

# **Behavioral Health Equity Committee Public Meeting**

## **Meeting Minutes**

**October 13, 2022**

**Facilitated by:** Co-Chairs - Deana Helmy (County) & Iliana Soto- Welty (Community)

### **I. Welcome and Introduction**

- Welcome and introduction by Deana Helmy and Iliana Soto Welty.
- Quick Zoom use reminder given.
- Attendees asked to share in the chat their names and organizations. New attendees also welcomed to meeting.
- Agenda and community agreements shared and explained to committee.
- Agenda shared and reviewed.

### **II. BHEC Overview and Debrief**

- Workgroups Reviewed Spirituality, Outreach to Black and African Americans, Education and Community Relations, Threshold languages, LGBTQ, Deaf and Hard of Hearing
- Roles of the Behavioral Health Equity Committee shared- developing cultural competence plan, reviewing and evaluating community mental health needs and services.
- Poll shared and voted on regarding familiarity with the CCPU plan.

### **III. CCPU Draft Presentation**

- Michael Mullard presented the PowerPoint for the 2022 Cultural Competence Plan. This plan is a state requirement that is submitted once a year to demonstrate how we as a county are meeting the cultural and linguistic needs of the county.
- Cultural Competency Plan Goals shared which include: enhance and deepen relationship with community, continue to develop equity, diversity, and inclusion, support the Anti Racism resolution per the Board of Supervisors, and operationalize plan at program/clinic level.
- 8 Criterion points shared that have been sent from the State of California. The criterion has been kept in mind while putting together the plan update.
- Questions asked about the changes on the state level. Deana shared that the state is working on making the plan more functional and effective in informing our work.

### **V. Racism is a Public Health Crisis**

- Overview of last meetings ideas on ways we could address racism as a public health crisis, and how it looks in different contexts. Members shared about creating comfortable spaces, outreach to communities, and ways we can confront racism.
- Everyone will be sent the CCPU for input next week.
- Jam Board shared where members notes can be shared. Input and feedback regarding criterion 3 of the CCPU- Strategies and efforts on reducing racial, ethnic, cultural, and linguistic mental health disparities.

- Members shared feedback such as: diversify BHEC Committee, be more visible in the community, provide lists of providers with cultural and language competency, and shared calendars with upcoming events.

#### **IV. Announcement / Next meeting**

- Information shared on how to join BHEC workgroups.
- Next public meeting will be held in person.
- Upcoming events shared: MHSA summit Nov.10 and Opioid Crisis training. Community events also shared by members.
- Reminder to please submit input for the CCPU through the provided form by Friday October 28.
- Final poll shared: How do you rate your knowledge of the CCP?