

**BHEC Steering Committee Meeting**  
**Meeting Minutes**  
**August 17th, 2023**

**Facilitated by:** Deana Helmy, County Co Chair; Iliana Soto Welty, Community Co Chair

**In Attendance:** Reynolds, John; Thornton, April; Eftekhazadeh, Sohail; McCleese, Belinda; Arnot, Michael; Lu, Luna; Tran, Katie

**I. Welcome and Introduction**

- Deana opens meeting and welcomes steering committee.
- Minutes approved by members for the previous meetings.
- Recap on the MHSA PAC meeting.

**II. Feedback on Public Meeting**

- Review of last month's BHEC public meeting.
- All members shared how great the panel was at public meeting.
- Members really enjoyed the panelists' stories and appreciated the different communities represented.
- Luna's facilitation of the panel was engaging.
- Members felt the meeting had great momentum and didn't feel too long.

**III. Community Events / Updates**

- Sohail shared that the Wellness Center had just reached a milestone of 7000 people served.
- Wellness Center will be hosting a Multicultural Celebration August 25<sup>th</sup>. Flyer will be shared with committee.
- NAMI Walk will be taking place August 26<sup>th</sup>.
- Katie and Iliana shared the Healthcare Everywhere: The Rise of Community Health Workers organized by Advance OC will be taking place on September 28<sup>th</sup> at Orange Coast College. Peer Support Specialists will be featured at the conference.
- Belinda shared that the D&HH community will be having a retreat at the Training Center August 23<sup>rd</sup>.
- Spirituality Workgroup is working on putting something together for next year's Meeting of the Minds.

**IV. Closing**

- Members asked to think about changing the Steering Committee meeting to be open meetings and possibly having public meetings more often.
- CC Plan Update name has been changed to Behavioral Health Equity Plan. More info on the plan to come.

**Next Meeting:**

September 21, 2023

1:00pm – 2:30 pm

At Behavioral Health Training Center