



Crisis Intervention Training (CIT) for Firefighters & EMS

TRAINING GOALS AND IMPACT OF CIT

Participants will learn de-escalation and tactical communications skills regarding how to interact with individuals who present with behavioral health and co-occurring medical crises. Participants will learn about their unique position as a medical-based response to mental health, the history, and types of mental health conditions they may encounter.

IN THIS 8 HOUR, 1 DAY TRAINING:

- Enhance de-escalation and tactical communication skills
- Identify how to work with individuals experiencing behavioral health and co-occurring medical crises
- Assess for risk of suicide or harm
- Gain knowledge on mental health conditions and local mental health resources

WHO IS THIS TRAINING FOR?

- Anyone working with youth ages 12-25 including:
 - Fire Fighters
 - Ambulance Providers
 - EMTs
 - Paramedics
 - Emergency Medical Professionals
- Crisis Intervention Trained professionals looking to expand their knowledge surrounding mental health

10 hours of in-person training as well as virtual self-paced modules provided for CE credit.

Please contact Western Youth Services for more information.

CONTACT US

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Scan the QR code to
request a training!