



Behavioral Health Services May 2024 Highlights/Events

Annette Mugrditchian

Email: amugrditchian@ochca.com



Community Events

May 2024 Upcoming Events

- May 1 - Laguna Playhouse The Teen Project Art Workshops - D3
- May 1 - Mental Health Awareness Pop-up Event - D4
- May 1 - U.S. Vets VPOP Art of Valor - Art Therapy Workshop #3 - D3
- May 2 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- May 2 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- May 2 - GGUSD Choose Wellness Resource Fair - D2
- May 3 - La Habra High School's Mental Health Pop-up Event - D4
- May 3 - Revival Closets pop-up: VROC & APAIT - D2
- May 3 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
- May 3 - Orange County Department of Education - Youth Prevention Conference - D2
- May 3 - International Children's Day - D3
- May 4 - Rio Vista Elementary School's Health Festival - D2
- May 4 - OCAPICA Uplift U - D5
- May 5 - Pawsitive Minds Beach Day: Breaking Waves of Stigma - D1
- May 5 - Second Baptist Church Mental Health Fair - D2
- May 5 - Gratitude - D2
- May 5 - NAMI Talks - D2
- May 6 - Mother's Day Event - D2
- May 7 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
- May 8 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D5
- May 8 - La Habra High School's Mental Health Pop-up Event - D4
- May 8 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D1
- May 9 - OCAPICA Mother's Day Movie Night - D5
- May 9 - Loma Vista Elementary School's Open House - D2
- May 9 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- May 9 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- May 10 - Mental Health Awareness Pop Up at Buena Park High School - D4
- May 10 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
- May 10 - The Hope Card Project with Melinda Hoag Smith Center for Healthy Living - D5
- May 10 - Soulful Skills: Mocktail - D2
- May 10 - MECCA Retro Rewind Community Resource Street Fair - D2
- May 11 - The Hope Card Project at CHOC Super Kids Health Expo - D2
- May 11 - Heaal Orientation - D2
- May 11 - NAMI OC: "Laugh Rx" AAPI Heritage Workshop - D5
- May 11 - Health and Wellness Festival - Be Your Best Wellness Fest - D1
- May 11 - Villages of CA Mental Health Community Resources Fair - D4
- May 13 - Mental Health Pop Up at La Vista/La Sierra High School - D4
- May 13 - UPLIFT Youth Foundation event - D2
- May 13 - Paint Night + Graduation Cap Decoration - D5
- May 14 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
- May 14 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D2
- May 14 - The Hope Card Project with HCA Older Adult Services - D2
- May 16 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- May 16 - 2024 Ma(n)y Celebration & 35th Year Anniversary - D2
- May 16 - The Hope Card Project at MHSA PAC Meeting - D2
- May 16 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4

May 16 - Villages of CA Mental Health Forum, Documentary Screening, and Panel Discussion - D4
 May 16 - The love of your life is you! - D4
 May 16 - Learning about the Opioid Crisis, Fentanyl and Naloxone - D5
 May 17 - Korean Community Services Park in Market - D4
 May 17 - US Vets Beach BBQ - D5
 May 17 - Emotions - D2
 May 18 - Angels Baseball: RBI Camp (Youth Clinic) - D2
 May 18 - LGBTQ Center OC 2024 Youth Convening - D2
 May 18 - Family Health Fair & Children's Day Event - D4
 May 18 - Women's Health - D4
 May 20 - The Hope Card Project with Washington Middle School - D4
 May 21 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
 May 21 - Mental Health Awareness Event at Sunny Hills High School - D4
 May 21 - The Hope Card Project with City of Seal Beach & Didi Hirsch - D1
 May 22 - The Hope Card Project with Pathways Adult Recovery Center - D4
 May 22 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D1
 May 23 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 May 23 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 May 23 - City of San Clemente's Community Resources Fair - D5
 May 23 - Self-Care - D4
 May 23 - The Power of Telling Your Story - D1
 May 24 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
 May 24 - Angel's Baseball Promotional Activation: Tabling Event - D2
 May 25 - Angel's Baseball Promotional Activation: Tabling Event - D2
 May 28 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
 May 28 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D2
 May 28 - Angel's Baseball Promotional Activation: Tabling Event - D2
 May 29 - OCAPICA Healthy Aging & Happy Life Event - D5
 May 29 - U.S.VETS Art of Valor - Art Therapy Workshop #5 - D3
 May 29 - Happy Wellness Hour-Speed Friending - D2
 May 29 - Directing Change Awards 2024 - D2
 May 30 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 May 30 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 May 31 - Art Therapy Acrylic Painting For Seniors - D2
 May 31 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1

June 2024 Upcoming Events

June 1 - Angels Baseball/Softball Clinic (Youth Clinic) - D2
 June 1 - Queer Prom-A Queer Revival - D2
 June 3 - Angel's Baseball Promotional Activation: Tabling Event - D2
 June 4 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
 June 4 - Learn about the Opioid Crisis, Fentanyl and Naloxone - SPANISH - D5
 June 4 - Aliso Viejo Opioid Forum - D5
 June 5 - Happy Wellness Hour-Yoga and Uplift Youth Foundation - D5
 June 6 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 June 6 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 June 7 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
 June 7 - Angel's Baseball Promotional Activation: Tabling Event - D2
 June 8 - CalOptima Health Event - D5

June 8 - Angel's Baseball Promotional Activation: Tabling Event - D2
 June 9 - Angel's Baseball Family Sundays: Tabling Event - D2
 June 11 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
 June 11 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D2
 June 12 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D5
 June 12 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D1
 June 13 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 June 13 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 June 13 - Super Smash Bros Gaming Tournament at the Radiant Youth Drop In Center - D3
 June 14 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
 June 15 - Angels Baseball Play Ball Weekend - D2
 June 15 - Juneteenth Festival -
 June 18 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
 June 20 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 June 20 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 June 21 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
 June 22 - Community Resources Fair -
 June 22 - "Laugh Rx" Comedy Training Workshop: General Mental Health - D5
 June 25 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
 June 25 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D2
 June 26 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D1
 June 27 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 June 27 - Pride Night at the Radiant Youth Drop In Center - D3
 June 27 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
 June 28 - 7th Annual Life Options Expo - D1
 June 29 - Illustrating Your Pride! Youth Art Gallery Show
 June 29 - Angel's Baseball 5K Run: Tabling Event - D2
 June 30 - Angel's Baseball Family Sundays: Tabling Event - D2

Program Highlights

Adult & Older Adult Services (AOA):

- Intensive Outpatient (FSP & PACT): In May, the Transitional Age Youth (TAY) Program for Assertive Community Treatment (PACT) program celebrated 2 clients graduating with a BA degree, 1 with an AA degree, and 1 with a GED. On May 16th, staff from the Pacific Asian Unit (PAU) PACT and PAU programs assisted with outreach and engagement and provided valuable resources to the community at the Asian American Senior Citizenship Service Center's Ma(n)y Celebration in honor of Asian American Pacific Islander Month.
- Recovery Services: Multiple Participants accepted an opportunity to challenge or even expand their socialization comfort zones by uniting and celebrating their military affiliation and Veteran identities at a community partnership evening of baseball and music which furthered County efforts to increase inclusiveness, defeat or prevent stigmatization, and inspire new dialogues on health and wellness.

Children & Youth Services (CYS):

- CYS STRTP team, in collaboration with SSA and Probation, hosted the Quarterly Short-Term Residential Therapeutic Program (STRTP) Forum. All STRTP providers in Orange County, as well as some providers from surrounding counties and other

community partners, attended the event and learned about a number of resources available in Orange County. The presentations included “The Cassin Promise” from Segerstrom Center for the Arts, “Incorporating EMDR within the STRTP Setting” from Rite of Passage STRTP, and “Overview of Substance Use Disorder Services” from HCA SUD Services. The event was attended by almost 50 participants who engaged in lively dialogue about the challenges and successes of serving our foster youth population.

- CYS South Outpatient clinic in Aliso Viejo closed as of 5/10/24. All staff relocated to their new site in Laguna Hills and resumed operations on 5/15/24. The new CYS South Outpatient clinic location is: 23046 Avenida de la Carlota, Suite 500, Laguna Hills CA 92653. The telephone number for the new site is: (949) 643-6900.

Crisis & Acute Care (CAC)

- Crisis and Acute Care continues to work with our contracted hospital partners and BHS-contracted College Community Services Peer Mentor Program to implement Peer Navigators within the acute psychiatric inpatient settings. Huntington Beach Hospital has recently started implementing Peer Navigators at the end of April. Through this partnership, peers are imbedded on the behavioral health inpatient unit to assist with engagement in field-based peer services to support clients for up to 60 days after hospital discharge. The hope is to reduce re-hospitalization by increasing client engagement with peer services and linkage to outpatient behavioral health services after hospital discharge. Peers are already implemented at other contracted acute psychiatric inpatient hospital programs, including College Hospital Costa Mesa, Anaheim Community Hospital, and Aliso Ridge Behavioral Health.

Forensics:

- CARE Court provided a training to the Anaheim Global Medical Center team and has an upcoming presentation set for the Be Well Mobile Response Team.
- LPS Psychology is now piloting written reports for Murphy Conservatorship hearings to include evaluation of grave disability, competence to proceed to trial and dangerousness.
- Adult Mental Health Services (AMHS) Collaborative and PACT courts were nominated as the county top 4 BHS programs out of 140 programs in the county.
- CARE has received 50 petitions since start on Oct. 1. Of those, 36 clients have been linked to ongoing services. We have 4 CARE Agreements.

MHSA Program Planning and Administration

- The Leadership Development Program is currently pending contract approval with Dr. Beeson/Loma Linda University.
- MHSA Program Planning and Admin leadership has been working with The County Behavioral Health Directors Association (CBHDA) as part of a small team of county representatives meeting with Department of Health Care Services (DHCS) staff. The team supports providing recommendations and offering county perspectives for implementation of the guidance DHCS will develop to support behavioral health transformation (Proposition 1).

- MHSA Program Planning and Admin has organized a BHS team to participate in county workgroups with CBHDA to identify key issues and support development of key recommendations for CBHDA around Prop 1 implementation.
- They continue to meet with Mental Health Services Oversight & Accountability (MHSOAC) leadership to establish best ways to navigate development and approval of Innovation project concepts and support statewide objectives and projects.
- MHSA Program Planning and Admin is partnering with Public Health to support process to potentially align Community Health Assessments, hospital, Managed Care Plan, and a subset of Mental Health Plan data sets.
- MHSA Leadership participated as a panelist at the Meeting of the Minds Conference. Several team members provided breakout sessions including Prop 1 impacts, peer support specialist, and Psychiatric Advanced Directives.
- National Alliance on Mental Illness (NAMI's) Ending the Silence program had 1,090 student participants. 100 students were from Rancho Alamitos High School and 990 were from Ladera Ranch Middle School.

Outreach and Engagement (O&E)

- OC Outreach & Engagement (O&E) is working with the District Attorney's office to refine methods of reaching out to individuals who are eligible for the First Point Program. This program is for low level offenses and is a pre-filing program so that once individuals complete the required elements, charges will not be filed on the case. The DA's office will be sending referrals directly to the OC O&E program and our staff will conduct outreach and provide linkage to necessary services to complete the program. Once the participant has completed all requirements, the DA will provide them with a certificate of completion.
- OC O&E continues to host monthly Street Outreach Team (SOT) meetings to form cohesive relationships and create standards of practice with all homeless outreach teams in the county. Meeting content often includes networking, identifying program changes and criteria updates, as well as creating best practices in conducting outreach and trainings to conducted for new outreach staff.
- The OC O&E team acquired Fentanyl Test Strips from our Substance Use Disorder (SUD) program and plan to utilize this tool in the field as a harm reduction method. This will be a great pairing when handing out Kloxxado to the unhoused population as well.

Substance Use Disorder (SUD):

- Analytics from the Fentanyl is Forever media campaign continue to be positive: from the campaign launch in October 2023 through March 2024, over three million campaign impressions (*the total number of times an ad was seen or heard*) have been delivered, bringing in 110,491 new users (*the number of site visitors who visited for the first time*) to the website.
- Partnerships with cities that reallocated their opioid abatement dollars to the County have been growing, for example, two forums in Aliso Viejo and one in Yorba Linda. Of special note is the upcoming forum in Aliso Viejo on 6/4/24 to be conducted all in Spanish.

- The Orange County Friday Night Live Partnership program, a contracted project with the Orange County Department of Education, held their chapter year-end event, with over 300 youth (elementary through high school), school personnel and parents participating.
- One of the locations for Wel-Mor Psychology Group (Adults and Adolescent Outpatient Drug Medi-Cal Contract Provider) moved from Fullerton to Anaheim, new address is: 415 N. State College Blvd, Anaheim, CA 92805.
- DMS Options (Adults Outpatient Drug Medi-Cal Contract Provider) will start providing outpatient substance use disorder services for adults in June, the address is: 601 S. Harbor Blvd, Anaheim CA 92805.
- The Overdose Prevention Kit (English and Spanish) is now available, and this kit will be available for distribution at any of the substance use disorder community forum events.

Community Education Presentations

- Suicide Prevention Coalition Meeting Presentation on Crisis Services Continuum of Care - 04/11/2024
- Behavioral Health Advisory Board Meeting Presentation for Crisis Services Continuum of Care - 05/08/2024
- SUD provided education and distributions at:
 - OCDE AOD Conference, Santa Ana 05/03/24
 - Rio Vista Elementary's Fiesta Health Fest, Anaheim 05/04/24
 - MECCA's Retro Rewind Event, Santa Ana 05/10/24
 - Health & Wellness Festival, Rossmoor 05/11/24
 - AASCSC's Ma(n)y Celebration, Santa Ana 05/16/24
 - Aliso Viejo Ranch Opioid Forum, Aliso Viejo 05/16/24
 - Cypress PD's Open House, Cypress 05/18/24
 - Supervisor Chaffee's Family Health & Children's Day Event, Fullerton 05/18/24
 - San Clemente's Community Resources Fair, San Clemente 05/23/24
 - Yorba Linda Opioid Forum, Yorba Linda 05/29/24

HIGHLIGHTS of the Month

- AOA: Fullerton Heights housing resident had years of substance abuse, now has been sober for many years. He struggles with his self-esteem issues because of the poor condition of his teeth. In late winter, he had all his teeth extracted. After, he had dental implants put in. Resident has been resting and was isolated in unit for some time. Now, resident came to Home First's Coffee Talk event last Thurs (5/16) and sharing, confident, and disclosed to the group plans to try and re-unite with teenage son. Resident had been estranged from son and felt like did not want to try and get him back until had his "stuff together", per resident. This was also a huge secret for him. Resident felt support from his neighbors and friends in the Coffee Talk group and finally revealed his secret to Home First staff and residents. Resident feels like after being housed and stable, not in crises or "survivor mode", feels ready to accomplish his other interpersonal goals. Resident was enrolled with Home First last year and was able to cope through all that with their support.

- **CYS:** At the First Annual Mental Health Awareness Gala, Clinical Evaluation Guidance Unit (CEGU) Orangewood was selected as the award recipient for the BHS Program category. CEGU Orangewood is recognized for serving the children and youth at the Orangewood Children and Family Center. CEGU team provides individualized therapeutic services to children and youth placed at Orangewood who have been removed from their homes. The program aims to provide clinical support to navigate through trauma and facilitate transition into longer term placements.
- **MHSA:** On April 30, 2024, the BHEC Deaf and Hard of Hearing (DHH) workgroup hosted a Career Fair in partnership with OCDE's Regional Deaf Program at University High School to help increase DHH students' interest in the behavioral health workforce. 20 students and 5 staff attended this world café style presentation and discussion allowing students to ask questions about behavioral health services and learn about current DHH employees in the BH workforce.
- **Forensics:** Conditional Release Program (CONREP) patient completed 80 hours of Peer Mentor Training and is now certified. This client throughout the past two years has progressed from living in a board and care and inability to even change rooms due to symptoms, to living in a room and board, becoming more independent, and completing peer mentor certification.
- **OC O&E:** Staff has been working with an individual for over two years and has assisted the individual in getting into two separate shelters and ultimately getting her document ready. She was able to move into the new senior apartments in Placentia on 5/1/2024. This was a huge success as OC O&E staff supported her through eviction to shelter to permanent housing.