

BHEC Steering Committee Meeting
Meeting Minutes
May 18, 2023

Facilitated by: Deana Helmy, County Co-Chair & Iliana Soto-Welty, Community Co-Chair

In Attendance: Renteria, Teresa; Eftekhazadeh, Sohail; Reynolds, John; Williams, Johnice; Whetsell, Brittany; Thornton, April; Tran, Duan; Gilbert, Brian; Tran, Katie; Liu, Luna; McCleese, Belinda

I. Welcome

- Welcome and Hellos from members
- Some members will be joining via zoom.
- Motions made to approve previous meeting minutes.
- Reflection given by Katie Tran

II. Mental Health Awareness Month/ Updates

- Members shared some of the activities and community projects that have been underway during Mental Health Awareness month.
- Johnice shared the use of anchor boxes, as well as the upcoming HEAAL collective meeting where community survey results will be shared.
- Duan Tran shared that CSUF has received a 5 million dollar grant for the next five years in addition to another from the state for 4.3 million. Grant will focus on MSW students entering the workforce.
- Sohail shared that the Wellness Center Contract has been renewed. The Wellness Center was also part of 2 workshops at the Meeting of the Minds Conference.
- Members shared their thoughts on this years Meeting of the Minds Conference. Members enjoyed the topics and getting to see familiar faces.
- April shared about the Spring into Mental Health campaign the county has rolled out. Members shared all the great items that the county has given out.
- Duan shared info about the Behavioral Health Advisory Board. The Board is looking to have more community involvement.
- Quick workgroup Updates- B&AA and Latinx workgroups are assessing meeting times currently. Spirituality and D&HH groups are running well at this time.

III. BHEC Meeting/ Event

- Be Well meeting scheduled at the same time as our next Steering Committee meeting. Members voted that we would briefly connect before the Be Well Meeting.
- Catering suggestions given for the meeting. They will be looked into.
- We will have a zoom meeting for further planning. Any ideas or notes can be submitted before the meeting.

- A suggestion to have resource tables for different BIPOC organizations in the county.

IV. **Upcoming Meetings/ Other information**

- Next BHEC Steering Committee Meeting: Thursday 6/15/2023 – briefly connect before the Be Well Quarterly Coalition Meeting.
- Public Meeting/Event: 7/27/2023 at Behavioral Health Training Center.