III. BHEC; Who are we?

- Background on the BHEC shared along with the introduction to the workgroups and steering committee. Governance structure, CCPU Plans,
- BHEC Values shared: Equity, Inclusive, Collaborative, Multidimensional along with the Cultural Competency Plan goals which includes: continuing to develop equity diversity and inclusion as core components of the county's work in service to the community and support the implementation of the anti-racism resolution.
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IV. Breakout Rooms

- Attendees are broken up into groups with a facilitator and note taker to discuss the following: What brought you here today, What are your thoughts on our goals?, Where would you like to see this go? Any additional workgroups we can add.
- Facilitators reported back to the committee. Many people agreed that Dr. Kelley made great points and also see that there's a need to continue to address and gain more mental health services, and we want to see more done for addressing stigma, because a lot of cultures, still have a lot of stigma related to mental health issues and more training cross cultural training.
- Another group suggested the addition of a homeless population workgroup.
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V. Workgroups

- Link for a form to join any of the 6 workgroups provided to members.
- Members encouraged to join the workgroups, as that is where the work is really done and a place where community and county voices work together.

VI. Upcoming Quarterly Meetings

- Next quarterly meetings are scheduled for: Jul 14, 2022, October 13, 2022, and January 12, 2023 from 1:00pm to 2:30 pm.