

**BHEC Steering Committee Meeting**  
**Meeting Minutes**  
**February 12, 2023**

**Facilitated by:** Deana Helmy, County Co-Chair & Iliana Soto- Welty, Community Co-Chair

**In Attendance:** Renteria, Teresa; Eftekharzadeh, Sohail; Reynolds, John; Williams, Johnice; Arnot, Michael; Whetsell, Brittany; Thornton, April; Tran, Duan; Pham, Lu; Banicki, Wendy

**I. Welcome and Icebreaker**

- Welcome and introductions
- Some members joined via zoom.
- Motions made to approve previous meeting minutes.

**II. Workgroup Updates**

- Revisited the discussion around ways we can revamp the workgroups.
- Suggestions made to form subgroups for homeless, veterans, and different cultural groups.
- Members recommended eliminating the application process for workgroups and consider advertising on social media.
- Deana is working on making connections with the Native/ Indigenous population.
- Emphasized the importance of building relationships within the community and discussed creative ways to bring people together.
- Group suggested connecting with ERDD from SSA and possibly someone from the group acting as liaison.

**III. BHEC Meeting/ Event**

- Discussion about having a large meeting/event to invite people in. April 6<sup>th</sup> is the proposed date.
- Suggestion for food and music to create a welcoming environment.
- Proposed speaker suggestion: Dr. Kelley (if available).
- Recommendation to have the event advertised in the MHRS and HCA Townhalls (Dr. Kelley and Dr. Chau).
- Recommendation to create a BHEC flyer that can be printed and distributed.
- Committee voiced that it is important to make sure we are clear what our intentions are with the meeting and have a clear idea of groups we would like to start.

**IV. Community Planning Process**

- The Community Planning Process (CPP) is requirement for the MHSA Plan. The MHSA Plan is submitted every 3 years and updated annually.

- Michelle Smith- MHSA Coordinator: would like to present and comment on the CPP Plan in some of our workgroups, and possible at the next public meeting.

**V. Steering Committee Seat and Election**

- There are 3 members up for the seats: Brian Gilbert, Katie Tran, Luna Lu.
- Steering Committee Members agreed they would like all 3 members to join to increase community representation.

**VI. Upcoming Meetings/ Other information**

- Next BHEC Steering Committee Meeting: Thursday 3/16/2023 1:00pm – 2:30pm
- Public Meeting/Event : 4/6/2023 at Behavioral Health Training Center.