

Orange County Culture and Diversity in Suicide Prevention

**Mental Health Services Act
Informational and Planning Meeting**

Monday, September 19, 2022

1:00 – 3:00 p.m.

Zoom Meeting

<https://zoom.us/j/95720185359>

Meeting ID: 957 2018 5359

Pass code: 402453

Call in numbers:

(669) 900-6833

(253) 215-8782



Agenda



01. Welcome

02. Cultural infused trainings

Joyce Chu, Ph.D.
Chris Weaver, Ph.D.

03. Orange County Mental Health and Recovery Services

Bhuvana Rao, Ph.D.

04. Discussion

1. Improving quality of services
2. Improving access to services

05. Closing

Survey link

Introduction



Thank you all for joining us today!

The MHSa office is continuing the Community Planning Process for the three-year plan for FY 2023/24 – 2025/26.

The format of the meetings will be informational presentations by subject matter experts followed by questions, discussion, and community input.



Introduction

September is Suicide Awareness Month. Orange County's Office of Suicide Prevention has held many community activities throughout the month to increase awareness

If you are a consumer, family member, or general community member (non-provider), you are eligible for a \$20 gift card for your participation today. A survey link will be provided at the end of the meeting.



Mental Health Services Act

Passed in a ballot measure November 2004

1% state tax on income over \$1M

Designed to transform and expand California's behavioral health system

Designed to address unserved, underserved and inappropriately served

CSS, PEI, INN, WET, CFTN, CPP



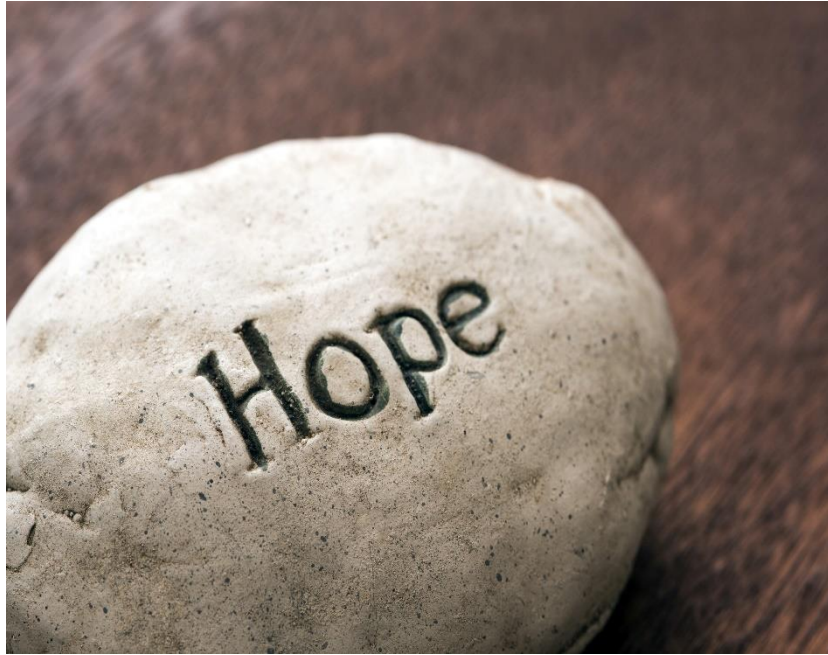
Community Program Planning



This required part of MHSa encourages community contribution to improve behavioral health outcomes. CPP efforts include informing stakeholders of fiscal trends, evaluation, and program improvement activities, as well as obtaining feedback. CPP is a constant practice that is being refreshed with MHSa.



Title 9 CCR- Section 3300



Office of Suicide Prevention

Mental Health and Recovery
Services


▶ On March 12, 2019, the Board of Supervisors directed the Health Care Agency (HCA) to create a countywide suicide prevention initiative with the goal of increasing awareness and accessibility to available resources.

▶ On October 6, 2020, the Board directed the County Executive Officer and HCA Director to create an Office of Suicide Prevention to further support these countywide efforts.

CREATION OF THE OFFICE OF SUICIDE PREVENTION



OFFICE OF SUICIDE PREVENTION (OSP)

- ▶ The Office of Suicide Prevention coordinates suicide prevention efforts at the OC Health Care Agency (HCA) and interfaces with local and statewide initiatives to identify and facilitate the implementation of evidence-based and promising mental health awareness and suicide prevention activities in OC.
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OFFICE OF SUICIDE PREVENTION

Support individuals of all ages who are either at risk of experiencing or are experiencing, a behavioral health condition, including a crisis.

- ▶ **Wellness Promotion:** Educate and raise awareness
- ▶ **Prevention/Upstream:** increase connectedness, build life skills, increase resiliency and help-seeking behaviors
- ▶ **Intervention:** provide emotional support, identify and assist, respond to crises, care transitions/linkages, effective care and treatment
- ▶ **Postvention:** services and supports after suicide deaths and attempts have occurred

All programs and services are guided through the use of data and provided through a lens of culture.

OFFICE OF SUICIDE PREVENTION ACTIVITIES

▶ Campaigns, Outreach, and Mental Health Promotion

- ▶ Large campaigns
- ▶ Outreach
- ▶ Mental Health Promotion
- ▶ Stigma Reduction programs
- ▶ Mental Health Awareness
 - ▶ Community events and activities
 - ▶ Community Calendar of Events
 - ▶ BOS Proclamation
 - ▶ Directing Change Film Contest
- ▶ Suicide Prevention Awareness
 - ▶ Light Up Hope OC Campaign
 - ▶ Community events and activities
 - ▶ BOS Proclamation
 - ▶ Community Calendar of Events
- ▶ Stigma free OC: <https://www.stigmafreeoc.com/>
- ▶ OC navigator: <https://ocnavigator.org/m/ocn>

▶ Community Suicide Prevention Initiative

- ▶ Align with State's Striving for Zero Suicide Plan
- ▶ Implement projects for identified higher risk groups via sub-committees
- ▶ Coordinate with California Mental Health Services Authority for Mental Health and Suicide Prevention awareness campaign activities

▶ Data Dashboard

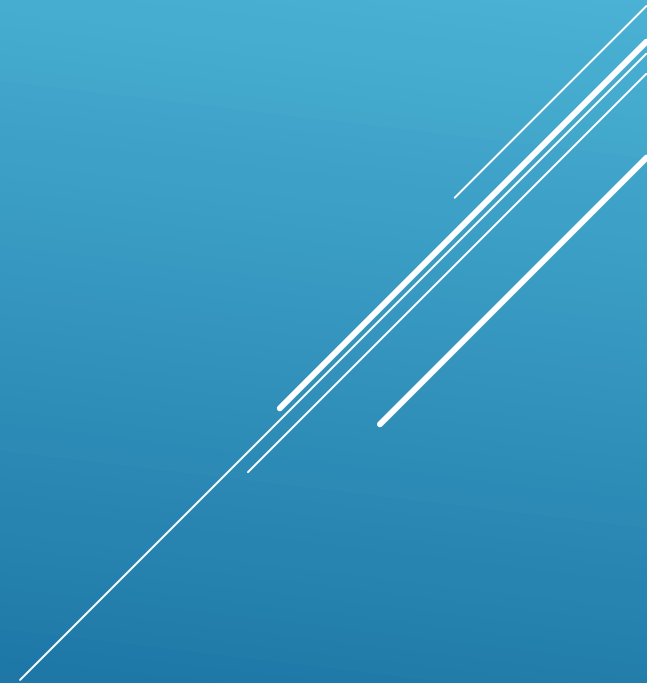
<https://www.ochealthinfo.com/data-dashboards>

OFFICE OF SUICIDE PREVENTION ACTIVITIES

- **Training**
 - Awareness Training
 - Intervention training (ASIST)
 - Suicide intervention training for clinicians, first responders, medical providers and caregivers seeking to prevent the immediate risk of suicide. (ASIST and CT-SP)
- **Warm Line**
 - Emotional support for at-risk, mild to moderate
 - For individuals experiencing mental health concerns, substance use, loneliness
- **Suicide Prevention and Crisis Lifeline**
 - Telephone
 - Chat
 - Text Support
- **Postvention: In person and/or Telehealth Services and/or Step-down Services**
- Short-term **bereavement counseling** is also available to families who want to improve their functioning and communication after the loss of a family member.
- **Survivors of Suicide Attempts (SOSA) Support Group**

IMPROVEMENTS IN PROCESS

- ▶ In process of expanding service delivery structure that supports culturally specific outreach, community education, stigma reduction activities, and suicide prevention.



Discussion Questions




1. What are recommendations for improving the quality of services to different cultural populations?
2. What are recommendations that would improve access to services for different cultural populations?



MHSA INFORMATION AND PLANNING POST-SURVEY

Stakeholder Feedback for July 18, 2022

Question #1: Do you have any recommendations that would improve the QUALITY of Veterans mental health and recovery services in Orange County?

		
<p>More comprehensive trainings on suicide prevention</p> <p>Standardized application intake process that can be shared with multiple Veteran providers at once</p>	<p>Connect the system of Veteran program partners together</p>	<p>More locations with free services for Veterans to combat extended wait times for mental health services</p>

“USE A SALESFORCE DATABASE TO ALLOW CLIENTS TO APPLY TO MULTIPLE PARTNER SOCIAL SERVICE AGENCIES SIMULTANEOUSLY OVER THE PHONE OR ON A 24/7 OPERATOR RESPONSE BASIS.”

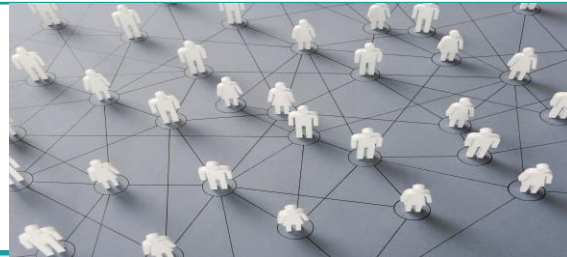
MHSA INFORMATION AND PLANNING POST-SURVEY

Stakeholder Feedback for July 18, 2022

Question #2: Do you have any recommendations that would improve ACCESS to mental health and recovery services in orange county?



Develop a Veterans Newsletter



Spread awareness, including non-Veteran focused institutions, post 9/11 Veterans, and older adult Veterans.



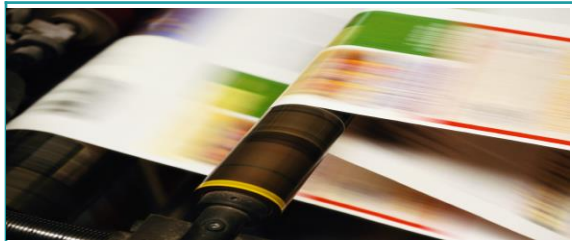
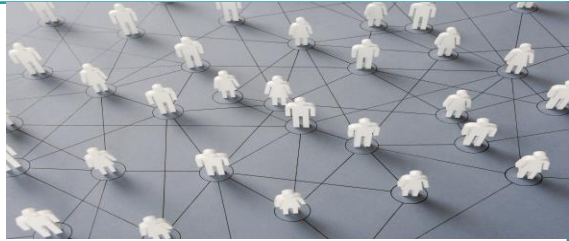

Navigation/visualization chart(s) of Veteran services to support local resource navigation

“Spread awareness...let the veteran community know what is available to them, especially for those that seek mental health services.”

MHSA INFORMATION AND PLANNING POST-SURVEY

Stakeholder Feedback for July 18, 2022

Question #3: Are you aware of any Veterans groups that the MHSA office could engage with to get more Veteran and military connected input on community needs and service delivery?

		
Contact OCVMFC for list of 100 agencies OCVAC	Local Elks, Legions, Fire Departments and police departments Veterans Virtual	VFW, AMVETS, DAV Officers OC Peer Huddle

“Our veterans virtual is one with our local community. We do a virtual with many veterans and organizations. Local elks, legions, fire departments and police departments that have veterans employees.”

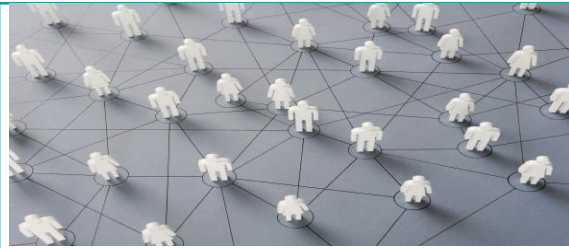
MHSA INFORMATION AND PLANNING POST-SURVEY

Stakeholder Feedback for July 18, 2022

Question #4: Do you have additional topics that you would like to hear presentations on?



More ways to have civilians involved to help Veterans.



Educate civilians more on Veterans and how civilians can be of service to Veterans.




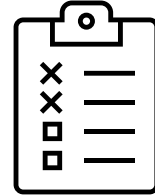

The different needs of both draft era and post 9/11 Veterans.

“Thinking about the very different needs of both draft era and post 9/11 Vets. Big needs in both those populations.”

MHSA INFORMATION AND PLANNING POST-SURVEY

Stakeholder Feedback for August 18, 2022

Question #1: Do you have any recommendations that would improve the QUALITY of Early Childhood mental health and recovery services for young children and their families in Orange County?

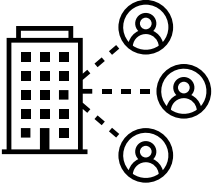
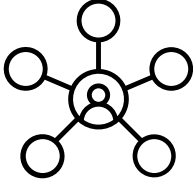
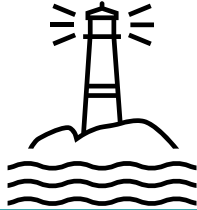
		
Survey consumers on satisfaction/quality of services	Highest quality screeners and proper assessment tools More specialized trainings including trauma informed and self-care best practices	Clear indicators of progress published annually Supportive support services for people engaging with children

“More supportive services to meet our parents, families, early childhood educations and care providers where they are and build their capacity. More information, awareness, access to community services.”

MHSA INFORMATION AND PLANNING POST-SURVEY

Stakeholder Feedback for August 18, 2022

Question #2: Do you have any recommendations that would improve ACCESS to mental health and recovery services for young children and their families in Orange County?


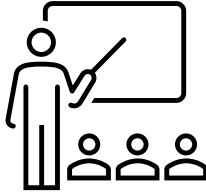

		
Workforce expansion through enticement programs including more grants/scholarships	Increase the number of free and low-cost services available Increase the communication between programs for better coordination of care	More awareness of the available programs including in-home support programs

“Integrating infant and early childhood mental health services directly into outpatient and community mental health.”

MHSA INFORMATION AND PLANNING POST-SURVEY

Stakeholder Feedback for August 18, 2022

Question #3: Are you aware of any Early Childhood services/providers/groups that the MHSA office can engage with to get more input on community needs and service delivery around early childhood?

		
Family Support Networks Family Resource Centers Regional Center	School Districts in impact areas with parent participation Pre-Schools Pediatricians	MOMS OC Help Me Grow First 5 OC



Thank you

Thank you to everyone who participated today! We sincerely appreciate you taking time out of your day to hear about and talk about Culture and Diversity in Orange County.

*Consumers/Family Members/Community members (non-provider staff) may register for a \$20 gift card for their participation today.

Mental Health Services Act Office

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