



# Crisis Intervention Training (CIT) for Dispatchers

## TRAINING GOALS AND IMPACT

Dispatcher-focused CIT training offers specific mental health information and de-escalation techniques to equip dispatchers to handle the initial contact with those in crisis.

#### IN THIS 16 HOUR, 2 DAY TRAINING:

- Enhance de-escalation and tactical communication skills
- Identify how to work with individuals and family members experiencing mental health crises
- Assess for risk of suicide or harm
- Gain knowledge on mental health conditions and local mental health resources

16 Continuing Education Credits will be provided and have been approved by POST (Commission on Peace Officer Standards and Training). This training can be found on the POST Catalog of Courses, Certification # 1457-30888-20

# WHO IS THIS TRAINING FOR?

- Dispatchers for:

   Emergency Services
   Law Enforcement
  - Medical Services
- Professionals looking to expand their knowledge surrounding mental health crises

## **CONTACT US**

www.westernyouthservices.org/CIT cit@westernyouthservices.org WYS: 949.900.5381 info@namioc.org NAMI: 714.544.8488







Funded by: OC Health Care Agency (HCA), Mental Health and Recovery Services, Prevention & Intervention, Mental Health Services Act/Prop. 63.