

Behavioral Health Equity Committee

Public Meeting Minutes

April 6, 2023

Behavioral Health Training Center

Meeting lead by: Deana Helmy (County Co chair) and Iliana Soto-Welty (Community Co Chair)

I. Welcome and Introductions

- Members given time for meet and greet with each other and share their names and programs.

II. BHEC Overview

- Information shared by co-chairs Iliana and Deana about what the Behavioral Healthy Equity Committee is as well as information about the various community workgroups and the steering committee.

III. Table Discussions

- Topic given to members to discuss within their table groups. Tables asked to discuss the top 2 most important issues facing their communities regarding mental health and recovery. Tables then choose a speaker to share main points to entire group.

IV. Subcommittee Discussion

- BHEC Currently has 5 workgroups which include: LGBTQ+, Deaf & Hard of hearing, Spirituality, Threshold Language populations, Outreach to the Black & African American Community. Members are urged to join a workgroup if they would like to provide more help to these communities.

V. MHSA Presentation

- Presentation given by Michelle Smith on the MHSA Plan. Members were invited to submit feedback by email to the MHSA team.

VI. Closing

Members were thanked for coming to the meeting and asked to leave behind 2 post it notes sharing what their favorite parts of the meeting as well as what would you like to see in future meetings.

Next Public Meeting: July 27, 2023 at the Behavioral Health Training Center