What is VIC?

The purpose of the OC Health Care Agency (HCA)
Women, Infants and Children (WIC) program is to improve the health of pregnant/postpartum women, infants and children during critical times of growth and development.

WIC offers to Families at No Cost

- Healthy foods
- Nutrition and health education
- Referrals to health care and other community resources
- Breastfeeding support and education







To learn more, visit us online at:

www.ochealthinfo.com/WIC

Or call:

(888) 968-7942 (YOUR WIC)

For an enrollment appointment

To learn more and see if you qualify, visit:

www.MyFamily.WIC.ca.gov



Scan QR Code to view flyer online.

WIC is an equal opportunity provider.

April 2023







Families with low to moderate income levels and/or migrants may qualify.

Applicants can participate if they:

- Meet one of the following requirements:
 - Pregnant
 - Breastfeeding a baby up to 12 months of age
 - Had a baby or were pregnant within the past 6 months
 - ◆ Have children under 5 years of age
- 2. Reside in California.

WIC Income Guidelines Number of Persons in Family Unit Annual (Before Tax) 2 \$36,482 3 \$45,991 4 \$55,500 5 \$65,009

April 1, 2023 – June 30, 2024
Income guidelines change annually.
Unborn children are counted in family total.
Those who receive Medi-Cal, CalFresh or

CalWORKS, are income eligible for WIC.



Department of Public Health/WIC to deliver WIC services.